



Week 1

| | | | | | | |
|---------------------------|------------------|----------|----------------------|-----|--------|--------------|
| Sat., Sep 5 2009 11:19 a | Munoz | Acquired | Kevin Walter | HOU | WR | Commissioner |
| Sat., Sep 5 2009 11:23 a | Explicit Content | Acquired | Carolina Panthers | CAR | Def/ST | Commissioner |
| Sat., Sep 5 2009 11:40 a | Explicit Content | Released | Carolina Panthers | CAR | Def/ST | Commissioner |
| Thu., Sep 10 2009 9:00 a | Run this Town | Released | Rashard Mendenhall | PIT | RB | Commissioner |
| Thu., Sep 10 2009 9:00 a | Run this Town | Released | Julius Jones | SEA | RB | Commissioner |
| Thu., Sep 10 2009 9:00 a | Run this Town | Acquired | Carnell Williams | TAM | RB | Commissioner |
| Thu., Sep 10 2009 9:00 a | Run this Town | Acquired | Knowshon Moreno | DEN | RB | Commissioner |
| Thu., Sep 10 2009 9:01 a | Run this Town | Released | Laveranues Coles | CIN | WR | Owner |
| Thu., Sep 10 2009 9:02 a | Odubb | Acquired | Chester Taylor | MIN | RB | Owner |
| Thu., Sep 10 2009 9:02 a | Run this Town | Acquired | Chris Henry | CIN | WR | Owner |
| Thu., Sep 10 2009 9:03 a | Run this Town | Acquired | Vernon Davis | SFO | TE | Owner |
| Thu., Sep 10 2009 9:04 a | Odubb | Released | Green Bay Packers | GNB | Def/ST | Owner |
| Thu., Sep 10 2009 9:04 a | Odubb | Acquired | Earnest Graham | TAM | RB | Owner |
| Thu., Sep 10 2009 9:05 a | Wan | Acquired | Bo Scaife | TEN | TE | Owner |
| Thu., Sep 10 2009 9:35 a | Odubb | Released | Michael Vick | PHI | QB | Owner |
| Thu., Sep 10 2009 9:35 a | Odubb | Acquired | Kerry Collins | TEN | QB | Owner |
| Thu., Sep 10 2009 10:00 a | A Star Is Born | Released | Justin Gage | TEN | WR | Owner |
| Thu., Sep 10 2009 10:00 a | A Star Is Born | Acquired | Patrick Crayton | DAL | WR | Owner |
| Thu., Sep 10 2009 10:24 a | AL | Released | Willis McGahee | BAL | RB | Owner |
| Thu., Sep 10 2009 10:24 a | AL | Acquired | Le'Ron McClain | BAL | RB | Owner |
| Thu., Sep 10 2009 1:04 p | BLITZ TOWN!! | Released | Eli Manning | NYG | QB | Owner |
| Thu., Sep 10 2009 1:04 p | BLITZ TOWN!! | Acquired | Matt Prater | DEN | K | Owner |
| Thu., Sep 10 2009 1:04 p | BLITZ TOWN!! | Acquired | New England Patriots | NWE | Def/ST | Owner |
| Thu., Sep 10 2009 1:06 p | Darkness Bruvas | Acquired | Benjamin Watson | NWE | TE | Owner |
| Thu., Sep 10 2009 1:31 p | Explicit Content | Acquired | Chris Baker | NWE | TE | Owner |
| Thu., Sep 10 2009 6:08 p | Da' Ass Whippaz | Acquired | Arizona Cardinals | ARI | Def/ST | Owner |

Week 2

| | | | | | | |
|---------------------------|--------------------------|----------|----------------------|-----|--------|-------------|
| Wed., Sep 16 2009 10:10 p | Gettin ready to beat WAN | Acquired | Justin Gage | TEN | WR | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Gettin ready to beat WAN | Released | Steve Breaston | ARI | WR | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Munoz | Acquired | Nate Burleson | SEA | WR | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Munoz | Released | Visanthe Shiancoe | MIN | TE | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Explicit Content | Acquired | Todd Heap | BAL | TE | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Explicit Content | Released | Chris Baker | NWE | TE | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Run this Town | Acquired | Julius Jones | SEA | RB | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | Run this Town | Released | Correll Buckhalter | DEN | RB | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | AL | Acquired | Eli Manning | NYG | QB | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | BACK2BASICS!!! | Acquired | Willis McGahee | BAL | RB | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | BLITZ TOWN!! | Acquired | Green Bay Packers | GNB | Def/ST | Waiver Wire |
| Wed., Sep 16 2009 10:10 p | BLITZ TOWN!! | Released | New England Patriots | NWE | Def/ST | Waiver Wire |
| Thu., Sep 17 2009 8:53 a | Run this Town | Released | Chris Henry | CIN | WR | Owner |
| Thu., Sep 17 2009 9:01 a | Run this Town | Acquired | Antwaan Randle El | WAS | WR | Owner |
| Thu., Sep 17 2009 9:01 a | Odubb | Released | Earnest Graham | TAM | RB | Owner |
| Thu., Sep 17 2009 9:01 a | Odubb | Acquired | Kevin Faulk | NWE | RB | Owner |
| Thu., Sep 17 2009 9:32 a | Odubb | Released | Adam Vinatieri | IND | K | Owner |
| Thu., Sep 17 2009 9:32 a | Odubb | Acquired | Nick Folk | DAL | K | Owner |
| Thu., Sep 17 2009 9:33 a | Odubb | Released | Nick Folk | DAL | K | Owner |
| Thu., Sep 17 2009 9:33 a | Odubb | Acquired | Lawrence Tynes | NYG | K | Owner |
| Thu., Sep 17 2009 9:41 a | Da' Ass Whippaz | Released | Arizona Cardinals | ARI | Def/ST | Owner |
| Thu., Sep 17 2009 9:41 a | Da' Ass Whippaz | Acquired | Mark Clayton | BAL | WR | Owner |
| Thu., Sep 17 2009 9:43 a | Da' Ass Whippaz | Released | Indianapolis Colts | IND | Def/ST | Owner |
| Thu., Sep 17 2009 9:43 a | Da' Ass Whippaz | Acquired | Denver Broncos | DEN | Def/ST | Owner |
| Thu., Sep 17 2009 11:07 a | A Star Is Born | Released | Lance Moore | NOR | WR | Owner |
| Thu., Sep 17 2009 11:07 a | A Star Is Born | Acquired | Chansi Stuckey | CLE | WR | Owner |
| Thu., Sep 17 2009 11:09 a | Gettin ready to beat WAN | Released | Miami Dolphins | MIA | Def/ST | Owner |
| Thu., Sep 17 2009 11:09 a | Gettin ready to beat WAN | Acquired | Robert Royal | CLE | TE | Owner |
| Thu., Sep 17 2009 2:02 p | AL | Released | Le'Ron McClain | BAL | RB | Owner |
| Thu., Sep 17 2009 2:02 p | AL | Acquired | Mike Bell | NOR | RB | Owner |
| Fri., Sep 18 2009 12:36 p | A Star Is Born | Acquired | Nick Folk | DAL | K | Owner |
| Fri., Sep 18 2009 9:30 p | Gettin ready to beat WAN | Released | Bernard Berrian | MIN | WR | Owner |
| Fri., Sep 18 2009 9:30 p | Gettin ready to beat WAN | Acquired | Michael Clayton | TAM | WR | Owner |



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|--------------------------|---------------|----------|--------------|-----|----|-------|
| Sat., Sep 19 2009 8:17 p | Run this Town | Released | Donnie Avery | STL | WR | Owner |
| Sat., Sep 19 2009 8:17 p | Run this Town | Acquired | Louis Murphy | OAK | WR | Owner |

