



VB Meets the ROC

Week 1

Sun., Aug 30 2009 6:05 p	The Lynch Mobb	Released	Derrick Mason	BAL	WR	Owner
Sun., Aug 30 2009 6:05 p	The Lynch Mobb	Acquired	Mark Sanchez	NYJ	QB	Owner
Sun., Aug 30 2009 7:36 p	StrongMan	Placed on IR	Michael Crabtree	SFO	WR	Owner
Sun., Aug 30 2009 7:36 p	StrongMan	Acquired	Michael Vick	PHI	QB	Owner
Sun., Aug 30 2009 8:49 p	The Lynch Mobb	Placed on IR	Mark Sanchez	NYJ	QB	Owner
Sun., Aug 30 2009 8:50 p	The Lynch Mobb	Acquired	Green Bay Packers	GNB	Def/ST	Owner
Mon., Aug 31 2009 2:08 p	Raiders of the Lost Ark	Placed on IR	Brandon Marshall	DEN	WR	Owner
Mon., Aug 31 2009 2:08 p	Raiders of the Lost Ark	Acquired	John Carney	NOR	K	Owner
Tue., Sep 1 2009 9:20 a	The Bone Crushers	Placed on IR	Jerious Norwood	ATL	RB	Owner
Tue., Sep 1 2009 9:20 a	The Bone Crushers	Acquired	Ted Ginn Jr.	MIA	WR	Owner
Tue., Sep 1 2009 9:24 a	StrongMan	Taken off IR	Michael Crabtree	SFO	WR	Owner
Tue., Sep 1 2009 9:24 a	StrongMan	Placed on IR	Michael Vick	PHI	QB	Owner
Tue., Sep 1 2009 6:29 p	Beach Ball-Busters	Placed on IR	Jerricho Cotchery	NYJ	WR	Owner
Tue., Sep 1 2009 6:29 p	Beach Ball-Busters	Acquired	Brett Favre	MIN	QB	Owner
Tue., Sep 1 2009 8:05 p	Tugboat Thunder	Released	Neil Rackers	ARI	K	Owner
Tue., Sep 1 2009 8:05 p	Tugboat Thunder	Acquired	Ryan Longwell	MIN	K	Owner
Tue., Sep 1 2009 8:05 p	Tugboat Thunder	Placed on IR	Josh Morgan	SFO	WR	Owner
Tue., Sep 1 2009 8:05 p	Tugboat Thunder	Acquired	Vernon Davis	SFO	TE	Owner
Wed., Sep 2 2009 8:23 a	Raiders of the Lost Ark	Released	Carnell Williams	TAM	RB	Owner
Wed., Sep 2 2009 8:23 a	Raiders of the Lost Ark	Acquired	LeSean McCoy	PHI	RB	Owner
Wed., Sep 2 2009 8:28 a	Raiders of the Lost Ark	Released	John Carney	NOR	K	Owner
Wed., Sep 2 2009 8:28 a	Raiders of the Lost Ark	Acquired	Kris Brown	HOU	K	Owner
Wed., Sep 2 2009 3:06 p	The Lynch Mobb	Released	Mark Sanchez	NYJ	QB	Owner
Wed., Sep 2 2009 3:06 p	The Lynch Mobb	Placed on IR	Tony Scheffler	DEN	TE	Owner
Wed., Sep 2 2009 3:06 p	The Lynch Mobb	Acquired	Chris Henry	CIN	WR	Owner
Wed., Sep 2 2009 3:07 p	The Lynch Mobb	Placed on IR	Chris Henry	CIN	WR	Owner
Wed., Sep 2 2009 3:26 p	The Lynch Mobb	Released	Chris Henry	CIN	WR	Owner
Wed., Sep 2 2009 3:26 p	The Lynch Mobb	Placed on IR	Tony Scheffler	DEN	TE	Owner
Wed., Sep 2 2009 3:26 p	The Lynch Mobb	Acquired	Mark Sanchez	NYJ	QB	Owner
Wed., Sep 2 2009 3:26 p	The Lynch Mobb	Placed on IR	Mark Sanchez	NYJ	QB	Owner
Wed., Sep 2 2009 8:03 p	Raiders of the Lost Ark	Taken off IR	Brandon Marshall	DEN	WR	Owner
Wed., Sep 2 2009 8:03 p	Raiders of the Lost Ark	Placed on IR	Marshawn Lynch	BUF	RB	Owner
Thu., Sep 3 2009 11:45 a	The Lynch Mobb	Released	Mark Sanchez	NYJ	QB	Owner
Thu., Sep 3 2009 11:45 a	The Lynch Mobb	Placed on IR	Tony Scheffler	DEN	TE	Owner
Thu., Sep 3 2009 11:45 a	The Lynch Mobb	Acquired	Chris Henry	CIN	WR	Owner
Thu., Sep 3 2009 11:46 a	The Lynch Mobb	Taken off IR	Tony Scheffler	DEN	TE	Owner
Thu., Sep 3 2009 11:46 a	The Lynch Mobb	Placed on IR	Chris Henry	CIN	WR	Owner
Mon., Sep 7 2009 5:00 p	Beach Ball-Busters	Released	Adam Vinatieri	IND	K	Owner
Mon., Sep 7 2009 5:00 p	Beach Ball-Busters	Acquired	Rian Lindell	BUF	K	Owner
Thu., Sep 10 2009 6:10 p	North Dallas Forty	Acquired	Chad Pennington	MIA	QB	Owner
Thu., Sep 10 2009 6:10 p	North Dallas Forty	Released	Daunte Culpepper	DET	QB	Owner
Thu., Sep 10 2009 6:12 p	North Dallas Forty	Placed on IR	Tennessee Titans	TEN	Def/ST	Owner
Thu., Sep 10 2009 6:12 p	North Dallas Forty	Acquired	Houston Texans	HOU	Def/ST	Owner
Fri., Sep 11 2009 2:52 p	StrongMan	Released	Michael Crabtree	SFO	WR	Owner
Fri., Sep 11 2009 2:52 p	StrongMan	Acquired	Mike Bell	NOR	RB	Owner
Sat., Sep 12 2009 1:48 p	Purple Rain	Placed on IR	Matt Cassel	KAN	QB	Owner
Sat., Sep 12 2009 1:49 p	Purple Rain	Acquired	Derrick Mason	BAL	WR	Owner

Tue., Sep 1 2009 6:14 p	Beach Ball-Busters	Acquired	Tugboat Thunder	Acquired	Trade
	Antonio Bryant, WR		Chicago Bears, Def/ST		
	Ahmad Bradshaw, RB		Matt Hasselbeck, QB		

Week 2

Tue., Sep 15 2009 2:20 p	The Lynch Mobb	Taken off IR	Chris Henry	CIN	WR	Owner
Tue., Sep 15 2009 2:20 p	The Lynch Mobb	Placed on IR	Green Bay Packers	GNB	Def/ST	Owner
Wed., Sep 16 2009 8:10 p	Tugboat Thunder	Released	Laveranues Coles	CIN	WR	Waiver Wire
Wed., Sep 16 2009 8:10 p	The Lynch Mobb	Acquired	Carnell Williams	TAM	RB	Waiver Wire
Wed., Sep 16 2009 8:10 p	The Lynch Mobb	Released	Tony Scheffler	DEN	TE	Waiver Wire
Wed., Sep 16 2009 8:10 p	Tugboat Thunder	Acquired	Patrick Crayton	DAL	WR	Waiver Wire
Wed., Sep 16 2009 8:10 p	The Lynch Mobb	Acquired	Joe Flacco	BAL	QB	Waiver Wire
Wed., Sep 16 2009 8:10 p	The Lynch Mobb	Released	Chris Henry	CIN	WR	Waiver Wire



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Wed., Sep 16 2009 8:10 p	StrongMan	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Wed., Sep 16 2009 8:10 p	StrongMan	Released	Kevin Walter	HOU	WR	Waiver Wire
Wed., Sep 16 2009 8:10 p	StrongMan	Acquired	Washington Redskins	WAS	Def/ST	Waiver Wire
Wed., Sep 16 2009 8:10 p	StrongMan	Released	New England Patriots	NWE	Def/ST	Waiver Wire
Thu., Sep 17 2009 9:09 a	Raiders of the Lost Ark	Released	Domenik Hixon	NYG	WR	Owner
Thu., Sep 17 2009 9:09 a	Raiders of the Lost Ark	Acquired	Justin Gage	TEN	WR	Owner
Thu., Sep 17 2009 12:13 p	North Dallas Forty	Released	Mark Bradley	TAM	WR	Owner
Thu., Sep 17 2009 12:13 p	North Dallas Forty	Acquired	Nate Burleson	SEA	WR	Owner
Thu., Sep 17 2009 12:20 p	North Dallas Forty	Taken off IR	Tennessee Titans	TEN	Def/ST	Owner
Thu., Sep 17 2009 12:20 p	North Dallas Forty	Placed on IR	Houston Texans	HOU	Def/ST	Owner
Thu., Sep 17 2009 12:26 p	North Dallas Forty	Released	Anthony Fasano	MIA	TE	Owner
Thu., Sep 17 2009 12:26 p	North Dallas Forty	Acquired	Todd Heap	BAL	TE	Owner
Thu., Sep 17 2009 3:18 p	Chip Rack Champs	Placed on IR	Jason Elam	ATL	K	Owner
Thu., Sep 17 2009 3:18 p	Chip Rack Champs	Acquired	Jason Hanson	DET	K	Owner
Fri., Sep 18 2009 10:57 a	The Bone Crushers	Released	Hakeem Nicks	NYG	WR	Owner
Fri., Sep 18 2009 10:57 a	The Bone Crushers	Acquired	Willis McGahee	BAL	RB	Owner
Fri., Sep 18 2009 11:01 a	The Bone Crushers	Released	Ted Ginn Jr.	MIA	WR	Owner
Fri., Sep 18 2009 11:01 a	The Bone Crushers	Acquired	Chansi Stuckey	CLE	WR	Owner
Fri., Sep 18 2009 6:08 p	StrongMan	Released	Steve Breaston	ARI	WR	Owner
Fri., Sep 18 2009 6:08 p	StrongMan	Acquired	Benjamin Watson	NWE	TE	Owner
Sat., Sep 19 2009 9:17 p	Tugboat Thunder	Taken off IR	Josh Morgan	SFO	WR	Owner
Sat., Sep 19 2009 9:17 p	Tugboat Thunder	Placed on IR	Anthony Gonzalez	IND	WR	Owner
Sun., Sep 20 2009 7:16 a	Chip Rack Champs	Taken off IR	Jason Elam	ATL	K	Owner
Sun., Sep 20 2009 7:16 a	Chip Rack Champs	Released	Jason Hanson	DET	K	Owner
Sun., Sep 20 2009 7:33 a	Chip Rack Champs	Released	Brandon Pettigrew	DET	TE	Owner
Sun., Sep 20 2009 7:33 a	Chip Rack Champs	Acquired	Chris Henry	CIN	WR	Owner

