



XTREME GURUS FOOTBALL LEAGUE

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2009 Transactions

26-Feb-2010 06:51 PM Eastern

Week 1

Thu., Sep 3 2009 7:00 a	The RedZone Renegades	Released	Michael Bush	OAK	RB	Commissioner
Thu., Sep 3 2009 7:00 a	The RedZone Renegades	Acquired	Jeremy Shockey	NOR	TE	Commissioner
Thu., Sep 3 2009 7:00 a	GRΣΣŋ Bowl Pa	Released	Delhomme	CAR	QB	Owner
Thu., Sep 3 2009 7:00 a	GRΣΣŋ Bowl Pa	Released	Campbell	WAS	QB	Owner
Thu., Sep 3 2009 7:01 a	GRΣΣŋ Bowl Pa	Released	Barth	TAM	K	Owner
Thu., Sep 3 2009 7:01 a	GRΣΣŋ Bowl Pa	Released	Kasay	CAR	K	Owner
Thu., Sep 3 2009 7:02 a	Obama's Nappy Headed Hos	Released	Davone Bess	MIA	WR	Owner
Thu., Sep 3 2009 7:02 a	Obama's Nappy Headed Hos	Acquired	Troy Williamson	JAC	WR	Owner
Thu., Sep 3 2009 10:14 a	The Mooseknuckles	Released	Kolby Smith	KAN	RB	Owner
Thu., Sep 3 2009 10:14 a	The Mooseknuckles	Acquired	Dominic Rhodes	BUF	RB	Owner
Thu., Sep 3 2009 10:54 a	The Mooseknuckles	Released	Nate Washington	TEN	WR	Owner
Thu., Sep 3 2009 10:54 a	The Mooseknuckles	Acquired	Antwaan Randle El	WAS	WR	Owner
Sat., Sep 5 2009 2:47 p	The Fisters	Released	Justin Fargas	OAK	RB	Owner
Sat., Sep 5 2009 2:47 p	The Fisters	Acquired	Michael Crabtree	SFO	WR	Owner
Sat., Sep 5 2009 11:58 p	MonkeyPiss	Released	Bobby Engram	KAN	WR	Owner
Sat., Sep 5 2009 11:58 p	MonkeyPiss	Acquired	Isaac Bruce	SFO	WR	Owner
Mon., Sep 7 2009 1:47 p	The RedZone Renegades	Released	Rashad Jennings	JAC	RB	Commissioner
Mon., Sep 7 2009 1:47 p	The RedZone Renegades	Acquired	Chaz Schilens	OAK	WR	Commissioner
Mon., Sep 7 2009 1:47 p	The RedZone Renegades	Placed on IR	Chaz Schilens	OAK	WR	Commissioner
Mon., Sep 7 2009 1:47 p	The RedZone Renegades	Acquired	Rashad Jennings	JAC	RB	Commissioner
Mon., Sep 7 2009 6:39 p	The RedZone Renegades	Released	Rashad Jennings	JAC	RB	Commissioner
Mon., Sep 7 2009 6:39 p	The RedZone Renegades	Acquired	Carnell Williams	TAM	RB	Commissioner
Mon., Sep 7 2009 7:14 p	The RedZone Renegades	Released	Carnell Williams	TAM	RB	Commissioner
Mon., Sep 7 2009 7:14 p	The RedZone Renegades	Acquired	Sidney Rice	MIN	WR	Commissioner
Tue., Sep 8 2009 2:11 p	The Fisters	Released	Michael Crabtree	SFO	WR	Owner
Tue., Sep 8 2009 2:11 p	The Fisters	Acquired	Carnell Williams	TAM	RB	Owner
Wed., Sep 9 2009 4:11 p	Violent Lawn Furniutre	Released	Sammy Morris	NWE	RB	Owner
Wed., Sep 9 2009 4:11 p	Violent Lawn Furniutre	Acquired	Mike Bell	NOR	RB	Owner
Wed., Sep 9 2009 4:32 p	Violent Lawn Furniutre	Released	Miami Dolphins	MIA	Def/ST	Owner
Wed., Sep 9 2009 4:32 p	Violent Lawn Furniutre	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Sun., Sep 13 2009 11:38 a	The RedZone Renegades	Released	Kris Brown	HOU	K	Commissioner
Sun., Sep 13 2009 11:38 a	The RedZone Renegades	Acquired	Neil Rackers	ARI	K	Commissioner

Week 2

Thu., Sep 17 2009 1:10 a	MonkeyPiss	Acquired	Ryan Longwell	MIN	K	Waiver Wire
Thu., Sep 17 2009 1:10 a	MonkeyPiss	Released	Shayne Graham	CIN	K	Waiver Wire
Thu., Sep 17 2009 1:10 a	Obama's Nappy Headed Hos	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Thu., Sep 17 2009 1:10 a	Obama's Nappy Headed Hos	Released	Troy Williamson	JAC	WR	Waiver Wire
Thu., Sep 17 2009 7:00 a	The RedZone Renegades	Released	Sidney Rice	MIN	WR	Commissioner
Thu., Sep 17 2009 7:00 a	The RedZone Renegades	Acquired	Michael Bush	OAK	RB	Commissioner
Thu., Sep 17 2009 9:16 a	B(.) (.)B's	Released	Visanthe Shiancoe	MIN	TE	Owner
Thu., Sep 17 2009 9:16 a	B(.) (.)B's	Acquired	Benjamin Watson	NWE	TE	Owner
Thu., Sep 17 2009 9:17 a	B(.) (.)B's	Released	Marc Bulger	STL	QB	Owner
Thu., Sep 17 2009 9:17 a	B(.) (.)B's	Acquired	Mark Sanchez	NYJ	QB	Owner
Thu., Sep 17 2009 9:18 a	B(.) (.)B's	Placed on IR	Donovan McNabb	PHI	QB	Owner
Thu., Sep 17 2009 9:18 a	B(.) (.)B's	Acquired	Louis Murphy	OAK	WR	Owner
Thu., Sep 17 2009 11:07 a	B(.) (.)B's	Taken off IR	Donovan McNabb	PHI	QB	Owner
Thu., Sep 17 2009 11:07 a	B(.) (.)B's	Released	Michael Jenkins	ATL	WR	Owner
Thu., Sep 17 2009 9:48 p	Violent Lawn Furniutre	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu., Sep 17 2009 9:48 p	Violent Lawn Furniutre	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Fri., Sep 18 2009 9:18 a	The Mooseknuckles	Released	Kevin Curtis	PHI	WR	Owner
Fri., Sep 18 2009 9:18 a	The Mooseknuckles	Acquired	Mario Manningham	NYG	WR	Owner
Fri., Sep 18 2009 9:21 a	The Mooseknuckles	Released	Dominic Rhodes	BUF	RB	Owner
Fri., Sep 18 2009 9:21 a	The Mooseknuckles	Acquired	Heath Evans	NOR	RB	Owner
Fri., Sep 18 2009 12:54 p	The RedZone Renegades	Released	Neil Rackers	ARI	K	Commissioner
Fri., Sep 18 2009 12:54 p	The RedZone Renegades	Acquired	Lawrence Tynes	NYG	K	Commissioner
Fri., Sep 18 2009 2:56 p	GRΣΣŋ Bowl Pa	Released	Bryant	TAM	WR	Owner
Fri., Sep 18 2009 2:56 p	GRΣΣŋ Bowl Pa	Released	Clayton	TAM	WR	Owner
Fri., Sep 18 2009 7:27 p	Fernando's Eses	Released	Jeremy Maclin	PHI	WR	Owner
Fri., Sep 18 2009 7:27 p	Fernando's Eses	Acquired	Laurent Robinson	STL	WR	Owner
Sun., Sep 20 2009 9:42 a	B(.) (.)B's	Released	Mark Sanchez	NYJ	QB	Owner



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Sun., Sep 20 2009 9:42 a	B(.) (.)B's	Acquired	Byron Leftwich	TAM	QB	Owner
Sun., Sep 20 2009 12:28 p	Gimme Da Skins	Placed on IR	Anthony Gonzalez	IND	WR	Owner
Sun., Sep 20 2009 12:28 p	Gimme Da Skins	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Sun., Sep 20 2009 12:48 p	Balls Deep	Placed on IR	Kevin Walter	HOU	WR	Commissioner
Sun., Sep 20 2009 12:48 p	Balls Deep	Acquired	Michael Jenkins	ATL	WR	Commissioner