Week 3

| | | | | | | |
|---------------------------|--------------------------|----------|----------------------|-----|--------|--------------|
| Wed., Sep 23 2009 10:10 p | Gettin ready to beat WAN | Acquired | Mario Manningham | NYG | WR | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Gettin ready to beat WAN | Released | Michael Clayton | TAM | WR | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Da' Ass Whippaz | Acquired | Oakland Raiders | OAK | Def/ST | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Da' Ass Whippaz | Released | Denver Broncos | DEN | Def/ST | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Run this Town | Acquired | Laurent Robinson | STL | WR | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Run this Town | Released | Antwaan Randle El | WAS | WR | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Run this Town | Acquired | Derek Schouman | BUF | TE | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | Run this Town | Released | Vernon Davis | SFO | TE | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | AL | Acquired | Donald Brown | IND | RB | Waiver Wire |
| Wed., Sep 23 2009 10:10 p | AL | Released | Derrick Ward | TAM | RB | Waiver Wire |
| Thu., Sep 24 2009 9:43 a | Run this Town | Released | Derek Schouman | BUF | TE | Owner |
| Thu., Sep 24 2009 9:43 a | Run this Town | Acquired | Derek Fine | BUF | TE | Owner |
| Thu., Sep 24 2009 6:39 p | Darkness Bruvas | Released | Marc Bulger | STL | QB | Owner |
| Thu., Sep 24 2009 6:39 p | Darkness Bruvas | Acquired | Kyle Orton | DEN | QB | Owner |
| Thu., Sep 24 2009 6:41 p | Darkness Bruvas | Released | Chris Wells | ARI | RB | Owner |
| Thu., Sep 24 2009 6:41 p | Darkness Bruvas | Acquired | Buffalo Bills | BUF | Def/ST | Owner |
| Thu., Sep 24 2009 10:50 p | Munoz | Released | Eddie Royal | DEN | WR | Commissioner |
| Thu., Sep 24 2009 10:50 p | Munoz | Released | Kevin Walter | HOU | WR | Commissioner |
| Thu., Sep 24 2009 10:50 p | Munoz | Acquired | Johnny Knox | CHI | WR | Commissioner |
| Thu., Sep 24 2009 10:50 p | Munoz | Acquired | Brandon Stokley | DEN | WR | Commissioner |
| Thu., Sep 24 2009 10:56 p | Munoz | Released | Tampa Bay Buccaneers | TAM | Def/ST | Commissioner |
| Thu., Sep 24 2009 10:56 p | Munoz | Acquired | Houston Texans | HOU | Def/ST | Commissioner |
| Fri., Sep 25 2009 12:26 a | Da' Ass Whippaz | Released | Oakland Raiders | OAK | Def/ST | Owner |
| Fri., Sep 25 2009 12:26 a | Da' Ass Whippaz | Acquired | Denver Broncos | DEN | Def/ST | Owner |
| Fri., Sep 25 2009 11:23 a | Odubb | Released | Jake Delhomme | CAR | QB | Owner |
| Fri., Sep 25 2009 11:23 a | Odubb | Acquired | Kelley Washington | BAL | WR | Owner |
| Fri., Sep 25 2009 4:04 p | AL | Released | Mike Bell | NOR | RB | Owner |
| Fri., Sep 25 2009 4:04 p | AL | Acquired | Derrick Ward | TAM | RB | Owner |
| Fri., Sep 25 2009 11:48 p | Da' Ass Whippaz | Released | Jamal Lewis | CLE | RB | Owner |
| Fri., Sep 25 2009 11:48 p | Da' Ass Whippaz | Acquired | Correll Buckhalter | DEN | RB | Owner |
| Sat., Sep 26 2009 11:04 a | Da' Ass Whippaz | Released | Mark Clayton | BAL | WR | Owner |
| Sat., Sep 26 2009 11:04 a | Da' Ass Whippaz | Acquired | Mike Sims-Walker | JAC | WR | Owner |
| Sun., Sep 27 2009 9:04 a | Odubb | Released | Kevin Boss | NYG | TE | Owner |
| Sun., Sep 27 2009 9:04 a | Odubb | Released | Chester Taylor | MIN | RB | Owner |
| Sun., Sep 27 2009 9:04 a | Odubb | Acquired | Mike Bell | NOR | RB | Owner |
| Sun., Sep 27 2009 9:05 a | Odubb | Released | Mike Bell | NOR | RB | Owner |

Week 4

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|---------------------------|--------------------------|----------|--------------------|-----|--------|-------------|
| Tue., Sep 29 2009 7:16 p | BLITZ TOWN!! | Released | Anthony Fasano | MIA | TE | Owner |
| Tue., Sep 29 2009 7:34 p | BACK2BASICS!!! | Released | Chad Pennington | MIA | QB | Owner |
| Wed., Sep 30 2009 10:11 p | Odubb | Acquired | Chester Taylor | MIN | RB | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | BACK2BASICS!!! | Acquired | Shaun Hill | SFO | QB | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Run this Town | Acquired | Vernon Davis | SFO | TE | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Run this Town | Released | Derek Fine | BUF | TE | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Gettin ready to beat WAN | Acquired | Tashard Choice | DAL | RB | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Darkness Bruvas | Acquired | Glen Coffee | SFO | RB | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Darkness Bruvas | Released | Kyle Orton | DEN | QB | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Munoz | Acquired | Kevin Walter | HOU | WR | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Munoz | Released | Brandon Stokley | DEN | WR | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Explicit Content | Acquired | Jason Hanson | DET | K | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Explicit Content | Released | Kris Brown | HOU | K | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | A Star Is Born | Acquired | Cincinnati Bengals | CIN | Def/ST | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | A Star Is Born | Released | Nick Folk | DAL | K | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Run this Town | Released | Louis Murphy | OAK | WR | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Run this Town | Acquired | Pierre Garcon | IND | WR | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Munoz | Acquired | Joe Nedney | SFO | K | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Munoz | Released | Neil Rackers | ARI | K | Waiver Wire |
| Wed., Sep 30 2009 10:11 p | Odubb | Acquired | New Orleans Saints | NOR | Def/ST | Waiver Wire |



All day trash talking

| | | | | | | |
|--------------------------|-----------------|----------|---------------------|-----|--------|-------|
| Thu., Oct 1 2009 9:01 a | Wan | Released | Laurence Maroney | NWE | RB | Owner |
| Thu., Oct 1 2009 9:01 a | Wan | Acquired | Fred Taylor | NWE | RB | Owner |
| Thu., Oct 1 2009 9:08 a | Odubb | Released | New Orleans Saints | NOR | Def/ST | Owner |
| Thu., Oct 1 2009 9:08 a | Odubb | Acquired | Derek Anderson | CLE | QB | Owner |
| Thu., Oct 1 2009 9:49 a | Run this Town | Released | Laurent Robinson | STL | WR | Owner |
| Thu., Oct 1 2009 9:49 a | Run this Town | Acquired | Donnie Avery | STL | WR | Owner |
| Thu., Oct 1 2009 9:50 a | Run this Town | Released | Donnie Avery | STL | WR | Owner |
| Thu., Oct 1 2009 9:50 a | Run this Town | Acquired | Mike Wallace | PIT | WR | Owner |
| Thu., Oct 1 2009 10:31 a | A Star Is Born | Released | Trent Edwards | BUF | QB | Owner |
| Thu., Oct 1 2009 10:31 a | A Star Is Born | Acquired | Visanthe Shiancoe | MIN | TE | Owner |
| Thu., Oct 1 2009 10:35 a | A Star Is Born | Released | Leon Washington | NYJ | RB | Owner |
| Thu., Oct 1 2009 10:35 a | A Star Is Born | Acquired | Ricky Williams | MIA | RB | Owner |
| Thu., Oct 1 2009 10:46 a | A Star Is Born | Released | Visanthe Shiancoe | MIN | TE | Owner |
| Thu., Oct 1 2009 10:46 a | A Star Is Born | Acquired | Kevin Boss | NYG | TE | Owner |
| Thu., Oct 1 2009 10:49 a | Da' Ass Whippaz | Released | Ted Ginn Jr. | MIA | WR | Owner |
| Thu., Oct 1 2009 10:49 a | Da' Ass Whippaz | Acquired | Jay Feely | NYJ | K | Owner |
| Thu., Oct 1 2009 10:52 a | A Star Is Born | Released | Chansi Stuckey | CLE | WR | Owner |
| Thu., Oct 1 2009 10:52 a | A Star Is Born | Acquired | Earl Bennett | CHI | WR | Owner |
| Thu., Oct 1 2009 11:19 a | Da' Ass Whippaz | Released | David Akers | PHI | K | Owner |
| Thu., Oct 1 2009 11:19 a | Da' Ass Whippaz | Acquired | San Francisco 49ers | SFO | Def/ST | Owner |
| Thu., Oct 1 2009 5:29 p | AL | Released | Derrick Ward | TAM | RB | Owner |
| Thu., Oct 1 2009 9:56 p | BLITZ TOWN!! | Acquired | Dante Rosario | CAR | TE | Owner |
| Sat., Oct 3 2009 12:33 a | Run this Town | Released | Mike Wallace | PIT | WR | Owner |
| Sat., Oct 3 2009 12:33 a | Run this Town | Acquired | Ted Ginn Jr. | MIA | WR | Owner |
| Sat., Oct 3 2009 3:34 p | Da' Ass Whippaz | Released | Correll Buckhalter | DEN | RB | Owner |
| Sat., Oct 3 2009 3:35 p | Da' Ass Whippaz | Acquired | Rashard Mendenhall | PIT | RB | Owner |
| Sat., Oct 3 2009 9:37 p | A Star Is Born | Released | Ricky Williams | MIA | RB | Owner |
| Sat., Oct 3 2009 9:37 p | A Star Is Born | Acquired | Mewelde Moore | PIT | RB | Owner |
| Sat., Oct 3 2009 9:42 p | A Star Is Born | Released | Mewelde Moore | PIT | RB | Owner |
| Sat., Oct 3 2009 9:42 p | A Star Is Born | Acquired | Michael Bush | OAK | RB | Owner |
| Sat., Oct 3 2009 11:16 p | Run this Town | Released | Ted Ginn Jr. | MIA | WR | Owner |
| Sat., Oct 3 2009 11:17 p | Run this Town | Acquired | Brandon Stokley | DEN | WR | Owner |
| Sun., Oct 4 2009 10:32 a | AL | Acquired | Steven Hauschka | ATL | K | Owner |
| Sun., Oct 4 2009 10:33 a | AL | Released | Jason Elam | ATL | K | Owner |