Week 3

Tue., Sep 22 2009 4:02 p	Va.Beach G-Men	Placed on IR	James Davis	CLE	RB	Owner
Tue., Sep 22 2009 4:06 p	Va.Beach G-Men	Taken off IR	James Davis	CLE	RB	Owner
Tue., Sep 22 2009 8:21 p	North Dallas Forty	Released	Tennessee Titans	TEN	Def/ST	Owner
Tue., Sep 22 2009 8:21 p	North Dallas Forty	Taken off IR	Houston Texans	HOU	Def/ST	Owner
Wed., Sep 23 2009 8:10 p	The Lynch Mobb	Acquired	Mario Manningham	NYG	WR	Waiver Wire
Wed., Sep 23 2009 8:10 p	The Lynch Mobb	Released	Chris Wells	ARI	RB	Waiver Wire
Wed., Sep 23 2009 8:10 p	Tugboat Thunder	Released	Patrick Crayton	DAL	WR	Waiver Wire
Wed., Sep 23 2009 8:10 p	North Dallas Forty	Acquired	Mike Sims-Walker	JAC	WR	Waiver Wire
Wed., Sep 23 2009 8:10 p	North Dallas Forty	Released	Donnie Avery	STL	WR	Waiver Wire
Wed., Sep 23 2009 8:10 p	Va.Beach G-Men	Acquired	Correll Buckhalter	DEN	RB	Waiver Wire
Wed., Sep 23 2009 8:10 p	Va.Beach G-Men	Released	James Davis	CLE	RB	Waiver Wire
Wed., Sep 23 2009 8:10 p	Tugboat Thunder	Acquired	Steve Smith	NYG	WR	Waiver Wire
Wed., Sep 23 2009 8:10 p	The Lynch Mobb	Acquired	Lawrence Tynes	NYG	K	Waiver Wire
Wed., Sep 23 2009 8:10 p	The Lynch Mobb	Released	Rob Bironas	TEN	K	Waiver Wire
Thu., Sep 24 2009 10:02 a	Raiders of the Lost Ark	Released	Justin Gage	TEN	WR	Owner
Thu., Sep 24 2009 10:02 a	Raiders of the Lost Ark	Acquired	Ted Ginn Jr.	MIA	WR	Owner
Thu., Sep 24 2009 1:09 p	North Dallas Forty	Placed on IR	Nate Burleson	SEA	WR	Owner
Thu., Sep 24 2009 1:09 p	North Dallas Forty	Acquired	Laurent Robinson	STL	WR	Owner
Thu., Sep 24 2009 5:43 p	Chip Rack Champs	Released	Muhsin Muhammad	CAR	WR	Owner
Thu., Sep 24 2009 5:43 p	Chip Rack Champs	Acquired	Rashard Mendenhall	PIT	RB	Owner
Fri., Sep 25 2009 2:47 a	Chip Rack Champs	Released	Chris Henry	CIN	WR	Owner
Fri., Sep 25 2009 2:47 a	Chip Rack Champs	Acquired	Jason Avant	PHI	WR	Owner
Fri., Sep 25 2009 12:33 p	Raiders of the Lost Ark	Released	San Diego Chargers	SDG	Def/ST	Owner
Fri., Sep 25 2009 12:34 p	Raiders of the Lost Ark	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Fri., Sep 25 2009 12:34 p	Raiders of the Lost Ark	Released	Zach Miller	OAK	TE	Owner
Fri., Sep 25 2009 12:34 p	Raiders of the Lost Ark	Acquired	Brent Celek	PHI	TE	Owner
Fri., Sep 25 2009 12:39 p	Raiders of the Lost Ark	Released	Kris Brown	HOU	K	Owner
Fri., Sep 25 2009 12:39 p	Raiders of the Lost Ark	Acquired	Neil Rackers	ARI	K	Owner
Fri., Sep 25 2009 5:01 p	Chip Rack Champs	Released	Jason Elam	ATL	K	Owner
Fri., Sep 25 2009 5:01 p	Chip Rack Champs	Placed on IR	Lance Moore	NOR	WR	Owner
Fri., Sep 25 2009 5:01 p	Chip Rack Champs	Acquired	Jason Hanson	DET	K	Owner
Fri., Sep 25 2009 5:01 p	Chip Rack Champs	Acquired	Robert Meachem	NOR	WR	Owner
Sun., Sep 27 2009 12:43 a	The Lynch Mobb	Taken off IR	Green Bay Packers	GNB	Def/ST	Owner
Sun., Sep 27 2009 12:43 a	The Lynch Mobb	Placed on IR	Minnesota Vikings	MIN	Def/ST	Owner



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Sun., Sep 27 2009 10:27 a	StrongMan	Taken off IR	Michael Vick	PHI	QB	Owner
Sun., Sep 27 2009 10:27 a	StrongMan	Placed on IR	Mike Bell	NOR	RB	Owner

Week 4

Wed., Sep 30 2009 8:10 p	The Bone Crushers	Acquired	Pierre Garcon	IND	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	The Bone Crushers	Released	T.J. Houshmandzadeh	SEA	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	North Dallas Forty	Acquired	Johnny Knox	CHI	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	North Dallas Forty	Released	Laurent Robinson	STL	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	Tugboat Thunder	Acquired	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed., Sep 30 2009 8:10 p	Tugboat Thunder	Released	Laurence Maroney	NWE	RB	Waiver Wire
Wed., Sep 30 2009 8:10 p	StrongMan	Acquired	Tashard Choice	DAL	RB	Waiver Wire
Wed., Sep 30 2009 8:10 p	StrongMan	Released	Benjamin Watson	NWE	TE	Waiver Wire
Wed., Sep 30 2009 8:10 p	Chip Rack Champs	Acquired	Bryant Johnson	DET	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	Chip Rack Champs	Released	Robert Meachem	NOR	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	Raiders of the Lost Ark	Acquired	Glen Coffee	SFO	RB	Waiver Wire
Wed., Sep 30 2009 8:10 p	Raiders of the Lost Ark	Released	Michael Bush	OAK	RB	Waiver Wire
Wed., Sep 30 2009 8:10 p	Raiders of the Lost Ark	Acquired	Kevin Walter	HOU	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	Raiders of the Lost Ark	Released	Ted Ginn Jr.	MIA	WR	Waiver Wire
Wed., Sep 30 2009 8:10 p	North Dallas Forty	Acquired	Shaun Hill	SFO	QB	Waiver Wire
Wed., Sep 30 2009 8:10 p	North Dallas Forty	Released	Chad Pennington	MIA	QB	Waiver Wire
Thu., Oct 1 2009 2:33 a	Chip Rack Champs	Released	Jason Avant	PHI	WR	Owner
Thu., Oct 1 2009 2:33 a	Chip Rack Champs	Taken off IR	Lance Moore	NOR	WR	Owner
Thu., Oct 1 2009 10:03 a	Raiders of the Lost Ark	Released	Neil Rackers	ARI	K	Owner
Thu., Oct 1 2009 10:03 a	Raiders of the Lost Ark	Acquired	John Carney	NOR	K	Owner
Thu., Oct 1 2009 10:05 a	Raiders of the Lost Ark	Taken off IR	Marshawn Lynch	BUF	RB	Owner
Thu., Oct 1 2009 10:05 a	Raiders of the Lost Ark	Placed on IR	Brian Westbrook	PHI	RB	Owner
Thu., Oct 1 2009 11:16 a	The Bone Crushers	Released	Jerious Norwood	ATL	RB	Owner
Thu., Oct 1 2009 11:16 a	The Bone Crushers	Placed on IR	Greg Olsen	CHI	TE	Owner
Thu., Oct 1 2009 11:16 a	The Bone Crushers	Acquired	Mike Wallace	PIT	WR	Owner
Thu., Oct 1 2009 11:19 a	The Bone Crushers	Released	Chester Taylor	MIN	RB	Owner
Thu., Oct 1 2009 11:19 a	The Bone Crushers	Acquired	Steven Hauschka	ATL	K	Owner
Thu., Oct 1 2009 12:39 p	North Dallas Forty	Released	Houston Texans	HOU	Def/ST	Owner
Thu., Oct 1 2009 12:39 p	North Dallas Forty	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Thu., Oct 1 2009 12:44 p	North Dallas Forty	Taken off IR	Nate Burleson	SEA	WR	Owner
Thu., Oct 1 2009 12:44 p	North Dallas Forty	Placed on IR	Felix Jones	DAL	RB	Owner
Fri., Oct 2 2009 4:14 p	Va.Beach G-Men	Placed on IR	Eddie Royal	DEN	WR	Owner
Fri., Oct 2 2009 4:14 p	Va.Beach G-Men	Acquired	Denver Broncos	DEN	Def/ST	Owner
Fri., Oct 2 2009 4:54 p	Chip Rack Champs	Placed on IR	Willie Parker	PIT	RB	Owner
Fri., Oct 2 2009 4:54 p	Chip Rack Champs	Acquired	New Orleans Saints	NOR	Def/ST	Owner
Fri., Oct 2 2009 5:22 p	Chip Rack Champs	Released	LenDale White	TEN	RB	Owner
Fri., Oct 2 2009 9:25 p	Beach Ball-Busters	Taken off IR	Jerricho Cotchery	NYJ	WR	Owner
Fri., Oct 2 2009 9:25 p	Beach Ball-Busters	Released	Kevin Boss	NYG	TE	Owner
Fri., Oct 2 2009 9:25 p	Beach Ball-Busters	Placed on IR	Brett Favre	MIN	QB	Owner
Fri., Oct 2 2009 9:25 p	Beach Ball-Busters	Acquired	T.J. Houshmandzadeh	SEA	WR	Owner
Sat., Oct 3 2009 12:17 p	Tugboat Thunder	Released	Josh Morgan	SFO	WR	Owner
Sat., Oct 3 2009 2:00 p	Raiders of the Lost Ark	Placed on IR	Brent Celek	PHI	TE	Owner
Sat., Oct 3 2009 2:00 p	Raiders of the Lost Ark	Acquired	Ted Ginn Jr.	MIA	WR	Owner
Sun., Oct 4 2009 11:28 a	Purple Rain	Released	Jonathan Stewart	CAR	RB	Commissioner
Sun., Oct 4 2009 11:28 a	Purple Rain	Acquired	LenDale White	TEN	RB	Commissioner
Sun., Oct 4 2009 12:50 p	The Lynch Mobb	Acquired	Mewelde Moore	PIT	RB	Commissioner
Sun., Oct 4 2009 12:50 p	The Lynch Mobb	Released	Leon Washington	NYJ	RB	Commissioner
Sun., Oct 4 2009 12:53 p	The Lynch Mobb	Taken off IR	Minnesota Vikings	MIN	Def/ST	Owner
Sun., Oct 4 2009 12:53 p	The Lynch Mobb	Placed on IR	DeSean Jackson	PHI	WR	Owner
Sun., Oct 4 2009 12:54 p	The Lynch Mobb	Acquired	Benjamin Watson	NWE	TE	Owner
Sun., Oct 4 2009 12:54 p	The Lynch Mobb	Released	Green Bay Packers	GNB	Def/ST	Owner

Sat., Oct 3 2009 1:15 p	Tugboat Thunder	Acquired	Raiders of the Lost Ark	Acquired	Trade
	Brian Westbrook, RB		Vernon Davis, TE		
	Kevin Walter, WR		Matt Forte, RB		
	LeSean McCoy, RB				



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Fri., Oct 2 2009 6:09 p	Chip Rack Champs	Acquired	StrongMan	Acquired	Trade
	Ronnie Brown, RB		Jason Witten, TE		
	John Carlson, TE				

