



Week 1

Mon Sep 2 10:38 pm ET	Cafe of Life	Acquired	Mike Goodson	NYJ	RB	Owner
Mon Sep 2 10:38 pm ET	Cafe of Life	Released	Brandon Pettigrew	DET	TE	Owner
Mon Sep 2 10:49 pm ET	Cafe of Life	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Mon Sep 2 10:50 pm ET	Cafe of Life	Released	Jared Cook	STL	TE	Owner
Tue Sep 3 9:30 pm ET	Cafe of Life	Acquired	Mohamed Sanu	CIN	WR	Owner
Tue Sep 3 9:30 pm ET	Cafe of Life	Released	Brandon LaFell	CAR	WR	Owner
Tue Sep 3 9:35 pm ET	Cafe of Life	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Tue Sep 3 9:35 pm ET	Cafe of Life	Released	Buffalo Bills	BUF	Def/ST	Owner
Sun Sep 8 12:28 pm ET	BIG BLUE	Acquired	Markus Wheaton	PIT	WR	Owner
Sun Sep 8 12:28 pm ET	BIG BLUE	Released	Andrew Hawkins	CIN	WR	Owner

Week 2

Wed Sep 11 2:09 pm ET	Herm's Worms	Released	Jonathan Stewart	CAR	RB	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Acquired	Jared Cook	STL	TE	Waiver Wire
Wed Sep 11 2:09 pm ET	4 Sticks	Released	Cleveland Browns	CLE	Def/ST	Waiver Wire
Wed Sep 11 2:09 pm ET	Herm's Worms	Acquired	Julian Edelman	NWE	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	4 Sticks	Acquired	Kansas City Chiefs	KAN	Def/ST	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Released	Matt Flynn	GNB	QB	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Released	Aaron Dobson	NWE	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	Mutine Bullfrogs	Released	Josh Gordon	CLE	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Acquired	Dallas Clark	BAL	TE	Waiver Wire
Wed Sep 11 2:09 pm ET	Cafe of Life	Acquired	Brandon Jacobs	NYG	RB	Waiver Wire
Wed Sep 11 2:09 pm ET	Cafe of Life	Acquired	Cedric Peerman	CIN	RB	Waiver Wire
Wed Sep 11 2:09 pm ET	Cafe of Life	Released	Mohamed Sanu	CIN	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	Mutine Bullfrogs	Acquired	Jerome Simpson	MIN	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	Cafe of Life	Released	Ronnie Hillman	DEN	RB	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Released	Coby Fleener	IND	TE	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Acquired	Andre Roberts	ARI	WR	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Acquired	Terrelle Pryor	OAK	QB	Waiver Wire
Wed Sep 11 2:09 pm ET	Pete Carroll	Released	Bernard Pierce	BAL	RB	Waiver Wire
Thu Sep 12 12:34 pm ET	Cafe of Life	Acquired	Leonard Hankerson	WAS	WR	Owner
Thu Sep 12 12:34 pm ET	Cafe of Life	Released	Greg Little	CLE	WR	Owner
Thu Sep 12 4:04 pm ET	Mr. Football	Acquired	New Orleans Saints	NOR	Def/ST	Owner
Thu Sep 12 4:04 pm ET	Mr. Football	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Thu Sep 12 4:23 pm ET	Cafe of Life	Acquired	Da'Rel Scott	NYG	RB	Owner
Thu Sep 12 4:23 pm ET	Cafe of Life	Released	Brandon Jacobs	NYG	RB	Owner
Sat Sep 14 7:12 pm ET	Team 14	Acquired	Caleb Sturgis	MIA	K	Owner
Sat Sep 14 7:12 pm ET	Team 14	Released	Kai Forbath	WAS	K	Owner
Sun Sep 15 12:54 am ET	Pete Carroll	Acquired	Nate Burleson	DET	WR	Owner
Sun Sep 15 12:54 am ET	Pete Carroll	Released	Vick Ballard	IND	RB	Owner
Sun Sep 15 4:43 am ET	Mr. Football	Acquired	Detroit Lions	DET	Def/ST	Owner
Sun Sep 15 4:43 am ET	Mr. Football	Released	New Orleans Saints	NOR	Def/ST	Owner

Week 3

Wed Sep 18 2:10 pm ET	4 Sticks	Released	Tyler Eifert	CIN	TE	Waiver Wire
Wed Sep 18 2:10 pm ET	4 Sticks	Acquired	James Starks	GNB	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Lactose Intolerance	Acquired	Charles Clay	MIA	TE	Waiver Wire
Wed Sep 18 2:10 pm ET	Pete Carroll	Acquired	Bernard Pierce	BAL	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Lactose Intolerance	Released	LaMichael James	SFO	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Mutine Bullfrogs	Released	Le'Veon Bell	PIT	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Cafe of Life	Acquired	Andre Ellington	ARI	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Snake	Acquired	Marlon Brown	BAL	WR	Waiver Wire
Wed Sep 18 2:10 pm ET	Herm's Worms	Acquired	Eddie Royal	SDG	WR	Waiver Wire
Wed Sep 18 2:10 pm ET	Mutine Bullfrogs	Acquired	Josh Gordon	CLE	WR	Waiver Wire
Wed Sep 18 2:10 pm ET	Cafe of Life	Released	Cedric Peerman	CIN	RB	Waiver Wire
Wed Sep 18 2:10 pm ET	Pete Carroll	Released	Dallas Clark	BAL	TE	Waiver Wire
Wed Sep 18 2:10 pm ET	Herm's Worms	Released	Ben Roethlisberger	PIT	QB	Waiver Wire
Wed Sep 18 2:10 pm ET	Snake	Released	Benjamin Watson	NOR	TE	Waiver Wire
Wed Sep 18 2:10 pm ET	Cafe of Life	Acquired	Nick Novak	SDG	K	Waiver Wire
Wed Sep 18 2:10 pm ET	Herm's Worms	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire



Wed Sep 18 2:10 pm ET	Herm's Worms	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Wed Sep 18 2:10 pm ET	Herm's Worms	Released	Mason Crosby	GNB	K	Waiver Wire
Wed Sep 18 2:10 pm ET	Herm's Worms	Acquired	Nick Folk	NYJ	K	Waiver Wire
Wed Sep 18 2:10 pm ET	Cafe of Life	Released	Justin Tucker	BAL	K	Waiver Wire
Wed Sep 18 8:02 pm ET	Cafe of Life	Acquired	Aaron Dobson	NWE	WR	Owner
Wed Sep 18 8:02 pm ET	Cafe of Life	Released	Rod Streater	OAK	WR	Owner
Wed Sep 18 8:04 pm ET	Snake	Acquired	Willis McGahee	CLE	RB	Owner
Wed Sep 18 8:04 pm ET	Snake	Released	Donald Brown	IND	RB	Owner
Thu Sep 19 12:21 pm ET	BIG BLUE	Acquired	Tennessee Titans	TEN	Def/ST	Owner
Thu Sep 19 12:21 pm ET	BIG BLUE	Released	Markus Wheaton	PIT	WR	Owner
Thu Sep 19 11:21 pm ET	Pete Carroll	Acquired	Coby Fleener	IND	TE	Owner
Thu Sep 19 11:21 pm ET	Pete Carroll	Released	Christine Michael	SEA	RB	Owner
Fri Sep 20 11:58 am ET	Mr. Football	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Fri Sep 20 11:58 am ET	Mr. Football	Released	Detroit Lions	DET	Def/ST	Owner
Fri Sep 20 12:49 pm ET	Cafe of Life	Acquired	Domenik Hixon	CAR	WR	Owner
Fri Sep 20 12:49 pm ET	Cafe of Life	Released	Leonard Hankerson	WAS	WR	Owner
Sat Sep 21 12:52 am ET	Mr. Football	Acquired	Jason Snelling	ATL	RB	Owner
Sat Sep 21 12:52 am ET	Mr. Football	Released	Josh Brown	NYG	K	Owner
Sat Sep 21 5:54 pm ET	4 Sticks	Acquired	Jay Feely	ARI	K	Owner
Sat Sep 21 5:54 pm ET	4 Sticks	Released	Randy Bullock	HOU	K	Owner
Sat Sep 21 9:28 pm ET	BIG BLUE	Acquired	Ted Ginn Jr.	CAR	WR	Owner
Sat Sep 21 9:28 pm ET	BIG BLUE	Released	Mikel Leshoure	DET	RB	Owner

Week 4

Wed Sep 25 2:10 pm ET	4 Sticks	Released	Brandon Weeden	CLE	QB	Waiver Wire
Wed Sep 25 2:10 pm ET	Snake	Released	Vincent Brown	SDG	WR	Waiver Wire
Wed Sep 25 2:10 pm ET	4 Sticks	Acquired	Ben Roethlisberger	PIT	QB	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Acquired	New Orleans Saints	NOR	Def/ST	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Acquired	Dan Carpenter	BUF	K	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Released	Miami Dolphins	MIA	Def/ST	Waiver Wire
Wed Sep 25 2:10 pm ET	4 Sticks	Acquired	Zach Miller	SEA	TE	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Released	Da'Rel Scott	NYG	RB	Waiver Wire
Wed Sep 25 2:10 pm ET	Mutine Bullfrogs	Acquired	Le'Veon Bell	PIT	RB	Waiver Wire
Wed Sep 25 2:10 pm ET	4 Sticks	Released	Felix Jones	PIT	RB	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Acquired	Stephen Hill	NYJ	WR	Waiver Wire
Wed Sep 25 2:10 pm ET	Mutine Bullfrogs	Released	Kenny Britt	TEN	WR	Waiver Wire
Wed Sep 25 2:10 pm ET	Snake	Acquired	Johnathan Franklin	GNB	RB	Waiver Wire
Wed Sep 25 2:10 pm ET	Cafe of Life	Released	Andre Ellington	ARI	RB	Waiver Wire
Wed Sep 25 8:02 pm ET	Cafe of Life	Acquired	Donnie Avery	KAN	WR	Owner
Wed Sep 25 8:02 pm ET	Cafe of Life	Released	Domenik Hixon	CAR	WR	Owner
Thu Sep 26 5:20 pm ET	Mr. Football	Acquired	Geno Smith	NYJ	QB	Owner
Thu Sep 26 5:20 pm ET	Mr. Football	Released	Josh Freeman	MIN	QB	Owner
Thu Sep 26 5:28 pm ET	Mr. Football	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Thu Sep 26 5:28 pm ET	Mr. Football	Released	Buffalo Bills	BUF	Def/ST	Owner
Fri Sep 27 12:00 am ET	Mr. Football	Acquired	Brandon Bolden	NWE	RB	Owner
Fri Sep 27 12:00 am ET	Mr. Football	Released	Lance Moore	NOR	WR	Owner
Fri Sep 27 12:10 am ET	Snake	Acquired	Nate Washington	TEN	WR	Owner
Fri Sep 27 12:10 am ET	Snake	Released	Marlon Brown	BAL	WR	Owner
Sat Sep 28 5:31 pm ET	4 Sticks	Acquired	Mason Crosby	GNB	K	Owner
Sat Sep 28 5:31 pm ET	4 Sticks	Released	Jay Feely	ARI	K	Owner
Sun Sep 29 12:47 pm ET	BIG BLUE	Acquired	Rob Bironas	TEN	K	Owner
Sun Sep 29 12:48 pm ET	BIG BLUE	Released	Green Bay Packers	GNB	Def/ST	Owner

Week 5

Wed Oct 2 2:10 pm ET	Snake	Acquired	Kenny Britt	TEN	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	4 Sticks	Released	James Starks	GNB	RB	Waiver Wire
Wed Oct 2 2:10 pm ET	Pete Carroll	Released	Andre Roberts	ARI	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	BIG BLUE	Acquired	Andre Ellington	ARI	RB	Waiver Wire
Wed Oct 2 2:10 pm ET	Snake	Released	Santonio Holmes	NYJ	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	4 Sticks	Acquired	LeGarrette Blount	NWE	RB	Waiver Wire
Wed Oct 2 2:10 pm ET	Pete Carroll	Acquired	Rashad Jennings	OAK	RB	Waiver Wire
Wed Oct 2 2:10 pm ET	BIG BLUE	Released	Denarius Moore	OAK	WR	Waiver Wire