Week 5

| | | | | | | |
|--------------------------|------------------|----------|---------------------|-----|--------|-------------|
| Tue., Oct 6 2009 3:04 p | AL | Released | Torry Holt | JAC | WR | Owner |
| Tue., Oct 6 2009 3:04 p | AL | Released | Felix Jones | DAL | RB | Owner |
| Tue., Oct 6 2009 10:07 p | Wan | Acquired | Jermichael Finley | GNB | TE | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Wan | Released | Bo Scaife | TEN | TE | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | A Star Is Born | Acquired | Jerome Harrison | CLE | RB | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | A Star Is Born | Released | Ahmad Bradshaw | NYG | RB | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Darkness Bruvas | Acquired | Ricky Williams | MIA | RB | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Darkness Bruvas | Released | Jonathan Stewart | CAR | RB | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | AL | Acquired | Indianapolis Colts | IND | Def/ST | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Explicit Content | Acquired | Bernard Berrian | MIN | WR | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Explicit Content | Released | Lee Evans | BUF | WR | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Run this Town | Acquired | Josh Scobee | JAC | K | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Run this Town | Released | Nate Kaeding | SDG | K | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Da' Ass Whippaz | Acquired | David Akers | PHI | K | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | Da' Ass Whippaz | Released | Jay Feely | NYJ | K | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | BLITZ TOWN!! | Acquired | Kyle Orton | DEN | QB | Waiver Wire |
| Tue., Oct 6 2009 10:07 p | BLITZ TOWN!! | Released | Matt Cassel | KAN | QB | Waiver Wire |
| Wed., Oct 7 2009 9:50 a | Da' Ass Whippaz | Released | San Francisco 49ers | SFO | Def/ST | Owner |
| Wed., Oct 7 2009 9:50 a | Da' Ass Whippaz | Acquired | Mohamed Massaquoi | CLE | WR | Owner |
| Wed., Oct 7 2009 10:00 a | AL | Acquired | Mark Clayton | BAL | WR | Owner |
| Wed., Oct 7 2009 10:05 a | AL | Acquired | LeSean McCoy | PHI | RB | Owner |
| Wed., Oct 7 2009 10:25 a | Explicit Content | Released | San Diego Chargers | SDG | Def/ST | Owner |
| Wed., Oct 7 2009 10:25 a | Explicit Content | Acquired | Dallas Cowboys | DAL | Def/ST | Owner |
| Wed., Oct 7 2009 10:31 a | Darkness Bruvas | Released | Buffalo Bills | BUF | Def/ST | Owner |
| Wed., Oct 7 2009 10:31 a | Darkness Bruvas | Acquired | Jake Delhomme | CAR | QB | Owner |
| Wed., Oct 7 2009 10:37 a | Darkness Bruvas | Released | Roy Williams | DAL | WR | Owner |



All day trash talking

| | | | | | | |
|--------------------------|------------------|----------|---------------------|-----|--------|--------------|
| Wed., Oct 7 2009 10:37 a | Darkness Bruvas | Acquired | Sidney Rice | MIN | WR | Owner |
| Wed., Oct 7 2009 10:44 a | Darkness Bruvas | Released | Jeremy Shockey | NOR | TE | Owner |
| Wed., Oct 7 2009 10:44 a | Darkness Bruvas | Acquired | Olindo Mare | SEA | K | Owner |
| Wed., Oct 7 2009 11:24 a | Explicit Content | Released | Tony Scheffler | DEN | TE | Commissioner |
| Wed., Oct 7 2009 11:24 a | Explicit Content | Acquired | Visanthe Shiancoe | MIN | TE | Commissioner |
| Wed., Oct 7 2009 12:06 p | A Star Is Born | Released | Earl Bennett | CHI | WR | Owner |
| Wed., Oct 7 2009 12:06 p | A Star Is Born | Acquired | Nate Washington | TEN | WR | Owner |
| Wed., Oct 7 2009 12:18 p | A Star Is Born | Released | Michael Bush | OAK | RB | Owner |
| Wed., Oct 7 2009 12:18 p | A Star Is Born | Acquired | Correll Buckhalter | DEN | RB | Owner |
| Wed., Oct 7 2009 12:20 p | A Star Is Born | Released | Cincinnati Bengals | CIN | Def/ST | Owner |
| Wed., Oct 7 2009 12:20 p | A Star Is Born | Acquired | Nick Folk | DAL | K | Owner |
| Wed., Oct 7 2009 12:21 p | BACK2BASICS!!! | Released | LenDale White | TEN | RB | Owner |
| Wed., Oct 7 2009 12:21 p | BACK2BASICS!!! | Released | Edgerrin James | SEA | RB | Owner |
| Wed., Oct 7 2009 12:21 p | BACK2BASICS!!! | Acquired | Leon Washington | NYJ | RB | Owner |
| Wed., Oct 7 2009 12:21 p | BACK2BASICS!!! | Acquired | Mike Bell | NOR | RB | Owner |
| Wed., Oct 7 2009 12:24 p | BACK2BASICS!!! | Released | Mike Bell | NOR | RB | Owner |
| Wed., Oct 7 2009 12:40 p | Run this Town | Released | Brandon Stokley | DEN | WR | Owner |
| Wed., Oct 7 2009 12:40 p | Run this Town | Acquired | Josh Morgan | SFO | WR | Owner |
| Wed., Oct 7 2009 1:28 p | BLITZ TOWN!! | Released | Dante Rosario | CAR | TE | Owner |
| Wed., Oct 7 2009 1:28 p | BLITZ TOWN!! | Acquired | Arizona Cardinals | ARI | Def/ST | Owner |
| Wed., Oct 7 2009 7:22 p | Explicit Content | Released | Jason Hanson | DET | K | Owner |
| Wed., Oct 7 2009 7:22 p | Explicit Content | Acquired | Kris Brown | HOU | K | Owner |
| Thu., Oct 8 2009 10:41 a | A Star Is Born | Released | Kevin Boss | NYG | TE | Owner |
| Thu., Oct 8 2009 10:41 a | A Star Is Born | Acquired | San Francisco 49ers | SFO | Def/ST | Owner |
| Thu., Oct 8 2009 4:28 p | Wan | Released | Fred Taylor | NWE | RB | Owner |
| Thu., Oct 8 2009 4:28 p | Wan | Acquired | Ahmad Bradshaw | NYG | RB | Owner |
| Thu., Oct 8 2009 10:26 p | Run this Town | Released | Josh Morgan | SFO | WR | Owner |
| Thu., Oct 8 2009 10:26 p | Run this Town | Acquired | Roy Williams | DAL | WR | Owner |
| Fri., Oct 9 2009 11:02 a | Odubb | Released | Tennessee Titans | TEN | Def/ST | Owner |
| Fri., Oct 9 2009 11:02 a | Odubb | Acquired | Buffalo Bills | BUF | Def/ST | Owner |
| Sat., Oct 10 2009 7:11 p | Da' Ass Whippaz | Released | Denver Broncos | DEN | Def/ST | Owner |
| Sat., Oct 10 2009 7:11 p | Da' Ass Whippaz | Acquired | Miami Dolphins | MIA | Def/ST | Owner |
| Mon., Oct 12 2009 1:03 p | A Star Is Born | Released | Fred Jackson | BUF | RB | Owner |
| Mon., Oct 12 2009 1:03 p | A Star Is Born | Acquired | Mike Bell | NOR | RB | Owner |