Week 5

Tue., Oct 6 2009 8:40 a	StrongMan	Released	Mike Bell	NOR	RB	Owner
Tue., Oct 6 2009 9:24 p	Raiders of the Lost Ark	Taken off IR	Brent Celek	PHI	TE	Owner
Tue., Oct 6 2009 9:24 p	Raiders of the Lost Ark	Placed on IR	LaDainian Tomlinson	SDG	RB	Owner
Wed., Oct 7 2009 7:16 p	The Lynch Mobb	Taken off IR	DeSean Jackson	PHI	WR	Owner
Wed., Oct 7 2009 7:16 p	The Lynch Mobb	Placed on IR	Mario Manningham	NYG	WR	Owner
Wed., Oct 7 2009 7:38 p	The Lynch Mobb	Taken off IR	Mario Manningham	NYG	WR	Owner
Wed., Oct 7 2009 7:38 p	The Lynch Mobb	Placed on IR	Lee Evans	BUF	WR	Owner
Wed., Oct 7 2009 8:11 p	Chip Rack Champs	Acquired	Sidney Rice	MIN	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	Chip Rack Champs	Released	Bryant Johnson	DET	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	StrongMan	Acquired	Michael Bush	OAK	RB	Waiver Wire
Wed., Oct 7 2009 8:11 p	North Dallas Forty	Acquired	Mohamed Massaquoi	CLE	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	North Dallas Forty	Released	Nate Burleson	SEA	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	The Lynch Mobb	Acquired	Jerome Harrison	CLE	RB	Waiver Wire
Wed., Oct 7 2009 8:11 p	The Lynch Mobb	Released	Benjamin Watson	NWE	TE	Waiver Wire
Wed., Oct 7 2009 8:11 p	Chip Rack Champs	Acquired	Patrick Crayton	DAL	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	Chip Rack Champs	Released	Lance Moore	NOR	WR	Waiver Wire
Wed., Oct 7 2009 8:11 p	Va.Beach G-Men	Acquired	Josh Scobee	JAC	K	Waiver Wire
Wed., Oct 7 2009 8:11 p	Va.Beach G-Men	Released	Mason Crosby	GNB	K	Waiver Wire
Wed., Oct 7 2009 8:11 p	Raiders of the Lost Ark	Acquired	Neil Rackers	ARI	K	Waiver Wire
Wed., Oct 7 2009 8:11 p	Raiders of the Lost Ark	Released	John Carney	NOR	K	Waiver Wire
Thu., Oct 8 2009 12:59 p	North Dallas Forty	Released	Derrick Ward	TAM	RB	Owner
Thu., Oct 8 2009 12:59 p	North Dallas Forty	Acquired	Jonathan Stewart	CAR	RB	Owner
Thu., Oct 8 2009 3:21 p	The Lynch Mobb	Released	Lee Evans	BUF	WR	Owner
Thu., Oct 8 2009 3:21 p	The Lynch Mobb	Placed on IR	Reggie Bush	NOR	RB	Owner
Thu., Oct 8 2009 3:21 p	The Lynch Mobb	Acquired	Nate Burleson	SEA	WR	Owner
Thu., Oct 8 2009 5:15 p	Va.Beach G-Men	Released	Eddie Royal	DEN	WR	Owner
Thu., Oct 8 2009 5:15 p	Va.Beach G-Men	Placed on IR	Correll Buckhalter	DEN	RB	Owner
Thu., Oct 8 2009 5:15 p	Va.Beach G-Men	Acquired	Leon Washington	NYJ	RB	Owner
Fri., Oct 9 2009 8:21 a	The Bone Crushers	Released	Steven Hauschka	ATL	K	Owner
Fri., Oct 9 2009 8:21 a	The Bone Crushers	Acquired	Heath Miller	PIT	TE	Owner
Fri., Oct 9 2009 8:26 a	The Bone Crushers	Released	Chansi Stuckey	CLE	WR	Owner
Fri., Oct 9 2009 8:26 a	The Bone Crushers	Acquired	Lee Evans	BUF	WR	Owner
Fri., Oct 9 2009 11:47 a	Purple Rain	Released	Nate Kaeding	SDG	K	Owner
Fri., Oct 9 2009 11:47 a	Purple Rain	Acquired	Joe Nedney	SFO	K	Owner
Fri., Oct 9 2009 11:52 a	Purple Rain	Acquired	Nate Washington	TEN	WR	Owner
Fri., Oct 9 2009 11:52 a	Purple Rain	Released	Chris Chambers	KAN	WR	Owner
Fri., Oct 9 2009 11:55 a	Purple Rain	Released	Matt Cassel	KAN	QB	Owner
Fri., Oct 9 2009 11:55 a	Purple Rain	Released	Thomas Jones	NYJ	RB	Owner
Fri., Oct 9 2009 11:55 a	Purple Rain	Acquired	Kerry Collins	TEN	QB	Owner
Fri., Oct 9 2009 11:58 a	Purple Rain	Released	Fred Taylor	NWE	RB	Owner
Fri., Oct 9 2009 11:58 a	Purple Rain	Placed on IR	Dwayne Bowe	KAN	WR	Owner
Fri., Oct 9 2009 11:58 a	Purple Rain	Acquired	Thomas Jones	NYJ	RB	Owner
Fri., Oct 9 2009 12:01 p	Purple Rain	Released	Dwayne Bowe	KAN	WR	Owner
Fri., Oct 9 2009 12:01 p	Purple Rain	Acquired	Mike Bell	NOR	RB	Owner
Fri., Oct 9 2009 12:06 p	Purple Rain	Placed on IR	LenDale White	TEN	RB	Owner
Fri., Oct 9 2009 12:06 p	Purple Rain	Acquired	Kenny Britt	TEN	WR	Owner
Fri., Oct 9 2009 7:54 p	Raiders of the Lost Ark	Released	Ted Ginn Jr.	MIA	WR	Owner
Fri., Oct 9 2009 7:54 p	Raiders of the Lost Ark	Acquired	Dwayne Bowe	KAN	WR	Owner
Sat., Oct 10 2009 2:16 p	Tugboat Thunder	Released	Anthony Gonzalez	IND	WR	Owner
Sat., Oct 10 2009 2:16 p	Tugboat Thunder	Released	Torry Holt	JAC	WR	Owner
Sat., Oct 10 2009 2:16 p	Tugboat Thunder	Placed on IR	Jamal Lewis	CLE	RB	Owner
Sat., Oct 10 2009 2:16 p	Tugboat Thunder	Acquired	Benjamin Watson	NWE	TE	Owner
Sat., Oct 10 2009 2:16 p	Tugboat Thunder	Acquired	Fred Taylor	NWE	RB	Owner
Sat., Oct 10 2009 2:20 p	Tugboat Thunder	Released	Fred Taylor	NWE	RB	Owner
Sat., Oct 10 2009 2:20 p	Tugboat Thunder	Acquired	Anthony Gonzalez	IND	WR	Owner
Sat., Oct 10 2009 2:20 p	Tugboat Thunder	Taken off IR	Jamal Lewis	CLE	RB	Owner
Sat., Oct 10 2009 2:20 p	Tugboat Thunder	Placed on IR	Anthony Gonzalez	IND	WR	Owner



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Sat., Oct 10 2009 2:37 p	Tugboat Thunder	Acquired	Derek Anderson	CLE	QB	Owner
Sat., Oct 10 2009 2:37 p	Tugboat Thunder	Released	Benjamin Watson	NWE	TE	Owner
Sun., Oct 11 2009 11:04 a	Tugboat Thunder	Released	Derek Anderson	CLE	QB	Owner
Sun., Oct 11 2009 11:04 a	Tugboat Thunder	Acquired	Benjamin Watson	NWE	TE	Owner

Week 6

Tue., Oct 13 2009 1:30 p	The Lynch Mobb	Taken off IR	Reggie Bush	NOR	RB	Owner
Tue., Oct 13 2009 1:30 p	The Lynch Mobb	Placed on IR	DeSean Jackson	PHI	WR	Owner
Tue., Oct 13 2009 6:50 p	Raiders of the Lost Ark	Placed on IR	Joseph Addai	IND	RB	Owner
Tue., Oct 13 2009 6:50 p	Raiders of the Lost Ark	Taken off IR	LaDainian Tomlinson	SDG	RB	Owner
Wed., Oct 14 2009 5:07 p	The Lynch Mobb	Taken off IR	DeSean Jackson	PHI	WR	Owner
Wed., Oct 14 2009 5:07 p	The Lynch Mobb	Placed on IR	Nate Burleson	SEA	WR	Owner
Wed., Oct 14 2009 5:09 p	The Lynch Mobb	Taken off IR	Nate Burleson	SEA	WR	Owner
Wed., Oct 14 2009 5:09 p	The Lynch Mobb	Placed on IR	Mario Manningham	NYG	WR	Owner
Wed., Oct 14 2009 8:12 p	The Lynch Mobb	Acquired	Kyle Orton	DEN	QB	Waiver Wire
Wed., Oct 14 2009 8:12 p	The Lynch Mobb	Released	Jerome Harrison	CLE	RB	Waiver Wire
Wed., Oct 14 2009 8:12 p	North Dallas Forty	Acquired	Miles Austin	DAL	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	North Dallas Forty	Released	Mohamed Massaquoi	CLE	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	StrongMan	Acquired	Matt Cassel	KAN	QB	Waiver Wire
Wed., Oct 14 2009 8:12 p	StrongMan	Released	Michael Vick	PHI	QB	Waiver Wire
Wed., Oct 14 2009 8:12 p	Raiders of the Lost Ark	Acquired	Green Bay Packers	GNB	Def/ST	Waiver Wire
Wed., Oct 14 2009 8:12 p	Raiders of the Lost Ark	Released	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed., Oct 14 2009 8:12 p	Chip Rack Champs	Acquired	Michael Crabtree	SFO	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	Chip Rack Champs	Released	Patrick Crayton	DAL	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	Va.Beach G-Men	Acquired	Austin Collie	IND	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	Va.Beach G-Men	Released	Leon Washington	NYJ	RB	Waiver Wire
Wed., Oct 14 2009 8:12 p	North Dallas Forty	Acquired	Nate Kaeding	SDG	K	Waiver Wire
Wed., Oct 14 2009 8:12 p	North Dallas Forty	Released	Nick Folk	DAL	K	Waiver Wire
Wed., Oct 14 2009 8:12 p	StrongMan	Acquired	Jeremy Maclin	PHI	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	StrongMan	Released	Devery Henderson	NOR	WR	Waiver Wire
Wed., Oct 14 2009 8:12 p	The Lynch Mobb	Acquired	Sammy Morris	NWE	RB	Waiver Wire
Wed., Oct 14 2009 8:12 p	The Lynch Mobb	Released	Mewelde Moore	PIT	RB	Waiver Wire
Wed., Oct 14 2009 8:18 p	StrongMan	Placed on IR	Darren McFadden	OAK	RB	Owner
Thu., Oct 15 2009 9:09 a	North Dallas Forty	Released	Nate Kaeding	SDG	K	Owner
Thu., Oct 15 2009 9:09 a	North Dallas Forty	Acquired	Mason Crosby	GNB	K	Owner
Thu., Oct 15 2009 9:47 a	StrongMan	Acquired	Jermichael Finley	GNB	TE	Owner
Thu., Oct 15 2009 11:20 a	StrongMan	Released	Tashard Choice	DAL	RB	Owner
Thu., Oct 15 2009 11:20 a	StrongMan	Acquired	Leon Washington	NYJ	RB	Owner
Thu., Oct 15 2009 12:45 p	The Bone Crushers	Released	Greg Olsen	CHI	TE	Owner
Thu., Oct 15 2009 12:45 p	The Bone Crushers	Placed on IR	Jeremy Shockey	NOR	TE	Owner
Thu., Oct 15 2009 12:45 p	The Bone Crushers	Acquired	Tashard Choice	DAL	RB	Owner
Thu., Oct 15 2009 12:57 p	The Bone Crushers	Released	Mike Wallace	PIT	WR	Owner
Thu., Oct 15 2009 12:57 p	The Bone Crushers	Acquired	Patrick Crayton	DAL	WR	Owner
Thu., Oct 15 2009 2:35 p	Purple Rain	Released	Kerry Collins	TEN	QB	Owner
Thu., Oct 15 2009 2:37 p	Purple Rain	Acquired	Chester Taylor	MIN	RB	Owner
Thu., Oct 15 2009 2:41 p	Purple Rain	Released	LenDale White	TEN	RB	Owner
Thu., Oct 15 2009 2:48 p	Purple Rain	Released	Kenny Britt	TEN	WR	Owner
Thu., Oct 15 2009 2:55 p	Purple Rain	Released	Nate Washington	TEN	WR	Owner
Thu., Oct 15 2009 2:55 p	Purple Rain	Acquired	Torry Holt	JAC	WR	Owner
Thu., Oct 15 2009 2:56 p	Purple Rain	Released	Joe Nedney	SFO	K	Owner
Thu., Oct 15 2009 2:56 p	Purple Rain	Acquired	John Carney	NOR	K	Owner
Thu., Oct 15 2009 2:58 p	Purple Rain	Placed on IR	Frank Gore	SFO	RB	Owner
Thu., Oct 15 2009 3:02 p	Purple Rain	Acquired	Jason Campbell	WAS	QB	Owner
Thu., Oct 15 2009 3:10 p	Purple Rain	Released	Mike Bell	NOR	RB	Owner
Thu., Oct 15 2009 3:17 p	Purple Rain	Released	Jason Campbell	WAS	QB	Owner
Thu., Oct 15 2009 3:17 p	Purple Rain	Acquired	Mewelde Moore	PIT	RB	Owner
Thu., Oct 15 2009 11:43 p	Chip Rack Champs	Taken off IR	Willie Parker	PIT	RB	Owner
Thu., Oct 15 2009 11:43 p	Chip Rack Champs	Placed on IR	New Orleans Saints	NOR	Def/ST	Owner
Sun., Oct 18 2009 10:11 a	Beach Ball-Busters	Released	Rian Lindell	BUF	K	Owner
Sun., Oct 18 2009 10:11 a	Beach Ball-Busters	Acquired	Olindo Mare	SEA	K	Owner
Sun., Oct 18 2009 12:32 p	Purple Rain	Released	Mewelde Moore	PIT	RB	Commissioner
Sun., Oct 18 2009 12:32 p	Purple Rain	Acquired	Laurence Maroney	NWE	RB	Commissioner



