



## Week 1

Mon Sep 7 11:58 pm ET	4 Sticks	Released	Jarryd Hayne	SFO	RB	Commissioner
Mon Sep 7 11:58 pm ET	Pete Carroll	Acquired	Jarryd Hayne	SFO	RB	Commissioner
Mon Sep 7 11:58 pm ET	Pete Carroll	Released	Chris Givens	BAL	WR	Commissioner
Mon Sep 7 11:59 pm ET	Pete Carroll	Acquired	Chris Givens	BAL	WR	Commissioner
Tue Sep 8 12:00 am ET	Pete Carroll	Released	Chris Givens	BAL	WR	Commissioner
Tue Sep 8 12:01 am ET	4 Sticks	Acquired	Chris Givens	BAL	WR	Commissioner
Tue Sep 8 3:02 am ET	Pete Carroll	Acquired	Ryan Fitzpatrick	NYJ	QB	Owner
Tue Sep 8 3:02 am ET	Pete Carroll	Released	Ricardo Lockette	SEA	WR	Owner
Tue Sep 8 6:08 pm ET	Cakeman	Acquired	Josh Brown	NYG	K	Owner
Tue Sep 8 6:08 pm ET	Cakeman	Released	Cody Latimer	DEN	WR	Owner
Wed Sep 9 11:06 am ET	Mr. Flex	Released	Matt Asiata	MIN	RB	Owner
Wed Sep 9 11:06 am ET	Mr. Flex	Acquired	Jerick McKinnon	MIN	RB	Owner
Wed Sep 9 10:34 pm ET	Snake	Released	Geno Smith	NYJ	QB	Owner
Wed Sep 9 10:34 pm ET	Snake	Acquired	Mohamed Sanu	CIN	WR	Owner
Thu Sep 10 12:06 am ET	DanDrew	Released	Brian Hartline	CLE	WR	Owner
Thu Sep 10 12:06 am ET	DanDrew	Acquired	Heath Miller	PIT	TE	Owner
Thu Sep 10 2:25 am ET	Snake	Acquired	Benny Cunningham	STL	RB	Owner
Thu Sep 10 2:25 am ET	Snake	Released	Toby Gerhart	JAC	RB	Owner
Sat Sep 12 2:54 pm ET	Romero	Acquired	Richard Rodgers	GNB	TE	Owner
Sat Sep 12 2:54 pm ET	Romero	Released	Brandon McManus	DEN	K	Owner
Sun Sep 13 5:44 pm ET	Mr. Football	Released	Stepfan Taylor	ARI	RB	Owner

## Week 2

Wed Sep 16 2:09 pm ET	Pete Carroll	Acquired	Dion Lewis	NWE	RB	Waiver Wire
Wed Sep 16 2:09 pm ET	Pete Carroll	Released	Jarryd Hayne	SFO	RB	Waiver Wire
Wed Sep 16 2:09 pm ET	Mutine Bullfrogs	Acquired	Lance Dunbar	DAL	RB	Waiver Wire
Wed Sep 16 2:09 pm ET	Mutine Bullfrogs	Released	Eddie Royal	CHI	WR	Waiver Wire
Wed Sep 16 2:09 pm ET	4 Sticks	Acquired	Donte Moncrief	IND	WR	Waiver Wire
Wed Sep 16 2:09 pm ET	4 Sticks	Released	Chris Givens	BAL	WR	Waiver Wire
Wed Sep 16 2:09 pm ET	Mr. Flex	Acquired	Brandon McManus	DEN	K	Waiver Wire
Wed Sep 16 2:09 pm ET	Mr. Flex	Released	Adam Vinatieri	IND	K	Waiver Wire
Wed Sep 16 2:09 pm ET	Pete Carroll	Acquired	Cole Beasley	DAL	WR	Waiver Wire
Wed Sep 16 2:09 pm ET	Pete Carroll	Released	Reggie Bush	SFO	RB	Waiver Wire
Wed Sep 16 2:09 pm ET	BIG BLUE	Acquired	Matt Asiata	MIN	RB	Waiver Wire
Wed Sep 16 2:09 pm ET	BIG BLUE	Released	Ty Montgomery	GNB	WR	Waiver Wire
Wed Sep 16 8:56 pm ET	Dr. PHIL	Acquired	Zach Hocker	CIN	K	Owner
Wed Sep 16 8:56 pm ET	Dr. PHIL	Released	Blair Walsh	MIN	K	Owner
Wed Sep 16 8:57 pm ET	Dr. PHIL	Released	Brian Hoyer	HOU	QB	Owner
Wed Sep 16 8:57 pm ET	Dr. PHIL	Acquired	Ryan Mallett	BAL	QB	Owner
Thu Sep 17 10:14 am ET	Romero	Acquired	Jermaine Kearse	SEA	WR	Owner
Thu Sep 17 10:14 am ET	Romero	Released	Breshad Perriman	BAL	WR	Owner
Thu Sep 17 4:53 pm ET	Mr. Football	Acquired	Jerricho Cotchery	CAR	WR	Owner
Sat Sep 19 7:53 pm ET	Snake	Acquired	Robbie Gould	CHI	K	Owner
Sat Sep 19 7:53 pm ET	Snake	Released	Josh Scobee	PIT	K	Owner
Sun Sep 20 12:17 pm ET	Romero	Acquired	Bilal Powell	NYJ	RB	Owner
Sun Sep 20 12:18 pm ET	Romero	Released	James White	NWE	RB	Owner