Week 3

Thu., Sep 24 2009 1:09 a	Fernando's Eses	Acquired	Johnny Knox	CHI	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	Fernando's Eses	Released	Laurent Robinson	STL	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	B(.) (.)B's	Acquired	Joe Nedney	SFO	K	Waiver Wire
Thu., Sep 24 2009 1:09 a	B(.) (.)B's	Released	Rob Bironas	TEN	K	Waiver Wire
Thu., Sep 24 2009 1:09 a	Obama's Nappy Headed Hos	Acquired	Mike Sims-Walker	JAC	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	Obama's Nappy Headed Hos	Released	Josh Morgan	SFO	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	GRΣΣŋ Bowl Pa	Acquired	Edelman	NWE	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	GRΣΣŋ Bowl Pa	Released	Avery	STL	WR	Waiver Wire
Thu., Sep 24 2009 1:09 a	B(.) (.)B's	Acquired	New Orleans Saints	NOR	Def/ST	Waiver Wire
Thu., Sep 24 2009 1:09 a	B(.) (.)B's	Released	New England Patriots	NWE	Def/ST	Waiver Wire
Thu., Sep 24 2009 1:09 a	GRΣΣŋ Bowl Pa	Acquired	Celek	PHI	TE	Waiver Wire
Thu., Sep 24 2009 1:09 a	GRΣΣŋ Bowl Pa	Released	Olsen	CHI	TE	Waiver Wire
Thu., Sep 24 2009 7:06 a	The RedZone Renegades	Released	Ladell Betts	WAS	RB	Commissioner
Thu., Sep 24 2009 7:06 a	The RedZone Renegades	Acquired	Laurent Robinson	STL	WR	Commissioner
Thu., Sep 24 2009 6:41 p	Violent Lawn Furniutre	Released	Zach Miller	OAK	TE	Owner
Thu., Sep 24 2009 6:41 p	Violent Lawn Furniutre	Acquired	Todd Heap	BAL	TE	Owner
Fri., Sep 25 2009 12:42 a	Gimme Da Skins	Released	Hakeem Nicks	NYG	WR	Owner
Fri., Sep 25 2009 12:42 a	Gimme Da Skins	Acquired	Kelley Washington	BAL	WR	Owner
Fri., Sep 25 2009 7:08 p	Fernando's Eses	Placed on IR	Lance Moore	NOR	WR	Owner
Fri., Sep 25 2009 7:11 p	Fernando's Eses	Acquired	Jason Avant	PHI	WR	Owner
Sun., Sep 27 2009 1:33 a	GRΣΣŋ Bowl Pa	Released	Kasay	CAR	K	Owner
Sun., Sep 27 2009 1:33 a	GRΣΣŋ Bowl Pa	Acquired	Carney	NOR	K	Owner
Sun., Sep 27 2009 10:41 a	Violent Lawn Furniutre	Released	Atlanta Falcons	ATL	Def/ST	Owner
Sun., Sep 27 2009 10:41 a	Violent Lawn Furniutre	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Sun., Sep 27 2009 11:41 a	MonkeyPiss	Released	Chris Brown	HOU	RB	Owner
Sun., Sep 27 2009 11:41 a	MonkeyPiss	Acquired	Jeremy Maclin	PHI	WR	Owner
Sun., Sep 27 2009 11:48 a	MonkeyPiss	Released	Washington Redskins	WAS	Def/ST	Owner
Sun., Sep 27 2009 11:48 a	MonkeyPiss	Acquired	Kansas City Chiefs	KAN	Def/ST	Owner
Sun., Sep 27 2009 11:54 a	Violent Lawn Furniutre	Placed on IR	Wes Welker	NWE	WR	Owner
Sun., Sep 27 2009 12:29 p	Violent Lawn Furniutre	Acquired	Nate Washington	TEN	WR	Owner
Sun., Sep 27 2009 1:05 p	GRΣΣŋ Bowl Pa	Released	Bryant	TAM	WR	Owner
Sun., Sep 27 2009 1:05 p	GRΣΣŋ Bowl Pa	Acquired	Edelman	NWE	WR	Owner
Sun., Sep 27 2009 2:05 p	Balls Deep	Taken off IR	Kevin Walter	HOU	WR	Owner
Sun., Sep 27 2009 2:05 p	Balls Deep	Released	Deion Branch	SEA	WR	Owner

Week 4

Wed., Sep 30 2009 1:12 p	The RedZone Renegades	Released	Laurent Robinson	STL	WR	Commissioner
Thu., Oct 1 2009 12:13 a	Violent Lawn Furniutre	Released	Robert Meachem	NOR	WR	Commissioner
Thu., Oct 1 2009 1:20 a	Obama's Nappy Headed Hos	Acquired	Tashard Choice	DAL	RB	Waiver Wire
Thu., Oct 1 2009 1:20 a	Obama's Nappy Headed Hos	Released	Justin Gage	TEN	WR	Waiver Wire
Thu., Oct 1 2009 1:20 a	Violent Lawn Furniutre	Acquired	Vernon Davis	SFO	TE	Waiver Wire
Thu., Oct 1 2009 1:20 a	Fernando's Eses	Acquired	Steven Hauschka	ATL	K	Waiver Wire
Thu., Oct 1 2009 1:20 a	Fernando's Eses	Released	Jason Elam	ATL	K	Waiver Wire
Thu., Oct 1 2009 1:20 a	The RedZone Renegades	Acquired	Pierre Garcon	IND	WR	Waiver Wire
Thu., Oct 1 2009 1:20 a	B(.) (.)B's	Acquired	Mark Sanchez	NYJ	QB	Waiver Wire
Thu., Oct 1 2009 1:20 a	B(.) (.)B's	Released	Byron Leftwich	TAM	QB	Waiver Wire
Thu., Oct 1 2009 1:20 a	MonkeyPiss	Acquired	Andre Caldwell	CIN	WR	Waiver Wire
Thu., Oct 1 2009 1:20 a	MonkeyPiss	Released	Jeremy Maclin	PHI	WR	Waiver Wire
Thu., Oct 1 2009 1:20 a	MonkeyPiss	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Thu., Oct 1 2009 1:20 a	MonkeyPiss	Released	Kansas City Chiefs	KAN	Def/ST	Waiver Wire
Thu., Oct 1 2009 1:20 a	Fernando's Eses	Acquired	Kevin Kolb	PHI	QB	Waiver Wire
Thu., Oct 1 2009 1:20 a	Fernando's Eses	Released	Kyle Orton	DEN	QB	Waiver Wire
Thu., Oct 1 2009 1:20 a	Obama's Nappy Headed Hos	Acquired	Denver Broncos	DEN	Def/ST	Waiver Wire
Thu., Oct 1 2009 1:20 a	Obama's Nappy Headed Hos	Released	Chansi Stuckey	CLE	WR	Waiver Wire
Thu., Oct 1 2009 1:20 a	The Mooseknuckles	Acquired	Jerome Harrison	CLE	RB	Waiver Wire



