



Week 1

Mon Aug 22 4:58 am ET	Va.Beach G-Men	Released	Benjamin Watson	CLE	TE	Owner
Mon Aug 22 4:59 am ET	Va.Beach G-Men	Acquired	Mason Crosby	GNB	K	Owner
Mon Aug 22 5:00 am ET	Va.Beach G-Men	Released	Chris Cooley	WAS	TE	Owner
Mon Aug 22 5:00 am ET	Va.Beach G-Men	Acquired	Anthony Armstrong	WAS	WR	Owner
Mon Aug 22 5:02 am ET	Va.Beach G-Men	Released	Tony Moeaki	KAN	TE	Owner
Mon Aug 22 5:02 am ET	Va.Beach G-Men	Acquired	Darren Sproles	NOR	RB	Owner
Mon Aug 22 10:43 am ET	Tha Lynch Mobb	Placed on IR	Cam Newton	CAR	QB	Owner
Mon Aug 22 10:44 am ET	Tha Lynch Mobb	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Mon Aug 22 2:09 pm ET	North Dallas Forty	Released	Colt McCoy	CLE	QB	Owner
Mon Aug 22 2:10 pm ET	North Dallas Forty	Acquired	Matt Hasselbeck	TEN	QB	Owner
Mon Aug 22 2:31 pm ET	North Dallas Forty	Placed on IR	Ryan Torain	WAS	RB	Owner
Mon Aug 22 2:31 pm ET	North Dallas Forty	Acquired	Jerome Harrison	DET	RB	Owner
Mon Aug 22 2:44 pm ET	Steel Curtain	Placed on IR	Heath Miller	PIT	TE	Owner
Mon Aug 22 2:44 pm ET	Steel Curtain	Acquired	Devin Hester	CHI	WR	Owner
Mon Aug 22 4:45 pm ET	StrongMan	Placed on IR	Kyle Orton	KAN	QB	Owner
Mon Aug 22 4:45 pm ET	StrongMan	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Mon Aug 22 9:10 pm ET	Toronto Bound	Released	Ryan Williams	ARI	RB	Owner
Mon Aug 22 9:11 pm ET	Toronto Bound	Acquired	Colt McCoy	CLE	QB	Owner
Mon Aug 22 9:40 pm ET	Toronto Bound	Placed on IR	Colt McCoy	CLE	QB	Owner
Mon Aug 22 9:43 pm ET	Toronto Bound	Acquired	Earnest Graham	TAM	RB	Owner
Tue Aug 23 2:58 am ET	SouthSide Six Shooters	Placed on IR	Roy Helu	WAS	RB	Owner
Tue Aug 23 3:00 am ET	SouthSide Six Shooters	Acquired	Delone Carter	IND	RB	Owner
Tue Aug 23 9:45 pm ET	Touchdown My Pants	Placed on IR	Peyton Manning	IND	QB	Owner
Tue Aug 23 9:50 pm ET	Toronto Bound	Released	Colt McCoy	CLE	QB	Owner
Tue Aug 23 9:50 pm ET	Toronto Bound	Placed on IR	Earnest Graham	TAM	RB	Owner
Tue Aug 23 9:50 pm ET	Toronto Bound	Acquired	Evan Moore	CLE	TE	Owner
Tue Aug 23 9:57 pm ET	Touchdown My Pants	Acquired	David Garrard	---	QB	Owner
Wed Aug 24 5:01 pm ET	Chip Rack Champs	Placed on IR	Mike Thomas	JAC	WR	Owner
Wed Aug 24 5:01 pm ET	Chip Rack Champs	Acquired	Kerry Collins	IND	QB	Owner
Wed Aug 24 7:22 pm ET	North Dallas Forty	Released	Matt Hasselbeck	TEN	QB	Owner
Wed Aug 24 7:23 pm ET	North Dallas Forty	Acquired	Colt McCoy	CLE	QB	Owner
Thu Aug 25 1:22 pm ET	Tha Lynch Mobb	Released	Aaron Hernandez	NWE	TE	Owner
Thu Aug 25 1:22 pm ET	Tha Lynch Mobb	Placed on IR	Thomas Jones	KAN	RB	Owner
Thu Aug 25 1:22 pm ET	Tha Lynch Mobb	Taken off IR	Cam Newton	CAR	QB	Owner
Thu Aug 25 1:22 pm ET	Tha Lynch Mobb	Acquired	Jared Cook	TEN	TE	Owner
Thu Aug 25 1:37 pm ET	Tha Lynch Mobb	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Thu Aug 25 1:37 pm ET	Tha Lynch Mobb	Acquired	New Orleans Saints	NOR	Def/ST	Owner
Fri Aug 26 9:18 pm ET	Chip Rack Champs	Released	Kerry Collins	IND	QB	Owner
Sat Aug 27 9:10 pm ET	Touchdown My Pants	Released	David Garrard	---	QB	Owner
Sat Aug 27 9:10 pm ET	Touchdown My Pants	Acquired	Antonio Brown	PIT	WR	Owner
Mon Aug 29 4:41 pm ET	Chip Rack Champs	Acquired	Derrick Ward	HOU	RB	Owner
Tue Aug 30 5:11 pm ET	Va.Beach G-Men	Placed on IR	Anthony Armstrong	WAS	WR	Owner
Tue Aug 30 5:11 pm ET	Va.Beach G-Men	Acquired	Greg Little	CLE	WR	Owner
Tue Aug 30 5:44 pm ET	Va.Beach G-Men	Released	Zach Miller	SEA	TE	Owner
Tue Aug 30 5:44 pm ET	Va.Beach G-Men	Acquired	James Jones	GNB	WR	Owner
Sun Sep 4 6:53 pm ET	Steel Curtain	Acquired	Alex Smith	SFO	QB	Owner
Sun Sep 4 6:53 pm ET	Steel Curtain	Taken off IR	Heath Miller	PIT	TE	Owner
Sun Sep 4 6:53 pm ET	Steel Curtain	Released	Devin Hester	CHI	WR	Owner
Sun Sep 4 6:53 pm ET	Steel Curtain	Placed on IR	Steve Smith	PHI	WR	Owner
Sun Sep 4 6:54 pm ET	Steel Curtain	Taken off IR	Steve Smith	PHI	WR	Owner
Sun Sep 4 6:54 pm ET	Steel Curtain	Placed on IR	Danny Woodhead	NWE	RB	Owner
Sun Sep 4 7:10 pm ET	Steel Curtain	Released	Heath Miller	PIT	TE	Owner
Sun Sep 4 7:10 pm ET	Steel Curtain	Acquired	Kansas City Chiefs	KAN	Def/ST	Owner
Mon Sep 5 11:15 am ET	Touchdown My Pants	Acquired	Kerry Collins	IND	QB	Owner
Mon Sep 5 11:15 am ET	Touchdown My Pants	Released	Danario Alexander	STL	WR	Owner
Mon Sep 5 7:25 pm ET	North Dallas Forty	Acquired	Bernard Scott	CIN	RB	Owner
Mon Sep 5 7:25 pm ET	North Dallas Forty	Released	Rashad Jennings	JAC	RB	Owner
Tue Sep 6 10:13 pm ET	Beach Ball-Busters	Placed on IR	Javon Ringer	TEN	RB	Commissioner
Tue Sep 6 10:13 pm ET	Beach Ball-Busters	Acquired	Deji Karim	JAC	RB	Commissioner
Wed Sep 7 3:37 am ET	Tha Lynch Mobb	Released	Cam Newton	CAR	QB	Owner
Wed Sep 7 3:37 am ET	Tha Lynch Mobb	Acquired	Nate Burleson	DET	WR	Owner