## Week 3

Tue Sep 22 9:25 pm ET	DanDrew	Released	Julius Thomas	JAC	TE	Owner
Wed Sep 23 2:09 pm ET	DanDrew	Acquired	Travis Benjamin	CLE	WR	Waiver Wire
Wed Sep 23 2:09 pm ET	Mr. Flex	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Sep 23 2:09 pm ET	Mr. Flex	Released	Indianapolis Colts	IND	Def/ST	Waiver Wire
Wed Sep 23 2:09 pm ET	Mutine Bullfrogs	Acquired	Crockett Gillmore	BAL	TE	Waiver Wire
Wed Sep 23 2:09 pm ET	Mutine Bullfrogs	Released	Chris Polk	HOU	RB	Waiver Wire
Wed Sep 23 2:09 pm ET	Mr. Flex	Acquired	Rishard Matthews	MIA	WR	Waiver Wire
Wed Sep 23 2:09 pm ET	Mr. Flex	Released	Roddy White	ATL	WR	Waiver Wire
Wed Sep 23 2:09 pm ET	4 Sticks	Acquired	Josh Robinson	IND	RB	Waiver Wire
Wed Sep 23 2:09 pm ET	4 Sticks	Released	Brent Celek	PHI	TE	Waiver Wire
Wed Sep 23 7:59 pm ET	DanDrew	Released	Antonio Andrews	TEN	RB	Owner
Wed Sep 23 8:02 pm ET	DanDrew	Acquired	Nate Washington	HOU	WR	Owner



Wed Sep 23 8:04 pm ET	DanDrew	Acquired	Darren Fells	ARI	TE	Owner
Wed Sep 23 8:04 pm ET	DanDrew	Released	San Francisco 49ers	SFO	Def/ST	Owner
Thu Sep 24 7:45 pm ET	Snake	Acquired	Dexter McCluster	TEN	RB	Owner
Thu Sep 24 7:46 pm ET	Snake	Released	Mohamed Sanu	CIN	WR	Owner

## Week 4

Wed Sep 30 2:09 pm ET	Team 14	Acquired	Antonio Andrews	TEN	RB	Waiver Wire
Wed Sep 30 2:09 pm ET	Team 14	Released	Tre Mason	STL	RB	Waiver Wire
Wed Sep 30 2:09 pm ET	Mr. Flex	Acquired	Pittsburgh Steelers	PIT	Def/ST	Waiver Wire
Wed Sep 30 2:09 pm ET	Mr. Flex	Released	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Acquired	Thomas Rawls	SEA	RB	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Released	Fred Jackson	SEA	RB	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Acquired	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Released	Matt Prater	DET	K	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Acquired	Leonard Hankerson	BUF	WR	Waiver Wire
Wed Sep 30 2:09 pm ET	Pete Carroll	Released	Jordan Cameron	MIA	TE	Waiver Wire
Wed Sep 30 2:09 pm ET	Mutine Bullfrogs	Acquired	Caleb Sturgis	PHI	K	Waiver Wire
Wed Sep 30 2:09 pm ET	Mutine Bullfrogs	Released	Randy Bullock	NYJ	K	Waiver Wire
Wed Sep 30 2:09 pm ET	4 Sticks	Acquired	Rueben Randle	NYG	WR	Waiver Wire
Wed Sep 30 2:09 pm ET	4 Sticks	Released	Christine Michael	SEA	RB	Waiver Wire
Thu Oct 1 11:08 am ET	BIG BLUE	Acquired	Ty Montgomery	GNB	WR	Owner
Thu Oct 1 11:08 am ET	BIG BLUE	Released	Andrew Hawkins	CLE	WR	Owner
Thu Oct 1 11:58 am ET	DanDrew	Acquired	New York Giants	NYG	Def/ST	Owner
Thu Oct 1 11:58 am ET	DanDrew	Released	Darren Fells	ARI	TE	Owner
Thu Oct 1 12:01 pm ET	DanDrew	Acquired	Nick Folk	NYJ	K	Owner
Thu Oct 1 12:01 pm ET	DanDrew	Released	Phillip Dorsett	IND	WR	Owner
Thu Oct 1 4:21 pm ET	Mr. Football	Acquired	Chandler Catanzaro	ARI	K	Owner
Thu Oct 1 4:21 pm ET	Mr. Football	Released	Cody Parkey	PHI	K	Owner
Thu Oct 1 4:28 pm ET	Mr. Football	Acquired	Ted Ginn Jr.	CAR	WR	Owner
Thu Oct 1 4:28 pm ET	Mr. Football	Released	Jerricho Cotchery	CAR	WR	Owner
Fri Oct 2 6:08 pm ET	Dr. PHIL	Acquired	Anthony Dixon	BUF	RB	Owner
Fri Oct 2 6:08 pm ET	Dr. PHIL	Released	Tavon Austin	STL	WR	Owner
Sun Oct 4 2:23 am ET	Mr. Football	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Sun Oct 4 2:23 am ET	Mr. Football	Released	Roy Helu	OAK	RB	Owner
Sun Oct 4 2:26 am ET	Mr. Football	Acquired	Dustin Hopkins	WAS	K	Owner
Sun Oct 4 2:26 am ET	Mr. Football	Released	Miami Dolphins	MIA	Def/ST	Owner
Sun Oct 4 12:15 pm ET	Pete Carroll	Acquired	Brandon Weeden	HOU	QB	Owner
Sun Oct 4 12:15 pm ET	Pete Carroll	Released	Ryan Fitzpatrick	NYJ	QB	Owner