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Thu., Oct 1 2009 1:20 a	The Mooseknuckles	Placed on IR	LaDainian Tomlinson	SDG	RB	Waiver Wire
Thu., Oct 1 2009 10:17 a	Balls Deep	Acquired	Kyle Orton	DEN	QB	Owner
Thu., Oct 1 2009 10:17 a	Balls Deep	Placed on IR	Chad Pennington	MIA	QB	Owner
Thu., Oct 1 2009 10:19 a	Balls Deep	Released	Laurence Maroney	NWE	RB	Owner
Thu., Oct 1 2009 10:19 a	Balls Deep	Acquired	Greg Olsen	CHI	TE	Owner
Thu., Oct 1 2009 10:24 a	The RedZone Renegades	Released	Jeremy Shockey	NOR	TE	Commissioner
Thu., Oct 1 2009 10:25 a	Violent Lawn Furniutre	Released	James Davis	CLE	RB	Commissioner
Thu., Oct 1 2009 10:25 a	Violent Lawn Furniutre	Acquired	Jeremy Shockey	NOR	TE	Commissioner
Thu., Oct 1 2009 10:41 a	The Fisters	Released	Edgerrin James	SEA	RB	Owner
Thu., Oct 1 2009 10:41 a	The Fisters	Acquired	Matthew Stafford	DET	QB	Owner
Thu., Oct 1 2009 11:20 a	The RedZone Renegades	Acquired	Ladell Betts	WAS	RB	Commissioner
Thu., Oct 1 2009 4:39 p	The Mooseknuckles	Released	Heath Evans	NOR	RB	Owner
Thu., Oct 1 2009 4:39 p	The Mooseknuckles	Acquired	Jamaal Charles	KAN	RB	Owner
Thu., Oct 1 2009 10:51 p	Fernando's Eses	Released	Kevin Kolb	PHI	QB	Owner
Thu., Oct 1 2009 10:51 p	Fernando's Eses	Acquired	Kerry Collins	TEN	QB	Owner
Thu., Oct 1 2009 10:53 p	Fernando's Eses	Released	Indianapolis Colts	IND	Def/ST	Owner
Thu., Oct 1 2009 10:53 p	Fernando's Eses	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Fri., Oct 2 2009 12:09 a	Violent Lawn Furniutre	Released	Todd Heap	BAL	TE	Owner
Fri., Oct 2 2009 12:09 a	Violent Lawn Furniutre	Acquired	Justin Gage	TEN	WR	Owner
Fri., Oct 2 2009 12:11 a	Violent Lawn Furniutre	Taken off IR	Wes Welker	NWE	WR	Owner
Fri., Oct 2 2009 12:11 a	Violent Lawn Furniutre	Placed on IR	Mike Bell	NOR	RB	Owner
Sat., Oct 3 2009 6:33 p	The Mooseknuckles	Taken off IR	LaDainian Tomlinson	SDG	RB	Owner
Sat., Oct 3 2009 6:33 p	The Mooseknuckles	Released	Antwaan Randle El	WAS	WR	Owner
Sun., Oct 4 2009 11:00 a	GRΣΣŋ Bowl Pack	Released	Clayton	TAM	WR	Owner
Sun., Oct 4 2009 11:00 a	GRΣΣŋ Bowl Pack	Acquired	Indianapolis Colts	IND	Def/ST	Owner
Sun., Oct 4 2009 11:02 a	GRΣΣŋ Bowl Pack	Released	Miller	PIT	TE	Owner
Sun., Oct 4 2009 11:02 a	GRΣΣŋ Bowl Pack	Acquired	Gore	SFO	RB	Owner
Sun., Oct 4 2009 11:14 a	Balls Deep	Released	Darrius Heyward-Bey	OAK	WR	Owner
Sun., Oct 4 2009 11:14 a	Balls Deep	Acquired	Sebastian Janikowski	OAK	K	Owner
Sun., Oct 4 2009 11:19 a	Gimme Da Skins	Released	Buffalo Bills	BUF	Def/ST	Owner
Sun., Oct 4 2009 11:19 a	Gimme Da Skins	Acquired	Mewelde Moore	PIT	RB	Owner
Sun., Oct 4 2009 11:23 a	Gimme Da Skins	Released	Domenik Hixon	NYG	WR	Owner
Sun., Oct 4 2009 11:23 a	Gimme Da Skins	Acquired	Bobby Wade	KAN	WR	Owner
Sun., Oct 4 2009 11:26 a	Gimme Da Skins	Released	Kevin Boss	NYG	TE	Owner
Sun., Oct 4 2009 11:26 a	Gimme Da Skins	Acquired	Mike Wallace	PIT	WR	Owner
Sun., Oct 4 2009 12:31 p	Obama's Nappy Headed Hos	Released	Denver Broncos	DEN	Def/ST	Owner
Sun., Oct 4 2009 12:31 p	Obama's Nappy Headed Hos	Acquired	Buffalo Bills	BUF	Def/ST	Owner

Week 5

Wed., Oct 7 2009 11:36 a	The RedZone Renegades	Released	Chaz Schilens	OAK	WR	Owner
Thu., Oct 8 2009 1:30 a	Obama's Nappy Headed Hos	Acquired	Austin Collie	IND	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	Obama's Nappy Headed Hos	Released	Buffalo Bills	BUF	Def/ST	Waiver Wire
Thu., Oct 8 2009 1:30 a	Violent Lawn Furniutre	Acquired	Mohamed Massaquoi	CLE	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	Violent Lawn Furniutre	Released	Justin Gage	TEN	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	B(.) (.)B's	Acquired	Sidney Rice	MIN	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	B(.) (.)B's	Released	Louis Murphy	OAK	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	The RedZone Renegades	Acquired	Todd Heap	BAL	TE	Waiver Wire
Thu., Oct 8 2009 1:30 a	The RedZone Renegades	Released	Earl Bennett	CHI	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	MonkeyPiss	Acquired	Bryant Johnson	DET	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	MonkeyPiss	Released	Muhsin Muhammad	CAR	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	The Mooseknuckles	Acquired	Jason Hanson	DET	K	Waiver Wire
Thu., Oct 8 2009 1:30 a	The Mooseknuckles	Released	Mason Crosby	GNB	K	Waiver Wire
Thu., Oct 8 2009 1:30 a	The Fisters	Acquired	New England Patriots	NWE	Def/ST	Waiver Wire
Thu., Oct 8 2009 1:30 a	The Fisters	Released	Chris Chambers	KAN	WR	Waiver Wire
Thu., Oct 8 2009 1:30 a	GRΣΣŋ Bowl Pack	Released	Morris	NWE	RB	Waiver Wire
Thu., Oct 8 2009 1:30 a	GRΣΣŋ Bowl Pack	Acquired	Indianapolis Colts	IND	Def/ST	Waiver Wire
Thu., Oct 8 2009 8:08 a	The Mooseknuckles	Released	Jamaal Charles	KAN	RB	Owner
Thu., Oct 8 2009 8:08 a	The Mooseknuckles	Acquired	Michael Crabtree	SFO	WR	Owner
Thu., Oct 8 2009 9:26 a	B(.) (.)B's	Released	Mark Sanchez	NYJ	QB	Owner
Thu., Oct 8 2009 9:26 a	B(.) (.)B's	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Thu., Oct 8 2009 10:18 a	B(.) (.)B's	Placed on IR	Correll Buckhalter	DEN	RB	Owner
Thu., Oct 8 2009 10:18 a	B(.) (.)B's	Acquired	Shaun Hill	SFO	QB	Owner



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Thu., Oct 8 2009 10:24 a	The Fisters	Released	Matthew Stafford	DET	QB	Owner
Thu., Oct 8 2009 10:24 a	The Fisters	Acquired	Mark Sanchez	NYJ	QB	Owner
Thu., Oct 8 2009 1:45 p	Violent Lawn Furniutre	Released	Nate Kaeding	SDG	K	Owner
Thu., Oct 8 2009 1:45 p	Violent Lawn Furniutre	Acquired	Neil Rackers	ARI	K	Owner
Thu., Oct 8 2009 10:14 p	MonkeyPiss	Released	Bryant Johnson	DET	WR	Owner
Thu., Oct 8 2009 10:14 p	MonkeyPiss	Acquired	Jordy Nelson	GNB	WR	Owner
Thu., Oct 8 2009 10:15 p	MonkeyPiss	Released	Jordy Nelson	GNB	WR	Owner
Thu., Oct 8 2009 10:15 p	MonkeyPiss	Acquired	Hakeem Nicks	NYG	WR	Owner
Thu., Oct 8 2009 10:17 p	MonkeyPiss	Released	Isaac Bruce	SFO	WR	Owner
Thu., Oct 8 2009 10:17 p	MonkeyPiss	Acquired	Muhsin Muhammad	CAR	WR	Owner
Sun., Oct 11 2009 12:59 a	GRΣΣŋ Bowl Pa	Released	Matt Carney	NOR	K	Owner
Sun., Oct 11 2009 12:59 a	GRΣΣŋ Bowl Pa	Acquired	Joe Scobee	JAC	K	Owner
Sun., Oct 11 2009 9:00 a	MonkeyPiss	Placed on IR	Felix Jones	DAL	RB	Owner
Sun., Oct 11 2009 9:00 a	MonkeyPiss	Acquired	Josh Reed	BUF	WR	Owner
Sun., Oct 11 2009 11:30 a	Gimme Da Skins	Released	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 11 2009 11:30 a	Gimme Da Skins	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun., Oct 11 2009 11:31 a	Gimme Da Skins	Released	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun., Oct 11 2009 11:31 a	Gimme Da Skins	Acquired	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 11 2009 11:39 a	Gimme Da Skins	Released	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 11 2009 11:39 a	Gimme Da Skins	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Sun., Oct 11 2009 12:07 p	The Career Killer	Released	Johnnie Lee Higgins	OAK	WR	Owner
Sun., Oct 11 2009 12:07 p	The Career Killer	Acquired	Matt Prater	DEN	K	Owner
Sun., Oct 11 2009 12:08 p	The Career Killer	Released	Earnest Graham	TAM	RB	Owner
Sun., Oct 11 2009 12:08 p	The Career Killer	Acquired	Houston Texans	HOU	Def/ST	Owner
Sun., Oct 11 2009 12:18 p	The Career Killer	Released	San Diego Chargers	SDG	Def/ST	Owner
Sun., Oct 11 2009 12:18 p	The Career Killer	Acquired	Davone Bess	MIA	WR	Owner
Sun., Oct 11 2009 12:53 p	MonkeyPiss	Released	Dallas Cowboys	DAL	Def/ST	Owner
Sun., Oct 11 2009 12:53 p	MonkeyPiss	Acquired	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 11 2009 12:54 p	MonkeyPiss	Released	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 11 2009 12:54 p	MonkeyPiss	Acquired	Arizona Cardinals	ARI	Def/ST	Owner