VB Meets the ROC

Wed Sep 7 4:12 am ET	Tha Lynch Mobb	Released	Jared Cook	TEN	TE	Owner
Wed Sep 7 4:12 am ET	Tha Lynch Mobb	Acquired	Cam Newton	CAR	QB	Owner
Wed Sep 7 9:02 am ET	Chip Rack Champs	Released	Adam Vinatieri	IND	K	Owner
Wed Sep 7 9:03 am ET	Chip Rack Champs	Acquired	Jason Hanson	DET	K	Owner
Wed Sep 7 9:04 am ET	Chip Rack Champs	Placed on IR	Derrick Ward	HOU	RB	Owner
Wed Sep 7 2:09 pm ET	Tha Lynch Mobb	Released	Nate Burleson	DET	WR	Owner
Wed Sep 7 2:09 pm ET	Tha Lynch Mobb	Acquired	Jared Cook	TEN	TE	Owner
Thu Sep 8 7:55 pm ET	Toronto Bound	Acquired	Maurice Morris	DET	RB	Owner
Thu Sep 8 7:55 pm ET	Toronto Bound	Released	Evan Moore	CLE	TE	Owner
Sat Sep 10 11:01 am ET	Tha Lynch Mobb	Acquired	Nate Burleson	DET	WR	Owner
Sat Sep 10 11:01 am ET	Tha Lynch Mobb	Released	Jared Cook	TEN	TE	Owner
Sat Sep 10 11:14 am ET	Tha Lynch Mobb	Acquired	Jared Cook	TEN	TE	Owner
Sat Sep 10 11:14 am ET	Tha Lynch Mobb	Released	Nate Burleson	DET	WR	Owner
Sat Sep 10 8:06 pm ET	Beach Ball-Busters	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Sat Sep 10 8:06 pm ET	Beach Ball-Busters	Released	New York Giants	NYG	Def/ST	Owner
Sun Sep 11 7:00 am ET	Chip Rack Champs	Taken off IR	Derrick Ward	HOU	RB	Owner
Sun Sep 11 7:00 am ET	Chip Rack Champs	Placed on IR	Lance Moore	NOR	WR	Owner
Sun Sep 11 7:05 am ET	Chip Rack Champs	Taken off IR	Lance Moore	NOR	WR	Owner
Sun Sep 11 7:05 am ET	Chip Rack Champs	Placed on IR	Mike Thomas	JAC	WR	Owner
Sun Sep 11 7:06 am ET	Chip Rack Champs	Acquired	Nate Burleson	DET	WR	Owner
Sun Sep 11 7:06 am ET	Chip Rack Champs	Released	Lance Moore	NOR	WR	Owner
Sun Sep 11 9:41 am ET	Toronto Bound	Acquired	LaRod Stephens-Howling	ARI	RB	Owner
Sun Sep 11 9:41 am ET	Toronto Bound	Placed on IR	Steve Breaston	KAN	WR	Owner
Sun Sep 11 9:41 am ET	Toronto Bound	Released	Earnest Graham	TAM	RB	Owner
Sun Sep 11 9:45 am ET	Toronto Bound	Acquired	Chester Taylor	ARI	RB	Owner
Sun Sep 11 9:45 am ET	Toronto Bound	Released	LaRod Stephens-Howling	ARI	RB	Owner
Sun Sep 11 9:45 am ET	Toronto Bound	Taken off IR	Steve Breaston	KAN	WR	Owner
Sun Sep 11 9:45 am ET	Toronto Bound	Placed on IR	Chester Taylor	ARI	RB	Owner
Sun Sep 11 12:26 pm ET	Beach Ball-Busters	Acquired	Rian Lindell	BUF	K	Commissioner
Sun Sep 11 12:26 pm ET	Beach Ball-Busters	Released	Garrett Hartley	NOR	K	Commissioner

Week 2

Wed Sep 14 7:49 pm ET	Chip Rack Champs	Taken off IR	Mike Thomas	JAC	WR	Owner
Wed Sep 14 7:49 pm ET	Chip Rack Champs	Placed on IR	Chad Ochocinco	NWE	WR	Owner
Wed Sep 14 8:15 pm ET	Steel Curtain	Released	Steve Smith	PHI	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	Chip Rack Champs	Acquired	Scott Chandler	BUF	TE	Waiver Wire
Wed Sep 14 8:15 pm ET	North Dallas Forty	Released	Johnny Knox	CHI	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	Chip Rack Champs	Released	Mike Thomas	JAC	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	Tha Lynch Mobb	Released	Jared Cook	TEN	TE	Waiver Wire
Wed Sep 14 8:15 pm ET	Touchdown My Pants	Acquired	David Akers	SFO	K	Waiver Wire
Wed Sep 14 8:15 pm ET	Steel Curtain	Acquired	Earnest Graham	TAM	RB	Waiver Wire
Wed Sep 14 8:15 pm ET	Toronto Bound	Released	Maurice Morris	DET	RB	Waiver Wire
Wed Sep 14 8:15 pm ET	Toronto Bound	Acquired	Devery Henderson	NOR	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	Tha Lynch Mobb	Acquired	Jabar Gaffney	WAS	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	North Dallas Forty	Acquired	Carnell Williams	STL	RB	Waiver Wire
Wed Sep 14 8:15 pm ET	Touchdown My Pants	Released	Rob Bironas	TEN	K	Waiver Wire
Wed Sep 14 8:15 pm ET	Toronto Bound	Released	Matt Cassel	KAN	QB	Waiver Wire
Wed Sep 14 8:15 pm ET	Toronto Bound	Acquired	Chad Henne	MIA	QB	Waiver Wire
Wed Sep 14 8:15 pm ET	StrongMan	Released	Stevan Ridley	NWE	RB	Waiver Wire
Wed Sep 14 8:15 pm ET	Va.Beach G-Men	Released	Mercedes Lewis	JAC	TE	Waiver Wire
Wed Sep 14 8:15 pm ET	StrongMan	Acquired	Early Doucet	ARI	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	SouthSide Six Shooters	Released	Ronnie Brown	PHI	RB	Waiver Wire
Wed Sep 14 8:15 pm ET	SouthSide Six Shooters	Acquired	Eric Decker	DEN	WR	Waiver Wire
Wed Sep 14 8:15 pm ET	Va.Beach G-Men	Acquired	Aaron Hernandez	NWE	TE	Waiver Wire
Thu Sep 15 8:18 am ET	Beach Ball-Busters	Released	Jacoby Ford	OAK	WR	Commissioner
Thu Sep 15 8:18 am ET	Beach Ball-Busters	Released	Cleveland Browns	CLE	Def/ST	Commissioner
Thu Sep 15 8:18 am ET	Beach Ball-Busters	Acquired	Mohamed Massaquoi	CLE	WR	Commissioner
Thu Sep 15 8:18 am ET	Beach Ball-Busters	Acquired	Dallas Cowboys	DAL	Def/ST	Commissioner
Thu Sep 15 9:02 am ET	Toronto Bound	Released	Jordan Shipley	CIN	WR	Owner
Thu Sep 15 9:02 am ET	Toronto Bound	Acquired	Ronnie Brown	PHI	RB	Owner
Thu Sep 15 12:58 pm ET	Steel Curtain	Released	Nate Kaeding	SDG	K	Owner
Thu Sep 15 12:58 pm ET	Steel Curtain	Acquired	John Kasay	NOR	K	Owner