## Week 5

Wed Oct 7 2:09 pm ET	Snake	Released	Robbie Gould	CHI	K	Waiver Wire
Wed Oct 7 2:09 pm ET	Pete Carroll	Acquired	Cairo Santos	KAN	K	Waiver Wire
Wed Oct 7 2:09 pm ET	Pete Carroll	Released	Alfred Blue	HOU	RB	Waiver Wire
Wed Oct 7 2:09 pm ET	Mr. Flex	Acquired	Josh McCown	CLE	QB	Waiver Wire
Wed Oct 7 2:09 pm ET	Mr. Flex	Released	Jerick McKinnon	MIN	RB	Waiver Wire
Wed Oct 7 2:09 pm ET	Romero	Acquired	Tavon Austin	STL	WR	Waiver Wire
Wed Oct 7 2:09 pm ET	Romero	Released	Dwayne Allen	IND	TE	Waiver Wire
Wed Oct 7 2:09 pm ET	Pete Carroll	Acquired	Michael Vick	PIT	QB	Waiver Wire
Wed Oct 7 2:09 pm ET	Pete Carroll	Released	Marques Colston	NOR	WR	Waiver Wire
Wed Oct 7 2:09 pm ET	Mutine Bullfrogs	Acquired	Kamar Aiken	BAL	WR	Waiver Wire
Wed Oct 7 2:09 pm ET	Mutine Bullfrogs	Released	Caleb Sturgis	PHI	K	Waiver Wire
Wed Oct 7 2:09 pm ET	4 Sticks	Acquired	Gary Barnidge	CLE	TE	Waiver Wire
Wed Oct 7 2:09 pm ET	4 Sticks	Released	Josh Robinson	IND	RB	Waiver Wire
Wed Oct 7 2:09 pm ET	Snake	Acquired	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Wed Oct 7 8:08 pm ET	Romero	Acquired	Chris Thompson	WAS	RB	Owner
Wed Oct 7 8:08 pm ET	Romero	Released	Jermaine Kearse	SEA	WR	Owner
Wed Oct 7 8:09 pm ET	Romero	Released	Phil Dawson	SFO	K	Owner
Wed Oct 7 8:09 pm ET	Romero	Acquired	Josh Lambo	SDG	K	Owner
Wed Oct 7 9:54 pm ET	4 Sticks	Acquired	Willie Snead	NOR	WR	Owner
Wed Oct 7 9:54 pm ET	4 Sticks	Released	Markus Wheaton	PIT	WR	Owner
Thu Oct 8 1:47 am ET	Mr. Flex	Acquired	Malcom Floyd	SDG	WR	Owner
Thu Oct 8 1:47 am ET	Mr. Flex	Released	Lorenzo Taliaferro	BAL	RB	Owner



Thu Oct 8 7:30 pm ET	Mutine Bullfrogs	Acquired	Adam Vinatieri	IND	K	Owner
Thu Oct 8 7:30 pm ET	Mutine Bullfrogs	Released	Lance Dunbar	DAL	RB	Owner
Fri Oct 9 1:38 pm ET	Dr. PHIL	Released	Ryan Mallett	BAL	QB	Owner
Fri Oct 9 1:39 pm ET	Dr. PHIL	Acquired	Eddie Royal	CHI	WR	Owner
Fri Oct 9 4:32 pm ET	Mr. Football	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Fri Oct 9 4:33 pm ET	Mr. Football	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Fri Oct 9 4:41 pm ET	Mr. Football	Acquired	Darrius Heyward-Bey	PIT	WR	Owner
Fri Oct 9 4:41 pm ET	Mr. Football	Released	Dustin Hopkins	WAS	K	Owner
Fri Oct 9 10:16 pm ET	Mr. Football	Acquired	Christine Michael	SEA	RB	Owner
Fri Oct 9 10:16 pm ET	Mr. Football	Released	Terrance West	BAL	RB	Owner
Fri Oct 9 11:35 pm ET	Mr. Football	Acquired	Riley Cooper	PHI	WR	Owner
Fri Oct 9 11:35 pm ET	Mr. Football	Released	Devin Funchess	CAR	WR	Owner
Sat Oct 10 4:37 am ET	Pete Carroll	Acquired	Marquess Wilson	CHI	WR	Owner
Sat Oct 10 4:37 am ET	Pete Carroll	Released	Cole Beasley	DAL	WR	Owner
Sun Oct 11 10:00 am ET	Romero	Acquired	Julius Thomas	JAC	TE	Owner
Sun Oct 11 10:00 am ET	Romero	Released	Richard Rodgers	GNB	TE	Owner
Sun Oct 11 12:17 pm ET	Herm's Worms	Acquired	Lance Kendricks	STL	TE	Owner
Sun Oct 11 12:17 pm ET	Herm's Worms	Released	Branden Oliver	SDG	RB	Owner