Week 6

| | | | | | | |
|---------------------------|------------------|----------|---------------------|-----|--------|-------------|
| Tue., Oct 13 2009 7:41 a | A Star Is Born | Released | San Francisco 49ers | SFO | Def/ST | Owner |
| Tue., Oct 13 2009 7:42 a | A Star Is Born | Released | Jerome Harrison | CLE | RB | Owner |
| Tue., Oct 13 2009 7:42 a | A Star Is Born | Released | Patrick Crayton | DAL | WR | Owner |
| Tue., Oct 13 2009 7:42 a | A Star Is Born | Released | Nick Folk | DAL | K | Owner |
| Tue., Oct 13 2009 10:07 p | A Star Is Born | Acquired | Miles Austin | DAL | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Run this Town | Acquired | Mike Wallace | PIT | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Run this Town | Released | Pierre Garcon | IND | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Munoz | Acquired | Steve Breaston | ARI | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Munoz | Released | Johnny Knox | CHI | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Da' Ass Whippaz | Acquired | Jeremy Maclin | PHI | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Da' Ass Whippaz | Released | Mohamed Massaquoi | CLE | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Explicit Content | Acquired | Michael Crabtree | SFO | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Explicit Content | Released | Bernard Berrian | MIN | WR | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Odubb | Acquired | New Orleans Saints | NOR | Def/ST | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | Odubb | Released | Buffalo Bills | BUF | Def/ST | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | BLITZ TOWN!! | Acquired | Tony Scheffler | DEN | TE | Waiver Wire |
| Tue., Oct 13 2009 10:07 p | BLITZ TOWN!! | Released | Arizona Cardinals | ARI | Def/ST | Waiver Wire |
| Tue., Oct 13 2009 11:04 p | A Star Is Born | Released | Nate Washington | TEN | WR | Owner |
| Wed., Oct 14 2009 9:00 a | A Star Is Born | Acquired | Matt Cassel | KAN | QB | Owner |
| Wed., Oct 14 2009 9:00 a | A Star Is Born | Acquired | Jonathan Stewart | CAR | RB | Owner |
| Wed., Oct 14 2009 9:01 a | A Star Is Born | Released | Correll Buckhalter | DEN | RB | Owner |
| Wed., Oct 14 2009 9:01 a | A Star Is Born | Acquired | Jamal Lewis | CLE | RB | Owner |
| Wed., Oct 14 2009 9:01 a | A Star Is Born | Acquired | Donnie Avery | STL | WR | Owner |
| Wed., Oct 14 2009 9:10 a | A Star Is Born | Released | John Carney | NOR | K | Owner |
| Wed., Oct 14 2009 9:10 a | A Star Is Born | Acquired | Nate Kaeding | SDG | K | Owner |
| Wed., Oct 14 2009 9:16 a | Explicit Content | Released | Dallas Cowboys | DAL | Def/ST | Owner |



All day trash talking

| | | | | | | |
|---------------------------|------------------|----------|----------------------|-----|--------|-------|
| Wed., Oct 14 2009 9:16 a | Explicit Content | Acquired | San Diego Chargers | SDG | Def/ST | Owner |
| Wed., Oct 14 2009 9:21 a | Da' Ass Whippaz | Released | Miami Dolphins | MIA | Def/ST | Owner |
| Wed., Oct 14 2009 9:21 a | Da' Ass Whippaz | Acquired | Cincinnati Bengals | CIN | Def/ST | Owner |
| Wed., Oct 14 2009 9:29 a | Da' Ass Whippaz | Released | David Akers | PHI | K | Owner |
| Wed., Oct 14 2009 9:29 a | Da' Ass Whippaz | Acquired | Mason Crosby | GNB | K | Owner |
| Wed., Oct 14 2009 11:36 a | Run this Town | Released | Josh Scobee | JAC | K | Owner |
| Wed., Oct 14 2009 11:36 a | Run this Town | Acquired | Jeff Reed | PIT | K | Owner |
| Thu., Oct 15 2009 2:13 p | Darkness Bruvas | Released | Glen Coffee | SFO | RB | Owner |
| Thu., Oct 15 2009 2:13 p | Darkness Bruvas | Acquired | Sammy Morris | NWE | RB | Owner |
| Thu., Oct 15 2009 7:20 p | Da' Ass Whippaz | Released | Mason Crosby | GNB | K | Owner |
| Thu., Oct 15 2009 7:20 p | Da' Ass Whippaz | Acquired | John Carney | NOR | K | Owner |
| Fri., Oct 16 2009 1:13 p | Odubb | Released | Michael Jenkins | ATL | WR | Owner |
| Fri., Oct 16 2009 1:13 p | Odubb | Acquired | Bernard Berrian | MIN | WR | Owner |
| Sat., Oct 17 2009 7:54 p | Da' Ass Whippaz | Released | Cincinnati Bengals | CIN | Def/ST | Owner |
| Sat., Oct 17 2009 7:54 p | Da' Ass Whippaz | Acquired | Jacksonville Jaguars | JAC | Def/ST | Owner |
| Sat., Oct 17 2009 10:25 p | AL | Released | Indianapolis Colts | IND | Def/ST | Owner |
| Sat., Oct 17 2009 10:27 p | AL | Released | LeSean McCoy | PHI | RB | Owner |
| Sat., Oct 17 2009 10:27 p | AL | Acquired | Correll Buckhalter | DEN | RB | Owner |
| Sun., Oct 18 2009 12:36 a | A Star Is Born | Acquired | Marc Bulger | STL | QB | Owner |
| Sun., Oct 18 2009 10:08 a | AL | Acquired | Jerome Harrison | CLE | RB | Owner |
| Sun., Oct 18 2009 10:10 a | AL | Released | Jerome Harrison | CLE | RB | Owner |
| Sun., Oct 18 2009 10:11 a | AL | Acquired | Michael Bush | OAK | RB | Owner |

Week 7

| | | | | | | |
|---------------------------|--------------------------|----------|----------------------|-----|--------|-------------|
| Tue., Oct 20 2009 7:51 a | A Star Is Born | Released | Matt Cassel | KAN | QB | Owner |
| Tue., Oct 20 2009 10:07 p | Darkness Bruvas | Released | Sammy Morris | NWE | RB | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Wan | Acquired | New England Patriots | NWE | Def/ST | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Wan | Released | Dustin Keller | NYJ | TE | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | A Star Is Born | Acquired | Lance Moore | NOR | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | A Star Is Born | Released | Terrell Owens | BUF | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Darkness Bruvas | Acquired | Laurence Maroney | NWE | RB | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Gettin ready to beat WAN | Acquired | Fred Jackson | BUF | RB | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Gettin ready to beat WAN | Released | Tashard Choice | DAL | RB | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Run this Town | Acquired | Torry Holt | JAC | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Run this Town | Released | Mike Wallace | PIT | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Da' Ass Whippaz | Acquired | Johnny Knox | CHI | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | Da' Ass Whippaz | Released | Jeremy Maclin | PHI | WR | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | BLITZ TOWN!! | Acquired | Mason Crosby | GNB | K | Waiver Wire |
| Tue., Oct 20 2009 10:07 p | BLITZ TOWN!! | Released | Matt Prater | DEN | K | Waiver Wire |
| Tue., Oct 20 2009 11:47 p | A Star Is Born | Released | Marc Bulger | STL | QB | Owner |
| Wed., Oct 21 2009 9:02 a | Da' Ass Whippaz | Released | Jacksonville Jaguars | JAC | Def/ST | Owner |
| Wed., Oct 21 2009 9:02 a | Da' Ass Whippaz | Acquired | Denver Broncos | DEN | Def/ST | Owner |
| Wed., Oct 21 2009 9:02 a | Da' Ass Whippaz | Released | Mark Sanchez | NYJ | QB | Owner |
| Wed., Oct 21 2009 9:02 a | Da' Ass Whippaz | Acquired | Indianapolis Colts | IND | Def/ST | Owner |
| Wed., Oct 21 2009 9:06 a | BLITZ TOWN!! | Released | Tony Scheffler | DEN | TE | Owner |
| Wed., Oct 21 2009 9:06 a | BLITZ TOWN!! | Acquired | Matt Cassel | KAN | QB | Owner |
| Wed., Oct 21 2009 9:09 a | A Star Is Born | Released | Donnie Avery | STL | WR | Owner |
| Wed., Oct 21 2009 9:09 a | A Star Is Born | Acquired | Austin Collie | IND | WR | Owner |
| Wed., Oct 21 2009 9:16 a | A Star Is Born | Released | Baltimore Ravens | BAL | Def/ST | Owner |
| Wed., Oct 21 2009 9:16 a | A Star Is Born | Acquired | Cleveland Browns | CLE | Def/ST | Owner |
| Wed., Oct 21 2009 9:17 a | A Star Is Born | Released | Jamal Lewis | CLE | RB | Owner |
| Wed., Oct 21 2009 9:17 a | A Star Is Born | Acquired | Glen Coffee | SFO | RB | Owner |
| Wed., Oct 21 2009 11:11 a | Darkness Bruvas | Released | Jake Delhomme | CAR | QB | Owner |
| Wed., Oct 21 2009 11:11 a | Darkness Bruvas | Acquired | Robbie Gould | CHI | K | Owner |
| Wed., Oct 21 2009 11:26 a | Darkness Bruvas | Released | Devery Henderson | NOR | WR | Owner |
| Wed., Oct 21 2009 11:26 a | Darkness Bruvas | Acquired | Andre Caldwell | CIN | WR | Owner |
| Wed., Oct 21 2009 11:40 a | Munoz | Released | Darren McFadden | OAK | RB | Owner |
| Wed., Oct 21 2009 11:40 a | Munoz | Released | Jason Hanson | DET | K | Owner |
| Wed., Oct 21 2009 11:40 a | Munoz | Acquired | Jay Feely | NYJ | K | Owner |
| Wed., Oct 21 2009 11:40 a | Munoz | Acquired | Justin Fargas | OAK | RB | Owner |
| Wed., Oct 21 2009 4:44 p | Gettin ready to beat WAN | Released | Justin Gage | TEN | WR | Owner |
| Wed., Oct 21 2009 4:44 p | Gettin ready to beat WAN | Acquired | Mohamed Massaquoi | CLE | WR | Owner |