Wed Oct 2 2:10 pm ET	Pete Carroll	Released	Rueben Randle	NYG	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	Cafe of Life	Released	Aaron Dobson	NWE	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	Pete Carroll	Acquired	Robert Woods	BUF	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	4 Sticks	Released	Ben Roethlisberger	PIT	QB	Waiver Wire
Wed Oct 2 2:10 pm ET	Cafe of Life	Acquired	Jeremy Kerley	NYJ	WR	Waiver Wire
Wed Oct 2 2:10 pm ET	4 Sticks	Acquired	Brian Hoyer	CLE	QB	Waiver Wire
Wed Oct 2 9:21 pm ET	Cafe of Life	Acquired	Jacoby Jones	BAL	WR	Owner
Wed Oct 2 9:21 pm ET	Cafe of Life	Released	Donnie Avery	KAN	WR	Owner
Thu Oct 3 8:40 am ET	Romero	Acquired	Ronnie Hillman	DEN	RB	Owner
Thu Oct 3 8:40 am ET	Romero	Released	Pittsburgh Steelers	PIT	Def/ST	Owner
Thu Oct 3 9:00 am ET	Romero	Acquired	Zac Stacy	STL	RB	Owner
Thu Oct 3 9:00 am ET	Romero	Acquired	Isaiah Pead	STL	RB	Owner
Thu Oct 3 9:00 am ET	Romero	Released	Garrett Hartley	NOR	K	Owner
Thu Oct 3 9:00 am ET	Romero	Released	Brandon Myers	NYG	TE	Owner
Thu Oct 3 2:44 pm ET	Cafe of Life	Acquired	Kevin Ogletree	DET	WR	Owner
Thu Oct 3 2:44 pm ET	Cafe of Life	Released	Jacoby Jones	BAL	WR	Owner
Thu Oct 3 4:12 pm ET	Lactose Intolerance	Acquired	Jay Feely	ARI	K	Owner
Thu Oct 3 4:12 pm ET	Lactose Intolerance	Released	Shaun Suisham	PIT	K	Owner
Thu Oct 3 4:14 pm ET	Lactose Intolerance	Acquired	Jason Avant	PHI	WR	Owner
Thu Oct 3 4:14 pm ET	Lactose Intolerance	Released	Malcom Floyd	SDG	WR	Owner
Thu Oct 3 4:49 pm ET	BIG BLUE	Acquired	Brandon Jacobs	NYG	RB	Owner
Thu Oct 3 4:49 pm ET	BIG BLUE	Released	Sidney Rice	SEA	WR	Owner
Thu Oct 3 7:58 pm ET	Mutine Bullfrogs	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Thu Oct 3 7:58 pm ET	Mutine Bullfrogs	Released	New England Patriots	NWE	Def/ST	Owner
Thu Oct 3 9:53 pm ET	tommy mo	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Thu Oct 3 9:53 pm ET	tommy mo	Released	Minnesota Vikings	MIN	Def/ST	Owner
Fri Oct 4 10:35 am ET	Cafe of Life	Acquired	Jerricho Cotchery	PIT	WR	Owner
Fri Oct 4 10:35 am ET	Cafe of Life	Released	Stephen Hill	NYJ	WR	Owner

Week 6

Wed Oct 9 2:10 pm ET	Snake	Released	Kenny Britt	TEN	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	4 Sticks	Acquired	Ben Roethlisberger	PIT	QB	Waiver Wire
Wed Oct 9 2:10 pm ET	Snake	Acquired	Denarius Moore	OAK	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Pete Carroll	Acquired	Marcel Reece	OAK	RB	Waiver Wire
Wed Oct 9 2:10 pm ET	Pete Carroll	Released	Julio Jones	ATL	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Snake	Acquired	Garrett Graham	HOU	TE	Waiver Wire
Wed Oct 9 2:10 pm ET	Cafe of Life	Released	Kevin Ogletree	DET	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Released	Jason Snelling	ATL	RB	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Acquired	James Starks	GNB	RB	Waiver Wire
Wed Oct 9 2:10 pm ET	4 Sticks	Released	Brian Hoyer	CLE	QB	Waiver Wire
Wed Oct 9 2:10 pm ET	Snake	Released	Johnathan Franklin	GNB	RB	Waiver Wire
Wed Oct 9 2:10 pm ET	Cafe of Life	Acquired	Jacoby Jones	BAL	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Acquired	Keenan Allen	SDG	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Acquired	Detroit Lions	DET	Def/ST	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Released	Davone Bess	CLE	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Cafe of Life	Acquired	Garrett Hartley	NOR	K	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Acquired	Terrance Williams	DAL	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Mr. Football	Released	Ryan Broyles	DET	WR	Waiver Wire
Wed Oct 9 2:10 pm ET	Cafe of Life	Released	Nick Novak	SDG	K	Waiver Wire
Wed Oct 9 10:01 pm ET	DanDrew	Released	Jake Locker	TEN	QB	Owner
Wed Oct 9 10:01 pm ET	DanDrew	Acquired	Nick Foles	PHI	QB	Owner
Wed Oct 9 10:04 pm ET	DanDrew	Acquired	Delanie Walker	TEN	TE	Owner
Wed Oct 9 10:04 pm ET	DanDrew	Released	Zach Sudfeld	NYJ	TE	Owner
Wed Oct 9 10:05 pm ET	DanDrew	Acquired	Rueben Randle	NYG	WR	Owner
Wed Oct 9 10:05 pm ET	DanDrew	Released	Steven Jackson	ATL	RB	Owner
Wed Oct 9 10:07 pm ET	DanDrew	Released	Brandon Lloyd	NWE	WR	Owner
Wed Oct 9 10:07 pm ET	DanDrew	Acquired	Austin Pettis	STL	WR	Owner
Thu Oct 10 12:21 am ET	Snake	Released	Owen Daniels	HOU	TE	Owner
Thu Oct 10 12:21 am ET	Snake	Acquired	Adam Vinatieri	IND	K	Owner
Thu Oct 10 5:21 pm ET	tommy mo	Acquired	Minnesota Vikings	MIN	Def/ST	Owner
Thu Oct 10 5:21 pm ET	tommy mo	Released	Miami Dolphins	MIA	Def/ST	Owner