## Week 6

Wed Oct 14 2:09 pm ET	4 Sticks	Acquired	Jaelen Strong	HOU	WR	Waiver Wire
Wed Oct 14 2:09 pm ET	4 Sticks	Released	Rueben Randle	NYG	WR	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Football	Acquired	Richard Rodgers	GNB	TE	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Football	Released	Darrius Heyward-Bey	PIT	WR	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Flex	Acquired	Zach Zenner	DET	RB	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Flex	Released	Lamar Miller	MIA	RB	Waiver Wire
Wed Oct 14 2:09 pm ET	Dr. PHIL	Acquired	Charcandrick West	KAN	RB	Waiver Wire
Wed Oct 14 2:09 pm ET	Dr. PHIL	Released	Andre Williams	NYG	RB	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Football	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Football	Released	San Diego Chargers	SDG	Def/ST	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Flex	Acquired	Travis Coons	CLE	K	Waiver Wire
Wed Oct 14 2:09 pm ET	Mr. Flex	Released	Malcom Floyd	SDG	WR	Waiver Wire
Wed Oct 14 2:09 pm ET	Mutine Bullfrogs	Acquired	Javorius Allen	BAL	RB	Waiver Wire
Wed Oct 14 2:09 pm ET	Mutine Bullfrogs	Released	Nelson Agholor	PHI	WR	Waiver Wire
Wed Oct 14 2:09 pm ET	Pete Carroll	Acquired	Brian Hoyer	HOU	QB	Waiver Wire
Wed Oct 14 2:09 pm ET	Pete Carroll	Released	Michael Vick	PIT	QB	Waiver Wire
Wed Oct 14 8:00 pm ET	Mutine Bullfrogs	Released	James Starks	GNB	RB	Owner
Wed Oct 14 8:05 pm ET	Mutine Bullfrogs	Acquired	Theo Riddick	DET	RB	Owner
Thu Oct 15 8:20 pm ET	BIG BLUE	Acquired	Robbie Gould	CHI	K	Owner
Thu Oct 15 8:20 pm ET	BIG BLUE	Released	Denard Robinson	JAC	RB	Owner
Thu Oct 15 11:28 pm ET	Herm's Worms	Acquired	Alfred Blue	HOU	RB	Owner
Thu Oct 15 11:28 pm ET	Herm's Worms	Released	Jamaal Charles	KAN	RB	Owner
Thu Oct 15 11:31 pm ET	Herm's Worms	Acquired	Jermaine Kearse	SEA	WR	Owner
Thu Oct 15 11:31 pm ET	Herm's Worms	Released	Lance Kendricks	STL	TE	Owner
Fri Oct 16 1:28 am ET	Pete Carroll	Acquired	Matt Cassel	DAL	QB	Owner
Fri Oct 16 1:28 am ET	Pete Carroll	Released	Brandon Weeden	HOU	QB	Owner
Fri Oct 16 2:21 am ET	Mr. Football	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Fri Oct 16 2:21 am ET	Mr. Football	Released	Tennessee Titans	TEN	Def/ST	Owner
Fri Oct 16 1:08 pm ET	Romero	Acquired	Washington Redskins	WAS	Def/ST	Owner
Fri Oct 16 1:08 pm ET	Romero	Released	Houston Texans	HOU	Def/ST	Owner
Fri Oct 16 5:28 pm ET	Dr. PHIL	Acquired	Ryan Fitzpatrick	NYJ	QB	Owner
Fri Oct 16 5:28 pm ET	Dr. PHIL	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Sat Oct 17 11:22 am ET	Romero	Acquired	Marcel Reece	OAK	RB	Owner
Sat Oct 17 11:22 am ET	Romero	Released	Bilal Powell	NYJ	RB	Owner
Sat Oct 17 6:58 pm ET	Mutine Bullfrogs	Acquired	Robert Turbin	DAL	RB	Owner
Sat Oct 17 6:58 pm ET	Mutine Bullfrogs	Released	Kamar Aiken	BAL	WR	Owner
Sun Oct 18 11:55 am ET	Mutine Bullfrogs	Acquired	Toby Gerhart	JAC	RB	Owner
Sun Oct 18 11:55 am ET	Mutine Bullfrogs	Released	Robert Turbin	DAL	RB	Owner

## Week 7

Wed Oct 21 6:53 am ET	Team 14	Released	Brian Quick	STL	WR	Owner
Wed Oct 21 2:09 pm ET	Mutine Bullfrogs	Acquired	Stefon Diggs	MIN	WR	Waiver Wire



Wed Oct 21 2:09 pm ET	Mutine Bullfrogs	Released	Toby Gerhart	JAC	RB	Waiver Wire
Wed Oct 21 2:09 pm ET	Team 14	Acquired	Malcom Floyd	SDG	WR	Waiver Wire
Wed Oct 21 2:09 pm ET	Mr. Flex	Acquired	James Starks	GNB	RB	Waiver Wire
Wed Oct 21 2:09 pm ET	Mr. Flex	Released	Zach Zenner	DET	RB	Waiver Wire
Wed Oct 21 2:09 pm ET	Dr. PHIL	Acquired	Lamar Miller	MIA	RB	Waiver Wire
Wed Oct 21 2:09 pm ET	Dr. PHIL	Released	Zach Hocker	CIN	K	Waiver Wire
Wed Oct 21 2:09 pm ET	Mr. Flex	Acquired	Benjamin Watson	NOR	TE	Waiver Wire
Wed Oct 21 2:09 pm ET	Mr. Flex	Released	Larry Donnell	NYG	TE	Waiver Wire
Wed Oct 21 2:52 pm ET	Dr. PHIL	Released	Anthony Dixon	BUF	RB	Owner
Wed Oct 21 8:00 pm ET	Mr. Football	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Wed Oct 21 8:00 pm ET	Mr. Football	Released	Jacksonville Jaguars	JAC	Def/ST	Owner
Thu Oct 22 12:18 am ET	Pete Carroll	Acquired	Danny Amendola	NWE	WR	Owner
Thu Oct 22 12:18 am ET	Pete Carroll	Released	Marquess Wilson	CHI	WR	Owner
Thu Oct 22 6:44 am ET	Dr. PHIL	Acquired	Chris Boswell	PIT	K	Owner
Thu Oct 22 7:29 pm ET	BIG BLUE	Acquired	Phil Dawson	SFO	K	Owner
Thu Oct 22 7:29 pm ET	BIG BLUE	Released	Greg Zuerlein	STL	K	Owner
Fri Oct 23 6:03 pm ET	Dr. PHIL	Acquired	Ladarius Green	SDG	TE	Owner
Fri Oct 23 6:03 pm ET	Dr. PHIL	Released	Eddie Royal	CHI	WR	Owner
Sat Oct 24 10:17 pm ET	Snake	Acquired	Lance Moore	DET	WR	Owner
Sat Oct 24 10:18 pm ET	Snake	Released	Dwayne Bowe	CLE	WR	Owner
Sat Oct 24 11:38 pm ET	Mr. Football	Acquired	Robert Turbin	DAL	RB	Owner
Sat Oct 24 11:38 pm ET	Mr. Football	Released	Riley Cooper	PHI	WR	Owner
Sun Oct 25 1:56 am ET	Team 14	Acquired	Jerick McKinnon	MIN	RB	Owner
Sun Oct 25 1:57 am ET	Team 14	Released	Ray Rice	---	RB	Owner