VB Meets the ROC

Thu Sep 15 1:07 pm ET	Steel Curtain	Released	Kansas City Chiefs	KAN	Def/ST	Owner
Thu Sep 15 1:07 pm ET	Steel Curtain	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Thu Sep 15 2:15 pm ET	North Dallas Forty	Released	Bernard Scott	CIN	RB	Owner
Thu Sep 15 2:15 pm ET	North Dallas Forty	Acquired	Johnny Knox	CHI	WR	Owner
Thu Sep 15 3:25 pm ET	North Dallas Forty	Released	San Diego Chargers	SDG	Def/ST	Owner
Thu Sep 15 3:25 pm ET	North Dallas Forty	Acquired	Houston Texans	HOU	Def/ST	Owner
Thu Sep 15 4:10 pm ET	StrongMan	Acquired	Rex Grossman	WAS	QB	Owner
Thu Sep 15 4:10 pm ET	StrongMan	Released	San Francisco 49ers	SFO	Def/ST	Owner
Thu Sep 15 8:32 pm ET	Touchdown My Pants	Placed on IR	Brandon Jacobs	NYG	RB	Owner
Fri Sep 16 1:45 am ET	Va.Beach G-Men	Placed on IR	Greg Little	CLE	WR	Owner
Fri Sep 16 1:45 am ET	Va.Beach G-Men	Taken off IR	Anthony Armstrong	WAS	WR	Owner
Fri Sep 16 1:48 am ET	Va.Beach G-Men	Acquired	Jacoby Jones	HOU	WR	Owner
Fri Sep 16 1:48 am ET	Va.Beach G-Men	Released	James Jones	GNB	WR	Owner
Fri Sep 16 9:52 pm ET	Steel Curtain	Acquired	Nick Folk	NYJ	K	Owner
Fri Sep 16 9:52 pm ET	Steel Curtain	Released	John Kasay	NOR	K	Owner
Fri Sep 16 10:02 pm ET	Steel Curtain	Taken off IR	Danny Woodhead	NWE	RB	Owner
Fri Sep 16 10:02 pm ET	Steel Curtain	Placed on IR	Earnest Graham	TAM	RB	Owner
Fri Sep 16 10:14 pm ET	Toronto Bound	Acquired	Mike Thomas	JAC	WR	Owner
Fri Sep 16 10:14 pm ET	Toronto Bound	Released	Steve Breaston	KAN	WR	Owner
Sat Sep 17 3:23 am ET	Chip Rack Champs	Released	Derrick Ward	HOU	RB	Owner
Sat Sep 17 3:04 pm ET	Chip Rack Champs	Acquired	Devin Hester	CHI	WR	Owner
Sat Sep 17 3:05 pm ET	Chip Rack Champs	Placed on IR	Roy Williams	CHI	WR	Owner
Sat Sep 17 3:05 pm ET	Chip Rack Champs	Taken off IR	Chad Ochocinco	NWE	WR	Owner
Sat Sep 17 4:22 pm ET	Touchdown My Pants	Placed on IR	Peyton Manning	IND	QB	Owner
Sat Sep 17 4:22 pm ET	Touchdown My Pants	Taken off IR	Brandon Jacobs	NYG	RB	Owner
Sat Sep 17 10:52 pm ET	Touchdown My Pants	Released	Austin Collie	IND	WR	Commissioner
Sat Sep 17 10:54 pm ET	Touchdown My Pants	Acquired	Austin Collie	IND	WR	Owner
Sat Sep 17 10:54 pm ET	Touchdown My Pants	Released	Kerry Collins	IND	QB	Owner
Sat Sep 17 11:50 pm ET	Tha Lynch Mobb	Acquired	Buffalo Bills	BUF	Def/ST	Owner
Sun Sep 18 12:39 pm ET	Beach Ball-Busters	Acquired	Domenik Hixon	NYG	WR	Owner
Sun Sep 18 12:39 pm ET	Beach Ball-Busters	Released	Pierre Garcon	IND	WR	Owner

Sat Sep 17 10:52 pm ET	Tha Lynch Mobb	Acquired	Touchdown My Pants	Acquired	Trade
	Chris Johnson, RB		Cedric Benson, RB		
			Cam Newton, QB		
			Released: Austin Collie, WR		

Week 3

Tue Sep 20 7:54 pm ET	North Dallas Forty	Released	Ryan Torain	WAS	RB	Owner
Tue Sep 20 7:54 pm ET	North Dallas Forty	Placed on IR	Colt McCoy	CLE	QB	Owner
Tue Sep 20 7:56 pm ET	North Dallas Forty	Released	Jerome Harrison	DET	RB	Owner
Tue Sep 20 10:35 pm ET	Va.Beach G-Men	Placed on IR	Aaron Hernandez	NWE	TE	Owner
Tue Sep 20 10:35 pm ET	Va.Beach G-Men	Taken off IR	Greg Little	CLE	WR	Owner
Wed Sep 21 1:38 pm ET	StrongMan	Taken off IR	Kyle Orton	KAN	QB	Owner
Wed Sep 21 1:38 pm ET	StrongMan	Placed on IR	Rex Grossman	WAS	QB	Owner
Wed Sep 21 4:46 pm ET	Tha Lynch Mobb	Released	Jamaal Charles	KAN	RB	Owner
Wed Sep 21 4:46 pm ET	Tha Lynch Mobb	Taken off IR	Thomas Jones	KAN	RB	Owner
Wed Sep 21 4:53 pm ET	Tha Lynch Mobb	Placed on IR	Michael Crabtree	SFO	WR	Owner
Wed Sep 21 5:20 pm ET	Beach Ball-Busters	Taken off IR	Javon Ringer	TEN	RB	Owner
Wed Sep 21 5:20 pm ET	Beach Ball-Busters	Placed on IR	Deji Karim	JAC	RB	Owner
Wed Sep 21 8:15 pm ET	North Dallas Forty	Acquired	Fred Davis	WAS	TE	Waiver Wire
Wed Sep 21 8:15 pm ET	Beach Ball-Busters	Acquired	Dexter McCluster	KAN	RB	Waiver Wire
Wed Sep 21 8:15 pm ET	Beach Ball-Busters	Released	Domenik Hixon	NYG	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Chip Rack Champs	Acquired	Nate Washington	TEN	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	StrongMan	Released	Kyle Orton	KAN	QB	Waiver Wire
Wed Sep 21 8:15 pm ET	Chip Rack Champs	Released	Mike Williams	SEA	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Raiders of the Lost Ark	Acquired	Denarius Moore	OAK	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Touchdown My Pants	Released	Austin Collie	IND	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Toronto Bound	Released	Mike Thomas	JAC	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Toronto Bound	Acquired	Isaac Redman	PIT	RB	Waiver Wire
Wed Sep 21 8:15 pm ET	Steel Curtain	Released	Cleveland Browns	CLE	Def/ST	Waiver Wire
Wed Sep 21 8:15 pm ET	Tha Lynch Mobb	Acquired	Tashard Choice	BUF	RB	Waiver Wire