Fri Oct 11 4:17 pm ET	Lactose Intolerance	Acquired	Scott Chandler	BUF	TE	Owner
Fri Oct 11 4:17 pm ET	Lactose Intolerance	Released	Mercedes Lewis	JAC	TE	Owner
Sat Oct 12 3:41 pm ET	Cafe of Life	Acquired	Jeff Cumberland	NYJ	TE	Owner
Sat Oct 12 3:42 pm ET	Cafe of Life	Released	Jeremy Kerley	NYJ	WR	Owner
Sat Oct 12 6:19 pm ET	4 Sticks	Acquired	Harry Douglas	ATL	WR	Owner
Sat Oct 12 6:19 pm ET	4 Sticks	Released	Dallas Cowboys	DAL	Def/ST	Owner
Sun Oct 13 2:35 am ET	Mr. Football	Acquired	Donald Brown	IND	RB	Owner
Sun Oct 13 2:35 am ET	Mr. Football	Released	Ahmad Bradshaw	IND	RB	Owner
Sun Oct 13 7:11 am ET	Team 14	Acquired	Justin Tucker	BAL	K	Owner
Sun Oct 13 7:11 am ET	Team 14	Released	Isaac Redman	PIT	RB	Owner
Sun Oct 13 9:24 am ET	Romero	Acquired	Ryan Succop	KAN	K	Owner
Sun Oct 13 9:24 am ET	Romero	Released	Matt Bryant	ATL	K	Owner
Sun Oct 13 12:14 pm ET	BIG BLUE	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Sun Oct 13 12:14 pm ET	BIG BLUE	Released	Rob Bironas	TEN	K	Owner

Week 7

Wed Oct 16 2:10 pm ET	Snake	Released	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Oct 16 2:10 pm ET	Pete Carroll	Acquired	Kris Durham	DET	WR	Waiver Wire
Wed Oct 16 2:10 pm ET	4 Sticks	Acquired	Steven Jackson	ATL	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	Pete Carroll	Released	Rashad Jennings	OAK	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	Snake	Acquired	Joseph Randle	DAL	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	4 Sticks	Released	LeGarrette Blount	NWE	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	Cafe of Life	Acquired	Khiry Robinson	NOR	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	Cafe of Life	Acquired	Santonio Holmes	NYJ	WR	Waiver Wire
Wed Oct 16 2:10 pm ET	Cafe of Life	Released	Mike Goodson	NYJ	RB	Waiver Wire
Wed Oct 16 2:10 pm ET	Cafe of Life	Released	Jeff Cumberland	NYJ	TE	Waiver Wire
Wed Oct 16 11:43 pm ET	Mr. Football	Released	Brandon Bolden	NWE	RB	Owner
Wed Oct 16 11:43 pm ET	Mr. Football	Acquired	Peyton Hillis	NYG	RB	Owner
Thu Oct 17 9:34 am ET	Mr. Football	Acquired	Jason Snelling	ATL	RB	Owner
Thu Oct 17 9:34 am ET	Mr. Football	Released	James Starks	GNB	RB	Owner
Thu Oct 17 2:09 pm ET	Mr. Football	Acquired	Matt Bryant	ATL	K	Owner
Thu Oct 17 2:09 pm ET	Mr. Football	Released	Alex Henery	PHI	K	Owner
Thu Oct 17 2:10 pm ET	Mr. Football	Acquired	New England Patriots	NWE	Def/ST	Owner
Thu Oct 17 2:10 pm ET	Mr. Football	Released	Detroit Lions	DET	Def/ST	Owner
Thu Oct 17 3:33 pm ET	BIG BLUE	Acquired	Vincent Brown	SDG	WR	Owner
Thu Oct 17 3:33 pm ET	BIG BLUE	Released	Santana Moss	WAS	WR	Owner
Thu Oct 17 10:49 pm ET	Lactose Intolerance	Acquired	Charlie Batch	PIT	QB	Owner
Thu Oct 17 10:49 pm ET	Lactose Intolerance	Released	Matt Schaub	HOU	QB	Owner
Fri Oct 18 12:27 am ET	Pete Carroll	Acquired	Drew Davis	ATL	WR	Owner
Fri Oct 18 12:27 am ET	Pete Carroll	Released	Marcel Reece	OAK	RB	Owner
Fri Oct 18 5:58 am ET	Mutine Bullfrogs	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Fri Oct 18 5:58 am ET	Mutine Bullfrogs	Released	Knile Davis	KAN	RB	Owner
Sat Oct 19 9:30 pm ET	Cafe of Life	Acquired	Brandon LaFell	CAR	WR	Owner
Sat Oct 19 9:30 pm ET	Cafe of Life	Released	Jerricho Cotchery	PIT	WR	Owner
Sun Oct 20 12:56 am ET	Mr. Football	Acquired	Michael Cox	NYG	RB	Owner
Sun Oct 20 12:56 am ET	Mr. Football	Released	David Wilson	NYG	RB	Owner
Sun Oct 20 8:18 am ET	Team 14	Acquired	Jackie Battle	TEN	RB	Owner
Sun Oct 20 8:18 am ET	Team 14	Released	EJ Manuel	BUF	QB	Owner

Week 8

Tue Oct 22 6:21 pm ET	tommy mo	Released	Sam Bradford	STL	QB	Owner
Wed Oct 23 2:10 pm ET	Team 14	Released	Justin Tucker	BAL	K	Waiver Wire
Wed Oct 23 2:10 pm ET	Snake	Acquired	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Oct 23 2:10 pm ET	Mutine Bullfrogs	Released	San Diego Chargers	SDG	Def/ST	Waiver Wire
Wed Oct 23 2:10 pm ET	Snake	Released	Adam Vinatieri	IND	K	Waiver Wire
Wed Oct 23 2:10 pm ET	Team 14	Acquired	Josh McCown	CHI	QB	Waiver Wire
Wed Oct 23 2:10 pm ET	Mr. Football	Acquired	Alex Henery	PHI	K	Waiver Wire
Wed Oct 23 2:10 pm ET	Snake	Released	Garrett Graham	HOU	TE	Waiver Wire
Wed Oct 23 2:10 pm ET	tommy mo	Acquired	Jake Locker	TEN	QB	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Released	Shonn Greene	TEN	RB	Waiver Wire
Wed Oct 23 2:10 pm ET	Pete Carroll	Released	Nate Burleson	DET	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	Mr. Football	Released	Matt Bryant	ATL	K	Waiver Wire