Week 6

Tue., Oct 13 2009 1:40 p	B(.) (.)B's	Released	Correll Buckhalter	DEN	RB	Commissioner
Tue., Oct 13 2009 5:58 p	The Mooseknuckles	Released	Mark Bradley	TAM	WR	Owner
Wed., Oct 14 2009 9:02 a	B(.) (.)B's	Released	Shaun Hill	SFO	QB	Commissioner
Wed., Oct 14 2009 9:02 a	B(.) (.)B's	Acquired	Correll Buckhalter	DEN	RB	Commissioner
Wed., Oct 14 2009 9:03 a	B(.) (.)B's	Placed on IR	Correll Buckhalter	DEN	RB	Commissioner
Wed., Oct 14 2009 9:03 a	B(.) (.)B's	Acquired	Shaun Hill	SFO	QB	Commissioner
Wed., Oct 14 2009 9:15 a	B(.) (.)B's	Released	Buffalo Bills	BUF	Def/ST	Owner
Wed., Oct 14 2009 9:15 a	B(.) (.)B's	Taken off IR	Correll Buckhalter	DEN	RB	Owner
Thu., Oct 15 2009 1:24 a	Fernando's Eses	Acquired	Mercedes Lewis	JAC	TE	Waiver Wire
Thu., Oct 15 2009 1:24 a	Fernando's Eses	Released	Kerry Collins	TEN	QB	Waiver Wire
Thu., Oct 15 2009 1:24 a	Obama's Nappy Headed Hos	Acquired	Jeremy Maclin	PHI	WR	Waiver Wire
Thu., Oct 15 2009 1:24 a	Obama's Nappy Headed Hos	Released	Devery Henderson	NOR	WR	Waiver Wire
Thu., Oct 15 2009 1:24 a	B(.) (.)B's	Acquired	Olindo Mare	SEA	K	Waiver Wire
Thu., Oct 15 2009 1:24 a	B(.) (.)B's	Released	Joe Nedney	SFO	K	Waiver Wire
Thu., Oct 15 2009 1:24 a	The RedZone Renegades	Acquired	Bernard Scott	CIN	RB	Waiver Wire
Thu., Oct 15 2009 1:24 a	The RedZone Renegades	Released	Ladell Betts	WAS	RB	Waiver Wire
Thu., Oct 15 2009 1:24 a	Obama's Nappy Headed Hos	Acquired	Jermichael Finley	GNB	TE	Waiver Wire
Thu., Oct 15 2009 1:24 a	Obama's Nappy Headed Hos	Released	Trent Edwards	BUF	QB	Waiver Wire
Thu., Oct 15 2009 1:24 a	The RedZone Renegades	Acquired	Josh Morgan	SFO	WR	Waiver Wire
Thu., Oct 15 2009 1:24 a	The RedZone Renegades	Released	Todd Heap	BAL	TE	Waiver Wire
Thu., Oct 15 2009 1:24 a	MonkeyPiss	Acquired	Donnie Avery	STL	WR	Waiver Wire
Thu., Oct 15 2009 1:24 a	MonkeyPiss	Released	Josh Reed	BUF	WR	Waiver Wire
Thu., Oct 15 2009 9:20 a	The RedZone Renegades	Released	Josh Morgan	SFO	WR	Commissioner
Thu., Oct 15 2009 9:20 a	The RedZone Renegades	Acquired	Todd Heap	BAL	TE	Commissioner
Thu., Oct 15 2009 10:23 a	Gimme Da Skins	Released	Miami Dolphins	MIA	Def/ST	Owner
Thu., Oct 15 2009 10:23 a	Gimme Da Skins	Acquired	Washington Redskins	WAS	Def/ST	Owner
Thu., Oct 15 2009 10:25 a	Gimme Da Skins	Released	Nick Folk	DAL	K	Owner
Thu., Oct 15 2009 10:25 a	Gimme Da Skins	Acquired	Mason Crosby	GNB	K	Owner
Fri., Oct 16 2009 12:23 a	The Mooseknuckles	Acquired	Devery Henderson	NOR	WR	Owner
Fri., Oct 16 2009 8:19 p	Violent Lawn Furniutre	Released	Neil Rackers	ARI	K	Owner



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2009 Transactions

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Fri., Oct 16 2009 8:19 p	Violent Lawn Furniutre	Acquired	Nate Kaeding	SDG	K	Owner
Fri., Oct 16 2009 11:30 p	Fernando's Eses	Taken off IR	Lance Moore	NOR	WR	Owner
Fri., Oct 16 2009 11:30 p	Fernando's Eses	Released	Jason Avant	PHI	WR	Owner
Sun., Oct 18 2009 2:21 a	B(.) (.)B's	Released	Shaun Hill	SFO	QB	Owner
Sun., Oct 18 2009 2:21 a	B(.) (.)B's	Acquired	Dante Rosario	CAR	TE	Owner
Sun., Oct 18 2009 3:44 a	GRΣΣŋ Bowl Pa	Released	Scott Scobee	JAC	K	Owner
Sun., Oct 18 2009 3:44 a	GRΣΣŋ Bowl Pa	Acquired	Eric Carney	NOR	K	Owner
Sun., Oct 18 2009 9:46 a	The Career Killer	Released	Davone Bess	MIA	WR	Owner
Sun., Oct 18 2009 9:46 a	The Career Killer	Acquired	Kevin Boss	NYG	TE	Owner
Sun., Oct 18 2009 10:35 a	MonkeyPiss	Released	Arizona Cardinals	ARI	Def/ST	Owner
Sun., Oct 18 2009 10:35 a	MonkeyPiss	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Sun., Oct 18 2009 10:42 a	MonkeyPiss	Released	San Diego Chargers	SDG	Def/ST	Owner
Sun., Oct 18 2009 10:42 a	MonkeyPiss	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Sun., Oct 18 2009 10:44 a	MonkeyPiss	Released	Buffalo Bills	BUF	Def/ST	Owner
Sun., Oct 18 2009 10:44 a	MonkeyPiss	Acquired	New York Jets	NYJ	Def/ST	Owner
Sun., Oct 18 2009 11:38 a	B(.) (.)B's	Released	Dante Rosario	CAR	TE	Owner
Sun., Oct 18 2009 11:38 a	B(.) (.)B's	Acquired	Visanthe Shiancoe	MIN	TE	Owner
Sun., Oct 18 2009 11:57 a	B(.) (.)B's	Released	Jamal Lewis	CLE	RB	Owner
Sun., Oct 18 2009 11:57 a	B(.) (.)B's	Acquired	Dennis Northcutt	DET	WR	Owner
Sun., Oct 18 2009 11:58 a	B(.) (.)B's	Released	Lee Evans	BUF	WR	Owner
Sun., Oct 18 2009 11:58 a	B(.) (.)B's	Acquired	Jamal Lewis	CLE	RB	Owner
Sun., Oct 18 2009 12:36 p	Violent Lawn Furniutre	Taken off IR	Mike Bell	NOR	RB	Owner
Sun., Oct 18 2009 12:36 p	Violent Lawn Furniutre	Released	Chris Wells	ARI	RB	Owner
Sun., Oct 18 2009 12:48 p	The RedZone Renegades	Released	Todd Heap	BAL	TE	Commissioner
Sun., Oct 18 2009 12:48 p	The RedZone Renegades	Acquired	Chris Wells	ARI	RB	Commissioner