Week 8

Wed Oct 28 2:09 pm ET	Snake	Released	Lance Moore	DET	WR	Waiver Wire
Wed Oct 28 2:09 pm ET	4 Sticks	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Wed Oct 28 2:09 pm ET	4 Sticks	Released	Jaelen Strong	HOU	WR	Waiver Wire
Wed Oct 28 2:09 pm ET	Mr. Flex	Acquired	Ahmad Bradshaw	IND	RB	Waiver Wire
Wed Oct 28 2:09 pm ET	Mr. Flex	Released	Arian Foster	HOU	RB	Waiver Wire
Wed Oct 28 2:09 pm ET	Mr. Football	Acquired	Chris Polk	HOU	RB	Waiver Wire
Wed Oct 28 2:09 pm ET	Mr. Football	Released	Robert Turbin	DAL	RB	Waiver Wire
Wed Oct 28 2:09 pm ET	Mutine Bullfrogs	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed Oct 28 2:09 pm ET	Mutine Bullfrogs	Released	Theo Riddick	DET	RB	Waiver Wire
Wed Oct 28 2:09 pm ET	Snake	Acquired	Orleans Darkwa	NYG	RB	Waiver Wire
Wed Oct 28 10:06 pm ET	Romero	Released	Washington Redskins	WAS	Def/ST	Owner
Wed Oct 28 10:06 pm ET	Romero	Acquired	Houston Texans	HOU	Def/ST	Owner
Thu Oct 29 1:50 am ET	Pete Carroll	Released	Matt Cassel	DAL	QB	Owner
Thu Oct 29 1:50 am ET	Pete Carroll	Acquired	Jordan Cameron	MIA	TE	Owner
Thu Oct 29 5:16 am ET	Mutine Bullfrogs	Released	Crockett Gillmore	BAL	TE	Owner
Thu Oct 29 5:16 am ET	Mutine Bullfrogs	Acquired	Blair Walsh	MIN	K	Owner
Thu Oct 29 2:44 pm ET	Mr. Football	Released	Miami Dolphins	MIA	Def/ST	Owner
Thu Oct 29 2:44 pm ET	Mr. Football	Acquired	New Orleans Saints	NOR	Def/ST	Owner
Thu Oct 29 10:30 pm ET	Romero	Released	Dorial Green-Beckham	TEN	WR	Owner
Thu Oct 29 10:30 pm ET	Romero	Acquired	Clive Walford	OAK	TE	Owner
Sat Oct 31 10:00 pm ET	Romero	Released	Vincent Jackson	TAM	WR	Owner
Sat Oct 31 10:00 pm ET	Romero	Acquired	Rueben Randle	NYG	WR	Owner

Week 9

Wed Nov 4 2:09 pm ET	Team 14	Released	Khiry Robinson	NOR	RB	Waiver Wire
Wed Nov 4 2:09 pm ET	4 Sticks	Acquired	Dontrelle Inman	SDG	WR	Waiver Wire
Wed Nov 4 2:09 pm ET	4 Sticks	Released	Tennessee Titans	TEN	Def/ST	Waiver Wire
Wed Nov 4 2:09 pm ET	Mr. Flex	Acquired	Pierre Thomas	WAS	RB	Waiver Wire
Wed Nov 4 2:09 pm ET	Mr. Flex	Released	Steve Smith	BAL	WR	Waiver Wire
Wed Nov 4 2:09 pm ET	Romero	Acquired	Jeremy Langford	CHI	RB	Waiver Wire
Wed Nov 4 2:09 pm ET	Romero	Released	Le'Veon Bell	PIT	RB	Waiver Wire
Wed Nov 4 2:09 pm ET	Mutine Bullfrogs	Acquired	Jamison Crowder	WAS	WR	Waiver Wire
Wed Nov 4 2:09 pm ET	Mutine Bullfrogs	Released	Keenan Allen	SDG	WR	Waiver Wire
Wed Nov 4 2:09 pm ET	Snake	Acquired	Geno Smith	NYJ	QB	Waiver Wire
Wed Nov 4 2:09 pm ET	Snake	Released	Benny Cunningham	STL	RB	Waiver Wire
Wed Nov 4 2:09 pm ET	Team 14	Acquired	Kamar Aiken	BAL	WR	Waiver Wire