Wed Oct 23 2:10 pm ET	Cafe of Life	Released	Brandon LaFell	CAR	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Acquired	Mike James	TAM	RB	Waiver Wire
Wed Oct 23 2:10 pm ET	Mutine Bullfrogs	Acquired	Jordan Reed	WAS	TE	Waiver Wire
Wed Oct 23 2:10 pm ET	Snake	Acquired	Joseph Fauria	DET	TE	Waiver Wire
Wed Oct 23 2:10 pm ET	Cafe of Life	Acquired	James Starks	GNB	RB	Waiver Wire
Wed Oct 23 2:10 pm ET	Pete Carroll	Acquired	Percy Harvin	SEA	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	Pete Carroll	Acquired	Kendall Wright	TEN	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Released	Greg Zuerlein	STL	K	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Released	Miles Austin	DAL	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	Pete Carroll	Released	Robert Woods	BUF	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Acquired	Jarrett Boykin	GNB	WR	Waiver Wire
Wed Oct 23 2:10 pm ET	4 Sticks	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Oct 23 6:37 pm ET	tommy mo	Released	Jake Locker	TEN	QB	Owner
Wed Oct 23 8:48 pm ET	tommy mo	Acquired	Mike Glennon	TAM	QB	Owner
Wed Oct 23 11:08 pm ET	Mr. Football	Released	Michael Bush	CHI	RB	Owner
Wed Oct 23 11:08 pm ET	Mr. Football	Acquired	Tyler Eifert	CIN	TE	Owner
Wed Oct 23 11:16 pm ET	Mr. Football	Released	New England Patriots	NWE	Def/ST	Owner
Wed Oct 23 11:16 pm ET	Mr. Football	Acquired	Green Bay Packers	GNB	Def/ST	Owner
Thu Oct 24 2:24 am ET	Pete Carroll	Released	Drew Davis	ATL	WR	Owner
Thu Oct 24 2:24 am ET	Pete Carroll	Acquired	Jonathan Stewart	CAR	RB	Owner
Thu Oct 24 6:01 pm ET	BIG BLUE	Acquired	Jeremy Kerley	NYJ	WR	Owner
Thu Oct 24 6:01 pm ET	BIG BLUE	Released	Vincent Brown	SDG	WR	Owner
Fri Oct 25 3:44 pm ET	Cafe of Life	Acquired	Michael Crabtree	SFO	WR	Owner
Fri Oct 25 3:44 pm ET	Cafe of Life	Released	Jacoby Jones	BAL	WR	Owner
Sat Oct 26 8:19 pm ET	Mutine Bullfrogs	Acquired	LaVon Brazill	IND	WR	Owner
Sat Oct 26 8:19 pm ET	Mutine Bullfrogs	Released	Jermichael Finley	GNB	TE	Owner
Sun Oct 27 7:56 am ET	Team 14	Acquired	LeGarrette Blount	NWE	RB	Owner
Sun Oct 27 7:56 am ET	Team 14	Released	Jackie Battle	TEN	RB	Owner
Sun Oct 27 7:58 am ET	Team 14	Acquired	Oakland Raiders	OAK	Def/ST	Owner
Sun Oct 27 7:58 am ET	Team 14	Released	St. Louis Rams	STL	Def/ST	Owner
Sun Oct 27 12:41 pm ET	Herm's Worms	Acquired	Jason Campbell	CLE	QB	Owner
Sun Oct 27 12:41 pm ET	Herm's Worms	Released	Jermaine Gresham	CIN	TE	Owner

Week 9

Wed Oct 30 12:54 pm ET	DanDrew	Released	Nick Foles	PHI	QB	Owner
Wed Oct 30 2:10 pm ET	Snake	Released	Mike Williams	TAM	WR	Waiver Wire
Wed Oct 30 2:10 pm ET	Lactose Intolerance	Acquired	Kellen Clemens	STL	QB	Waiver Wire
Wed Oct 30 2:10 pm ET	Lactose Intolerance	Released	Houston Texans	HOU	Def/ST	Waiver Wire
Wed Oct 30 2:10 pm ET	Snake	Acquired	New England Patriots	NWE	Def/ST	Waiver Wire
Wed Oct 30 2:10 pm ET	Mr. Football	Released	Alex Henery	PHI	K	Waiver Wire
Wed Oct 30 2:10 pm ET	Mr. Football	Acquired	Adam Vinatieri	IND	K	Waiver Wire
Wed Oct 30 2:10 pm ET	Lactose Intolerance	Released	Charlie Batch	PIT	QB	Waiver Wire
Wed Oct 30 2:10 pm ET	Snake	Acquired	Garrett Graham	HOU	TE	Waiver Wire
Wed Oct 30 2:10 pm ET	Pete Carroll	Acquired	Brandon Bolden	NWE	RB	Waiver Wire
Wed Oct 30 2:10 pm ET	Pete Carroll	Released	Bernard Pierce	BAL	RB	Waiver Wire
Wed Oct 30 2:10 pm ET	Cafe of Life	Acquired	Kenny Stills	NOR	WR	Waiver Wire
Wed Oct 30 2:10 pm ET	Snake	Released	Joseph Fauria	DET	TE	Waiver Wire
Wed Oct 30 2:10 pm ET	Lactose Intolerance	Acquired	Johnathan Franklin	GNB	RB	Waiver Wire
Wed Oct 30 2:10 pm ET	Cafe of Life	Released	Khiry Robinson	NOR	RB	Waiver Wire
Wed Oct 30 2:10 pm ET	4 Sticks	Acquired	Marvin Jones	CIN	WR	Waiver Wire
Wed Oct 30 2:10 pm ET	4 Sticks	Released	Jarrett Boykin	GNB	WR	Waiver Wire
Thu Oct 31 1:42 am ET	DanDrew	Acquired	Fozzy Whittaker	CLE	RB	Owner
Thu Oct 31 6:48 pm ET	Mr. Football	Released	Tyler Eifert	CIN	TE	Owner
Thu Oct 31 6:48 pm ET	Mr. Football	Acquired	Tashard Choice	IND	RB	Owner
Thu Oct 31 6:51 pm ET	Mr. Football	Released	Michael Cox	NYG	RB	Owner
Thu Oct 31 6:51 pm ET	Mr. Football	Acquired	Jake Locker	TEN	QB	Owner
Fri Nov 1 2:07 pm ET	Cafe of Life	Released	Garrett Hartley	NOR	K	Owner
Fri Nov 1 2:07 pm ET	Cafe of Life	Acquired	Justin Tucker	BAL	K	Owner
Fri Nov 1 6:19 pm ET	Lactose Intolerance	Released	Kellen Clemens	STL	QB	Owner
Fri Nov 1 6:19 pm ET	Lactose Intolerance	Acquired	St. Louis Rams	STL	Def/ST	Owner
Fri Nov 1 6:51 pm ET	Herm's Worms	Released	Justin Blackmon	JAC	WR	Owner
Fri Nov 1 6:51 pm ET	Herm's Worms	Acquired	Mike Brown	JAC	WR	Owner