Week 7

Tue., Oct 20 2009 9:02 a	The Mooseknuckles	Released	Jerome Harrison	CLE	RB	Owner
Thu., Oct 22 2009 12:19 a	The Mooseknuckles	Acquired	Neil Rackers	ARI	K	Waiver Wire
Thu., Oct 22 2009 12:19 a	The Mooseknuckles	Released	Jason Hanson	DET	K	Waiver Wire
Thu., Oct 22 2009 12:19 a	The RedZone Renegades	Acquired	Indianapolis Colts	IND	Def/ST	Waiver Wire
Thu., Oct 22 2009 12:19 a	The RedZone Renegades	Released	Michael Bush	OAK	RB	Waiver Wire
Thu., Oct 22 2009 12:19 a	MonkeyPiss	Acquired	Tony Scheffler	DEN	TE	Waiver Wire
Thu., Oct 22 2009 12:19 a	MonkeyPiss	Released	Muhsin Muhammad	CAR	WR	Waiver Wire
Thu., Oct 22 2009 12:19 a	The Mooseknuckles	Acquired	Denver Broncos	DEN	Def/ST	Waiver Wire
Thu., Oct 22 2009 7:03 a	The RedZone Renegades	Released	Bernard Scott	CIN	RB	Commissioner
Thu., Oct 22 2009 7:03 a	The RedZone Renegades	Acquired	Laurence Maroney	NWE	RB	Commissioner
Thu., Oct 22 2009 9:01 a	The Mooseknuckles	Released	Denver Broncos	DEN	Def/ST	Owner
Thu., Oct 22 2009 9:01 a	The Mooseknuckles	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Thu., Oct 22 2009 11:20 a	The Career Killer	Released	Matt Prater	DEN	K	Owner
Thu., Oct 22 2009 11:20 a	The Career Killer	Acquired	Brandon Stokley	DEN	WR	Owner
Thu., Oct 22 2009 11:22 a	The Career Killer	Released	Kevin Boss	NYG	TE	Owner
Thu., Oct 22 2009 11:22 a	The Career Killer	Acquired	Robert Meachem	NOR	WR	Owner
Fri., Oct 23 2009 12:04 p	Gimme Da Skins	Released	Washington Redskins	WAS	Def/ST	Owner
Fri., Oct 23 2009 12:04 p	Gimme Da Skins	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Fri., Oct 23 2009 12:08 p	Gimme Da Skins	Released	John Carlson	SEA	TE	Owner
Fri., Oct 23 2009 12:08 p	Gimme Da Skins	Acquired	Zach Miller	OAK	TE	Owner
Fri., Oct 23 2009 12:12 p	Gimme Da Skins	Released	Chris Henry	CIN	WR	Owner
Fri., Oct 23 2009 12:12 p	Gimme Da Skins	Acquired	Josh Morgan	SFO	WR	Owner
Fri., Oct 23 2009 12:14 p	Gimme Da Skins	Released	Darren McFadden	OAK	RB	Owner
Fri., Oct 23 2009 12:14 p	Gimme Da Skins	Acquired	Michael Bush	OAK	RB	Owner
Fri., Oct 23 2009 12:18 p	Gimme Da Skins	Released	Bobby Wade	KAN	WR	Owner
Fri., Oct 23 2009 12:18 p	Gimme Da Skins	Acquired	Muhsin Muhammad	CAR	WR	Owner
Fri., Oct 23 2009 4:00 p	GRΣΣŋ Bowl Pa	Released	Tim Lincecum	SFO	RB	Owner
Fri., Oct 23 2009 4:00 p	GRΣΣŋ Bowl Pa	Acquired	Tim Morris	NWE	RB	Owner
Fri., Oct 23 2009 9:25 p	The RedZone Renegades	Released	Minnesota Vikings	MIN	Def/ST	Commissioner
Fri., Oct 23 2009 9:25 p	The RedZone Renegades	Acquired	Darren McFadden	OAK	RB	Commissioner
Fri., Oct 23 2009 9:25 p	The RedZone Renegades	Placed on IR	Darren McFadden	OAK	RB	Commissioner
Fri., Oct 23 2009 9:25 p	The RedZone Renegades	Acquired	Minnesota Vikings	MIN	Def/ST	Commissioner
Sun., Oct 25 2009 1:00 a	Fernando's Eses	Released	Mercedes Lewis	JAC	TE	Owner
Sun., Oct 25 2009 1:00 a	Fernando's Eses	Acquired	Jason Elam	ATL	K	Owner
Sun., Oct 25 2009 1:02 a	Fernando's Eses	Released	Steven Hauschka	ATL	K	Owner



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Sun., Oct 25 2009 1:02 a	Fernando's Eses	Acquired	Lee Evans	BUF	WR	Owner
Sun., Oct 25 2009 8:40 a	B(.) (.)B's	Released	Olindo Mare	SEA	K	Owner
Sun., Oct 25 2009 8:40 a	B(.) (.)B's	Acquired	Jay Feely	NYJ	K	Owner
Sun., Oct 25 2009 10:27 a	Balls Deep	Released	Tennessee Titans	TEN	Def/ST	Owner
Sun., Oct 25 2009 10:27 a	Balls Deep	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Sun., Oct 25 2009 12:02 p	Gimme Da Skins	Released	Muhsin Muhammad	CAR	WR	Owner
Sun., Oct 25 2009 12:02 p	Gimme Da Skins	Acquired	Bobby Wade	KAN	WR	Owner

Thu., Oct 22 2009 11:56 a	The RedZone Renegades Anquan Boldin, WR	Acquired	The Career Killer Clinton Portis, RB	Acquired	Trade
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Week 8

Tue., Oct 27 2009 11:32 a	The RedZone Renegades	Released	Leon Washington	NYJ	RB	Commissioner
Tue., Oct 27 2009 12:16 p	The Mooseknuckles	Released	Jerricho Cotchery	NYJ	WR	Owner
Wed., Oct 28 2009 11:22 a	Obama's Nappy Headed Hos	Placed on IR	Chris Cooley	WAS	TE	Owner
Wed., Oct 28 2009 2:48 p	MonkeyPiss	Taken off IR	Felix Jones	DAL	RB	Commissioner
Wed., Oct 28 2009 2:48 p	MonkeyPiss	Released	Andre Caldwell	CIN	WR	Commissioner
Thu., Oct 29 2009 12:19 a	Violent Lawn Furniutre	Acquired	Jamaal Charles	KAN	RB	Waiver Wire
Thu., Oct 29 2009 12:19 a	Violent Lawn Furniutre	Released	Ted Ginn Jr.	MIA	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	Gimme Da Skins	Acquired	Shonn Greene	NYJ	RB	Waiver Wire
Thu., Oct 29 2009 12:19 a	Gimme Da Skins	Released	Josh Morgan	SFO	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	B(.) (.)B's	Acquired	Kevin Kolb	PHI	QB	Waiver Wire
Thu., Oct 29 2009 12:19 a	B(.) (.)B's	Released	Benjamin Watson	NWE	TE	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Acquired	Sam Aiken	NWE	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Released	Bernard Berrian	MIN	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Mooseknuckles	Acquired	Todd Heap	BAL	TE	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Placed on IR	Chris Cooley	WAS	TE	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Released	Jermichael Finley	GNB	TE	Waiver Wire
Thu., Oct 29 2009 12:19 a	Violent Lawn Furniutre	Acquired	Jerricho Cotchery	NYJ	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	Violent Lawn Furniutre	Released	Nate Washington	TEN	WR	Waiver Wire
Thu., Oct 29 2009 12:19 a	Gimme Da Skins	Acquired	Denver Broncos	DEN	Def/ST	Waiver Wire
Thu., Oct 29 2009 12:19 a	Gimme Da Skins	Released	Cleveland Browns	CLE	Def/ST	Waiver Wire
Thu., Oct 29 2009 12:19 a	The RedZone Renegades	Acquired	Justin Fargas	OAK	RB	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Acquired	Nick Folk	DAL	K	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Released	Jeff Reed	PIT	K	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	John Carlson	SEA	TE	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Released	Tashard Choice	DAL	RB	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Acquired	Alex Smith	SFO	QB	Waiver Wire
Thu., Oct 29 2009 12:19 a	The Fisters	Released	Mark Sanchez	NYJ	QB	Waiver Wire
Thu., Oct 29 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	Fred Davis	WAS	TE	Waiver Wire
Thu., Oct 29 2009 9:48 a	The Mooseknuckles	Released	Fred Jackson	BUF	RB	Owner
Thu., Oct 29 2009 9:48 a	The Mooseknuckles	Acquired	Leon Washington	NYJ	RB	Owner
Thu., Oct 29 2009 9:48 a	The Mooseknuckles	Released	Leon Washington	NYJ	RB	Owner
Thu., Oct 29 2009 9:48 a	The Mooseknuckles	Acquired	Tashard Choice	DAL	RB	Owner
Thu., Oct 29 2009 11:28 a	Violent Lawn Furniutre	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Thu., Oct 29 2009 11:28 a	Violent Lawn Furniutre	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Thu., Oct 29 2009 12:32 p	Fernando's Eses	Released	San Francisco 49ers	SFO	Def/ST	Owner
Thu., Oct 29 2009 12:32 p	Fernando's Eses	Acquired	Mark Sanchez	NYJ	QB	Owner
Thu., Oct 29 2009 12:58 p	The Career Killer	Released	Robert Meachem	NOR	WR	Owner
Thu., Oct 29 2009 12:58 p	The Career Killer	Acquired	Benjamin Watson	NWE	TE	Owner
Sun., Nov 1 2009 10:13 a	GRΣΣŋ Bowl Pa	Released	Ben Johnson	CIN	RB	Owner
Sun., Nov 1 2009 10:36 a	GRΣΣŋ Bowl Pa	Released	Ben Carney	NOR	K	Owner
Sun., Nov 1 2009 10:36 a	GRΣΣŋ Bowl Pa	Released	Ben Carpenter	MIA	K	Owner
Sun., Nov 1 2009 10:42 a	MonkeyPiss	Acquired	Marc Bulger	STL	QB	Owner
Sun., Nov 1 2009 10:48 a	MonkeyPiss	Released	Dustin Keller	NYJ	TE	Owner
Sun., Nov 1 2009 10:48 a	MonkeyPiss	Acquired	Bernard Berrian	MIN	WR	Owner
Sun., Nov 1 2009 11:12 a	The Career Killer	Released	Brandon Stokley	DEN	WR	Owner
Sun., Nov 1 2009 11:12 a	The Career Killer	Acquired	Nate Washington	TEN	WR	Owner
Sun., Nov 1 2009 11:34 a	The Career Killer	Released	Matt Hasselbeck	SEA	QB	Owner
Sun., Nov 1 2009 11:34 a	The Career Killer	Acquired	Andre Caldwell	CIN	WR	Owner
Sun., Nov 1 2009 11:43 a	The Career Killer	Released	Chicago Bears	CHI	Def/ST	Owner