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|---------------------------|--------------------------|----------|----------------------|-----|--------|-------|
| Wed., Oct 21 2009 11:58 p | AL | Released | Michael Bush | OAK | RB | Owner |
| Wed., Oct 21 2009 11:58 p | AL | Released | Mark Clayton | BAL | WR | Owner |
| Wed., Oct 21 2009 11:58 p | AL | Released | Steven Hauschka | ATL | K | Owner |
| Wed., Oct 21 2009 11:58 p | AL | Acquired | David Akers | PHI | K | Owner |
| Wed., Oct 21 2009 11:58 p | AL | Acquired | Pierre Garcon | IND | WR | Owner |
| Thu., Oct 22 2009 8:45 a | A Star Is Born | Released | Mike Bell | NOR | RB | Owner |
| Thu., Oct 22 2009 8:45 a | A Star Is Born | Acquired | Tashard Choice | DAL | RB | Owner |
| Fri., Oct 23 2009 1:00 p | Wan | Released | New England Patriots | NWE | Def/ST | Owner |
| Fri., Oct 23 2009 1:01 p | Wan | Acquired | Tony Scheffler | DEN | TE | Owner |
| Sat., Oct 24 2009 3:19 a | AL | Acquired | Mike Bell | NOR | RB | Owner |
| Sat., Oct 24 2009 12:04 p | Gettin ready to beat WAN | Released | Robert Royal | CLE | TE | Owner |
| Sat., Oct 24 2009 12:04 p | Gettin ready to beat WAN | Acquired | Ryan Succop | KAN | K | Owner |
| Sat., Oct 24 2009 12:10 p | Gettin ready to beat WAN | Released | Antonio Bryant | TAM | WR | Owner |
| Sat., Oct 24 2009 12:10 p | Gettin ready to beat WAN | Acquired | Mark Clayton | BAL | WR | Owner |
| Sat., Oct 24 2009 9:06 p | Run this Town | Released | Jeff Reed | PIT | K | Owner |
| Sat., Oct 24 2009 9:06 p | Run this Town | Acquired | Matt Stover | IND | K | Owner |
| Mon., Oct 26 2009 9:05 a | A Star Is Born | Released | Glen Coffee | SFO | RB | Owner |

Week 8

| | | | | | | |
|---------------------------|-----------------|----------|--------------------|-----|--------|-------------|
| Tue., Oct 27 2009 10:07 p | Munoz | Acquired | Hakeem Nicks | NYG | WR | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | Munoz | Released | Zach Miller | OAK | TE | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | A Star Is Born | Acquired | Shonn Greene | NYJ | RB | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | Da' Ass Whippaz | Acquired | Lee Evans | BUF | WR | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | Da' Ass Whippaz | Released | Jerricho Cotchery | NYJ | WR | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | Run this Town | Acquired | Mike Wallace | PIT | WR | Waiver Wire |
| Tue., Oct 27 2009 10:07 p | Run this Town | Released | Roy Williams | DAL | WR | Waiver Wire |
| Wed., Oct 28 2009 9:03 a | Darkness Bruvas | Released | Olindo Mare | SEA | K | Owner |
| Wed., Oct 28 2009 9:03 a | Darkness Bruvas | Acquired | Alex Smith | SFO | QB | Owner |
| Wed., Oct 28 2009 9:05 a | Darkness Bruvas | Released | Andre Caldwell | CIN | WR | Owner |
| Wed., Oct 28 2009 9:05 a | Darkness Bruvas | Acquired | Patrick Crayton | DAL | WR | Owner |
| Wed., Oct 28 2009 9:06 a | Da' Ass Whippaz | Released | Willie Parker | PIT | RB | Owner |
| Wed., Oct 28 2009 9:06 a | Da' Ass Whippaz | Acquired | Jamaal Charles | KAN | RB | Owner |
| Wed., Oct 28 2009 9:08 a | Da' Ass Whippaz | Released | Indianapolis Colts | IND | Def/ST | Owner |
| Wed., Oct 28 2009 9:08 a | Da' Ass Whippaz | Released | Jamaal Charles | KAN | RB | Owner |
| Wed., Oct 28 2009 9:08 a | Da' Ass Whippaz | Acquired | LeSean McCoy | PHI | RB | Owner |
| Wed., Oct 28 2009 9:08 a | Da' Ass Whippaz | Acquired | Arizona Cardinals | ARI | Def/ST | Owner |
| Wed., Oct 28 2009 9:27 a | A Star Is Born | Released | Cleveland Browns | CLE | Def/ST | Owner |
| Wed., Oct 28 2009 9:27 a | A Star Is Born | Acquired | Dallas Cowboys | DAL | Def/ST | Owner |
| Wed., Oct 28 2009 9:27 a | A Star Is Born | Acquired | Cincinnati Bengals | CIN | Def/ST | Owner |
| Wed., Oct 28 2009 9:28 a | A Star Is Born | Acquired | Nick Folk | DAL | K | Owner |
| Wed., Oct 28 2009 9:29 a | A Star Is Born | Released | Tashard Choice | DAL | RB | Owner |
| Wed., Oct 28 2009 9:29 a | A Star Is Born | Acquired | Chris Wells | ARI | RB | Owner |
| Wed., Oct 28 2009 9:32 a | A Star Is Born | Released | Austin Collie | IND | WR | Owner |
| Wed., Oct 28 2009 9:32 a | A Star Is Born | Acquired | Donnie Avery | STL | WR | Owner |
| Wed., Oct 28 2009 1:11 p | BLITZ TOWN!! | Released | Matt Cassel | KAN | QB | Owner |
| Wed., Oct 28 2009 1:11 p | BLITZ TOWN!! | Acquired | Matt Prater | DEN | K | Owner |
| Wed., Oct 28 2009 5:08 p | Da' Ass Whippaz | Released | Arizona Cardinals | ARI | Def/ST | Owner |
| Wed., Oct 28 2009 5:08 p | Da' Ass Whippaz | Acquired | Baltimore Ravens | BAL | Def/ST | Owner |
| Thu., Oct 29 2009 10:29 a | Da' Ass Whippaz | Released | LeSean McCoy | PHI | RB | Owner |
| Thu., Oct 29 2009 10:29 a | Da' Ass Whippaz | Acquired | Jamaal Charles | KAN | RB | Owner |
| Thu., Oct 29 2009 11:31 p | Run this Town | Released | New York Giants | NYG | Def/ST | Owner |
| Thu., Oct 29 2009 11:31 p | Run this Town | Acquired | Arizona Cardinals | ARI | Def/ST | Owner |
| Fri., Oct 30 2009 1:15 p | A Star Is Born | Released | Lance Moore | NOR | WR | Owner |
| Fri., Oct 30 2009 1:15 p | A Star Is Born | Acquired | Austin Collie | IND | WR | Owner |
| Sat., Oct 31 2009 8:40 p | BACK2BASICS!!! | Released | Leon Washington | NYJ | RB | Owner |
| Sat., Oct 31 2009 8:40 p | BACK2BASICS!!! | Acquired | Rian Lindell | BUF | K | Owner |
| Sat., Oct 31 2009 8:43 p | BACK2BASICS!!! | Released | Shaun Hill | SFO | QB | Owner |
| Sat., Oct 31 2009 8:43 p | BACK2BASICS!!! | Acquired | Indianapolis Colts | IND | Def/ST | Owner |
| Sat., Oct 31 2009 10:29 p | Odubb | Released | Derek Anderson | CLE | QB | Owner |
| Sat., Oct 31 2009 10:29 p | Odubb | Acquired | Dustin Keller | NYJ | TE | Owner |
| Sun., Nov 1 2009 1:48 a | Run this Town | Released | Mike Wallace | PIT | WR | Owner |
| Sun., Nov 1 2009 1:48 a | Run this Town | Acquired | Jerricho Cotchery | NYJ | WR | Owner |



All day trash talking

| | | | | | | |
|--------------------------|-----------------|----------|--------------|-----|---|-------|
| Sun., Nov 1 2009 12:59 p | Da' Ass Whippaz | Released | John Carney | NOR | K | Owner |
| Sun., Nov 1 2009 12:59 p | Da' Ass Whippaz | Acquired | Jason Hanson | DET | K | Owner |