Wed Nov 4 9:06 pm ET	Romero	Released	Houston Texans	HOU	Def/ST	Owner
Wed Nov 4 9:06 pm ET	Romero	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Wed Nov 4 9:12 pm ET	Romero	Released	Clive Walford	OAK	TE	Owner
Wed Nov 4 9:12 pm ET	Romero	Released	Rueben Randle	NYG	WR	Owner
Wed Nov 4 9:12 pm ET	Romero	Acquired	Marques Colston	NOR	WR	Owner
Wed Nov 4 9:12 pm ET	Romero	Acquired	Dwayne Harris	NYG	WR	Owner
Thu Nov 5 12:25 am ET	Mr. Football	Released	Chandler Catanzaro	ARI	K	Owner
Thu Nov 5 12:26 am ET	Mr. Football	Acquired	Mike Nugent	CIN	K	Owner
Thu Nov 5 12:29 am ET	Mr. Football	Released	New Orleans Saints	NOR	Def/ST	Owner
Thu Nov 5 12:29 am ET	Mr. Football	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Thu Nov 5 12:33 am ET	Mr. Football	Released	Richard Rodgers	GNB	TE	Owner
Thu Nov 5 12:33 am ET	Mr. Football	Acquired	Vincent Jackson	TAM	WR	Owner
Thu Nov 5 12:44 am ET	DanDrew	Released	Marcus Mariota	TEN	QB	Owner
Thu Nov 5 12:44 am ET	DanDrew	Released	Tyrod Taylor	BUF	QB	Owner
Thu Nov 5 12:45 am ET	DanDrew	Acquired	Riley Cooper	PHI	WR	Owner
Thu Nov 5 12:46 am ET	DanDrew	Released	New York Giants	NYG	Def/ST	Owner
Thu Nov 5 1:17 pm ET	Mr. Flex	Released	Travis Coons	CLE	K	Owner
Thu Nov 5 1:17 pm ET	Mr. Flex	Acquired	Taiwan Jones	OAK	RB	Owner
Thu Nov 5 1:31 pm ET	Mr. Flex	Released	Josh McCown	CLE	QB	Owner
Thu Nov 5 1:31 pm ET	Mr. Flex	Acquired	Lance Moore	DET	WR	Owner
Thu Nov 5 3:39 pm ET	Snake	Released	Geno Smith	NYJ	QB	Owner
Thu Nov 5 3:39 pm ET	Snake	Acquired	Brock Osweiler	DEN	QB	Owner
Thu Nov 5 7:41 pm ET	Herm's Worms	Released	Joiqie Bell	DET	RB	Owner
Thu Nov 5 7:41 pm ET	Herm's Worms	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Thu Nov 5 7:43 pm ET	Herm's Worms	Released	Cecil Shorts III	HOU	WR	Owner
Thu Nov 5 7:43 pm ET	Herm's Worms	Acquired	Dustin Hopkins	WAS	K	Owner
Thu Nov 5 7:43 pm ET	BIG BLUE	Released	Ty Montgomery	GNB	WR	Owner
Thu Nov 5 7:43 pm ET	BIG BLUE	Acquired	Oakland Raiders	OAK	Def/ST	Owner
Thu Nov 5 8:04 pm ET	Herm's Worms	Released	Jermaine Kearse	SEA	WR	Owner
Thu Nov 5 8:04 pm ET	Herm's Worms	Acquired	Zach Line	MIN	RB	Owner
Fri Nov 6 3:36 am ET	Pete Carroll	Released	Cairo Santos	KAN	K	Owner
Fri Nov 6 3:36 am ET	Pete Carroll	Acquired	Blaine Gabbert	SFO	QB	Owner
Fri Nov 6 3:36 am ET	Pete Carroll	Released	Thomas Rawls	SEA	RB	Owner
Fri Nov 6 3:36 am ET	Pete Carroll	Acquired	Connor Barth	TAM	K	Owner
Fri Nov 6 3:38 am ET	Pete Carroll	Released	Leonard Hankerson	BUF	WR	Owner
Fri Nov 6 3:38 am ET	Pete Carroll	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Fri Nov 6 3:41 am ET	Pete Carroll	Released	Jordan Cameron	MIA	TE	Owner
Fri Nov 6 3:41 am ET	Pete Carroll	Acquired	Jacob Tamme	ATL	TE	Owner
Fri Nov 6 11:42 am ET	Mr. Flex	Released	Pierre Thomas	WAS	RB	Owner
Fri Nov 6 11:42 am ET	Mr. Flex	Acquired	Jacoby Jones	PIT	WR	Owner
Sun Nov 8 6:34 am ET	Pete Carroll	Released	Blaine Gabbert	SFO	QB	Owner
Sun Nov 8 6:34 am ET	Pete Carroll	Acquired	Theo Riddick	DET	RB	Owner

## Week 10

Wed Nov 11 2:09 pm ET	Pete Carroll	Released	Dion Lewis	NWE	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Team 14	Acquired	Matt Prater	DET	K	Waiver Wire
Wed Nov 11 2:09 pm ET	Team 14	Released	Ameer Abdullah	DET	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Flex	Acquired	Richard Rodgers	GNB	TE	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Flex	Released	Taiwan Jones	OAK	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Football	Acquired	Houston Texans	HOU	Def/ST	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Football	Released	San Diego Chargers	SDG	Def/ST	Waiver Wire
Wed Nov 11 2:09 pm ET	Dr. PHIL	Acquired	Marcus Mariota	TEN	QB	Waiver Wire
Wed Nov 11 2:09 pm ET	Dr. PHIL	Released	Ladarius Green	SDG	TE	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Flex	Acquired	Corey Brown	CAR	WR	Waiver Wire
Wed Nov 11 2:09 pm ET	Mr. Flex	Released	Jacoby Jones	PIT	WR	Waiver Wire
Wed Nov 11 2:09 pm ET	Dr. PHIL	Acquired	Greg Zuerlein	STL	K	Waiver Wire
Wed Nov 11 2:09 pm ET	Dr. PHIL	Released	Chris Boswell	PIT	K	Waiver Wire
Wed Nov 11 2:09 pm ET	Snake	Acquired	Shaun Draughn	SFO	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Snake	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Wed Nov 11 2:09 pm ET	Herm's Worms	Acquired	James White	NWE	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Herm's Worms	Released	Joseph Randle	---	RB	Waiver Wire
Wed Nov 11 2:09 pm ET	Pete Carroll	Acquired	Matt Cassel	DAL	QB	Waiver Wire





Wed Nov 11 3:23 pm ET	Mr. Flex	Released	Terrance Williams	DAL	WR	Owner
Wed Nov 11 11:14 pm ET	Mr. Flex	Acquired	Tyrod Taylor	BUF	QB	Owner
Thu Nov 12 1:10 am ET	Mr. Football	Released	Christine Michael	SEA	RB	Owner
Thu Nov 12 1:10 am ET	Mr. Football	Acquired	Brandon Bolden	NWE	RB	Owner
Thu Nov 12 1:11 am ET	Mr. Football	Released	Vincent Jackson	TAM	WR	Owner
Thu Nov 12 1:11 am ET	Mr. Football	Acquired	Chris Givens	BAL	WR	Owner
Fri Nov 13 3:24 am ET	Pete Carroll	Released	Dallas Cowboys	DAL	Def/ST	Owner
Fri Nov 13 3:24 am ET	Pete Carroll	Acquired	Matt Hasselbeck	IND	QB	Owner
Fri Nov 13 3:26 am ET	Pete Carroll	Released	Jacob Tamme	ATL	TE	Owner
Fri Nov 13 3:26 am ET	Pete Carroll	Acquired	Josh McCown	CLE	QB	Owner
Sun Nov 15 9:35 am ET	4 Sticks	Released	Dontrelle Inman	SDG	WR	Owner
Sun Nov 15 9:35 am ET	4 Sticks	Acquired	Cole Beasley	DAL	WR	Owner
Sun Nov 15 11:27 am ET	BIG BLUE	Released	Oakland Raiders	OAK	Def/ST	Owner
Sun Nov 15 11:27 am ET	BIG BLUE	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun Nov 15 11:35 am ET	BIG BLUE	Released	Phil Dawson	SFO	K	Owner
Sun Nov 15 11:35 am ET	BIG BLUE	Acquired	Mohamed Sanu	CIN	WR	Owner
Sun Nov 15 12:27 pm ET	Romero	Released	Miami Dolphins	MIA	Def/ST	Owner
Sun Nov 15 12:27 pm ET	Romero	Acquired	New York Giants	NYG	Def/ST	Owner
Sun Nov 15 12:28 pm ET	Romero	Released	Austin Seferian-Jenkins	TAM	TE	Owner
Sun Nov 15 12:28 pm ET	Romero	Acquired	Cairo Santos	KAN	K	Owner