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Sun., Nov 1 2009 11:43 a	The Career Killer	Acquired	Robert Meachem	NOR	WR	Owner
Sun., Nov 1 2009 11:44 a	The Career Killer	Released	Andre Caldwell	CIN	WR	Owner
Sun., Nov 1 2009 11:44 a	The Career Killer	Acquired	Chicago Bears	CHI	Def/ST	Owner
Sun., Nov 1 2009 12:06 p	MonkeyPiss	Released	Marc Bulger	STL	QB	Owner
Sun., Nov 1 2009 12:06 p	MonkeyPiss	Acquired	Matthew Stafford	DET	QB	Owner
Sun., Nov 1 2009 12:11 p	MonkeyPiss	Released	Bernard Berrian	MIN	WR	Owner
Sun., Nov 1 2009 12:11 p	MonkeyPiss	Acquired	Earl Bennett	CHI	WR	Owner
Sun., Nov 1 2009 12:52 p	Obama's Nappy Headed Hos	Released	Eddie Royal	DEN	WR	Owner
Sun., Nov 1 2009 12:52 p	Obama's Nappy Headed Hos	Acquired	John Carney	NOR	K	Owner
Sun., Nov 1 2009 12:54 p	MonkeyPiss	Released	New York Jets	NYJ	Def/ST	Owner
Sun., Nov 1 2009 12:54 p	MonkeyPiss	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Sun., Nov 1 2009 12:56 p	The RedZone Renegades	Released	Pierre Garcon	IND	WR	Commissioner
Sun., Nov 1 2009 12:56 p	The RedZone Renegades	Acquired	Bryant Johnson	DET	WR	Commissioner
Sun., Nov 1 2009 12:58 p	MonkeyPiss	Released	Matthew Stafford	DET	QB	Owner
Sun., Nov 1 2009 12:58 p	MonkeyPiss	Acquired	Chad Henne	MIA	QB	Owner
Sun., Nov 1 2009 12:59 p	MonkeyPiss	Released	Chad Henne	MIA	QB	Owner
Sun., Nov 1 2009 12:59 p	MonkeyPiss	Acquired	Matt Hasselbeck	SEA	QB	Owner
Sun., Nov 1 2009 12:08 p	The Fisters	Acquired	The Career Killer	Acquired	Trade	
	Benjamin Watson, TE		Carnell Williams, RB			
	Greg Jennings, WR		Jay Cutler, QB			
Sun., Nov 1 2009 10:36 a	GRΣΣŋ Bowl Pa	Acquired	GRΣΣŋ Bowl Pa	Acquired	Trade	
	Brett Favre, QB		Antonio Bryant, WR			
	Donnie Avery, WR		Andre Johnson, WR			
	Hakeem Nicks, WR					

Week 9

Thu., Nov 5 2009 12:19 a	Fernando's Eses	Acquired	Ryan Moats	HOU	RB	Waiver Wire
Thu., Nov 5 2009 12:19 a	Fernando's Eses	Released	Mark Sanchez	NYJ	QB	Waiver Wire
Thu., Nov 5 2009 12:19 a	Violent Lawn Furniutre	Acquired	Malcom Floyd	SDG	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	Violent Lawn Furniutre	Released	Mohamed Massaquoi	CLE	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	GRΣΣŋ Bowl Pa	Acquired	Bernard Berrian	MIN	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	GRΣΣŋ Bowl Pa	Released	Walter Cassel	KAN	QB	Waiver Wire
Thu., Nov 5 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	Dustin Keller	NYJ	TE	Waiver Wire
Thu., Nov 5 2009 12:19 a	Obama's Nappy Headed Hos	Released	John Carney	NOR	K	Waiver Wire
Thu., Nov 5 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	Justin Gage	TEN	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	Obama's Nappy Headed Hos	Released	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Thu., Nov 5 2009 12:19 a	The RedZone Renegades	Acquired	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Thu., Nov 5 2009 12:19 a	The RedZone Renegades	Released	Bryant Johnson	DET	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	MonkeyPiss	Acquired	Pierre Garcon	IND	WR	Waiver Wire
Thu., Nov 5 2009 12:19 a	MonkeyPiss	Released	Earl Bennett	CHI	WR	Waiver Wire
Thu., Nov 5 2009 12:20 a	MonkeyPiss	Acquired	Shayne Graham	CIN	K	Waiver Wire
Thu., Nov 5 2009 12:20 a	MonkeyPiss	Released	Ryan Longwell	MIN	K	Waiver Wire
Thu., Nov 5 2009 12:20 a	The RedZone Renegades	Acquired	Justin Forsett	SEA	RB	Waiver Wire
Thu., Nov 5 2009 12:20 a	The RedZone Renegades	Released	Indianapolis Colts	IND	Def/ST	Waiver Wire
Thu., Nov 5 2009 12:20 a	MonkeyPiss	Acquired	Miami Dolphins	MIA	Def/ST	Waiver Wire
Thu., Nov 5 2009 12:20 a	MonkeyPiss	Released	Jacksonville Jaguars	JAC	Def/ST	Waiver Wire
Thu., Nov 5 2009 7:14 a	The RedZone Renegades	Released	Justin Forsett	SEA	RB	Owner
Thu., Nov 5 2009 7:14 a	The RedZone Renegades	Acquired	Bernard Scott	CIN	RB	Owner
Thu., Nov 5 2009 9:14 a	The Mooseknuckles	Released	Todd Heap	BAL	TE	Owner
Thu., Nov 5 2009 9:14 a	The Mooseknuckles	Acquired	Fred Jackson	BUF	RB	Owner
Thu., Nov 5 2009 10:06 a	B(.) (.)B's	Released	Dennis Northcutt	DET	WR	Owner
Thu., Nov 5 2009 10:06 a	B(.) (.)B's	Acquired	Todd Heap	BAL	TE	Owner
Thu., Nov 5 2009 10:07 a	B(.) (.)B's	Released	Jay Feely	NYJ	K	Owner
Thu., Nov 5 2009 10:07 a	B(.) (.)B's	Acquired	Steven Hauschka	ATL	K	Owner
Thu., Nov 5 2009 10:10 a	B(.) (.)B's	Released	Kevin Kolb	PHI	QB	Owner
Thu., Nov 5 2009 10:10 a	B(.) (.)B's	Acquired	Andre Caldwell	CIN	WR	Owner
Thu., Nov 5 2009 11:26 a	Obama's Nappy Headed Hos	Released	Justin Gage	TEN	WR	Owner
Thu., Nov 5 2009 11:26 a	Obama's Nappy Headed Hos	Acquired	Ryan Longwell	MIN	K	Owner
Thu., Nov 5 2009 7:10 p	The Mooseknuckles	Released	Neil Rackers	ARI	K	Owner
Thu., Nov 5 2009 7:10 p	The Mooseknuckles	Acquired	John Carney	NOR	K	Owner
Sat., Nov 7 2009 4:17 p	The Fisters	Released	Owen Daniels	HOU	TE	Owner



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Sat., Nov 7 2009 4:17 p	The Fisters	Acquired	Joel Dreessen	HOU	TE	Owner
Sat., Nov 7 2009 4:19 p	The Fisters	Released	Alex Smith	SFO	QB	Owner
Sat., Nov 7 2009 4:19 p	The Fisters	Acquired	Matt Cassel	KAN	QB	Owner
Sat., Nov 7 2009 4:30 p	The Fisters	Released	Sam Aiken	NWE	WR	Owner
Sat., Nov 7 2009 4:30 p	The Fisters	Acquired	Ted Ginn Jr.	MIA	WR	Owner
Sun., Nov 8 2009 10:50 a	MonkeyPiss	Released	Miami Dolphins	MIA	Def/ST	Owner
Sun., Nov 8 2009 10:50 a	MonkeyPiss	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Sun., Nov 8 2009 10:53 a	MonkeyPiss	Released	Tony Scheffler	DEN	TE	Owner
Sun., Nov 8 2009 10:53 a	MonkeyPiss	Acquired	Kevin Boss	NYG	TE	Owner
Sun., Nov 8 2009 11:07 a	Fernando's Eses	Placed on IR	Lance Moore	NOR	WR	Owner
Sun., Nov 8 2009 11:22 a	Gimme Da Skins	Released	Zach Miller	OAK	TE	Owner
Sun., Nov 8 2009 11:22 a	Gimme Da Skins	Acquired	Mercedes Lewis	JAC	TE	Owner
Sun., Nov 8 2009 11:29 a	Gimme Da Skins	Released	Michael Bush	OAK	RB	Owner
Sun., Nov 8 2009 11:29 a	Gimme Da Skins	Acquired	James Jones	GNB	WR	Owner
Sun., Nov 8 2009 11:33 a	Gimme Da Skins	Released	Mewelde Moore	PIT	RB	Owner
Sun., Nov 8 2009 11:33 a	Gimme Da Skins	Acquired	Seattle Seahawks	SEA	Def/ST	Owner