Week 9

| | | | | | | |
|--------------------------|--------------------------|----------|----------------------|-----|--------|-------------|
| Tue., Nov 3 2009 7:34 a | A Star Is Born | Released | Shonn Greene | NYJ | RB | Owner |
| Tue., Nov 3 2009 7:34 a | A Star Is Born | Released | Donnie Avery | STL | WR | Owner |
| Tue., Nov 3 2009 1:08 p | BACK2BASICS!!! | Released | Rian Lindell | BUF | K | Owner |
| Tue., Nov 3 2009 10:07 p | A Star Is Born | Acquired | Ryan Moats | HOU | RB | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Da' Ass Whippaz | Acquired | Mike Wallace | PIT | WR | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Da' Ass Whippaz | Released | Lee Evans | BUF | WR | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | AL | Acquired | LeSean McCoy | PHI | RB | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | AL | Released | Donald Brown | IND | RB | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Wan | Acquired | Atlanta Falcons | ATL | Def/ST | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Wan | Released | Jason Campbell | WAS | QB | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Gettin ready to beat WAN | Acquired | Jeremy Maclin | PHI | WR | Waiver Wire |
| Tue., Nov 3 2009 10:07 p | Gettin ready to beat WAN | Released | Mark Clayton | BAL | WR | Waiver Wire |
| Wed., Nov 4 2009 9:01 a | Run this Town | Released | Torry Holt | JAC | WR | Owner |
| Wed., Nov 4 2009 9:01 a | Run this Town | Acquired | Malcom Floyd | SDG | WR | Owner |
| Wed., Nov 4 2009 9:02 a | Run this Town | Released | Arizona Cardinals | ARI | Def/ST | Owner |
| Wed., Nov 4 2009 9:02 a | Run this Town | Acquired | San Francisco 49ers | SFO | Def/ST | Owner |
| Wed., Nov 4 2009 9:05 a | Da' Ass Whippaz | Released | Johnny Knox | CHI | WR | Owner |
| Wed., Nov 4 2009 9:05 a | Da' Ass Whippaz | Acquired | Seattle Seahawks | SEA | Def/ST | Owner |
| Wed., Nov 4 2009 9:06 a | Da' Ass Whippaz | Released | Jason Hanson | DET | K | Owner |
| Wed., Nov 4 2009 9:06 a | Da' Ass Whippaz | Acquired | Steven Hauschka | ATL | K | Owner |
| Wed., Nov 4 2009 9:16 a | Gettin ready to beat WAN | Released | Owen Daniels | HOU | TE | Owner |
| Wed., Nov 4 2009 9:16 a | Gettin ready to beat WAN | Acquired | Zach Miller | OAK | TE | Owner |
| Wed., Nov 4 2009 9:17 a | Gettin ready to beat WAN | Released | Ryan Succop | KAN | K | Owner |
| Wed., Nov 4 2009 9:17 a | Gettin ready to beat WAN | Acquired | Kevin Boss | NYG | TE | Owner |
| Wed., Nov 4 2009 9:18 a | Gettin ready to beat WAN | Released | Zach Miller | OAK | TE | Owner |
| Wed., Nov 4 2009 9:18 a | Gettin ready to beat WAN | Acquired | New York Giants | NYG | Def/ST | Owner |
| Wed., Nov 4 2009 9:20 a | Gettin ready to beat WAN | Released | Rob Bironas | TEN | K | Owner |
| Wed., Nov 4 2009 9:20 a | Gettin ready to beat WAN | Acquired | John Carney | NOR | K | Owner |
| Wed., Nov 4 2009 9:22 a | Gettin ready to beat WAN | Released | Mohamed Massaquoi | CLE | WR | Owner |
| Wed., Nov 4 2009 9:22 a | Gettin ready to beat WAN | Acquired | Terrell Owens | BUF | WR | Owner |
| Wed., Nov 4 2009 9:24 a | A Star Is Born | Acquired | Devery Henderson | NOR | WR | Owner |
| Wed., Nov 4 2009 10:26 a | Wan | Released | Jermichael Finley | GNB | TE | Owner |
| Wed., Nov 4 2009 10:26 a | Wan | Acquired | Dan Carpenter | MIA | K | Owner |
| Wed., Nov 4 2009 10:00 p | Odubb | Released | Chris Cooley | WAS | TE | Owner |
| Wed., Nov 4 2009 10:00 p | Odubb | Acquired | Bo Scaife | TEN | TE | Owner |
| Thu., Nov 5 2009 4:46 p | Gettin ready to beat WAN | Released | Mario Manningham | NYG | WR | Owner |
| Thu., Nov 5 2009 4:46 p | Gettin ready to beat WAN | Acquired | Johnny Knox | CHI | WR | Owner |
| Sun., Nov 8 2009 9:24 a | Munoz | Released | Jay Feely | NYJ | K | Owner |
| Sun., Nov 8 2009 9:24 a | Munoz | Acquired | Jeff Reed | PIT | K | Owner |
| Sun., Nov 8 2009 9:25 a | Munoz | Released | Houston Texans | HOU | Def/ST | Owner |
| Sun., Nov 8 2009 9:25 a | Munoz | Acquired | New England Patriots | NWE | Def/ST | Owner |
| Sun., Nov 8 2009 11:22 a | BACK2BASICS!!! | Released | Mercedes Lewis | JAC | TE | Owner |
| Sun., Nov 8 2009 11:22 a | BACK2BASICS!!! | Acquired | Tashard Choice | DAL | RB | Owner |

Week 10

| | | | | | | |
|---------------------------|--------------------------|----------|------------------|-----|--------|-------------|
| Tue., Nov 10 2009 10:07 p | Darkness Bruvas | Acquired | Chris Chambers | KAN | WR | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Darkness Bruvas | Released | Patrick Crayton | DAL | WR | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Run this Town | Acquired | Shonn Greene | NYJ | RB | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Run this Town | Released | Knowshon Moreno | DEN | RB | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Gettin ready to beat WAN | Acquired | Zach Miller | OAK | TE | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Gettin ready to beat WAN | Released | Kevin Boss | NYG | TE | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Odubb | Acquired | Olindo Mare | SEA | K | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Odubb | Released | Kerry Collins | TEN | QB | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Da' Ass Whippaz | Acquired | Eddie Royal | DEN | WR | Waiver Wire |
| Tue., Nov 10 2009 10:07 p | Da' Ass Whippaz | Released | Seattle Seahawks | SEA | Def/ST | Waiver Wire |
| Wed., Nov 11 2009 9:00 a | Darkness Bruvas | Released | Larry Johnson | CIN | RB | Owner |
| Wed., Nov 11 2009 9:00 a | Darkness Bruvas | Acquired | Ladell Betts | WAS | RB | Owner |
| Wed., Nov 11 2009 9:01 a | Da' Ass Whippaz | Released | Steven Hauschka | ATL | K | Owner |



| | | | | | | |
|---------------------------|------------------|----------|---------------------|-----|--------|--------------|
| Wed., Nov 11 2009 9:01 a | Da' Ass Whippaz | Acquired | Rob Bironas | TEN | K | Owner |
| Wed., Nov 11 2009 9:01 a | Run this Town | Released | Malcom Floyd | SDG | WR | Owner |
| Wed., Nov 11 2009 9:01 a | Run this Town | Acquired | Mario Manningham | NYG | WR | Owner |
| Wed., Nov 11 2009 9:02 a | Wan | Released | Tony Scheffler | DEN | TE | Owner |
| Wed., Nov 11 2009 9:02 a | Wan | Acquired | Brandon Pettigrew | DET | TE | Owner |
| Wed., Nov 11 2009 9:03 a | Run this Town | Released | San Francisco 49ers | SFO | Def/ST | Owner |
| Wed., Nov 11 2009 9:03 a | Run this Town | Acquired | Tennessee Titans | TEN | Def/ST | Owner |
| Wed., Nov 11 2009 9:04 a | Wan | Released | New York Jets | NYJ | Def/ST | Owner |
| Wed., Nov 11 2009 9:04 a | Wan | Acquired | Oakland Raiders | OAK | Def/ST | Owner |
| Wed., Nov 11 2009 9:05 a | Wan | Released | Atlanta Falcons | ATL | Def/ST | Owner |
| Wed., Nov 11 2009 9:05 a | Wan | Acquired | Miami Dolphins | MIA | Def/ST | Owner |
| Wed., Nov 11 2009 9:10 a | Wan | Released | Oakland Raiders | OAK | Def/ST | Owner |
| Wed., Nov 11 2009 9:10 a | Wan | Acquired | Mercedes Lewis | JAC | TE | Owner |
| Wed., Nov 11 2009 11:58 a | Odubb | Released | Bo Scaife | TEN | TE | Owner |
| Wed., Nov 11 2009 11:58 a | Odubb | Acquired | Mark Sanchez | NYJ | QB | Owner |
| Wed., Nov 11 2009 12:23 p | Odubb | Released | Kelley Washington | BAL | WR | Owner |
| Wed., Nov 11 2009 12:23 p | Odubb | Acquired | Andre Caldwell | CIN | WR | Owner |
| Wed., Nov 11 2009 8:57 p | Explicit Content | Released | Kris Brown | HOU | K | Owner |
| Wed., Nov 11 2009 8:57 p | Explicit Content | Acquired | Jay Feely | NYJ | K | Owner |
| Wed., Nov 11 2009 9:01 p | Explicit Content | Released | San Diego Chargers | SDG | Def/ST | Owner |
| Wed., Nov 11 2009 9:01 p | Explicit Content | Acquired | Buffalo Bills | BUF | Def/ST | Owner |
| Thu., Nov 12 2009 1:37 a | AL | Released | Chicago Bears | CHI | Def/ST | Owner |
| Thu., Nov 12 2009 1:37 a | AL | Acquired | Seattle Seahawks | SEA | Def/ST | Owner |
| Thu., Nov 12 2009 1:29 p | A Star Is Born | Released | Austin Collie | IND | WR | Owner |
| Thu., Nov 12 2009 1:29 p | A Star Is Born | Acquired | Roy Williams | DAL | WR | Owner |
| Sat., Nov 14 2009 6:22 p | Run this Town | Released | Carnell Williams | TAM | RB | Owner |
| Sat., Nov 14 2009 6:22 p | Run this Town | Acquired | Shonn Greene | NYJ | RB | Owner |
| Sun., Nov 15 2009 12:11 p | Run this Town | Released | Knowshon Moreno | DEN | RB | Commissioner |
| Sun., Nov 15 2009 12:11 p | Run this Town | Acquired | Carnell Williams | TAM | RB | Commissioner |