Week 7

Tue., Oct 20 2009 4:05 p	StrongMan	Taken off IR	Darren McFadden	OAK	RB	Owner
Tue., Oct 20 2009 4:05 p	StrongMan	Placed on IR	Calvin Johnson	DET	WR	Owner
Wed., Oct 21 2009 5:46 p	Va.Beach G-Men	Taken off IR	Correll Buckhalter	DEN	RB	Owner
Wed., Oct 21 2009 5:46 p	Va.Beach G-Men	Placed on IR	Percy Harvin	MIN	WR	Owner
Wed., Oct 21 2009 6:22 p	Purple Rain	Taken off IR	Frank Gore	SFO	RB	Owner
Wed., Oct 21 2009 8:12 p	The Lynch Mobb	Acquired	Mike Bell	NOR	RB	Waiver Wire
Wed., Oct 21 2009 8:12 p	The Lynch Mobb	Released	Sammy Morris	NWE	RB	Waiver Wire
Wed., Oct 21 2009 8:12 p	Chip Rack Champs	Acquired	Greg Olsen	CHI	TE	Waiver Wire
Wed., Oct 21 2009 8:12 p	Chip Rack Champs	Released	John Carlson	SEA	TE	Waiver Wire
Wed., Oct 21 2009 8:12 p	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed., Oct 21 2009 8:12 p	North Dallas Forty	Released	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed., Oct 21 2009 8:12 p	StrongMan	Acquired	Justin Fargas	OAK	RB	Waiver Wire
Wed., Oct 21 2009 8:12 p	StrongMan	Released	Matt Cassel	KAN	QB	Waiver Wire
Wed., Oct 21 2009 8:12 p	StrongMan	Acquired	Hakeem Nicks	NYG	WR	Waiver Wire
Wed., Oct 21 2009 8:12 p	StrongMan	Released	Jermichael Finley	GNB	TE	Waiver Wire
Wed., Oct 21 2009 8:12 p	Va.Beach G-Men	Acquired	Nate Kaeding	SDG	K	Waiver Wire
Wed., Oct 21 2009 8:12 p	Va.Beach G-Men	Released	Josh Scobee	JAC	K	Waiver Wire
Thu., Oct 22 2009 4:08 p	Chip Rack Champs	Released	Jason Hanson	DET	K	Owner
Thu., Oct 22 2009 4:08 p	Chip Rack Champs	Acquired	Jeff Reed	PIT	K	Owner
Thu., Oct 22 2009 7:05 p	Tugboat Thunder	Released	San Francisco 49ers	SFO	Def/ST	Owner
Thu., Oct 22 2009 7:05 p	Tugboat Thunder	Acquired	Indianapolis Colts	IND	Def/ST	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Taken off IR	Brett Favre	MIN	QB	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Released	Olindo Mare	SEA	K	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Placed on IR	Antonio Bryant	TAM	WR	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Released	Trent Edwards	BUF	QB	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Acquired	Nick Folk	DAL	K	Owner
Thu., Oct 22 2009 10:49 p	Beach Ball-Busters	Acquired	BenJarvus Green-Ellis	NWE	RB	Owner
Thu., Oct 22 2009 10:55 p	Beach Ball-Busters	Released	Antonio Bryant	TAM	WR	Owner
Thu., Oct 22 2009 10:55 p	Beach Ball-Busters	Placed on IR	BenJarvus Green-Ellis	NWE	RB	Owner
Thu., Oct 22 2009 10:55 p	Beach Ball-Busters	Acquired	Steve Breaston	ARI	WR	Owner
Fri., Oct 23 2009 9:30 a	StrongMan	Released	Jeremy Maclin	PHI	WR	Owner
Fri., Oct 23 2009 9:30 a	StrongMan	Acquired	Donnie Avery	STL	WR	Owner
Fri., Oct 23 2009 3:03 p	Purple Rain	Released	Baltimore Ravens	BAL	Def/ST	Commissioner
Fri., Oct 23 2009 3:03 p	Purple Rain	Placed on IR	Kevin Smith	DET	RB	Commissioner
Fri., Oct 23 2009 3:03 p	Purple Rain	Acquired	San Francisco 49ers	SFO	Def/ST	Commissioner
Fri., Oct 23 2009 3:04 p	Purple Rain	Acquired	Baltimore Ravens	BAL	Def/ST	Commissioner
Sun., Oct 25 2009 8:47 a	StrongMan	Released	Washington Redskins	WAS	Def/ST	Owner
Sun., Oct 25 2009 8:47 a	StrongMan	Acquired	Carolina Panthers	CAR	Def/ST	Owner
Sun., Oct 25 2009 11:35 a	Raiders of the Lost Ark	Taken off IR	Joseph Addai	IND	RB	Owner
Sun., Oct 25 2009 11:35 a	Raiders of the Lost Ark	Placed on IR	Anquan Boldin	ARI	WR	Owner
Fri., Oct 23 2009 3:18 p	Purple Rain	Acquired	The Lynch Mobb	Acquired	Trade	
	Kevin Smith, RB		Andre Johnson, WR			
Fri., Oct 23 2009 3:15 p	Purple Rain	Acquired	The Lynch Mobb	Acquired	Trade	
	Andre Johnson, WR		Kevin Smith, RB			

Week 8

Tue., Oct 27 2009 11:52 a	StrongMan	Taken off IR	Calvin Johnson	DET	WR	Owner
Tue., Oct 27 2009 11:52 a	StrongMan	Placed on IR	Darren McFadden	OAK	RB	Owner
Tue., Oct 27 2009 11:53 a	StrongMan	Released	Leon Washington	NYJ	RB	Owner
Tue., Oct 27 2009 11:01 p	Beach Ball-Busters	Placed on IR	Larry Johnson	CIN	RB	Owner
Tue., Oct 27 2009 11:01 p	Beach Ball-Busters	Taken off IR	BenJarvus Green-Ellis	NWE	RB	Owner
Wed., Oct 28 2009 8:11 p	The Lynch Mobb	Acquired	Chris Wells	ARI	RB	Waiver Wire
Wed., Oct 28 2009 8:11 p	The Lynch Mobb	Released	Kyle Orton	DEN	QB	Waiver Wire
Wed., Oct 28 2009 8:11 p	StrongMan	Acquired	Shonn Greene	NYJ	RB	Waiver Wire
Wed., Oct 28 2009 8:11 p	Tugboat Thunder	Acquired	Jamaal Charles	KAN	RB	Waiver Wire
Wed., Oct 28 2009 8:11 p	Tugboat Thunder	Released	Benjamin Watson	NWE	TE	Waiver Wire
Wed., Oct 28 2009 8:11 p	StrongMan	Acquired	Jeremy Maclin	PHI	WR	Waiver Wire
Wed., Oct 28 2009 8:11 p	StrongMan	Released	Michael Bush	OAK	RB	Waiver Wire
Wed., Oct 28 2009 8:11 p	Tugboat Thunder	Acquired	Alex Smith	SFO	QB	Waiver Wire