Week 11

Wed Nov 18 2:09 pm ET	Mr. Football	Released	Chris Polk	HOU	RB	Waiver Wire
Wed Nov 18 2:09 pm ET	BIG BLUE	Acquired	Hakeem Nicks	NYG	WR	Waiver Wire
Wed Nov 18 2:09 pm ET	BIG BLUE	Released	Jacksonville Jaguars	JAC	Def/ST	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Acquired	Johnny Manziel	CLE	QB	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Released	Teddy Bridgewater	MIN	QB	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Acquired	Mark Sanchez	PHI	QB	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Released	Andre Johnson	IND	WR	Waiver Wire
Wed Nov 18 2:09 pm ET	Mr. Football	Acquired	Joiqee Bell	DET	RB	Waiver Wire
Wed Nov 18 2:09 pm ET	Mr. Football	Released	Brandon Bolden	NWE	RB	Waiver Wire
Wed Nov 18 2:09 pm ET	Mutine Bullfrogs	Acquired	Dorial Green-Beckham	TEN	WR	Waiver Wire
Wed Nov 18 2:09 pm ET	Mutine Bullfrogs	Released	James Jones	GNB	WR	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Acquired	Case Keenum	STL	QB	Waiver Wire
Wed Nov 18 2:09 pm ET	4 Sticks	Released	Nick Foles	STL	QB	Waiver Wire
Wed Nov 18 2:09 pm ET	Mr. Football	Acquired	Ameer Abdullah	DET	RB	Waiver Wire
Thu Nov 19 3:47 am ET	Pete Carroll	Released	Matt Cassel	DAL	QB	Owner
Thu Nov 19 3:47 am ET	Pete Carroll	Released	Josh McCown	CLE	QB	Owner
Thu Nov 19 3:47 am ET	Pete Carroll	Acquired	Jacob Tamme	ATL	TE	Owner
Thu Nov 19 3:47 am ET	Pete Carroll	Acquired	Leonard Hankerson	BUF	WR	Owner
Thu Nov 19 10:06 am ET	Mr. Flex	Released	Corey Brown	CAR	WR	Owner
Thu Nov 19 10:06 am ET	Mr. Flex	Acquired	Chandler Catanzaro	ARI	K	Owner
Thu Nov 19 9:09 pm ET	BIG BLUE	Released	Victor Cruz	NYG	WR	Owner
Thu Nov 19 9:09 pm ET	BIG BLUE	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Fri Nov 20 2:29 am ET	Mr. Football	Released	Julian Edelman	NWE	WR	Owner
Fri Nov 20 2:29 am ET	Mr. Football	Acquired	Wes Welker	STL	WR	Owner
Sat Nov 21 3:12 am ET	Pete Carroll	Released	Connor Barth	TAM	K	Owner
Sat Nov 21 3:12 am ET	Pete Carroll	Acquired	Thomas Rawls	SEA	RB	Owner
Sat Nov 21 12:29 pm ET	Snake	Released	Colin Kaepernick	SFO	QB	Owner
Sat Nov 21 12:29 pm ET	Snake	Acquired	Blaine Gabbert	SFO	QB	Owner
Sat Nov 21 2:04 pm ET	4 Sticks	Released	Johnny Manziel	CLE	QB	Owner
Sat Nov 21 2:04 pm ET	4 Sticks	Acquired	Jay Ajayi	MIA	RB	Owner
Sun Nov 22 12:19 pm ET	Romero	Released	New York Giants	NYG	Def/ST	Owner
Sun Nov 22 12:19 pm ET	Romero	Acquired	Washington Redskins	WAS	Def/ST	Owner
Sun Nov 22 12:56 pm ET	DanDrew	Released	Mike Wallace	MIN	WR	Owner
Sun Nov 22 12:56 pm ET	DanDrew	Acquired	Ed Dickson	CAR	TE	Owner
Sun Nov 22 12:59 pm ET	DanDrew	Released	Nick Folk	NYJ	K	Owner
Sun Nov 22 12:59 pm ET	DanDrew	Acquired	Jarryd Hayne	SFO	RB	Owner

Week 12

Wed Nov 25 2:09 pm ET	4 Sticks	Acquired	Josh McCown	CLE	QB	Waiver Wire
Wed Nov 25 2:09 pm ET	4 Sticks	Released	Case Keenum	STL	QB	Waiver Wire