Week 10

Thu., Nov 12 2009 12:19 a	B(.) (.)B's	Acquired	Olindo Mare	SEA	K	Waiver Wire
Thu., Nov 12 2009 12:19 a	B(.) (.)B's	Released	Steven Hauschka	ATL	K	Waiver Wire
Thu., Nov 12 2009 12:19 a	Fernando's Eses	Acquired	Miami Dolphins	MIA	Def/ST	Waiver Wire
Thu., Nov 12 2009 12:19 a	MonkeyPiss	Acquired	Brandon Pettigrew	DET	TE	Waiver Wire
Thu., Nov 12 2009 12:19 a	MonkeyPiss	Released	Kevin Boss	NYG	TE	Waiver Wire
Thu., Nov 12 2009 12:19 a	The RedZone Renegades	Acquired	Ladell Betts	WAS	RB	Waiver Wire
Thu., Nov 12 2009 12:19 a	The RedZone Renegades	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Thu., Nov 12 2009 12:19 a	Gimme Da Skins	Acquired	Zach Miller	OAK	TE	Waiver Wire
Thu., Nov 12 2009 12:19 a	Gimme Da Skins	Released	Mercedes Lewis	JAC	TE	Waiver Wire
Thu., Nov 12 2009 12:19 a	Obama's Nappy Headed Hos	Acquired	Chris Chambers	KAN	WR	Waiver Wire
Thu., Nov 12 2009 12:19 a	Obama's Nappy Headed Hos	Released	Fred Davis	WAS	TE	Waiver Wire
Thu., Nov 12 2009 12:19 a	Gimme Da Skins	Acquired	Justin Gage	TEN	WR	Waiver Wire
Thu., Nov 12 2009 12:19 a	Gimme Da Skins	Released	Kenny Britt	TEN	WR	Waiver Wire
Thu., Nov 12 2009 1:09 p	Balls Deep	Released	Sebastian Janikowski	OAK	K	Owner
Thu., Nov 12 2009 1:09 p	Balls Deep	Acquired	Neil Rackers	ARI	K	Owner
Thu., Nov 12 2009 3:28 p	MonkeyPiss	Released	Shayne Graham	CIN	K	Owner
Thu., Nov 12 2009 3:28 p	MonkeyPiss	Acquired	Sebastian Janikowski	OAK	K	Owner
Fri., Nov 13 2009 8:48 a	Gimme Da Skins	Released	Bobby Wade	KAN	WR	Owner
Fri., Nov 13 2009 8:48 a	Gimme Da Skins	Acquired	Jacoby Jones	HOU	WR	Owner
Sun., Nov 15 2009 12:42 p	The RedZone Renegades	Released	Bernard Scott	CIN	RB	Commissioner
Sun., Nov 15 2009 12:42 p	The RedZone Renegades	Acquired	Rian Lindell	BUF	K	Commissioner
Sun., Nov 15 2009 12:59 p	The RedZone Renegades	Released	Ladell Betts	WAS	RB	Commissioner
Sun., Nov 15 2009 12:59 p	The RedZone Renegades	Released	Rian Lindell	BUF	K	Commissioner
Sun., Nov 15 2009 12:59 p	The RedZone Renegades	Acquired	Matt Stover	IND	K	Commissioner
Sun., Nov 15 2009 1:00 p	The RedZone Renegades	Taken off IR	Darren McFadden	OAK	RB	Commissioner
Sun., Nov 15 2009 12:01 p	Fernando's Eses	Acquired	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa
	Braylon Edwards, WR		Jason Witten, TE			
	Brent Celek, TE		Brandon Marshall, WR			

Week 11

Tue., Nov 17 2009 11:27 a	The RedZone Renegades	Released	Matt Stover	IND	K	Commissioner
Tue., Nov 17 2009 11:31 a	The RedZone Renegades	Placed on IR	Darren McFadden	OAK	RB	Commissioner
Tue., Nov 17 2009 11:31 a	The RedZone Renegades	Taken off IR	Darren McFadden	OAK	RB	Commissioner
Wed., Nov 18 2009 8:54 a	The Mooseknuckles	Placed on IR	Brian Westbrook	PHI	RB	Owner
Thu., Nov 19 2009 12:20 a	Obama's Nappy Headed Hos	Acquired	Justin Forsett	SEA	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	Obama's Nappy Headed Hos	Released	Stephen Gostkowski	NWE	K	Waiver Wire
Thu., Nov 19 2009 12:20 a	Fernando's Eses	Acquired	Jason Snelling	ATL	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	Fernando's Eses	Released	Donald Brown	IND	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	The RedZone Renegades	Acquired	Bernard Scott	CIN	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa	Ladell Betts	WAS	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa	Brandon Marshall	SFO	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	GRΣΣŋ Bowl Pa	Kevin Boss	NYG	TE	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Acquired	Kevin Boss	NYG	TE	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Released	Brandon Pettigrew	DET	TE	Waiver Wire



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Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	Acquired	Michael Bush	OAK	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	Released	Robert Brown	MIA	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Released	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Acquired	Rob Bironas	TEN	K	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Released	Sebastian Janikowski	OAK	K	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Acquired	Larry Johnson	CIN	RB	Waiver Wire
Thu., Nov 19 2009 12:20 a	MonkeyPiss	Placed on IR	Antonio Bryant	TAM	WR	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	Acquired	Brandon Gibson	STL	WR	Waiver Wire
Thu., Nov 19 2009 12:20 a	GRΣΣŋ Bowl Pa	Released	Phyllis Crayton	DAL	WR	Waiver Wire
Thu., Nov 19 2009 8:54 a	The Mooseknuckles	Acquired	Donald Brown	IND	RB	Owner
Thu., Nov 19 2009 5:15 p	The Mooseknuckles	Released	John Carney	NOR	K	Owner
Thu., Nov 19 2009 5:15 p	The Mooseknuckles	Acquired	Stephen Gostkowski	NWE	K	Owner
Fri., Nov 20 2009 11:40 p	GRΣΣŋ Bowl Pa	Released	Eric Coffee	SFO	RB	Owner
Sun., Nov 22 2009 9:21 a	The Mooseknuckles	Released	Joe Flacco	BAL	QB	Owner
Sun., Nov 22 2009 9:35 a	The Mooseknuckles	Placed on IR	Brian Westbrook	PHI	RB	Owner
Sun., Nov 22 2009 9:35 a	The Mooseknuckles	Acquired	Joe Flacco	BAL	QB	Owner
Sun., Nov 22 2009 10:45 a	Violent Lawn Furniutre	Released	Dallas Cowboys	DAL	Def/ST	Owner
Sun., Nov 22 2009 10:45 a	Violent Lawn Furniutre	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Sun., Nov 22 2009 12:29 p	Fernando's Eses	Released	Jason Elam	ATL	K	Owner
Sun., Nov 22 2009 12:29 p	Fernando's Eses	Acquired	Jay Feely	NYJ	K	Owner
Sun., Nov 22 2009 12:35 p	MonkeyPiss	Taken off IR	Antonio Bryant	TAM	WR	Owner
Sun., Nov 22 2009 12:35 p	MonkeyPiss	Released	Larry Johnson	CIN	RB	Owner