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Wed., Oct 28 2009 8:11 p	Tugboat Thunder	Released	Indianapolis Colts	IND	Def/ST	Waiver Wire
Wed., Oct 28 2009 8:11 p	The Lynch Mobb	Acquired	Mike Wallace	PIT	WR	Waiver Wire
Wed., Oct 28 2009 8:11 p	The Lynch Mobb	Released	Reggie Bush	NOR	RB	Waiver Wire
Thu., Oct 29 2009 2:30 a	The Lynch Mobb	Taken off IR	Mario Manningham	NYG	WR	Owner
Thu., Oct 29 2009 2:30 a	The Lynch Mobb	Placed on IR	Bernard Berrian	MIN	WR	Owner
Thu., Oct 29 2009 9:01 a	The Lynch Mobb	Released	Bernard Berrian	MIN	WR	Owner
Thu., Oct 29 2009 9:01 a	The Lynch Mobb	Placed on IR	DeSean Jackson	PHI	WR	Owner
Thu., Oct 29 2009 9:01 a	The Lynch Mobb	Acquired	Reggie Bush	NOR	RB	Owner
Thu., Oct 29 2009 9:01 a	The Lynch Mobb	Taken off IR	DeSean Jackson	PHI	WR	Owner
Thu., Oct 29 2009 9:01 a	The Lynch Mobb	Placed on IR	Mike Wallace	PIT	WR	Owner
Thu., Oct 29 2009 9:08 a	StrongMan	Released	Jeremy Maclin	PHI	WR	Owner
Thu., Oct 29 2009 9:08 a	StrongMan	Acquired	Bernard Berrian	MIN	WR	Owner
Thu., Oct 29 2009 12:30 p	StrongMan	Released	Carolina Panthers	CAR	Def/ST	Owner
Thu., Oct 29 2009 12:30 p	StrongMan	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Thu., Oct 29 2009 12:32 p	StrongMan	Released	Donnie Avery	STL	WR	Owner
Thu., Oct 29 2009 12:32 p	StrongMan	Acquired	Dan Carpenter	MIA	K	Owner
Thu., Oct 29 2009 12:51 p	StrongMan	Released	Dan Carpenter	MIA	K	Owner
Thu., Oct 29 2009 12:51 p	StrongMan	Acquired	Jason Hanson	DET	K	Owner
Thu., Oct 29 2009 12:52 p	North Dallas Forty	Released	Fred Jackson	BUF	RB	Owner
Thu., Oct 29 2009 12:52 p	North Dallas Forty	Acquired	Marc Bulger	STL	QB	Owner
Thu., Oct 29 2009 12:54 p	North Dallas Forty	Taken off IR	Felix Jones	DAL	RB	Owner
Thu., Oct 29 2009 12:54 p	North Dallas Forty	Released	Shaun Hill	SFO	QB	Owner
Thu., Oct 29 2009 1:04 p	StrongMan	Released	Hakeem Nicks	NYG	WR	Owner
Thu., Oct 29 2009 1:04 p	StrongMan	Acquired	Fred Jackson	BUF	RB	Owner
Thu., Oct 29 2009 5:30 p	StrongMan	Released	Fred Jackson	BUF	RB	Owner
Thu., Oct 29 2009 5:30 p	StrongMan	Acquired	Hakeem Nicks	NYG	WR	Owner
Thu., Oct 29 2009 6:14 p	Chip Rack Champs	Released	Jeff Reed	PIT	K	Owner
Thu., Oct 29 2009 6:14 p	Chip Rack Champs	Acquired	Dan Carpenter	MIA	K	Owner
Thu., Oct 29 2009 9:06 p	Tugboat Thunder	Released	Kevin Walter	HOU	WR	Owner
Thu., Oct 29 2009 9:06 p	Tugboat Thunder	Acquired	Josh Morgan	SFO	WR	Owner
Fri., Oct 30 2009 8:45 a	Raiders of the Lost Ark	Released	Glen Coffee	SFO	RB	Owner
Fri., Oct 30 2009 8:45 a	Raiders of the Lost Ark	Acquired	Kevin Walter	HOU	WR	Owner
Sat., Oct 31 2009 8:29 a	The Bone Crushers	Taken off IR	Jeremy Shockey	NOR	TE	Owner
Sat., Oct 31 2009 8:29 a	The Bone Crushers	Placed on IR	Heath Miller	PIT	TE	Owner
Sat., Oct 31 2009 8:29 a	The Bone Crushers	Released	Lee Evans	BUF	WR	Owner
Sat., Oct 31 2009 8:29 a	The Bone Crushers	Acquired	Indianapolis Colts	IND	Def/ST	Owner
Sat., Oct 31 2009 8:42 a	StrongMan	Released	Hakeem Nicks	NYG	WR	Owner
Sat., Oct 31 2009 8:42 a	StrongMan	Acquired	Lee Evans	BUF	WR	Owner
Sat., Oct 31 2009 3:54 p	Tugboat Thunder	Released	Anthony Gonzalez	IND	WR	Owner
Sat., Oct 31 2009 3:54 p	Tugboat Thunder	Placed on IR	Matt Hasselbeck	SEA	QB	Owner
Sat., Oct 31 2009 3:54 p	Tugboat Thunder	Acquired	Hakeem Nicks	NYG	WR	Owner
Sat., Oct 31 2009 3:56 p	Tugboat Thunder	Released	Matt Hasselbeck	SEA	QB	Owner
Sat., Oct 31 2009 3:56 p	Tugboat Thunder	Placed on IR	Brian Westbrook	PHI	RB	Owner
Sat., Oct 31 2009 3:56 p	Tugboat Thunder	Acquired	Isaac Bruce	SFO	WR	Owner
Sat., Oct 31 2009 3:58 p	StrongMan	Released	Bernard Berrian	MIN	WR	Owner
Sat., Oct 31 2009 3:58 p	StrongMan	Acquired	Anthony Gonzalez	IND	WR	Owner
Sat., Oct 31 2009 3:58 p	StrongMan	Taken off IR	Darren McFadden	OAK	RB	Owner
Sat., Oct 31 2009 3:58 p	StrongMan	Placed on IR	Anthony Gonzalez	IND	WR	Owner
Sat., Oct 31 2009 5:34 p	Tugboat Thunder	Released	Isaac Bruce	SFO	WR	Owner
Sat., Oct 31 2009 5:34 p	Tugboat Thunder	Released	LeSean McCoy	PHI	RB	Owner
Sat., Oct 31 2009 5:42 p	StrongMan	Released	Justin Fargas	OAK	RB	Owner
Sat., Oct 31 2009 5:42 p	StrongMan	Acquired	LeSean McCoy	PHI	RB	Owner
Sat., Oct 31 2009 5:52 p	StrongMan	Released	Jason Hanson	DET	K	Owner
Sat., Oct 31 2009 6:12 p	StrongMan	Acquired	Jason Hanson	DET	K	Owner
Sat., Oct 31 2009 7:02 p	Beach Ball-Busters	Released	BenJarvus Green-Ellis	NWE	RB	Commissioner
Sat., Oct 31 2009 7:02 p	Beach Ball-Busters	Acquired	Tony Scheffler	DEN	TE	Commissioner
Sun., Nov 1 2009 5:23 a	Chip Rack Champs	Acquired	Fred Davis	WAS	TE	Owner
Sun., Nov 1 2009 5:24 a	Chip Rack Champs	Taken off IR	New Orleans Saints	NOR	Def/ST	Owner
Sun., Nov 1 2009 5:24 a	Chip Rack Champs	Placed on IR	Willie Parker	PIT	RB	Owner
Sun., Nov 1 2009 8:02 a	North Dallas Forty	Placed on IR	Johnny Knox	CHI	WR	Owner
Sun., Nov 1 2009 8:02 a	North Dallas Forty	Acquired	Justin Fargas	OAK	RB	Owner



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Sat., Oct 31 2009 6:10 p	Tugboat Thunder Randy Moss, WR Shonn Greene, RB	Acquired	StrongMan	Acquired	Trade
			Steve Smith, WR Rashard Mendenhall, RB		
Sat., Oct 31 2009 5:40 p	Chip Rack Champs Vincent Jackson, WR	Acquired	Tugboat Thunder	Acquired	Trade
			Devin Hester, WR Rashard Mendenhall, RB Michael Crabtree, WR		
Fri., Oct 30 2009 11:56 a	Raiders of the Lost Ark Dallas Clark, TE	Acquired	Tugboat Thunder	Acquired	Trade
			Vernon Davis, TE		
Fri., Oct 30 2009 11:56 a	The Lynch Mobb Jamaal Charles, RB	Acquired	Tugboat Thunder	Acquired	Trade
			Reggie Bush, RB		
Wed., Oct 28 2009 4:04 p	StrongMan Nate Burleson, WR	Acquired	The Lynch Mobb	Acquired	Trade
			Bernard Berrian, WR		

Week 9

Tue., Nov 3 2009 10:02 a	StrongMan	Released	Jason Hanson	DET	K	Owner
Tue., Nov 3 2009 12:49 p	Purple Rain	Released	San Francisco 49ers	SFO	Def/ST	Owner
Wed., Nov 4 2009 2:10 a	The Lynch Mobb	Taken off IR	Mike Wallace	PIT	WR	Owner
Wed., Nov 4 2009 2:10 a	The Lynch Mobb	Placed on IR	Mario Manningham	NYG	WR	Owner
Wed., Nov 4 2009 2:28 a	The Lynch Mobb	Taken off IR	Mario Manningham	NYG	WR	Owner
Wed., Nov 4 2009 2:28 a	The Lynch Mobb	Placed on IR	Mike Bell	NOR	RB	Owner
Wed., Nov 4 2009 8:11 p	Tugboat Thunder	Acquired	Matt Prater	DEN	K	Waiver Wire
Wed., Nov 4 2009 8:11 p	Tugboat Thunder	Released	Josh Morgan	SFO	WR	Waiver Wire
Wed., Nov 4 2009 8:11 p	Purple Rain	Acquired	Benjamin Watson	NWE	TE	Waiver Wire
Wed., Nov 4 2009 8:11 p	Chip Rack Champs	Acquired	Nate Washington	TEN	WR	Waiver Wire
Wed., Nov 4 2009 8:11 p	The Lynch Mobb	Acquired	Jeremy Maclin	PHI	WR	Waiver Wire
Wed., Nov 4 2009 8:11 p	The Lynch Mobb	Released	Mario Manningham	NYG	WR	Waiver Wire
Wed., Nov 4 2009 8:11 p	StrongMan	Acquired	Ryan Moats	HOU	RB	Waiver Wire
Wed., Nov 4 2009 8:11 p	Tugboat Thunder	Acquired	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed., Nov 4 2009 8:11 p	Tugboat Thunder	Released	Chicago Bears	CHI	Def/ST	Waiver Wire
Wed., Nov 4 2009 8:11 p	North Dallas Forty	Acquired	John Carlson	SEA	TE	Waiver Wire
Wed., Nov 4 2009 8:11 p	North Dallas Forty	Released	Owen Daniels	HOU	TE	Waiver Wire
Wed., Nov 4 2009 8:11 p	StrongMan	Acquired	Seattle Seahawks	SEA	Def/ST	Waiver Wire
Wed., Nov 4 2009 8:11 p	StrongMan	Released	San Diego Chargers	SDG	Def/ST	Waiver Wire
Thu., Nov 5 2009 12:08 p	North Dallas Forty	Released	Marc Bulger	STL	QB	Owner
Thu., Nov 5 2009 12:08 p	North Dallas Forty	Acquired	Jason Campbell	WAS	QB	Owner
Thu., Nov 5 2009 5:41 p	Chip Rack Champs	Released	Roy Williams	DAL	WR	Owner
Thu., Nov 5 2009 5:41 p	Chip Rack Champs	Acquired	LenDale White	TEN	RB	Owner
Thu., Nov 5 2009 6:32 p	Raiders of the Lost Ark	Released	David Garrard	JAC	QB	Owner
Thu., Nov 5 2009 6:32 p	Raiders of the Lost Ark	Acquired	Matt Hasselbeck	SEA	QB	Owner
Fri., Nov 6 2009 10:46 a	North Dallas Forty	Released	Todd Heap	BAL	TE	Owner
Fri., Nov 6 2009 10:46 a	North Dallas Forty	Acquired	Kevin Boss	NYG	TE	Owner
Fri., Nov 6 2009 12:00 p	The Lynch Mobb	Released	Mike Bell	NOR	RB	Owner
Fri., Nov 6 2009 12:00 p	The Lynch Mobb	Placed on IR	Minnesota Vikings	MIN	Def/ST	Owner
Fri., Nov 6 2009 12:00 p	The Lynch Mobb	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Fri., Nov 6 2009 12:13 p	The Lynch Mobb	Acquired	New England Patriots	NWE	Def/ST	Owner
Fri., Nov 6 2009 12:13 p	The Lynch Mobb	Released	San Diego Chargers	SDG	Def/ST	Owner
Fri., Nov 6 2009 4:34 p	StrongMan	Taken off IR	Anthony Gonzalez	IND	WR	Owner
Fri., Nov 6 2009 4:34 p	StrongMan	Placed on IR	Darren McFadden	OAK	RB	Owner
Fri., Nov 6 2009 4:34 p	StrongMan	Released	Anthony Gonzalez	IND	WR	Owner
Fri., Nov 6 2009 4:34 p	StrongMan	Acquired	Mike Bell	NOR	RB	Owner
Sat., Nov 7 2009 10:56 a	Purple Rain	Placed on IR	Benjamin Watson	NWE	TE	Owner
Sat., Nov 7 2009 10:56 a	Purple Rain	Acquired	Todd Heap	BAL	TE	Owner
Sat., Nov 7 2009 11:10 a	Purple Rain	Released	Chris Cooley	WAS	TE	Owner
Sat., Nov 7 2009 11:10 a	Purple Rain	Acquired	Mario Manningham	NYG	WR	Owner
Sat., Nov 7 2009 3:05 p	Raiders of the Lost Ark	Released	Kevin Walter	HOU	WR	Owner
Sat., Nov 7 2009 3:05 p	Raiders of the Lost Ark	Acquired	Kolby Smith	KAN	RB	Owner