VB Meets the ROC

Wed Sep 21 8:15 pm ET	Touchdown My Pants	Acquired	Danario Alexander	STL	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	StrongMan	Acquired	David Nelson	BUF	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Raiders of the Lost Ark	Placed on IR	Danny Amendola	STL	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Steel Curtain	Acquired	Brandon LaFell	CAR	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	North Dallas Forty	Acquired	Jerome Simpson	CIN	WR	Waiver Wire
Wed Sep 21 8:15 pm ET	Toronto Bound	Acquired	Matt Hasselbeck	TEN	QB	Waiver Wire
Wed Sep 21 8:15 pm ET	Beach Ball-Busters	Acquired	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed Sep 21 8:15 pm ET	Touchdown My Pants	Released	David Akers	SFO	K	Waiver Wire
Wed Sep 21 8:15 pm ET	Beach Ball-Busters	Released	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Sep 21 8:15 pm ET	Tha Lynch Mobb	Released	Buffalo Bills	BUF	Def/ST	Waiver Wire
Wed Sep 21 8:15 pm ET	Toronto Bound	Released	Chad Henne	MIA	QB	Waiver Wire
Wed Sep 21 8:15 pm ET	Tha Lynch Mobb	Acquired	Evan Moore	CLE	TE	Waiver Wire
Wed Sep 21 8:15 pm ET	Touchdown My Pants	Acquired	Rob Bironas	TEN	K	Waiver Wire
Thu Sep 22 9:41 am ET	Toronto Bound	Released	Lee Evans	BAL	WR	Owner
Thu Sep 22 9:41 am ET	Toronto Bound	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Thu Sep 22 3:41 pm ET	North Dallas Forty	Released	Jermaine Gresham	CIN	TE	Owner
Thu Sep 22 3:41 pm ET	North Dallas Forty	Acquired	Kerry Collins	IND	QB	Owner
Thu Sep 22 3:42 pm ET	North Dallas Forty	Placed on IR	Kerry Collins	IND	QB	Owner
Thu Sep 22 4:43 pm ET	Va.Beach G-Men	Released	Greg Little	CLE	WR	Owner
Thu Sep 22 4:44 pm ET	Va.Beach G-Men	Acquired	Jeff King	ARI	TE	Owner
Thu Sep 22 5:09 pm ET	North Dallas Forty	Placed on IR	Colt McCoy	CLE	QB	Owner
Thu Sep 22 5:09 pm ET	North Dallas Forty	Released	Kerry Collins	IND	QB	Owner
Thu Sep 22 5:10 pm ET	North Dallas Forty	Acquired	Jon Kitna	DAL	QB	Owner
Thu Sep 22 5:27 pm ET	North Dallas Forty	Released	Carnell Williams	STL	RB	Owner
Thu Sep 22 5:27 pm ET	North Dallas Forty	Acquired	Bernard Scott	CIN	RB	Owner
Thu Sep 22 6:31 pm ET	North Dallas Forty	Released	Jerome Simpson	CIN	WR	Owner
Thu Sep 22 6:31 pm ET	North Dallas Forty	Acquired	Carnell Williams	STL	RB	Owner
Thu Sep 22 7:55 pm ET	Chip Rack Champs	Released	Devin Hester	CHI	WR	Owner
Thu Sep 22 7:55 pm ET	Chip Rack Champs	Acquired	Jerious Norwood	STL	RB	Owner
Thu Sep 22 11:10 pm ET	Toronto Bound	Placed on IR	Ronnie Brown	PHI	RB	Owner
Thu Sep 22 11:10 pm ET	Toronto Bound	Released	Chester Taylor	ARI	RB	Owner
Thu Sep 22 11:10 pm ET	Toronto Bound	Acquired	DeMarco Murray	DAL	RB	Owner
Thu Sep 22 11:29 pm ET	K9's	Released	Sidney Rice	SEA	WR	Owner
Thu Sep 22 11:29 pm ET	K9's	Acquired	Randall Cobb	GNB	WR	Owner
Fri Sep 23 2:08 pm ET	SouthSide Six Shooters	Taken off IR	Roy Helu	WAS	RB	Owner
Fri Sep 23 2:08 pm ET	SouthSide Six Shooters	Placed on IR	Marques Colston	NOR	WR	Owner
Fri Sep 23 2:42 pm ET	SouthSide Six Shooters	Released	Marion Barber	CHI	RB	Owner
Fri Sep 23 2:42 pm ET	SouthSide Six Shooters	Acquired	Jerome Simpson	CIN	WR	Owner
Fri Sep 23 8:06 pm ET	Steel Curtain	Released	Chicago Bears	CHI	Def/ST	Owner
Fri Sep 23 8:06 pm ET	Steel Curtain	Acquired	Arizona Cardinals	ARI	Def/ST	Owner
Sat Sep 24 8:31 am ET	Raiders of the Lost Ark	Released	Ricky Williams	BAL	RB	Owner
Sat Sep 24 8:31 am ET	Raiders of the Lost Ark	Acquired	Sidney Rice	SEA	WR	Owner
Sun Sep 25 12:40 pm ET	StrongMan	Released	Early Doucet	ARI	WR	Owner
Sun Sep 25 12:40 pm ET	StrongMan	Acquired	Greg Little	CLE	WR	Owner
Sun Sep 25 12:46 pm ET	North Dallas Forty	Taken off IR	Colt McCoy	CLE	QB	Owner
Sun Sep 25 12:46 pm ET	North Dallas Forty	Placed on IR	Tony Romo	DAL	QB	Owner

Week 4

Wed Sep 28 8:14 pm ET	North Dallas Forty	Released	Jon Kitna	DAL	QB	Waiver Wire
Wed Sep 28 8:14 pm ET	Beach Ball-Busters	Acquired	New York Giants	NYG	Def/ST	Waiver Wire
Wed Sep 28 8:14 pm ET	Beach Ball-Busters	Released	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed Sep 28 8:14 pm ET	Touchdown My Pants	Released	Braylon Edwards	---	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	StrongMan	Released	Greg Little	CLE	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	Touchdown My Pants	Acquired	Torrey Smith	BAL	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	North Dallas Forty	Acquired	Kendall Hunter	SFO	RB	Waiver Wire
Wed Sep 28 8:14 pm ET	Beach Ball-Busters	Released	Mohamed Massaquoi	CLE	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	Va.Beach G-Men	Acquired	James Casey	HOU	TE	Waiver Wire
Wed Sep 28 8:14 pm ET	North Dallas Forty	Released	Kenny Britt	TEN	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	Va.Beach G-Men	Released	Jeff King	ARI	TE	Waiver Wire
Wed Sep 28 8:14 pm ET	Chip Rack Champs	Acquired	Ed Dickson	BAL	TE	Waiver Wire
Wed Sep 28 8:14 pm ET	North Dallas Forty	Acquired	Stevan Ridley	NWE	RB	Waiver Wire
Wed Sep 28 8:14 pm ET	Beach Ball-Busters	Acquired	Lance Moore	NOR	WR	Waiver Wire