Week 11

| | | | | | | |
|---------------------------|--------------------------|----------|--------------------|-----|--------|-------------|
| Tue., Nov 17 2009 10:07 p | Wan | Released | Dan Carpenter | MIA | K | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Explicit Content | Acquired | Detroit Lions | DET | Def/ST | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Explicit Content | Released | Buffalo Bills | BUF | Def/ST | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Run this Town | Acquired | Justin Forsett | SEA | RB | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Run this Town | Released | Julius Jones | SEA | RB | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Gettin ready to beat WAN | Acquired | Lee Evans | BUF | WR | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Gettin ready to beat WAN | Released | Johnny Knox | CHI | WR | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Da' Ass Whippaz | Acquired | Josh Freeman | TAM | QB | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Da' Ass Whippaz | Released | Eddie Royal | DEN | WR | Waiver Wire |
| Tue., Nov 17 2009 10:07 p | Wan | Acquired | Arizona Cardinals | ARI | Def/ST | Waiver Wire |
| Wed., Nov 18 2009 9:00 a | Run this Town | Released | Shonn Greene | NYJ | RB | Owner |
| Wed., Nov 18 2009 9:00 a | Run this Town | Acquired | Knowshon Moreno | DEN | RB | Owner |
| Wed., Nov 18 2009 9:01 a | Run this Town | Released | Carnell Williams | TAM | RB | Owner |
| Wed., Nov 18 2009 9:01 a | Run this Town | Acquired | Jason Snelling | ATL | RB | Owner |
| Wed., Nov 18 2009 9:04 a | Run this Town | Released | Tennessee Titans | TEN | Def/ST | Owner |
| Wed., Nov 18 2009 9:04 a | Run this Town | Acquired | San Diego Chargers | SDG | Def/ST | Owner |
| Wed., Nov 18 2009 9:06 a | A Star Is Born | Released | Brian Westbrook | PHI | RB | Owner |
| Wed., Nov 18 2009 9:06 a | A Star Is Born | Acquired | Larry Johnson | CIN | RB | Owner |
| Wed., Nov 18 2009 8:42 p | Da' Ass Whippaz | Released | Ronnie Brown | MIA | RB | Owner |
| Wed., Nov 18 2009 8:42 p | Da' Ass Whippaz | Acquired | Michael Bush | OAK | RB | Owner |
| Thu., Nov 19 2009 9:08 a | BACK2BASICS!!! | Released | Tashard Choice | DAL | RB | Owner |
| Thu., Nov 19 2009 9:08 a | BACK2BASICS!!! | Acquired | Julius Jones | SEA | RB | Owner |
| Thu., Nov 19 2009 9:10 a | BACK2BASICS!!! | Released | Julius Jones | SEA | RB | Owner |
| Thu., Nov 19 2009 9:10 a | BACK2BASICS!!! | Acquired | Carnell Williams | TAM | RB | Owner |
| Thu., Nov 19 2009 9:30 a | BLITZ TOWN!! | Released | Matt Prater | DEN | K | Owner |
| Thu., Nov 19 2009 9:30 a | BLITZ TOWN!! | Acquired | Vince Young | TEN | QB | Owner |
| Fri., Nov 20 2009 9:09 a | Darkness Bruvas | Released | Alex Smith | SFO | QB | Owner |
| Fri., Nov 20 2009 9:09 a | Darkness Bruvas | Acquired | Atlanta Falcons | ATL | Def/ST | Owner |
| Sat., Nov 21 2009 9:32 p | Explicit Content | Released | Jay Feely | NYJ | K | Owner |
| Sat., Nov 21 2009 9:32 p | Explicit Content | Acquired | Neil Rackers | ARI | K | Owner |
| Sat., Nov 21 2009 10:08 p | AL | Released | Anthony Gonzalez | IND | WR | Owner |



| | | | | | | |
|---------------------------|-----------------|----------|---------------------|-----|--------|-------|
| Sat., Nov 21 2009 10:25 p | AL | Acquired | Patrick Crayton | DAL | WR | Owner |
| Sun., Nov 22 2009 12:35 a | A Star Is Born | Released | Larry Johnson | CIN | RB | Owner |
| Sun., Nov 22 2009 12:35 a | A Star Is Born | Acquired | Bernard Scott | CIN | RB | Owner |
| Sun., Nov 22 2009 9:34 a | Da' Ass Whippaz | Released | Denver Broncos | DEN | Def/ST | Owner |
| Sun., Nov 22 2009 9:34 a | Da' Ass Whippaz | Acquired | San Francisco 49ers | SFO | Def/ST | Owner |

Week 12

| | | | | | | |
|---------------------------|--------------------------|----------|-------------------|-----|--------|-------------|
| Tue., Nov 24 2009 10:06 p | Da' Ass Whippaz | Acquired | Rock Cartwright | WAS | RB | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Da' Ass Whippaz | Released | Michael Bush | OAK | RB | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Darkness Bruvas | Acquired | Julius Jones | SEA | RB | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Darkness Bruvas | Released | Ladell Betts | WAS | RB | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Wan | Acquired | Matt Cassel | KAN | QB | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Wan | Released | Mercedes Lewis | JAC | TE | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Gettin ready to beat WAN | Acquired | Kevin Boss | NYG | TE | Waiver Wire |
| Tue., Nov 24 2009 10:06 p | Gettin ready to beat WAN | Released | New York Giants | NYG | Def/ST | Waiver Wire |
| Wed., Nov 25 2009 9:00 a | Da' Ass Whippaz | Released | Josh Freeman | TAM | QB | Owner |
| Wed., Nov 25 2009 9:00 a | Da' Ass Whippaz | Acquired | Robert Meachem | NOR | WR | Owner |
| Wed., Nov 25 2009 9:05 a | Darkness Bruvas | Released | Benjamin Watson | NWE | TE | Owner |
| Wed., Nov 25 2009 9:05 a | Darkness Bruvas | Acquired | Alex Smith | SFO | QB | Owner |
| Wed., Nov 25 2009 9:06 a | Darkness Bruvas | Released | Atlanta Falcons | ATL | Def/ST | Owner |
| Wed., Nov 25 2009 9:06 a | Darkness Bruvas | Acquired | Tennessee Titans | TEN | Def/ST | Owner |
| Thu., Nov 26 2009 8:40 a | Explicit Content | Released | Detroit Lions | DET | Def/ST | Owner |
| Thu., Nov 26 2009 8:40 a | Explicit Content | Acquired | Carolina Panthers | CAR | Def/ST | Owner |
| Thu., Nov 26 2009 12:08 p | Wan | Released | Ahmad Bradshaw | NYG | RB | Owner |
| Thu., Nov 26 2009 12:08 p | Wan | Acquired | Matthew Stafford | DET | QB | Owner |
| Fri., Nov 27 2009 10:47 a | A Star Is Born | Released | Roy Williams | DAL | WR | Owner |
| Fri., Nov 27 2009 10:47 a | A Star Is Born | Acquired | Donnie Avery | STL | WR | Owner |
| Sun., Nov 29 2009 7:42 a | Explicit Content | Released | Neil Rackers | ARI | K | Owner |
| Sun., Nov 29 2009 7:42 a | Explicit Content | Acquired | Shayne Graham | CIN | K | Owner |
| Sun., Nov 29 2009 12:50 p | A Star Is Born | Released | Ryan Moats | HOU | RB | Owner |
| Sun., Nov 29 2009 12:50 p | A Star Is Born | Acquired | Jerious Norwood | ATL | RB | Owner |
| Sun., Nov 29 2009 12:52 p | BACK2BASICS!!! | Released | Willis McGahee | BAL | RB | Owner |
| Sun., Nov 29 2009 12:52 p | BACK2BASICS!!! | Acquired | Matt Leinart | ARI | QB | Owner |