Week 10

Tue., Nov 10 2009 9:37 a	StrongMan	Taken off IR	Darren McFadden	OAK	RB	Owner
Tue., Nov 10 2009 9:37 a	StrongMan	Placed on IR	Ryan Moats	HOU	RB	Owner
Tue., Nov 10 2009 4:35 p	Va.Beach G-Men	Placed on IR	Austin Collie	IND	WR	Owner



VB Meets the ROC

Tue., Nov 10 2009 4:35 p	Va.Beach G-Men	Taken off IR	Percy Harvin	MIN	WR	Owner
Wed., Nov 11 2009 4:17 p	The Lynch Mobb	Taken off IR	Minnesota Vikings	MIN	Def/ST	Owner
Wed., Nov 11 2009 4:17 p	The Lynch Mobb	Placed on IR	New England Patriots	NWE	Def/ST	Owner
Wed., Nov 11 2009 8:10 p	The Lynch Mobb	Acquired	Laveranues Coles	CIN	WR	Waiver Wire
Wed., Nov 11 2009 8:10 p	The Lynch Mobb	Released	Jeremy Maclin	PHI	WR	Waiver Wire
Wed., Nov 11 2009 8:11 p	Chip Rack Champs	Acquired	Robert Meachem	NOR	WR	Waiver Wire
Wed., Nov 11 2009 8:11 p	Chip Rack Champs	Released	Fred Davis	WAS	TE	Waiver Wire
Wed., Nov 11 2009 8:11 p	StrongMan	Acquired	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Wed., Nov 11 2009 8:11 p	StrongMan	Released	Mike Bell	NOR	RB	Waiver Wire
Wed., Nov 11 2009 8:11 p	Beach Ball-Busters	Acquired	Ladell Betts	WAS	RB	Waiver Wire
Wed., Nov 11 2009 8:11 p	Beach Ball-Busters	Released	Tony Scheffler	DEN	TE	Waiver Wire
Wed., Nov 11 2009 8:36 p	StrongMan	Released	Seattle Seahawks	SEA	Def/ST	Owner
Thu., Nov 12 2009 9:00 a	StrongMan	Acquired	Chris Chambers	KAN	WR	Owner
Thu., Nov 12 2009 9:04 a	StrongMan	Released	Arizona Cardinals	ARI	Def/ST	Owner
Thu., Nov 12 2009 9:04 a	StrongMan	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Thu., Nov 12 2009 9:56 a	The Bone Crushers	Taken off IR	Heath Miller	PIT	TE	Owner
Thu., Nov 12 2009 9:56 a	The Bone Crushers	Released	Indianapolis Colts	IND	Def/ST	Owner
Thu., Nov 12 2009 9:56 a	The Bone Crushers	Placed on IR	Jeremy Shockey	NOR	TE	Owner
Thu., Nov 12 2009 9:56 a	The Bone Crushers	Acquired	Mike Bell	NOR	RB	Owner
Thu., Nov 12 2009 1:45 p	Purple Rain	Released	Torry Holt	JAC	WR	Owner
Thu., Nov 12 2009 1:45 p	Purple Rain	Acquired	Devery Henderson	NOR	WR	Owner
Thu., Nov 12 2009 1:55 p	Purple Rain	Released	Todd Heap	BAL	TE	Owner
Thu., Nov 12 2009 1:55 p	Purple Rain	Acquired	Bernard Berrian	MIN	WR	Owner
Thu., Nov 12 2009 2:38 p	StrongMan	Released	Atlanta Falcons	ATL	Def/ST	Owner
Thu., Nov 12 2009 2:38 p	StrongMan	Acquired	Chicago Bears	CHI	Def/ST	Owner
Thu., Nov 12 2009 4:17 p	Chip Rack Champs	Released	LenDale White	TEN	RB	Owner
Thu., Nov 12 2009 4:17 p	Chip Rack Champs	Acquired	Roy Williams	DAL	WR	Owner
Thu., Nov 12 2009 4:53 p	North Dallas Forty	Released	Jason Campbell	WAS	QB	Owner
Thu., Nov 12 2009 4:53 p	North Dallas Forty	Released	Jason Campbell	WAS	QB	Owner
Thu., Nov 12 2009 4:53 p	North Dallas Forty	Acquired	Matt Cassel	KAN	QB	Owner
Thu., Nov 12 2009 5:26 p	Tugboat Thunder	Released	Matt Prater	DEN	K	Owner
Thu., Nov 12 2009 5:26 p	Tugboat Thunder	Acquired	Mark Clayton	BAL	WR	Owner
Thu., Nov 12 2009 5:27 p	The Lynch Mobb	Released	New England Patriots	NWE	Def/ST	Owner
Thu., Nov 12 2009 5:27 p	The Lynch Mobb	Placed on IR	Lawrence Tynes	NYG	K	Owner
Thu., Nov 12 2009 5:27 p	The Lynch Mobb	Acquired	Olindo Mare	SEA	K	Owner
Sat., Nov 14 2009 3:10 a	Chip Rack Champs	Taken off IR	Willie Parker	PIT	RB	Owner
Sat., Nov 14 2009 3:10 a	Chip Rack Champs	Placed on IR	Nate Washington	TEN	WR	Owner
Sat., Nov 14 2009 1:11 p	Chip Rack Champs	Released	Willie Parker	PIT	RB	Owner
Sat., Nov 14 2009 11:46 p	North Dallas Forty	Released	Johnny Knox	CHI	WR	Owner
Sat., Nov 14 2009 11:46 p	North Dallas Forty	Placed on IR	Felix Jones	DAL	RB	Owner
Sat., Nov 14 2009 11:49 p	North Dallas Forty	Acquired	Andre Caldwell	CIN	WR	Owner
Sun., Nov 15 2009 11:46 a	Tugboat Thunder	Taken off IR	Brian Westbrook	PHI	RB	Commissioner
Sun., Nov 15 2009 11:46 a	Tugboat Thunder	Placed on IR	Shonn Greene	NYJ	RB	Commissioner
Sun., Nov 15 2009 11:52 a	Beach Ball-Busters	Released	Steve Breaston	ARI	WR	Commissioner
Sun., Nov 15 2009 11:52 a	Beach Ball-Busters	Acquired	Miami Dolphins	MIA	Def/ST	Commissioner
Sun., Nov 15 2009 12:07 p	Beach Ball-Busters	Acquired	Tugboat Thunder	Acquired	Trade	
	Randy Moss, WR 2010 Draft, Rnd 10		T.J. Houshmandzadeh, WR 2010 Draft, Rnd 2			
Sun., Nov 15 2009 12:00 p	Chip Rack Champs	Acquired	Raiders of the Lost Ark	Acquired	Trade	
	Brent Celek, TE		Philadelphia Eagles, Def/ST			

Week 11

Wed., Nov 18 2009 10:49 a	StrongMan	Taken off IR	Ryan Moats	HOU	RB	Owner
Wed., Nov 18 2009 10:49 a	StrongMan	Placed on IR	Darren McFadden	OAK	RB	Owner
Wed., Nov 18 2009 1:15 p	The Lynch Mobb	Taken off IR	Lawrence Tynes	NYG	K	Owner
Wed., Nov 18 2009 1:15 p	The Lynch Mobb	Placed on IR	Mike Wallace	PIT	WR	Owner
Wed., Nov 18 2009 8:10 p	Chip Rack Champs	Acquired	Kevin Faulk	NWE	RB	Waiver Wire
Wed., Nov 18 2009 8:10 p	StrongMan	Acquired	Justin Forsett	SEA	RB	Waiver Wire
Wed., Nov 18 2009 8:10 p	StrongMan	Released	Ryan Moats	HOU	RB	Waiver Wire
Wed., Nov 18 2009 8:10 p	The Lynch Mobb	Acquired	Steve Breaston	ARI	WR	Waiver Wire
Wed., Nov 18 2009 8:10 p	The Lynch Mobb	Released	Olindo Mare	SEA	K	Waiver Wire



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Wed., Nov 18 2009 8:10 p	StrongMan	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed., Nov 18 2009 8:10 p	StrongMan	Released	Chicago Bears	CHI	Def/ST	Waiver Wire
Wed., Nov 18 2009 8:10 p	The Lynch Mobb	Acquired	Fred Jackson	BUF	RB	Waiver Wire
Wed., Nov 18 2009 8:10 p	The Lynch Mobb	Released	Joe Flacco	BAL	QB	Waiver Wire
Wed., Nov 18 2009 8:10 p	North Dallas Forty	Acquired	Michael Bush	OAK	RB	Waiver Wire
Wed., Nov 18 2009 8:10 p	North Dallas Forty	Released	Andre Caldwell	CIN	WR	Waiver Wire
Wed., Nov 18 2009 8:10 p	North Dallas Forty	Acquired	Connor Barth	TAM	K	Waiver Wire
Wed., Nov 18 2009 8:10 p	North Dallas Forty	Released	Mason Crosby	GNB	K	Waiver Wire
Thu., Nov 19 2009 2:52 a	Chip Rack Champs	Taken off IR	Nate Washington	TEN	WR	Owner
Thu., Nov 19 2009 2:52 a	Chip Rack Champs	Released	Ronnie Brown	MIA	RB	Owner
Thu., Nov 19 2009 10:03 a	StrongMan	Acquired	Jason Snelling	ATL	RB	Owner
Thu., Nov 19 2009 10:03 a	StrongMan	Released	Chris Chambers	KAN	WR	Owner
Thu., Nov 19 2009 2:44 p	Raiders of the Lost Ark	Placed on IR	Dwayne Bowe	KAN	WR	Owner
Thu., Nov 19 2009 2:44 p	Raiders of the Lost Ark	Taken off IR	Anquan Boldin	ARI	WR	Owner
Thu., Nov 19 2009 5:34 p	Va.Beach G-Men	Released	Correll Buckhalter	DEN	RB	Owner
Thu., Nov 19 2009 5:34 p	Va.Beach G-Men	Acquired	Ryan Moats	HOU	RB	Owner
Fri., Nov 20 2009 2:36 p	Purple Rain	Released	Derrick Mason	BAL	WR	Owner
Fri., Nov 20 2009 2:36 p	Purple Rain	Acquired	Chris Chambers	KAN	WR	Owner
Fri., Nov 20 2009 5:05 p	Chip Rack Champs	Released	Matt Ryan	ATL	QB	Owner
Fri., Nov 20 2009 5:05 p	Chip Rack Champs	Acquired	Derrick Mason	BAL	WR	Owner
Sat., Nov 21 2009 5:20 p	Va.Beach G-Men	Taken off IR	Austin Collie	IND	WR	Owner
Sat., Nov 21 2009 5:20 p	Va.Beach G-Men	Placed on IR	Julius Jones	SEA	RB	Owner
Sat., Nov 21 2009 5:27 p	Va.Beach G-Men	Released	New York Jets	NYJ	Def/ST	Owner
Sat., Nov 21 2009 5:27 p	Va.Beach G-Men	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Sun., Nov 22 2009 12:24 p	Beach Ball-Busters	Released	New York Giants	NYG	Def/ST	Commissioner
Sun., Nov 22 2009 12:51 p	North Dallas Forty	Released	Justin Fargas	OAK	RB	Owner
Sun., Nov 22 2009 12:51 p	North Dallas Forty	Acquired	Bernard Scott	CIN	RB	Owner
Sun., Nov 22 2009 12:27 p	Beach Ball-Busters	Acquired	Tugboat Thunder	Acquired	Trade	
	T.J. Houshmandzadeh, WR		Randy Moss, WR			
	2010 Draft, Rnd 2 (from Beach Ball-Busters)		2010 Draft, Rnd 10 (from Tugboat Thunder)			