VB Meets the ROC

Wed Sep 28 8:14 pm ET	Chip Rack Champs	Released	Jerious Norwood	STL	RB	Waiver Wire
Wed Sep 28 8:14 pm ET	StrongMan	Acquired	Pierre Garcon	IND	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	Va.Beach G-Men	Acquired	Donald Jones	BUF	WR	Waiver Wire
Wed Sep 28 8:14 pm ET	Va.Beach G-Men	Released	Anthony Armstrong	WAS	WR	Waiver Wire
Wed Sep 28 8:46 pm ET	North Dallas Forty	Placed on IR	Kendall Hunter	SFO	RB	Owner
Wed Sep 28 8:46 pm ET	North Dallas Forty	Taken off IR	Tony Romo	DAL	QB	Owner
Thu Sep 29 11:49 am ET	North Dallas Forty	Released	Carnell Williams	STL	RB	Owner
Thu Sep 29 11:49 am ET	North Dallas Forty	Acquired	Jason Campbell	OAK	QB	Owner
Thu Sep 29 12:57 pm ET	Chip Rack Champs	Released	Ed Dickson	BAL	TE	Owner
Thu Sep 29 12:58 pm ET	Chip Rack Champs	Acquired	Randy McMichael	SDG	TE	Owner
Thu Sep 29 10:47 pm ET	Raiders of the Lost Ark	Released	Oakland Raiders	OAK	Def/ST	Owner
Thu Sep 29 10:47 pm ET	Raiders of the Lost Ark	Acquired	Chicago Bears	CHI	Def/ST	Owner
Thu Sep 29 11:33 pm ET	Steel Curtain	Released	Donald Driver	GNB	WR	Owner
Thu Sep 29 11:33 pm ET	Steel Curtain	Acquired	Mike Thomas	JAC	WR	Owner
Thu Sep 29 11:43 pm ET	Steel Curtain	Released	Hines Ward	PIT	WR	Owner
Thu Sep 29 11:43 pm ET	Steel Curtain	Released	Arizona Cardinals	ARI	Def/ST	Owner
Thu Sep 29 11:43 pm ET	Steel Curtain	Acquired	Minnesota Vikings	MIN	Def/ST	Owner
Thu Sep 29 11:43 pm ET	Steel Curtain	Acquired	Chad Henne	MIA	QB	Owner
Fri Sep 30 4:30 pm ET	Beach Ball-Busters	Placed on IR	Javon Ringer	TEN	RB	Owner
Fri Sep 30 4:30 pm ET	Beach Ball-Busters	Released	Deji Karim	JAC	RB	Owner
Fri Sep 30 4:30 pm ET	Beach Ball-Busters	Acquired	Alfonso Smith	ARI	RB	Owner
Sat Oct 1 2:21 pm ET	Chip Rack Champs	Placed on IR	Nate Burleson	DET	WR	Owner
Sat Oct 1 2:21 pm ET	Chip Rack Champs	Taken off IR	Roy Williams	CHI	WR	Owner
Sat Oct 1 2:24 pm ET	Chip Rack Champs	Released	Chad Ochocinco	NWE	WR	Owner
Sat Oct 1 2:24 pm ET	Chip Rack Champs	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Sat Oct 1 8:58 pm ET	Toronto Bound	Released	San Diego Chargers	SDG	Def/ST	Owner
Sat Oct 1 8:58 pm ET	Toronto Bound	Acquired	Ryan Torain	WAS	RB	Owner
Sun Oct 2 10:36 am ET	Va.Beach G-Men	Released	Jacoby Jones	HOU	WR	Owner
Sun Oct 2 10:36 am ET	Va.Beach G-Men	Acquired	Early Doucet	ARI	WR	Owner
Sun Oct 2 12:24 pm ET	Chip Rack Champs	Placed on IR	Detroit Lions	DET	Def/ST	Owner
Sun Oct 2 12:24 pm ET	Chip Rack Champs	Taken off IR	Nate Burleson	DET	WR	Owner
Sun Oct 2 12:57 pm ET	North Dallas Forty	Placed on IR	Stevan Ridley	NWE	RB	Owner
Sun Oct 2 12:57 pm ET	North Dallas Forty	Taken off IR	Kendall Hunter	SFO	RB	Owner

Week 5

Wed Oct 5 8:14 pm ET	North Dallas Forty	Released	Kendall Hunter	SFO	RB	Waiver Wire
Wed Oct 5 8:14 pm ET	Touchdown My Pants	Acquired	Jacoby Jones	HOU	WR	Waiver Wire
Wed Oct 5 8:14 pm ET	Touchdown My Pants	Released	Danario Alexander	STL	WR	Waiver Wire
Wed Oct 5 8:14 pm ET	Beach Ball-Busters	Released	Alfonso Smith	ARI	RB	Waiver Wire
Wed Oct 5 8:14 pm ET	Beach Ball-Busters	Acquired	Jermaine Gresham	CIN	TE	Waiver Wire
Wed Oct 5 8:14 pm ET	North Dallas Forty	Acquired	Victor Cruz	NYG	WR	Waiver Wire
Wed Oct 5 8:14 pm ET	StrongMan	Released	David Nelson	BUF	WR	Waiver Wire
Wed Oct 5 8:15 pm ET	Chip Rack Champs	Acquired	Laurent Robinson	DAL	WR	Waiver Wire
Wed Oct 5 8:15 pm ET	StrongMan	Acquired	John Kasay	NOR	K	Waiver Wire
Wed Oct 5 8:15 pm ET	StrongMan	Released	Josh Brown	STL	K	Waiver Wire
Wed Oct 5 8:15 pm ET	North Dallas Forty	Acquired	Matt Cassel	KAN	QB	Waiver Wire
Wed Oct 5 8:15 pm ET	K9's	Released	Brent Celek	PHI	TE	Waiver Wire
Wed Oct 5 8:15 pm ET	K9's	Acquired	Kevin Boss	OAK	TE	Waiver Wire
Wed Oct 5 8:15 pm ET	Chip Rack Champs	Released	Roy Williams	CHI	WR	Waiver Wire
Wed Oct 5 8:15 pm ET	North Dallas Forty	Released	Jason Campbell	OAK	QB	Waiver Wire
Wed Oct 5 8:15 pm ET	StrongMan	Acquired	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed Oct 5 8:52 pm ET	North Dallas Forty	Placed on IR	Antonio Gates	SDG	TE	Owner
Wed Oct 5 8:52 pm ET	North Dallas Forty	Taken off IR	Stevan Ridley	NWE	RB	Owner
Wed Oct 5 11:12 pm ET	Tha Lynch Mobb	Released	Evan Moore	CLE	TE	Owner
Wed Oct 5 11:12 pm ET	Tha Lynch Mobb	Taken off IR	Michael Crabtree	SFO	WR	Owner
Thu Oct 6 11:42 am ET	North Dallas Forty	Released	Colt McCoy	CLE	QB	Owner
Thu Oct 6 11:42 am ET	North Dallas Forty	Acquired	Visanthe Shiancoe	MIN	TE	Owner
Thu Oct 6 9:54 pm ET	Raiders of the Lost Ark	Placed on IR	Miles Austin	DAL	WR	Owner
Thu Oct 6 9:54 pm ET	Raiders of the Lost Ark	Released	Danny Amendola	STL	WR	Owner
Thu Oct 6 9:54 pm ET	Raiders of the Lost Ark	Acquired	Jackie Battle	KAN	RB	Owner
Fri Oct 7 11:23 am ET	Tha Lynch Mobb	Placed on IR	Thomas Jones	KAN	RB	Owner
Fri Oct 7 11:23 am ET	Tha Lynch Mobb	Acquired	Kendall Hunter	SFO	RB	Owner