Wed Nov 25 2:09 pm ET	Mr. Flex	Acquired	Zach Miller	CHI	TE	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Released	Richard Rodgers	GNB	TE	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Acquired	Matt Schaub	BAL	QB	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Released	Alex Smith	KAN	QB	Waiver Wire
Wed Nov 25 2:09 pm ET	Mutine Bullfrogs	Acquired	Devin Funchess	CAR	WR	Waiver Wire
Wed Nov 25 2:09 pm ET	Mutine Bullfrogs	Released	Justin Forsett	BAL	RB	Waiver Wire
Wed Nov 25 2:09 pm ET	Snake	Acquired	Derrick Coleman	SEA	RB	Waiver Wire
Wed Nov 25 2:09 pm ET	Snake	Released	Orleans Darkwa	NYG	RB	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Acquired	Spencer Ware	KAN	RB	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Released	Tyrod Taylor	BUF	QB	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Football	Acquired	James Jones	GNB	WR	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Football	Released	Wes Welker	STL	WR	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Acquired	New York Giants	NYG	Def/ST	Waiver Wire
Wed Nov 25 2:09 pm ET	Mr. Flex	Released	Baltimore Ravens	BAL	Def/ST	Waiver Wire
Wed Nov 25 9:29 pm ET	Mr. Flex	Released	Isaiah Crowell	CLE	RB	Owner
Wed Nov 25 9:29 pm ET	Mr. Flex	Acquired	Terrance Williams	DAL	WR	Owner
Thu Nov 26 8:18 am ET	Mutine Bullfrogs	Released	Dorial Green-Beckham	TEN	WR	Owner
Thu Nov 26 8:18 am ET	Mutine Bullfrogs	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Sun Nov 29 12:43 am ET	Team 14	Released	Matt Prater	DET	K	Owner
Sun Nov 29 12:43 am ET	Team 14	Acquired	Kai Forbath	NOR	K	Owner
Sun Nov 29 2:55 am ET	Mr. Football	Released	Chris Givens	BAL	WR	Owner

## Week 13

Wed Dec 2 2:09 pm ET	Mr. Flex	Acquired	Baltimore Ravens	BAL	Def/ST	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Released	New York Giants	NYG	Def/ST	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Acquired	Jonas Gray	JAC	RB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Released	Ahmad Bradshaw	IND	RB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Football	Acquired	Matt Prater	DET	K	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Football	Released	Rashad Jennings	NYG	RB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mutine Bullfrogs	Acquired	Tyrod Taylor	BUF	QB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mutine Bullfrogs	Released	Miami Dolphins	MIA	Def/ST	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Acquired	Seth Roberts	OAK	WR	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Released	Rishard Matthews	MIA	WR	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Football	Acquired	Brandon Bolden	NWE	RB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Acquired	Alex Smith	KAN	QB	Waiver Wire
Wed Dec 2 2:09 pm ET	Mr. Flex	Released	Matt Schaub	BAL	QB	Waiver Wire
Wed Dec 2 8:15 pm ET	Snake	Released	Derrick Coleman	SEA	RB	Owner
Wed Dec 2 8:15 pm ET	Snake	Acquired	Orleans Darkwa	NYG	RB	Owner
Wed Dec 2 8:24 pm ET	Snake	Released	Dexter McCluster	TEN	RB	Owner
Wed Dec 2 8:24 pm ET	Snake	Acquired	Rueben Randle	NYG	WR	Owner
Thu Dec 3 1:26 am ET	Mr. Football	Released	Joiqye Bell	DET	RB	Owner
Thu Dec 3 1:26 am ET	Mr. Football	Acquired	Scott Chandler	NWE	TE	Owner
Thu Dec 3 1:44 pm ET	Mr. Flex	Released	Lance Moore	DET	WR	Owner
Thu Dec 3 1:44 pm ET	Mr. Flex	Acquired	Julian Edelman	NWE	WR	Owner
Thu Dec 3 2:56 pm ET	Mr. Flex	Released	Jonas Gray	JAC	RB	Owner
Thu Dec 3 2:56 pm ET	Mr. Flex	Acquired	Dan Herron	IND	RB	Owner
Thu Dec 3 3:19 pm ET	tommy mo	Released	Mychal Rivera	OAK	TE	Owner
Thu Dec 3 3:19 pm ET	tommy mo	Acquired	Richard Rodgers	GNB	TE	Owner
Thu Dec 3 3:28 pm ET	tommy mo	Released	Chris Johnson	ARI	RB	Owner
Thu Dec 3 3:28 pm ET	tommy mo	Acquired	Markus Wheaton	PIT	WR	Owner
Thu Dec 3 7:17 pm ET	Pete Carroll	Released	Jimmy Graham	SEA	TE	Owner
Thu Dec 3 7:17 pm ET	Pete Carroll	Acquired	Teddy Bridgewater	MIN	QB	Owner
Thu Dec 3 7:21 pm ET	Pete Carroll	Released	Leonard Hankerson	BUF	WR	Owner
Thu Dec 3 7:21 pm ET	Pete Carroll	Acquired	Austin Seferian-Jenkins	TAM	TE	Owner
Thu Dec 3 8:08 pm ET	Snake	Released	Orleans Darkwa	NYG	RB	Owner
Thu Dec 3 8:08 pm ET	Snake	Acquired	Randy Bullock	NYJ	K	Owner
Thu Dec 3 11:46 pm ET	Dr. PHIL	Released	Tony Romo	DAL	QB	Owner
Thu Dec 3 11:46 pm ET	Dr. PHIL	Acquired	Jason Myers	JAC	K	Owner
Fri Dec 4 3:57 am ET	Pete Carroll	Released	Charles Sims	TAM	RB	Owner
Fri Dec 4 3:57 am ET	Pete Carroll	Acquired	Vance McDonald	SFO	TE	Owner
Sat Dec 5 2:48 am ET	Mr. Football	Released	James Jones	GNB	WR	Owner
Sat Dec 5 2:48 am ET	Mr. Football	Acquired	Vincent Jackson	TAM	WR	Owner



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Sat Dec 5 1:51 pm ET	Mr. Flex	Released	Zach Miller	CHI	TE	Owner
Sat Dec 5 1:51 pm ET	Mr. Flex	Acquired	Jermaine Kearse	SEA	WR	Owner
Sun Dec 6 11:47 am ET	BIG BLUE	Released	Matt Asiata	MIN	RB	Owner
Sun Dec 6 11:47 am ET	BIG BLUE	Acquired	Jordan Cameron	MIA	TE	Owner

Playoff Week 1

Playoff Week 2

Playoff Week 3

Playoff Week 4

Offseason