Week 12

Wed., Nov 25 2009 4:06 p	North Dallas Forty	Taken off IR	Felix Jones	DAL	RB	Owner
Wed., Nov 25 2009 4:06 p	North Dallas Forty	Placed on IR	Jonathan Stewart	CAR	RB	Owner
Wed., Nov 25 2009 8:10 p	Chip Rack Champs	Acquired	Rock Cartwright	WAS	RB	Waiver Wire
Wed., Nov 25 2009 8:10 p	Chip Rack Champs	Released	Roy Williams	DAL	WR	Waiver Wire
Wed., Nov 25 2009 8:10 p	Tugboat Thunder	Acquired	Jeremy Maclin	PHI	WR	Waiver Wire
Wed., Nov 25 2009 8:10 p	Tugboat Thunder	Released	Mark Clayton	BAL	WR	Waiver Wire
Wed., Nov 25 2009 8:10 p	North Dallas Forty	Acquired	Mason Crosby	GNB	K	Waiver Wire
Wed., Nov 25 2009 8:10 p	North Dallas Forty	Released	Connor Barth	TAM	K	Waiver Wire
Sun., Nov 29 2009 10:27 a	Va.Beach G-Men	Released	Ryan Moats	HOU	RB	Owner
Sun., Nov 29 2009 10:27 a	Va.Beach G-Men	Acquired	Derrick Ward	TAM	RB	Owner

Week 13

Wed., Dec 2 2009 2:20 p	Beach Ball-Busters	Taken off IR	Larry Johnson	CIN	RB	Commissioner
Wed., Dec 2 2009 2:20 p	Beach Ball-Busters	Placed on IR	Ahmad Bradshaw	NYG	RB	Commissioner
Wed., Dec 2 2009 8:09 p	StrongMan	Acquired	Vince Young	TEN	QB	Waiver Wire
Wed., Dec 2 2009 8:09 p	StrongMan	Released	Jason Snelling	ATL	RB	Waiver Wire
Wed., Dec 2 2009 8:09 p	Chip Rack Champs	Acquired	Jerious Norwood	ATL	RB	Waiver Wire
Wed., Dec 2 2009 8:09 p	Chip Rack Champs	Placed on IR	Nate Washington	TEN	WR	Waiver Wire
Wed., Dec 2 2009 8:09 p	Va.Beach G-Men	Acquired	Chris Brown	HOU	RB	Waiver Wire
Wed., Dec 2 2009 8:09 p	Va.Beach G-Men	Released	Derrick Ward	TAM	RB	Waiver Wire
Wed., Dec 2 2009 8:09 p	Beach Ball-Busters	Acquired	Fred Davis	WAS	TE	Waiver Wire
Thu., Dec 3 2009 2:02 a	Chip Rack Champs	Released	Nate Washington	TEN	WR	Owner
Thu., Dec 3 2009 2:02 a	Chip Rack Champs	Placed on IR	Kevin Faulk	NWE	RB	Owner
Thu., Dec 3 2009 11:56 a	Tugboat Thunder	Released	Jamal Lewis	CLE	RB	Commissioner
Thu., Dec 3 2009 11:56 a	Tugboat Thunder	Acquired	Jerome Harrison	CLE	RB	Commissioner
Thu., Dec 3 2009 3:36 p	North Dallas Forty	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu., Dec 3 2009 3:36 p	North Dallas Forty	Acquired	New York Jets	NYJ	Def/ST	Owner
Thu., Dec 3 2009 5:24 p	Chip Rack Champs	Acquired	Shayne Graham	CIN	K	Owner
Thu., Dec 3 2009 7:38 p	Raiders of the Lost Ark	Released	Kolby Smith	KAN	RB	Owner



VB Meets the ROC

Thu., Dec 3 2009 7:38 p	Raiders of the Lost Ark	Acquired	Joe Flacco	BAL	QB	Owner
Fri., Dec 4 2009 12:09 p	The Bone Crushers	Taken off IR	Jeremy Shockey	NOR	TE	Owner
Fri., Dec 4 2009 12:09 p	The Bone Crushers	Placed on IR	Heath Miller	PIT	TE	Owner
Sat., Dec 5 2009 11:22 a	StrongMan	Released	Lee Evans	BUF	WR	Owner
Sat., Dec 5 2009 11:22 a	StrongMan	Acquired	Kenny Britt	TEN	WR	Owner
Sat., Dec 5 2009 11:57 a	Chip Rack Champs	Released	Kevin Faulk	NWE	RB	Owner
Sat., Dec 5 2009 11:57 a	Chip Rack Champs	Placed on IR	Dan Carpenter	MIA	K	Owner
Sat., Dec 5 2009 11:57 a	Chip Rack Champs	Acquired	Fred Taylor	NWE	RB	Owner
Sun., Dec 6 2009 10:24 a	Raiders of the Lost Ark	Released	Matt Hasselbeck	SEA	QB	Owner
Sun., Dec 6 2009 10:24 a	Raiders of the Lost Ark	Acquired	Chris Jennings	CLE	RB	Owner
Sun., Dec 6 2009 10:33 a	Tugboat Thunder	Released	Hakeem Nicks	NYG	WR	Commissioner
Sun., Dec 6 2009 10:33 a	Tugboat Thunder	Acquired	Jason Snelling	ATL	RB	Commissioner
Sun., Dec 6 2009 10:40 a	Raiders of the Lost Ark	Released	Joe Flacco	BAL	QB	Owner
Sun., Dec 6 2009 10:40 a	Raiders of the Lost Ark	Acquired	Kyle Orton	DEN	QB	Owner
Sun., Dec 6 2009 12:08 p	Beach Ball-Busters	Released	Ladell Betts	WAS	RB	Owner
Sun., Dec 6 2009 12:08 p	Beach Ball-Busters	Acquired	Chad Simpson	IND	RB	Owner
Sun., Dec 6 2009 12:52 p	North Dallas Forty	Released	Bernard Scott	CIN	RB	Owner
Sun., Dec 6 2009 12:53 p	North Dallas Forty	Taken off IR	Jonathan Stewart	CAR	RB	Owner
Sun., Dec 6 2009 12:57 p	The Lynch Mobb	Released	Carnell Williams	TAM	RB	Owner
Sun., Dec 6 2009 12:57 p	The Lynch Mobb	Acquired	Jason Avant	PHI	WR	Owner

Week 14

Tue., Dec 8 2009 2:03 p	StrongMan	Taken off IR	Darren McFadden	OAK	RB	Owner
Tue., Dec 8 2009 2:03 p	StrongMan	Placed on IR	Donald Brown	IND	RB	Owner
Wed., Dec 9 2009 9:13 a	Tugboat Thunder	Taken off IR	Shonn Greene	NYJ	RB	Commissioner
Wed., Dec 9 2009 9:13 a	Tugboat Thunder	Released	Clinton Portis	WAS	RB	Commissioner
Wed., Dec 9 2009 9:13 a	Tugboat Thunder	Placed on IR	Brian Westbrook	PHI	RB	Commissioner
Wed., Dec 9 2009 9:14 a	Tugboat Thunder	Acquired	Carnell Williams	TAM	RB	Commissioner
Wed., Dec 9 2009 9:14 a	Tugboat Thunder	Released	Carnell Williams	TAM	RB	Commissioner
Wed., Dec 9 2009 8:08 p	StrongMan	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Wed., Dec 9 2009 8:08 p	StrongMan	Released	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed., Dec 9 2009 8:08 p	Chip Rack Champs	Acquired	Garrett Hartley	NOR	K	Waiver Wire
Wed., Dec 9 2009 8:08 p	Chip Rack Champs	Released	Shayne Graham	CIN	K	Waiver Wire
Wed., Dec 9 2009 8:08 p	Tugboat Thunder	Acquired	Carnell Williams	TAM	RB	Waiver Wire
Wed., Dec 9 2009 8:09 p	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed., Dec 9 2009 8:09 p	North Dallas Forty	Released	New York Jets	NYJ	Def/ST	Waiver Wire
Wed., Dec 9 2009 8:09 p	Raiders of the Lost Ark	Acquired	Jermichael Finley	GNB	TE	Waiver Wire
Wed., Dec 9 2009 8:09 p	Raiders of the Lost Ark	Released	Chris Jennings	CLE	RB	Waiver Wire
Thu., Dec 10 2009 11:24 a	Raiders of the Lost Ark	Released	Kyle Orton	DEN	QB	Owner
Thu., Dec 10 2009 11:24 a	Raiders of the Lost Ark	Acquired	Correll Buckhalter	DEN	RB	Owner
Thu., Dec 10 2009 1:31 p	North Dallas Forty	Released	Michael Bush	OAK	RB	Owner
Thu., Dec 10 2009 1:31 p	North Dallas Forty	Acquired	Justin Fargas	OAK	RB	Owner
Thu., Dec 10 2009 4:30 p	The Bone Crushers	Placed on IR	Michael Turner	ATL	RB	Owner
Thu., Dec 10 2009 4:30 p	The Bone Crushers	Taken off IR	Heath Miller	PIT	TE	Owner
Thu., Dec 10 2009 5:38 p	StrongMan	Released	Vince Young	TEN	QB	Owner
Thu., Dec 10 2009 5:38 p	StrongMan	Acquired	Ronnie Brown	MIA	RB	Owner
Thu., Dec 10 2009 5:39 p	StrongMan	Taken off IR	Donald Brown	IND	RB	Owner
Thu., Dec 10 2009 5:39 p	StrongMan	Placed on IR	Ronnie Brown	MIA	RB	Owner
Thu., Dec 10 2009 8:16 p	Chip Rack Champs	Released	Rock Cartwright	WAS	RB	Owner
Thu., Dec 10 2009 8:16 p	Chip Rack Champs	Acquired	Quinton Ganther	WAS	RB	Owner
Sat., Dec 12 2009 3:47 a	Chip Rack Champs	Released	Dan Carpenter	MIA	K	Owner
Sat., Dec 12 2009 3:47 a	Chip Rack Champs	Released	Jerious Norwood	ATL	RB	Owner
Sat., Dec 12 2009 3:47 a	Chip Rack Champs	Acquired	David Garrard	JAC	QB	Owner
Sat., Dec 12 2009 10:07 a	Purple Rain	Released	Benjamin Watson	NWE	TE	Owner
Sat., Dec 12 2009 10:08 a	Purple Rain	Placed on IR	Chris Chambers	KAN	WR	Owner
Sat., Dec 12 2009 10:10 a	Purple Rain	Acquired	Roy Williams	DAL	WR	Owner
Sat., Dec 12 2009 10:14 a	Purple Rain	Released	Chris Chambers	KAN	WR	Owner
Sat., Dec 12 2009 10:16 a	Purple Rain	Placed on IR	Bernard Berrian	MIN	WR	Owner
Sat., Dec 12 2009 10:16 a	Purple Rain	Acquired	Leonard Weaver	PHI	RB	Owner
Sat., Dec 12 2009 11:55 p	Raiders of the Lost Ark	Released	Neil Rackers	ARI	K	Owner
Sat., Dec 12 2009 11:55 p	Raiders of the Lost Ark	Acquired	Rob Bironas	TEN	K	Owner
Sun., Dec 13 2009 10:54 a	North Dallas Forty	Released	Dallas Cowboys	DAL	Def/ST	Owner