VB Meets the ROC

Fri Oct 7 12:30 pm ET	Toronto Bound	Released	Ronnie Brown	PHI	RB	Owner
Fri Oct 7 12:30 pm ET	Toronto Bound	Placed on IR	Ryan Torain	WAS	RB	Owner
Fri Oct 7 12:30 pm ET	Toronto Bound	Released	DeMarco Murray	DAL	RB	Owner
Fri Oct 7 12:30 pm ET	Toronto Bound	Acquired	Steve Breaston	KAN	WR	Owner
Fri Oct 7 12:32 pm ET	Toronto Bound	Acquired	David Nelson	BUF	WR	Owner
Fri Oct 7 12:37 pm ET	Toronto Bound	Released	Steve Breaston	KAN	WR	Owner
Fri Oct 7 12:37 pm ET	Toronto Bound	Acquired	Benjamin Watson	CLE	TE	Owner
Fri Oct 7 8:23 pm ET	Chip Rack Champs	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Fri Oct 7 8:23 pm ET	Chip Rack Champs	Placed on IR	Laurent Robinson	DAL	WR	Owner
Fri Oct 7 8:23 pm ET	Chip Rack Champs	Taken off IR	Detroit Lions	DET	Def/ST	Owner
Fri Oct 7 8:23 pm ET	Chip Rack Champs	Acquired	Preston Parker	TAM	WR	Owner
Fri Oct 7 11:32 pm ET	Toronto Bound	Released	Benjamin Watson	CLE	TE	Owner
Fri Oct 7 11:32 pm ET	Toronto Bound	Acquired	Michael Jenkins	MIN	WR	Owner
Sun Oct 9 1:45 am ET	SouthSide Six Shooters	Taken off IR	Marques Colston	NOR	WR	Owner
Sun Oct 9 1:45 am ET	SouthSide Six Shooters	Placed on IR	Delone Carter	IND	RB	Owner
Sun Oct 9 1:49 am ET	SouthSide Six Shooters	Released	Billy Cundiff	BAL	K	Owner
Sun Oct 9 1:49 am ET	SouthSide Six Shooters	Acquired	Mike Nugent	CIN	K	Owner
Sun Oct 9 1:50 am ET	SouthSide Six Shooters	Placed on IR	Jerome Simpson	CIN	WR	Owner
Sun Oct 9 1:50 am ET	SouthSide Six Shooters	Released	Delone Carter	IND	RB	Owner
Sun Oct 9 1:56 am ET	SouthSide Six Shooters	Acquired	Benjamin Watson	CLE	TE	Owner
Sun Oct 9 2:02 am ET	SouthSide Six Shooters	Released	Benjamin Watson	CLE	TE	Owner
Sun Oct 9 2:02 am ET	SouthSide Six Shooters	Acquired	Todd Heap	ARI	TE	Owner
Sun Oct 9 5:52 am ET	Chip Rack Champs	Released	Randy McMichael	SDG	TE	Owner
Sun Oct 9 5:53 am ET	Chip Rack Champs	Acquired	Benjamin Watson	CLE	TE	Owner
Sun Oct 9 12:56 pm ET	Toronto Bound	Released	Matt Hasselbeck	TEN	QB	Owner
Sun Oct 9 12:56 pm ET	Toronto Bound	Acquired	Curtis Painter	IND	QB	Owner

Week 6

Tue Oct 11 7:07 am ET	Raiders of the Lost Ark	Taken off IR	Miles Austin	DAL	WR	Owner
Tue Oct 11 7:07 am ET	Raiders of the Lost Ark	Placed on IR	Ryan Grant	GNB	RB	Owner
Wed Oct 12 1:23 pm ET	Toronto Bound	Placed on IR	Vincent Jackson	SDG	WR	Owner
Wed Oct 12 1:23 pm ET	Toronto Bound	Taken off IR	Ryan Torain	WAS	RB	Owner
Wed Oct 12 8:16 pm ET	Beach Ball-Busters	Released	New York Giants	NYG	Def/ST	Waiver Wire
Wed Oct 12 8:16 pm ET	Touchdown My Pants	Released	Jacoby Jones	HOU	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Va.Beach G-Men	Released	Donald Jones	BUF	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	North Dallas Forty	Released	Visanthe Shiancoe	MIN	TE	Waiver Wire
Wed Oct 12 8:16 pm ET	Touchdown My Pants	Acquired	Tim Tebow	DEN	QB	Waiver Wire
Wed Oct 12 8:16 pm ET	Va.Beach G-Men	Acquired	James Jones	GNB	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Beach Ball-Busters	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed Oct 12 8:16 pm ET	North Dallas Forty	Acquired	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Tha Lynch Mobb	Released	Josh Freeman	TAM	QB	Waiver Wire
Wed Oct 12 8:16 pm ET	Raiders of the Lost Ark	Released	Denarius Moore	OAK	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Raiders of the Lost Ark	Acquired	Delone Carter	IND	RB	Waiver Wire
Wed Oct 12 8:16 pm ET	Tha Lynch Mobb	Acquired	Doug Baldwin	SEA	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Chip Rack Champs	Acquired	Jason Campbell	OAK	QB	Waiver Wire
Wed Oct 12 8:16 pm ET	Touchdown My Pants	Released	Rob Bironas	TEN	K	Waiver Wire
Wed Oct 12 8:16 pm ET	Tha Lynch Mobb	Acquired	Jared Cook	TEN	TE	Waiver Wire
Wed Oct 12 8:16 pm ET	Chip Rack Champs	Released	Nate Burleson	DET	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Touchdown My Pants	Acquired	Dan Bailey	DAL	K	Waiver Wire
Wed Oct 12 8:16 pm ET	Chip Rack Champs	Acquired	Hines Ward	PIT	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	Tha Lynch Mobb	Released	Mike Sims-Walker	---	WR	Waiver Wire
Wed Oct 12 8:16 pm ET	StrongMan	Released	San Francisco 49ers	SFO	Def/ST	Waiver Wire
Wed Oct 12 8:16 pm ET	StrongMan	Acquired	Matt Hasselbeck	TEN	QB	Waiver Wire
Wed Oct 12 8:16 pm ET	Chip Rack Champs	Released	Jay Cutler	CHI	QB	Waiver Wire
Thu Oct 13 9:01 am ET	Touchdown My Pants	Released	Plaxico Burress	NYJ	WR	Owner
Thu Oct 13 9:01 am ET	Touchdown My Pants	Acquired	Derrick Mason	---	WR	Owner
Thu Oct 13 9:04 am ET	Touchdown My Pants	Released	Derrick Mason	---	WR	Owner
Thu Oct 13 9:04 am ET	Touchdown My Pants	Acquired	Kevin Walter	HOU	WR	Owner
Thu Oct 13 11:09 am ET	North Dallas Forty	Released	Johnny Knox	CHI	WR	Owner
Thu Oct 13 11:09 am ET	North Dallas Forty	Acquired	Steve Breaston	KAN	WR	Owner
Thu Oct 13 12:03 pm ET	Toronto Bound	Released	Devery Henderson	NOR	WR	Owner
Thu Oct 13 12:03 pm ET	Toronto Bound	Acquired	Josh Freeman	TAM	QB	Owner