Week 12

Tue., Nov 24 2009 8:02 a	The Mooseknuckles	Taken off IR	Brian Westbrook	PHI	RB	Owner
Tue., Nov 24 2009 8:02 a	The Mooseknuckles	Placed on IR	Julius Jones	SEA	RB	Owner
Tue., Nov 24 2009 11:53 a	The RedZone Renegades	Placed on IR	Brian Westbrook	PHI	RB	Commissioner
Thu., Nov 26 2009 12:18 a	The RedZone Renegades	Acquired	Sammy Morris	NWE	RB	Waiver Wire
Thu., Nov 26 2009 12:18 a	GRΣΣŋ Bowl Pa	Acquired	Cartwright	WAS	RB	Waiver Wire
Thu., Nov 26 2009 12:18 a	GRΣΣŋ Bowl Pa	Released	Betts	WAS	RB	Waiver Wire
Thu., Nov 26 2009 8:38 a	The Mooseknuckles	Released	Devery Henderson	NOR	WR	Owner
Thu., Nov 26 2009 8:38 a	The Mooseknuckles	Released	Julius Jones	SEA	RB	Owner
Thu., Nov 26 2009 8:38 a	The Mooseknuckles	Acquired	Mohamed Massaquoi	CLE	WR	Owner
Thu., Nov 26 2009 9:01 a	The Fisters	Released	Joel Dreessen	HOU	TE	Owner
Thu., Nov 26 2009 9:01 a	The Fisters	Acquired	Jermichael Finley	GNB	TE	Owner
Thu., Nov 26 2009 10:35 a	The RedZone Renegades	Released	Sammy Morris	NWE	RB	Commissioner
Thu., Nov 26 2009 10:36 a	The RedZone Renegades	Acquired	Julius Jones	SEA	RB	Commissioner
Thu., Nov 26 2009 11:22 a	Violent Lawn Furniutre	Released	San Francisco 49ers	SFO	Def/ST	Owner
Thu., Nov 26 2009 11:22 a	Violent Lawn Furniutre	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Thu., Nov 26 2009 11:45 a	Gimme Da Skins	Released	Seattle Seahawks	SEA	Def/ST	Owner
Thu., Nov 26 2009 11:45 a	Gimme Da Skins	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Tue., Nov 24 2009 11:51 a	The Mooseknuckles	Acquired	The RedZone Renegades	Acquired	Trade	
	Derrick Mason, WR		Brian Westbrook, RB			
	Laurence Maroney, RB		Marques Colston, WR			
	Ahmad Bradshaw, RB		Donald Brown, RB			

Week 13

Thu., Dec 3 2009 12:17 a	The RedZone Renegades	Acquired	Larry Johnson	CIN	RB	Waiver Wire
Thu., Dec 3 2009 12:17 a	The RedZone Renegades	Released	Bernard Scott	CIN	RB	Waiver Wire
Thu., Dec 3 2009 12:17 a	The Mooseknuckles	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Thu., Dec 3 2009 12:17 a	The Mooseknuckles	Released	Tashard Choice	DAL	RB	Waiver Wire
Thu., Dec 3 2009 12:17 a	The RedZone Renegades	Acquired	New York Jets	NYJ	Def/ST	Waiver Wire
Thu., Dec 3 2009 12:17 a	The RedZone Renegades	Released	Darren McFadden	OAK	RB	Waiver Wire
Thu., Dec 3 2009 9:51 a	The Mooseknuckles	Released	Stephen Gostkowski	NWE	K	Owner
Thu., Dec 3 2009 9:51 a	The Mooseknuckles	Acquired	John Carney	NOR	K	Owner
Thu., Dec 3 2009 2:36 p	Obama's Nappy Headed Hos	Released	Chris Cooley	WAS	TE	Owner
Thu., Dec 3 2009 2:36 p	The RedZone Renegades	Released	Lawrence Tynes	NYG	K	Commissioner
Thu., Dec 3 2009 2:36 p	The RedZone Renegades	Acquired	Stephen Gostkowski	NWE	K	Commissioner
Thu., Dec 3 2009 2:51 p	The RedZone Renegades	Released	Justin Fargas	OAK	RB	Commissioner
Thu., Dec 3 2009 2:51 p	The RedZone Renegades	Acquired	Chris Brown	HOU	RB	Commissioner



XTREME GURUS FOOTBALL LEAGUE

Sat., Dec 5 2009 3:25 p	GRΣΣŋ Bowl Pa	Released	Michael Bush	OAK	RB	Owner
Sat., Dec 5 2009 3:25 p	GRΣΣŋ Bowl Pa	Acquired	Mike Harrison	CLE	RB	Owner
Sun., Dec 6 2009 10:16 a	Violent Lawn Furniutre	Released	Malcom Floyd	SDG	WR	Owner
Sun., Dec 6 2009 10:16 a	Violent Lawn Furniutre	Acquired	Jason Avant	PHI	WR	Owner
Sun., Dec 6 2009 10:23 a	Violent Lawn Furniutre	Released	Dallas Cowboys	DAL	Def/ST	Owner
Sun., Dec 6 2009 10:23 a	Violent Lawn Furniutre	Acquired	Carolina Panthers	CAR	Def/ST	Owner

Playoff Week 1

Thu., Dec 10 2009 12:15 a	Gimme Da Skins	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Thu., Dec 10 2009 12:15 a	Gimme Da Skins	Released	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Thu., Dec 10 2009 12:15 a	Violent Lawn Furniutre	Acquired	Kenny Britt	TEN	WR	Waiver Wire
Thu., Dec 10 2009 12:15 a	Violent Lawn Furniutre	Released	Derrick Ward	TAM	RB	Waiver Wire
Thu., Dec 10 2009 12:15 a	The Mooseknuckles	Acquired	Lawrence Tynes	NYG	K	Waiver Wire
Thu., Dec 10 2009 12:15 a	The Mooseknuckles	Released	John Carney	NOR	K	Waiver Wire
Thu., Dec 10 2009 12:15 a	Gimme Da Skins	Acquired	Bo Scaife	TEN	TE	Waiver Wire
Thu., Dec 10 2009 12:15 a	Gimme Da Skins	Released	Kelley Washington	BAL	WR	Waiver Wire
Thu., Dec 10 2009 8:20 a	The Fisters	Released	Le'Ron McClain	BAL	RB	Owner
Thu., Dec 10 2009 8:20 a	The Fisters	Acquired	Louis Murphy	OAK	WR	Owner
Thu., Dec 10 2009 8:50 a	The Fisters	Released	Nick Folk	DAL	K	Owner
Thu., Dec 10 2009 8:50 a	The Fisters	Acquired	Matt Prater	DEN	K	Owner
Sat., Dec 12 2009 5:18 p	Violent Lawn Furniutre	Released	Carolina Panthers	CAR	Def/ST	Owner
Sat., Dec 12 2009 5:18 p	Violent Lawn Furniutre	Acquired	Arizona Cardinals	ARI	Def/ST	Owner
Sun., Dec 13 2009 10:56 a	Violent Lawn Furniutre	Released	Jason Avant	PHI	WR	Owner
Sun., Dec 13 2009 10:56 a	Violent Lawn Furniutre	Acquired	Devin Thomas	WAS	WR	Owner
Sun., Dec 13 2009 12:12 p	Violent Lawn Furniutre	Placed on IR	Matt Ryan	ATL	QB	Owner
Sun., Dec 13 2009 12:12 p	Violent Lawn Furniutre	Acquired	Quinton Ganther	WAS	RB	Owner

Playoff Week 2

Thu., Dec 17 2009 12:14 a	The RedZone Renegades	Acquired	Chris Jennings	CLE	RB	Waiver Wire
Thu., Dec 17 2009 12:14 a	The RedZone Renegades	Released	Chris Brown	HOU	RB	Waiver Wire
Thu., Dec 17 2009 12:14 a	The RedZone Renegades	Acquired	Darren McFadden	OAK	RB	Waiver Wire
Thu., Dec 17 2009 12:14 a	The RedZone Renegades	Released	Donald Brown	IND	RB	Waiver Wire
Thu., Dec 17 2009 12:14 a	MonkeyPiss	Acquired	Seattle Seahawks	SEA	Def/ST	Waiver Wire
Thu., Dec 17 2009 12:14 a	MonkeyPiss	Released	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Sat., Dec 19 2009 5:42 p	The RedZone Renegades	Released	Stephen Gostkowski	NWE	K	Commissioner
Sat., Dec 19 2009 5:42 p	The RedZone Renegades	Acquired	Garrett Hartley	NOR	K	Commissioner
Sun., Dec 20 2009 12:54 p	The RedZone Renegades	Released	New York Jets	NYJ	Def/ST	Commissioner
Sun., Dec 20 2009 12:54 p	The RedZone Renegades	Acquired	Cincinnati Bengals	CIN	Def/ST	Commissioner

Playoff Week 3

Thu., Dec 24 2009 12:13 a	MonkeyPiss	Acquired	Cleveland Browns	CLE	Def/ST	Waiver Wire
Thu., Dec 24 2009 12:13 a	MonkeyPiss	Released	Seattle Seahawks	SEA	Def/ST	Waiver Wire
Thu., Dec 24 2009 12:13 a	MonkeyPiss	Acquired	Fred Davis	WAS	TE	Waiver Wire
Thu., Dec 24 2009 12:13 a	MonkeyPiss	Released	Matt Hasselbeck	SEA	QB	Waiver Wire
Thu., Dec 24 2009 12:13 a	MonkeyPiss	Acquired	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Thu., Dec 24 2009 12:13 a	MonkeyPiss	Released	Felix Jones	DAL	RB	Waiver Wire

Offseason