Playoff Week 1

| | | | | | | |
|--------------------------|-----------------|----------|-------------------|-----|--------|-------------|
| Tue., Dec 1 2009 10:06 p | Da' Ass Whippaz | Acquired | Ryan Fitzpatrick | BUF | QB | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | Da' Ass Whippaz | Released | Mike Wallace | PIT | WR | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | Wan | Acquired | New York Jets | NYJ | Def/ST | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | Wan | Released | Miami Dolphins | MIA | Def/ST | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | BLITZ TOWN!! | Acquired | Jason Avant | PHI | WR | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | BLITZ TOWN!! | Released | Devin Hester | CHI | WR | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | Run this Town | Acquired | Larry Johnson | CIN | RB | Waiver Wire |
| Tue., Dec 1 2009 10:06 p | Run this Town | Released | Jason Snelling | ATL | RB | Waiver Wire |
| Wed., Dec 2 2009 9:48 a | Wan | Released | Brandon Pettigrew | DET | TE | Owner |
| Wed., Dec 2 2009 9:48 a | Wan | Acquired | Mercedes Lewis | JAC | TE | Owner |
| Wed., Dec 2 2009 9:50 a | Wan | Released | Matthew Stafford | DET | QB | Owner |
| Wed., Dec 2 2009 9:50 a | Wan | Acquired | Denver Broncos | DEN | Def/ST | Owner |
| Wed., Dec 2 2009 10:13 p | A Star Is Born | Released | Bernard Scott | CIN | RB | Owner |
| Wed., Dec 2 2009 10:13 p | A Star Is Born | Acquired | Jerome Harrison | CLE | RB | Owner |
| Wed., Dec 2 2009 10:26 p | A Star Is Born | Released | Jerome Harrison | CLE | RB | Owner |
| Wed., Dec 2 2009 10:26 p | A Star Is Born | Acquired | Chris Brown | HOU | RB | Owner |
| Thu., Dec 3 2009 12:30 a | A Star Is Born | Released | Nick Folk | DAL | K | Owner |
| Thu., Dec 3 2009 12:30 a | A Star Is Born | Acquired | Matt Prater | DEN | K | Owner |
| Sun., Dec 6 2009 9:01 a | Run this Town | Released | Larry Johnson | CIN | RB | Owner |
| Sun., Dec 6 2009 9:01 a | Run this Town | Acquired | Felix Jones | DAL | RB | Owner |

Playoff Week 2

| | | | | | | |
|-------------------------|-----|----------|-------------------|-----|--------|-------|
| Wed., Dec 9 2009 9:01 a | Wan | Released | Matt Cassel | KAN | QB | Owner |
| Wed., Dec 9 2009 9:01 a | Wan | Acquired | Jason Campbell | WAS | QB | Owner |
| Wed., Dec 9 2009 9:03 a | Wan | Released | Denver Broncos | DEN | Def/ST | Owner |
| Wed., Dec 9 2009 9:03 a | Wan | Acquired | Jermichael Finley | GNB | TE | Owner |



| | | | | | | |
|---------------------------|------------------|----------|---------------------|-----|--------|-------|
| Wed., Dec 9 2009 9:04 a | Wan | Released | Mercedes Lewis | JAC | TE | Owner |
| Wed., Dec 9 2009 9:04 a | Wan | Acquired | Fred Davis | WAS | TE | Owner |
| Wed., Dec 9 2009 9:31 a | A Star Is Born | Released | Jerious Norwood | ATL | RB | Owner |
| Wed., Dec 9 2009 9:31 a | A Star Is Born | Acquired | Jerome Harrison | CLE | RB | Owner |
| Wed., Dec 9 2009 9:33 a | A Star Is Born | Released | Donnie Avery | STL | WR | Owner |
| Wed., Dec 9 2009 9:33 a | A Star Is Born | Acquired | Kenny Britt | TEN | WR | Owner |
| Wed., Dec 9 2009 11:18 a | A Star Is Born | Released | Dallas Cowboys | DAL | Def/ST | Owner |
| Wed., Dec 9 2009 11:18 a | A Star Is Born | Acquired | Houston Texans | HOU | Def/ST | Owner |
| Wed., Dec 9 2009 1:57 p | BLITZ TOWN!! | Released | Dwayne Bowe | KAN | WR | Owner |
| Wed., Dec 9 2009 1:57 p | BLITZ TOWN!! | Acquired | Mike Wallace | PIT | WR | Owner |
| Thu., Dec 10 2009 1:58 p | Da' Ass Whippaz | Released | San Francisco 49ers | SFO | Def/ST | Owner |
| Thu., Dec 10 2009 1:58 p | Da' Ass Whippaz | Acquired | Denver Broncos | DEN | Def/ST | Owner |
| Thu., Dec 10 2009 2:01 p | Da' Ass Whippaz | Released | Matt Ryan | ATL | QB | Owner |
| Thu., Dec 10 2009 2:01 p | Da' Ass Whippaz | Acquired | Roy Williams | DAL | WR | Owner |
| Sat., Dec 12 2009 12:45 p | BLITZ TOWN!! | Released | Mike Wallace | PIT | WR | Owner |
| Sat., Dec 12 2009 12:45 p | BLITZ TOWN!! | Acquired | Austin Collie | IND | WR | Owner |
| Sat., Dec 12 2009 1:52 p | Explicit Content | Released | Carolina Panthers | CAR | Def/ST | Owner |
| Sat., Dec 12 2009 1:52 p | Explicit Content | Acquired | San Francisco 49ers | SFO | Def/ST | Owner |
| Sun., Dec 13 2009 12:04 p | A Star Is Born | Released | Jerome Harrison | CLE | RB | Owner |
| Sun., Dec 13 2009 12:04 p | A Star Is Born | Acquired | Quinton Ganther | WAS | RB | Owner |

Playoff Week 3

| | | | | | | |
|---------------------------|------------------|----------|------------------|-----|--------|-------|
| Wed., Dec 16 2009 5:30 p | Da' Ass Whippaz | Released | Rock Cartwright | WAS | RB | Owner |
| Wed., Dec 16 2009 5:30 p | Da' Ass Whippaz | Acquired | Chad Henne | MIA | QB | Owner |
| Wed., Dec 16 2009 5:52 p | Da' Ass Whippaz | Released | Ryan Fitzpatrick | BUF | QB | Owner |
| Wed., Dec 16 2009 5:52 p | Da' Ass Whippaz | Acquired | Brady Quinn | CLE | QB | Owner |
| Wed., Dec 16 2009 5:56 p | Da' Ass Whippaz | Released | Chad Henne | MIA | QB | Owner |
| Wed., Dec 16 2009 5:56 p | Da' Ass Whippaz | Acquired | Maurice Morris | DET | RB | Owner |
| Wed., Dec 16 2009 7:51 p | Explicit Content | Released | Kevin Smith | DET | RB | Owner |
| Wed., Dec 16 2009 7:51 p | Explicit Content | Acquired | New York Giants | NYG | Def/ST | Owner |
| Wed., Dec 16 2009 8:11 p | Explicit Content | Released | Shayne Graham | CIN | K | Owner |
| Wed., Dec 16 2009 8:11 p | Explicit Content | Acquired | Kris Brown | HOU | K | Owner |
| Wed., Dec 16 2009 9:41 p | BLITZ TOWN!! | Released | Jason Avant | PHI | WR | Owner |
| Wed., Dec 16 2009 9:41 p | BLITZ TOWN!! | Acquired | Dwayne Bowe | KAN | WR | Owner |
| Wed., Dec 16 2009 9:48 p | Da' Ass Whippaz | Released | Brady Quinn | CLE | QB | Owner |
| Wed., Dec 16 2009 9:48 p | Da' Ass Whippaz | Acquired | Matt Cassel | KAN | QB | Owner |
| Wed., Dec 16 2009 10:30 p | BLITZ TOWN!! | Released | David Garrard | JAC | QB | Owner |
| Wed., Dec 16 2009 10:30 p | BLITZ TOWN!! | Acquired | Garrett Hartley | NOR | K | Owner |
| Thu., Dec 17 2009 6:23 p | Da' Ass Whippaz | Released | Mike Sims-Walker | JAC | WR | Owner |
| Thu., Dec 17 2009 6:23 p | Da' Ass Whippaz | Acquired | Chad Henne | MIA | QB | Owner |
| Sun., Dec 20 2009 12:35 p | Explicit Content | Released | Braylon Edwards | NYJ | WR | Owner |
| Sun., Dec 20 2009 12:35 p | Explicit Content | Acquired | Antonio Bryant | TAM | WR | Owner |

Playoff Week 4

| | | | | | | |
|---------------------------|------------------|----------|------------------|-----|--------|-------|
| Wed., Dec 23 2009 9:00 a | Da' Ass Whippaz | Released | Matt Forte | CHI | RB | Owner |
| Wed., Dec 23 2009 9:00 a | Da' Ass Whippaz | Acquired | Jerome Harrison | CLE | RB | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Released | Matt Cassel | KAN | QB | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Acquired | Mike Sims-Walker | JAC | WR | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Released | Denver Broncos | DEN | Def/ST | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Released | Baltimore Ravens | BAL | Def/ST | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Acquired | Dallas Cowboys | DAL | Def/ST | Owner |
| Wed., Dec 23 2009 9:01 a | Da' Ass Whippaz | Acquired | Atlanta Falcons | ATL | Def/ST | Owner |
| Wed., Dec 23 2009 11:17 p | Explicit Content | Released | Kris Brown | HOU | K | Owner |
| Wed., Dec 23 2009 11:17 p | Explicit Content | Acquired | Shayne Graham | CIN | K | Owner |

Offseason