VB Meets the ROC

Thu Oct 13 8:03 pm ET	Va.Beach G-Men	Taken off IR	Aaron Hernandez	NWE	TE	Owner
Thu Oct 13 8:03 pm ET	Va.Beach G-Men	Placed on IR	James Casey	HOU	TE	Owner
Thu Oct 13 8:09 pm ET	Va.Beach G-Men	Released	Sam Bradford	STL	QB	Owner
Thu Oct 13 8:09 pm ET	Va.Beach G-Men	Acquired	Jay Cutler	CHI	QB	Owner
Fri Oct 14 1:18 pm ET	Raiders of the Lost Ark	Released	Donovan McNabb	---	QB	Owner
Fri Oct 14 1:18 pm ET	Raiders of the Lost Ark	Acquired	Greg Little	CLE	WR	Owner
Fri Oct 14 3:42 pm ET	SouthSide Six Shooters	Released	Jason Witten	DAL	TE	Owner
Fri Oct 14 3:42 pm ET	SouthSide Six Shooters	Acquired	Jason Avant	PHI	WR	Owner
Fri Oct 14 3:45 pm ET	SouthSide Six Shooters	Released	Todd Heap	ARI	TE	Owner
Fri Oct 14 3:45 pm ET	SouthSide Six Shooters	Acquired	Jason Witten	DAL	TE	Owner
Fri Oct 14 4:09 pm ET	StrongMan	Released	Matt Hasselbeck	TEN	QB	Owner
Fri Oct 14 4:09 pm ET	StrongMan	Acquired	Plaxico Burress	NYJ	WR	Owner
Fri Oct 14 5:02 pm ET	Touchdown My Pants	Released	Mark Sanchez	NYJ	QB	Owner
Fri Oct 14 5:03 pm ET	Touchdown My Pants	Acquired	Matt Hasselbeck	TEN	QB	Owner
Fri Oct 14 8:42 pm ET	Toronto Bound	Released	Josh Freeman	TAM	QB	Owner
Fri Oct 14 8:42 pm ET	Toronto Bound	Acquired	Mark Sanchez	NYJ	QB	Owner
Sun Oct 16 12:54 am ET	Steel Curtain	Taken off IR	Earnest Graham	TAM	RB	Owner
Sun Oct 16 12:54 am ET	Steel Curtain	Placed on IR	Chad Henne	MIA	QB	Owner
Sun Oct 16 6:38 am ET	Chip Rack Champs	Placed on IR	Scott Chandler	BUF	TE	Owner
Sun Oct 16 6:38 am ET	Chip Rack Champs	Taken off IR	Laurent Robinson	DAL	WR	Owner
Sun Oct 16 6:39 am ET	Chip Rack Champs	Released	Laurent Robinson	DAL	WR	Owner
Sun Oct 16 6:39 am ET	Chip Rack Champs	Acquired	San Francisco 49ers	SFO	Def/ST	Owner
Sun Oct 16 10:22 am ET	Toronto Bound	Released	Matt Bryant	ATL	K	Owner
Sun Oct 16 10:22 am ET	Toronto Bound	Acquired	David Akers	SFO	K	Owner
Sun Oct 16 11:12 am ET	Chip Rack Champs	Placed on IR	San Francisco 49ers	SFO	Def/ST	Owner
Sun Oct 16 11:12 am ET	Chip Rack Champs	Taken off IR	Scott Chandler	BUF	TE	Owner
Sun Oct 16 11:14 am ET	Chip Rack Champs	Released	Scott Chandler	BUF	TE	Owner
Sun Oct 16 11:14 am ET	Chip Rack Champs	Acquired	Titus Young	DET	WR	Owner
Sun Oct 16 11:32 am ET	Chip Rack Champs	Released	Preston Parker	TAM	WR	Owner
Sun Oct 16 11:37 am ET	Chip Rack Champs	Acquired	Naaman Roosevelt	BUF	WR	Owner

Week 7

Tue Oct 18 8:51 am ET	Toronto Bound	Placed on IR	Isaac Redman	PIT	RB	Owner
Tue Oct 18 8:51 am ET	Toronto Bound	Taken off IR	Vincent Jackson	SDG	WR	Owner
Tue Oct 18 9:08 am ET	StrongMan	Taken off IR	Rex Grossman	WAS	QB	Owner
Tue Oct 18 9:08 am ET	StrongMan	Placed on IR	Julio Jones	ATL	WR	Owner
Tue Oct 18 6:45 pm ET	Va.Beach G-Men	Released	James Casey	HOU	TE	Owner
Wed Oct 19 12:51 pm ET	StrongMan	Taken off IR	Julio Jones	ATL	WR	Owner
Wed Oct 19 12:51 pm ET	StrongMan	Placed on IR	Plaxico Burress	NYJ	WR	Owner
Wed Oct 19 5:50 pm ET	Tha Lynch Mobb	Taken off IR	Thomas Jones	KAN	RB	Owner
Wed Oct 19 5:50 pm ET	Tha Lynch Mobb	Placed on IR	LeGarrette Blount	TAM	RB	Owner
Wed Oct 19 8:16 pm ET	Raiders of the Lost Ark	Released	Robert Meachem	NOR	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Raiders of the Lost Ark	Acquired	Carson Palmer	OAK	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Toronto Bound	Acquired	Carolina Panthers	CAR	Def/ST	Waiver Wire
Wed Oct 19 8:16 pm ET	North Dallas Forty	Released	Steve Breaston	KAN	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Touchdown My Pants	Released	Antonio Brown	PIT	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Toronto Bound	Released	Michael Jenkins	MIN	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	North Dallas Forty	Acquired	DeMarco Murray	DAL	RB	Waiver Wire
Wed Oct 19 8:16 pm ET	Raiders of the Lost Ark	Released	Alex Henery	PHI	K	Waiver Wire
Wed Oct 19 8:16 pm ET	StrongMan	Acquired	Josh Freeman	TAM	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Toronto Bound	Released	Curtis Painter	IND	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Tha Lynch Mobb	Released	Jared Cook	TEN	TE	Waiver Wire
Wed Oct 19 8:16 pm ET	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Oct 19 8:16 pm ET	Raiders of the Lost Ark	Acquired	Billy Cundiff	BAL	K	Waiver Wire
Wed Oct 19 8:16 pm ET	Chip Rack Champs	Released	Jason Campbell	OAK	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Touchdown My Pants	Acquired	Ronnie Brown	PHI	RB	Waiver Wire
Wed Oct 19 8:16 pm ET	Toronto Bound	Acquired	Robbie Gould	CHI	K	Waiver Wire
Wed Oct 19 8:16 pm ET	North Dallas Forty	Released	Houston Texans	HOU	Def/ST	Waiver Wire
Wed Oct 19 8:16 pm ET	StrongMan	Released	Rex Grossman	WAS	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Steel Curtain	Acquired	Danario Alexander	STL	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Tha Lynch Mobb	Acquired	Colt McCoy	CLE	QB	Waiver Wire
Wed Oct 19 8:16 pm ET	Steel Curtain	Released	Brandon LaFell	CAR	WR	Waiver Wire