Sat Nov 2 10:05 pm ET	Cafe of Life	Released	Santonio Holmes	NYJ	WR	Owner
Sat Nov 2 10:05 pm ET	Cafe of Life	Acquired	Mario Manningham	SFO	WR	Owner
Sat Nov 2 10:22 pm ET	DanDrew	Released	Austin Pettis	STL	WR	Owner
Sat Nov 2 10:22 pm ET	DanDrew	Acquired	Toby Gerhart	MIN	RB	Owner
Sun Nov 3 1:01 am ET	Pete Carroll	Released	Jared Cook	STL	TE	Owner
Sun Nov 3 1:01 am ET	Pete Carroll	Acquired	Randy Bullock	HOU	K	Owner
Sun Nov 3 11:49 am ET	BIG BLUE	Released	Jeremy Kerley	NYJ	WR	Owner
Sun Nov 3 11:49 am ET	BIG BLUE	Acquired	Billy Cundiff	CLE	K	Owner

Week 10

Wed Nov 6 2:10 pm ET	Cafe of Life	Released	Kenny Stills	NOR	WR	Waiver Wire
Wed Nov 6 2:10 pm ET	Cafe of Life	Acquired	Nick Foles	PHI	QB	Waiver Wire
Wed Nov 6 2:10 pm ET	4 Sticks	Acquired	Case Keenum	HOU	QB	Waiver Wire
Wed Nov 6 2:10 pm ET	4 Sticks	Released	Zach Miller	SEA	TE	Waiver Wire
Wed Nov 6 2:10 pm ET	Cafe of Life	Released	Michael Vick	PHI	QB	Waiver Wire
Wed Nov 6 2:10 pm ET	Cafe of Life	Acquired	Aaron Dobson	NWE	WR	Waiver Wire
Wed Nov 6 8:00 pm ET	Cafe of Life	Released	Michael Crabtree	SFO	WR	Owner
Wed Nov 6 8:00 pm ET	Cafe of Life	Acquired	Rashad Jennings	OAK	RB	Owner
Wed Nov 6 8:01 pm ET	Mr. Football	Released	Geno Smith	NYJ	QB	Owner
Wed Nov 6 8:01 pm ET	Mr. Football	Acquired	Bernard Pierce	BAL	RB	Owner
Wed Nov 6 8:02 pm ET	Mr. Football	Released	Tashard Choice	IND	RB	Owner
Wed Nov 6 8:02 pm ET	Mr. Football	Acquired	Chris Ogbonnaya	CLE	RB	Owner
Wed Nov 6 8:03 pm ET	Mr. Football	Released	Daryl Richardson	STL	RB	Owner
Wed Nov 6 8:03 pm ET	Mr. Football	Acquired	Shonn Greene	TEN	RB	Owner
Wed Nov 6 8:04 pm ET	Mr. Football	Released	Adam Vinatieri	IND	K	Owner
Wed Nov 6 8:05 pm ET	Mr. Football	Acquired	Garrett Hartley	NOR	K	Owner
Wed Nov 6 8:33 pm ET	BIG BLUE	Released	Billy Cundiff	CLE	K	Owner
Wed Nov 6 8:33 pm ET	BIG BLUE	Acquired	Marlon Brown	BAL	WR	Owner
Wed Nov 6 9:08 pm ET	Mutine Bullfrogs	Released	LaVon Brazill	IND	WR	Owner
Wed Nov 6 9:09 pm ET	Mutine Bullfrogs	Acquired	Houston Texans	HOU	Def/ST	Owner
Wed Nov 6 9:42 pm ET	Romero	Released	Ryan Succop	KAN	K	Owner
Wed Nov 6 9:42 pm ET	Romero	Acquired	Graham Gano	CAR	K	Owner
Wed Nov 6 9:44 pm ET	Romero	Released	Ronnie Hillman	DEN	RB	Owner
Wed Nov 6 9:44 pm ET	Romero	Acquired	Jerricho Cotchery	PIT	WR	Owner
Wed Nov 6 9:53 pm ET	Romero	Released	Isaiah Pead	STL	RB	Owner
Wed Nov 6 9:53 pm ET	Romero	Acquired	Kellen Winslow	NYJ	TE	Owner
Thu Nov 7 5:20 pm ET	Pete Carroll	Acquired	Jarrett Boykin	GNB	WR	Owner
Thu Nov 7 5:20 pm ET	Pete Carroll	Released	Randy Bullock	HOU	K	Owner
Thu Nov 7 5:21 pm ET	Pete Carroll	Acquired	Nate Burleson	DET	WR	Owner
Thu Nov 7 5:21 pm ET	Pete Carroll	Released	Brandon Bolden	NWE	RB	Owner
Thu Nov 7 7:51 pm ET	Herm's Worms	Acquired	Nick Novak	SDG	K	Owner
Thu Nov 7 7:51 pm ET	Herm's Worms	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Thu Nov 7 7:56 pm ET	Herm's Worms	Acquired	Jared Cook	STL	TE	Owner
Thu Nov 7 7:57 pm ET	Herm's Worms	Released	Jason Campbell	CLE	QB	Owner
Thu Nov 7 8:13 pm ET	Snake	Acquired	Matt Schaub	HOU	QB	Owner
Thu Nov 7 8:13 pm ET	Snake	Released	New England Patriots	NWE	Def/ST	Owner
Fri Nov 8 3:46 pm ET	DanDrew	Acquired	Josh Brown	NYG	K	Owner
Fri Nov 8 3:46 pm ET	DanDrew	Released	Fozzy Whittaker	CLE	RB	Owner
Fri Nov 8 4:28 pm ET	Herm's Worms	Acquired	Jeremy Stewart	OAK	RB	Owner
Fri Nov 8 4:28 pm ET	Herm's Worms	Released	Doug Martin	TAM	RB	Owner
Sat Nov 9 1:44 am ET	Mr. Football	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Sat Nov 9 1:44 am ET	Mr. Football	Released	Green Bay Packers	GNB	Def/ST	Owner
Sat Nov 9 2:13 pm ET	Cafe of Life	Acquired	Dallas Clark	BAL	TE	Owner
Sat Nov 9 2:13 pm ET	Cafe of Life	Released	Rashad Jennings	OAK	RB	Owner
Sun Nov 10 12:13 pm ET	Team 14	Acquired	Tyler Eifert	CIN	TE	Owner
Sun Nov 10 12:13 pm ET	Team 14	Released	Oakland Raiders	OAK	Def/ST	Owner