Sun., Dec 13 2009 10:54 a	North Dallas Forty	Acquired	New York Jets	NYJ	Def/ST	Owner
Sun., Dec 13 2009 11:46 a	North Dallas Forty	Released	Matt Cassel	KAN	QB	Owner
Sun., Dec 13 2009 11:46 a	North Dallas Forty	Acquired	Chad Henne	MIA	QB	Owner
Sun., Dec 13 2009 12:33 p	Beach Ball-Busters	Released	T.J. Houshmandzadeh	SEA	WR	Owner
Sun., Dec 13 2009 12:33 p	Beach Ball-Busters	Acquired	Antonio Bryant	TAM	WR	Owner

Playoff Week 1

Thu., Dec 17 2009 9:56 a	StrongMan	Released	Ronnie Brown	MIA	RB	Owner
Thu., Dec 17 2009 9:56 a	StrongMan	Placed on IR	Donald Brown	IND	RB	Owner
Thu., Dec 17 2009 9:56 a	StrongMan	Acquired	Vince Young	TEN	QB	Owner
Thu., Dec 17 2009 3:18 p	Purple Rain	Released	Kevin Smith	DET	RB	Owner
Thu., Dec 17 2009 3:18 p	Purple Rain	Acquired	Benjamin Watson	NWE	TE	Owner
Thu., Dec 17 2009 3:27 p	Purple Rain	Released	Bernard Berrian	MIN	WR	Owner
Thu., Dec 17 2009 3:27 p	Purple Rain	Placed on IR	Santana Moss	WAS	WR	Owner
Thu., Dec 17 2009 3:27 p	Purple Rain	Acquired	Maurice Morris	DET	RB	Owner
Thu., Dec 17 2009 3:32 p	Purple Rain	Released	John Carney	NOR	K	Owner
Thu., Dec 17 2009 3:32 p	Purple Rain	Acquired	Rian Lindell	BUF	K	Owner
Thu., Dec 17 2009 4:28 p	Raiders of the Lost Ark	Released	Correll Buckhalter	DEN	RB	Owner
Thu., Dec 17 2009 4:28 p	Raiders of the Lost Ark	Acquired	Arian Foster	HOU	RB	Owner
Thu., Dec 17 2009 4:39 p	Raiders of the Lost Ark	Released	Braylon Edwards	NYJ	WR	Owner
Thu., Dec 17 2009 4:39 p	Raiders of the Lost Ark	Acquired	Hakeem Nicks	NYG	WR	Owner
Thu., Dec 17 2009 5:33 p	Chip Rack Champs	Released	Fred Taylor	NWE	RB	Owner
Thu., Dec 17 2009 5:33 p	Chip Rack Champs	Acquired	Chris Jennings	CLE	RB	Owner
Thu., Dec 17 2009 5:34 p	Chip Rack Champs	Placed on IR	New Orleans Saints	NOR	Def/ST	Owner
Thu., Dec 17 2009 5:34 p	Chip Rack Champs	Acquired	Houston Texans	HOU	Def/ST	Owner
Thu., Dec 17 2009 5:37 p	Chip Rack Champs	Released	David Garrard	JAC	QB	Owner
Thu., Dec 17 2009 5:37 p	Chip Rack Champs	Acquired	Jay Feely	NYJ	K	Owner
Thu., Dec 17 2009 5:52 p	Chip Rack Champs	Taken off IR	New Orleans Saints	NOR	Def/ST	Owner
Thu., Dec 17 2009 5:52 p	Chip Rack Champs	Placed on IR	Greg Olsen	CHI	TE	Owner
Fri., Dec 18 2009 5:19 a	Va.Beach G-Men	Released	Chris Brown	HOU	RB	Owner
Fri., Dec 18 2009 5:19 a	Va.Beach G-Men	Taken off IR	Julius Jones	SEA	RB	Owner
Fri., Dec 18 2009 11:57 a	Beach Ball-Busters	Released	Nick Folk	DAL	K	Owner
Fri., Dec 18 2009 11:57 a	Beach Ball-Busters	Placed on IR	Jerricho Cotchery	NYJ	WR	Owner
Fri., Dec 18 2009 11:57 a	Beach Ball-Busters	Taken off IR	Ahmad Bradshaw	NYG	RB	Owner
Fri., Dec 18 2009 11:57 a	Beach Ball-Busters	Acquired	Matt Prater	DEN	K	Owner
Sat., Dec 19 2009 2:06 p	North Dallas Forty	Released	Mason Crosby	GNB	K	Owner
Sat., Dec 19 2009 2:06 p	North Dallas Forty	Acquired	Neil Rackers	ARI	K	Owner
Sun., Dec 20 2009 11:51 a	North Dallas Forty	Released	Neil Rackers	ARI	K	Owner
Sun., Dec 20 2009 11:51 a	North Dallas Forty	Acquired	Kris Brown	HOU	K	Owner
Sun., Dec 20 2009 12:53 p	North Dallas Forty	Released	Kris Brown	HOU	K	Owner
Sun., Dec 20 2009 12:53 p	North Dallas Forty	Acquired	Shayne Graham	CIN	K	Owner

Playoff Week 2

Thu., Dec 24 2009 9:00 a	Raiders of the Lost Ark	Released	Arian Foster	HOU	RB	Owner
Thu., Dec 24 2009 9:00 a	Raiders of the Lost Ark	Acquired	Michael Bush	OAK	RB	Owner
Thu., Dec 24 2009 9:01 a	Raiders of the Lost Ark	Released	Marshawn Lynch	BUF	RB	Owner
Thu., Dec 24 2009 9:01 a	Raiders of the Lost Ark	Acquired	Josh Morgan	SFO	WR	Owner
Thu., Dec 24 2009 9:24 a	Raiders of the Lost Ark	Taken off IR	Dwayne Bowe	KAN	WR	Owner
Thu., Dec 24 2009 9:24 a	Raiders of the Lost Ark	Placed on IR	Philadelphia Eagles	PHI	Def/ST	Owner
Thu., Dec 24 2009 2:18 p	North Dallas Forty	Released	New York Jets	NYJ	Def/ST	Owner
Thu., Dec 24 2009 2:18 p	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Thu., Dec 24 2009 4:26 p	Chip Rack Champs	Released	Quinton Ganther	WAS	RB	Owner
Thu., Dec 24 2009 4:26 p	Chip Rack Champs	Released	Houston Texans	HOU	Def/ST	Owner
Thu., Dec 24 2009 4:26 p	Chip Rack Champs	Released	Jay Feely	NYJ	K	Owner
Thu., Dec 24 2009 4:26 p	Chip Rack Champs	Acquired	David Garrard	JAC	QB	Owner
Thu., Dec 24 2009 4:26 p	Chip Rack Champs	Acquired	Joe Flacco	BAL	QB	Owner
Thu., Dec 24 2009 4:29 p	Chip Rack Champs	Released	Chris Jennings	CLE	RB	Owner
Thu., Dec 24 2009 4:29 p	Chip Rack Champs	Acquired	Quinton Ganther	WAS	RB	Owner
Sun., Dec 27 2009 11:35 a	Chip Rack Champs	Acquired	New York Giants	NYG	Def/ST	Owner
Sun., Dec 27 2009 12:59 p	North Dallas Forty	Released	Shayne Graham	CIN	K	Owner
Sun., Dec 27 2009 12:59 p	North Dallas Forty	Acquired	Kris Brown	HOU	K	Owner



Playoff Week 3

Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	Philip Rivers	SDG	QB	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	New York Giants	NYG	Def/ST	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	New Orleans Saints	NOR	Def/ST	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	Garrett Hartley	NOR	K	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	Vincent Jackson	SDG	WR	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	Quinton Ganther	WAS	RB	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Released	David Garrard	JAC	QB	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	New York Jets	NYJ	Def/ST	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	Muhsin Muhammad	CAR	WR	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	T.J. Houshmandzadeh	SEA	WR	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	Fred Taylor	NWE	RB	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	Devin Aromashodu	CHI	WR	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	Mohamed Massaquoi	CLE	WR	Owner
Thu., Dec 31 2009 3:57 p	Chip Rack Champs	Acquired	Mason Crosby	GNB	K	Owner
Thu., Dec 31 2009 4:20 p	Chip Rack Champs	Released	T.J. Houshmandzadeh	SEA	WR	Owner
Thu., Dec 31 2009 4:20 p	Chip Rack Champs	Released	Fred Taylor	NWE	RB	Owner
Thu., Dec 31 2009 4:20 p	Chip Rack Champs	Acquired	Kyle Orton	DEN	QB	Owner
Thu., Dec 31 2009 4:20 p	Chip Rack Champs	Acquired	Arian Foster	HOU	RB	Owner
Thu., Dec 31 2009 6:25 p	North Dallas Forty	Released	Justin Fargas	OAK	RB	Owner
Thu., Dec 31 2009 6:25 p	North Dallas Forty	Acquired	Quinton Ganther	WAS	RB	Owner
Sat., Jan 2 2010 3:10 a	Chip Rack Champs	Taken off IR	Greg Olsen	CHI	TE	Owner
Sat., Jan 2 2010 3:10 a	Chip Rack Champs	Placed on IR	Ricky Williams	MIA	RB	Owner
Sun., Jan 3 2010 4:31 a	Chip Rack Champs	Released	New York Jets	NYJ	Def/ST	Owner
Sun., Jan 3 2010 4:31 a	Chip Rack Champs	Released	Muhsin Muhammad	CAR	WR	Owner
Sun., Jan 3 2010 4:31 a	Chip Rack Champs	Acquired	Chicago Bears	CHI	Def/ST	Owner
Sun., Jan 3 2010 4:31 a	Chip Rack Champs	Acquired	Lex Hilliard	MIA	RB	Owner
Sun., Jan 3 2010 5:12 a	Chip Rack Champs	Released	Mason Crosby	GNB	K	Owner
Sun., Jan 3 2010 5:12 a	Chip Rack Champs	Released	Chicago Bears	CHI	Def/ST	Owner
Sun., Jan 3 2010 5:12 a	Chip Rack Champs	Acquired	New York Jets	NYJ	Def/ST	Owner
Sun., Jan 3 2010 5:12 a	Chip Rack Champs	Acquired	Robbie Gould	CHI	K	Owner
Sun., Jan 3 2010 7:26 a	Chip Rack Champs	Released	Kyle Orton	DEN	QB	Owner
Sun., Jan 3 2010 7:26 a	Chip Rack Champs	Taken off IR	Ricky Williams	MIA	RB	Owner
Sun., Jan 3 2010 12:07 p	Beach Ball-Busters	Taken off IR	Jerricho Cotchery	NYJ	WR	Owner
Sun., Jan 3 2010 12:07 p	Beach Ball-Busters	Placed on IR	Steve Smith	CAR	WR	Owner

Offseason