Week 11

Wed Nov 13 2:10 pm ET	Snake	Acquired	Rashad Jennings	OAK	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	Snake	Released	Matt Schaub	HOU	QB	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Released	Jake Locker	TEN	QB	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Acquired	Dennis Johnson	HOU	RB	Waiver Wire



Wed Nov 13 2:10 pm ET	Mr. Football	Released	Jason Snelling	ATL	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	Cafe of Life	Acquired	Ryan Succop	KAN	K	Waiver Wire
Wed Nov 13 2:10 pm ET	4 Sticks	Released	Arian Foster	HOU	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Released	Miami Dolphins	MIA	Def/ST	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Acquired	New England Patriots	NWE	Def/ST	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Released	Chris Ogbonnaya	CLE	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Acquired	Ryan Fitzpatrick	TEN	QB	Waiver Wire
Wed Nov 13 2:10 pm ET	Mr. Football	Acquired	Brian Leonard	TAM	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	4 Sticks	Released	Mike James	TAM	RB	Waiver Wire
Wed Nov 13 2:10 pm ET	4 Sticks	Acquired	Kenny Stills	NOR	WR	Waiver Wire
Wed Nov 13 2:10 pm ET	4 Sticks	Acquired	Joseph Fauria	DET	TE	Waiver Wire
Wed Nov 13 2:10 pm ET	Cafe of Life	Released	Dan Carpenter	BUF	K	Waiver Wire
Wed Nov 13 11:01 pm ET	Snake	Acquired	Bobby Rainey	TAM	RB	Owner
Wed Nov 13 11:01 pm ET	Snake	Released	Joseph Randle	DAL	RB	Owner
Thu Nov 14 12:23 am ET	4 Sticks	Acquired	Brandon Bolden	NWE	RB	Owner
Thu Nov 14 12:23 am ET	4 Sticks	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu Nov 14 1:24 pm ET	BIG BLUE	Acquired	Shaun Suisham	PIT	K	Owner
Thu Nov 14 1:24 pm ET	BIG BLUE	Released	Marlon Brown	BAL	WR	Owner
Thu Nov 14 1:44 pm ET	Herm's Worms	Acquired	John Carlson	MIN	TE	Owner
Thu Nov 14 1:44 pm ET	Herm's Worms	Released	Nick Novak	SDG	K	Owner
Thu Nov 14 2:00 pm ET	BIG BLUE	Acquired	Adam Vinatieri	IND	K	Owner
Thu Nov 14 2:00 pm ET	BIG BLUE	Released	Shaun Suisham	PIT	K	Owner
Fri Nov 15 12:14 am ET	Mr. Football	Acquired	Green Bay Packers	GNB	Def/ST	Owner
Fri Nov 15 12:14 am ET	Mr. Football	Released	Shonn Greene	TEN	RB	Owner
Sat Nov 16 3:23 am ET	Cafe of Life	Acquired	Santonio Holmes	NYJ	WR	Owner
Sat Nov 16 3:23 am ET	Cafe of Life	Released	Mario Manningham	SFO	WR	Owner

Week 12

Wed Nov 20 2:10 pm ET	Cafe of Life	Released	Dallas Clark	BAL	TE	Waiver Wire
Wed Nov 20 2:10 pm ET	Mr. Football	Acquired	Chris Ogbonnaya	CLE	RB	Waiver Wire
Wed Nov 20 2:10 pm ET	Mr. Football	Released	Dennis Johnson	HOU	RB	Waiver Wire
Wed Nov 20 2:10 pm ET	4 Sticks	Acquired	Dan Carpenter	BUF	K	Waiver Wire
Wed Nov 20 2:10 pm ET	4 Sticks	Released	Marvin Jones	CIN	WR	Waiver Wire
Wed Nov 20 2:10 pm ET	Mutine Bullfrogs	Acquired	Anthony Fasano	KAN	TE	Waiver Wire
Wed Nov 20 2:10 pm ET	Mutine Bullfrogs	Released	Jerome Simpson	MIN	WR	Waiver Wire
Wed Nov 20 2:10 pm ET	Pete Carroll	Acquired	Greg Zuerlein	STL	K	Waiver Wire
Wed Nov 20 2:10 pm ET	Pete Carroll	Released	Nate Burleson	DET	WR	Waiver Wire
Wed Nov 20 2:10 pm ET	4 Sticks	Acquired	Zach Miller	SEA	TE	Waiver Wire
Wed Nov 20 2:10 pm ET	4 Sticks	Released	Joseph Fauria	DET	TE	Waiver Wire
Wed Nov 20 2:10 pm ET	Pete Carroll	Acquired	Pittsburgh Steelers	PIT	Def/ST	Waiver Wire
Wed Nov 20 2:10 pm ET	Pete Carroll	Released	Kris Durham	DET	WR	Waiver Wire
Wed Nov 20 2:10 pm ET	Cafe of Life	Acquired	Kellen Clemens	STL	QB	Waiver Wire
Thu Nov 21 1:54 am ET	4 Sticks	Released	Case Keenum	HOU	QB	Owner
Thu Nov 21 1:54 am ET	4 Sticks	Acquired	Antone Smith	ATL	RB	Owner
Thu Nov 21 7:40 pm ET	Herm's Worms	Acquired	Oakland Raiders	OAK	Def/ST	Owner
Thu Nov 21 7:40 pm ET	Herm's Worms	Released	Jeremy Stewart	OAK	RB	Owner
Fri Nov 22 1:38 am ET	Mr. Football	Released	Peyton Hillis	NYG	RB	Owner
Fri Nov 22 11:25 pm ET	Lactose Intolerance	Acquired	Doug Baldwin	SEA	WR	Owner
Fri Nov 22 11:25 pm ET	Lactose Intolerance	Released	Jason Avant	PHI	WR	Owner
Sat Nov 23 12:18 am ET	Lactose Intolerance	Acquired	Fozzy Whittaker	CLE	RB	Owner
Sat Nov 23 12:18 am ET	Lactose Intolerance	Released	Johnathan Franklin	GNB	RB	Owner
Sat Nov 23 12:22 am ET	Lactose Intolerance	Acquired	Andre Roberts	ARI	WR	Owner
Sat Nov 23 12:22 am ET	Lactose Intolerance	Released	Darrius Heyward-Bey	IND	WR	Owner
Sat Nov 23 12:25 am ET	Lactose Intolerance	Acquired	Jeff Cumberland	NYJ	TE	Owner
Sat Nov 23 12:25 am ET	Lactose Intolerance	Released	Scott Chandler	BUF	TE	Owner
Sat Nov 23 12:32 am ET	Lactose Intolerance	Acquired	Donnie Avery	KAN	WR	Owner
Sat Nov 23 12:32 am ET	Lactose Intolerance	Released	Greg Jennings	MIN	WR	Owner
Sat Nov 23 3:49 am ET	Mr. Football	Acquired	Rob Housler	ARI	TE	Owner
Sat Nov 23 3:49 am ET	Mr. Football	Released	New England Patriots	NWE	Def/ST	Owner
Sat Nov 23 3:57 am ET	Mr. Football	Acquired	Nick Novak	SDG	K	Owner
Sat Nov 23 2:07 pm ET	Cafe of Life	Released	Kellen Clemens	STL	QB	Owner
Sat Nov 23 2:10 pm ET	Cafe of Life	Acquired	Matt McGloin	OAK	QB	Owner



Sat Nov 23 2:14 pm ET	Cafe of Life	Acquired	Chad Henne	JAC	QB	Owner
Sat Nov 23 2:15 pm ET	Cafe of Life	Released	Matt McGloin	OAK	QB	Owner
Sat Nov 23 2:18 pm ET	Cafe of Life	Acquired	Jason Campbell	CLE	QB	Owner
Sat Nov 23 2:18 pm ET	Cafe of Life	Released	Chad Henne	JAC	QB	Owner
Sun Nov 24 12:04 pm ET	Mutine Bullfrogs	Acquired	Randy Bullock	HOU	K	Owner
Sun Nov 24 12:04 pm ET	Mutine Bullfrogs	Released	Mike Nugent	CIN	K	Owner
Sun Nov 24 12:17 pm ET	Mutine Bullfrogs	Acquired	Joel Dreessen	DEN	TE	Owner
Sun Nov 24 12:17 pm ET	Mutine Bullfrogs	Released	Anthony Fasano	KAN	TE	Owner
Sun Nov 24 12:39 pm ET	Herm's Worms	Acquired	Rian Lindell	TAM	K	Owner
Sun Nov 24 12:39 pm ET	Herm's Worms	Released	John Carlson	MIN	TE	Owner

Week 13

Wed Nov 27 2:10 pm ET	Cafe of Life	Acquired	Marquise Goodwin	BUF	WR	Waiver Wire
Wed Nov 27 2:10 pm ET	Cafe of Life	Released	Santonio Holmes	NYJ	WR	Waiver Wire
Wed Nov 27 2:10 pm ET	Pete Carroll	Acquired	Nate Burleson	DET	WR	Waiver Wire
Wed Nov 27 2:10 pm ET	Pete Carroll	Released	Greg Zuerlein	STL	K	Waiver Wire
Wed Nov 27 2:10 pm ET	Cafe of Life	Acquired	Benny Cunningham	STL	RB	Waiver Wire
Wed Nov 27 2:10 pm ET	Cafe of Life	Released	Jason Campbell	CLE	QB	Waiver Wire
Wed Nov 27 2:10 pm ET	Mr. Football	Acquired	Dennis Johnson	HOU	RB	Waiver Wire
Wed Nov 27 2:10 pm ET	Mr. Football	Released	Brian Leonard	TAM	RB	Waiver Wire
Wed Nov 27 8:00 pm ET	Cafe of Life	Released	James Starks	GNB	RB	Owner
Wed Nov 27 8:00 pm ET	Cafe of Life	Acquired	Matt McGloin	OAK	QB	Owner
Thu Nov 28 2:26 am ET	Mr. Football	Acquired	New England Patriots	NWE	Def/ST	Owner
Thu Nov 28 2:26 am ET	Mr. Football	Released	Green Bay Packers	GNB	Def/ST	Owner
Thu Nov 28 8:42 am ET	BIG BLUE	Acquired	Jacoby Jones	BAL	WR	Owner
Thu Nov 28 8:42 am ET	BIG BLUE	Released	Ted Ginn Jr.	CAR	WR	Owner
Thu Nov 28 12:34 pm ET	Cafe of Life	Acquired	Marvin Jones	CIN	WR	Owner
Thu Nov 28 12:34 pm ET	Cafe of Life	Released	Aaron Dobson	NWE	WR	Owner
Fri Nov 29 1:25 am ET	Mr. Football	Acquired	Brandon LaFell	CAR	WR	Owner
Fri Nov 29 1:25 am ET	Mr. Football	Released	Terrance Williams	DAL	WR	Owner
Fri Nov 29 2:05 am ET	Herm's Worms	Acquired	Philadelphia Eagles	PHI	Def/ST	Owner
Fri Nov 29 2:05 am ET	Herm's Worms	Released	Rian Lindell	TAM	K	Owner
Sun Dec 1 1:42 am ET	DanDrew	Acquired	Geno Smith	NYJ	QB	Owner
Sun Dec 1 1:42 am ET	DanDrew	Released	Steve Johnson	BUF	WR	Owner
Sun Dec 1 1:44 am ET	DanDrew	Acquired	EJ Manuel	BUF	QB	Owner
Sun Dec 1 1:44 am ET	DanDrew	Released	Geno Smith	NYJ	QB	Owner
Sun Dec 1 1:47 am ET	DanDrew	Acquired	Mike Nugent	CIN	K	Owner
Sun Dec 1 1:47 am ET	DanDrew	Released	Toby Gerhart	MIN	RB	Owner
Sun Dec 1 1:48 am ET	DanDrew	Released	Josh Brown	NYG	K	Owner
Sun Dec 1 4:34 am ET	Pete Carroll	Acquired	Case Keenum	HOU	QB	Owner
Sun Dec 1 4:34 am ET	Pete Carroll	Released	Terrelle Pryor	OAK	QB	Owner
Sun Dec 1 4:36 am ET	Pete Carroll	Acquired	Jermaine Gresham	CIN	TE	Owner
Sun Dec 1 4:36 am ET	Pete Carroll	Released	Pittsburgh Steelers	PIT	Def/ST	Owner
Sun Dec 1 11:53 am ET	Herm's Worms	Acquired	Kellen Clemens	STL	QB	Owner
Sun Dec 1 11:53 am ET	Herm's Worms	Released	Oakland Raiders	OAK	Def/ST	Owner

Playoff Week 1

Playoff Week 2

Playoff Week 3

Playoff Week 4

Offseason