VB Meets the ROC

Wed Oct 19 8:16 pm ET	Chip Rack Champs	Acquired	Damian Williams	TEN	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Chip Rack Champs	Acquired	Jake Ballard	NYG	TE	Waiver Wire
Wed Oct 19 8:16 pm ET	Chip Rack Champs	Released	Naaman Roosevelt	BUF	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Tha Lynch Mobb	Acquired	Devin Hester	CHI	WR	Waiver Wire
Wed Oct 19 8:16 pm ET	Tha Lynch Mobb	Released	Malcom Floyd	SDG	WR	Waiver Wire
Wed Oct 19 8:33 pm ET	Toronto Bound	Released	David Akers	SFO	K	Owner
Thu Oct 20 9:00 am ET	Toronto Bound	Acquired	Maurice Morris	DET	RB	Owner
Thu Oct 20 9:02 am ET	Touchdown My Pants	Acquired	Demaryius Thomas	DEN	WR	Owner
Thu Oct 20 9:02 am ET	Touchdown My Pants	Released	Ronnie Brown	PHI	RB	Owner
Thu Oct 20 12:30 pm ET	Touchdown My Pants	Released	Demaryius Thomas	DEN	WR	Commissioner
Thu Oct 20 12:39 pm ET	Raiders of the Lost Ark	Acquired	Keiland Williams	DET	RB	Owner
Thu Oct 20 2:41 pm ET	Steel Curtain	Taken off IR	Chad Henne	MIA	QB	Owner
Thu Oct 20 2:41 pm ET	Steel Curtain	Placed on IR	Alex Smith	SFO	QB	Owner
Thu Oct 20 2:44 pm ET	Steel Curtain	Acquired	Ricky Williams	BAL	RB	Owner
Thu Oct 20 2:44 pm ET	Steel Curtain	Released	Chad Henne	MIA	QB	Owner
Thu Oct 20 4:48 pm ET	Beach Ball-Busters	Acquired	Oakland Raiders	OAK	Def/ST	Commissioner
Thu Oct 20 4:48 pm ET	Beach Ball-Busters	Released	Cincinnati Bengals	CIN	Def/ST	Commissioner
Thu Oct 20 4:49 pm ET	Beach Ball-Busters	Acquired	Nick Novak	SDG	K	Commissioner
Thu Oct 20 4:49 pm ET	Beach Ball-Busters	Released	Rian Lindell	BUF	K	Commissioner
Thu Oct 20 4:50 pm ET	Beach Ball-Busters	Acquired	Jared Cook	TEN	TE	Commissioner
Thu Oct 20 4:50 pm ET	Beach Ball-Busters	Released	Jermaine Gresham	CIN	TE	Commissioner
Thu Oct 20 11:38 pm ET	K9's	Acquired	Denarius Moore	OAK	WR	Owner
Thu Oct 20 11:38 pm ET	K9's	Released	Donald Brown	IND	RB	Owner
Fri Oct 21 3:54 pm ET	SouthSide Six Shooters	Acquired	Washington Redskins	WAS	Def/ST	Owner
Fri Oct 21 3:54 pm ET	SouthSide Six Shooters	Released	New England Patriots	NWE	Def/ST	Owner
Fri Oct 21 4:00 pm ET	SouthSide Six Shooters	Acquired	Carnell Williams	STL	RB	Owner
Fri Oct 21 4:00 pm ET	SouthSide Six Shooters	Released	Davone Bess	MIA	WR	Owner
Fri Oct 21 4:02 pm ET	SouthSide Six Shooters	Acquired	David Buehler	DAL	K	Owner
Fri Oct 21 4:02 pm ET	SouthSide Six Shooters	Released	Mike Nugent	CIN	K	Owner
Fri Oct 21 4:03 pm ET	SouthSide Six Shooters	Acquired	Matt Bryant	ATL	K	Owner
Fri Oct 21 4:03 pm ET	SouthSide Six Shooters	Released	David Buehler	DAL	K	Owner
Fri Oct 21 5:17 pm ET	Toronto Bound	Placed on IR	Jahvid Best	DET	RB	Owner
Fri Oct 21 5:17 pm ET	Toronto Bound	Taken off IR	Isaac Redman	PIT	RB	Owner
Fri Oct 21 9:14 pm ET	North Dallas Forty	Acquired	Antonio Brown	PIT	WR	Owner
Fri Oct 21 9:14 pm ET	North Dallas Forty	Released	Stevan Ridley	NWE	RB	Owner
Sat Oct 22 11:39 am ET	Tha Lynch Mobb	Acquired	Connor Barth	TAM	K	Owner
Sat Oct 22 11:39 am ET	Tha Lynch Mobb	Released	Stephen Gostkowski	NWE	K	Owner
Sat Oct 22 11:14 pm ET	North Dallas Forty	Acquired	Adam Vinatieri	IND	K	Owner
Sat Oct 22 11:14 pm ET	North Dallas Forty	Released	Sebastian Janikowski	OAK	K	Owner
Sat Oct 22 11:38 pm ET	Steel Curtain	Acquired	Houston Texans	HOU	Def/ST	Owner
Sat Oct 22 11:38 pm ET	Steel Curtain	Released	Minnesota Vikings	MIN	Def/ST	Owner
Sun Oct 23 7:30 am ET	Chip Rack Champs	Acquired	Denver Broncos	DEN	Def/ST	Owner
Sun Oct 23 7:30 am ET	Chip Rack Champs	Released	Titus Young	DET	WR	Owner
Sun Oct 23 9:27 am ET	Beach Ball-Busters	Acquired	Malcom Floyd	SDG	WR	Commissioner
Sun Oct 23 9:27 am ET	Beach Ball-Busters	Released	Dexter McCluster	KAN	RB	Commissioner
Sun Oct 23 12:46 pm ET	North Dallas Forty	Acquired	Phil Dawson	CLE	K	Owner
Sun Oct 23 12:46 pm ET	North Dallas Forty	Released	Adam Vinatieri	IND	K	Owner
Sun Oct 23 12:49 pm ET	North Dallas Forty	Placed on IR	Victor Cruz	NYG	WR	Owner
Sun Oct 23 12:49 pm ET	North Dallas Forty	Taken off IR	Antonio Gates	SDG	TE	Owner
Sun Oct 23 12:54 pm ET	Beach Ball-Busters	Acquired	Lance Kendricks	STL	TE	Owner
Sun Oct 23 12:54 pm ET	Beach Ball-Busters	Released	Jared Cook	TEN	TE	Owner

Sun Oct 23 11:24 am ET	Touchdown My Pants Dez Bryant, WR	Acquired	Tha Lynch Mobb Shonn Greene, RB	Acquired	Trade
Thu Oct 20 12:30 pm ET	Touchdown My Pants Jackie Battle, RB Greg Little, WR Released: Demaryius Thomas, WR	Acquired	Raiders of the Lost Ark Tim Tebow, QB	Acquired	Trade

Week 8

Tue Oct 25 8:30 pm ET	StrongMan	Placed on IR	Julio Jones	ATL	WR	Owner
Tue Oct 25 8:30 pm ET	StrongMan	Taken off IR	Plaxico Burress	NYJ	WR	Owner



VB Meets the ROC

Wed Oct 26 11:38 am ET	North Dallas Forty	Taken off IR	Victor Cruz	NYG	WR	Owner
Wed Oct 26 11:38 am ET	North Dallas Forty	Placed on IR	Darius Heyward-Bey	OAK	WR	Owner
Wed Oct 26 8:16 pm ET	North Dallas Forty	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Wed Oct 26 8:16 pm ET	North Dallas Forty	Released	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Oct 26 8:16 pm ET	Toronto Bound	Acquired	Stephen Gostkowski	NWE	K	Waiver Wire
Wed Oct 26 8:16 pm ET	Va.Beach G-Men	Acquired	New York Giants	NYG	Def/ST	Waiver Wire
Wed Oct 26 8:16 pm ET	Beach Ball-Busters	Released	Malcom Floyd	SDG	WR	Waiver Wire
Wed Oct 26 8:16 pm ET	Chip Rack Champs	Acquired	Kregg Lumpkin	TAM	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	Raiders of the Lost Ark	Acquired	Alfonso Smith	ARI	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	Va.Beach G-Men	Released	Early Doucet	ARI	WR	Waiver Wire
Wed Oct 26 8:16 pm ET	Raiders of the Lost Ark	Released	Carson Palmer	OAK	QB	Waiver Wire
Wed Oct 26 8:16 pm ET	SouthSide Six Shooters	Released	Matt Bryant	ATL	K	Waiver Wire
Wed Oct 26 8:16 pm ET	Chip Rack Champs	Released	Benjamin Watson	CLE	TE	Waiver Wire
Wed Oct 26 8:16 pm ET	Beach Ball-Busters	Acquired	Marion Barber	CHI	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	Toronto Bound	Released	Tim Hightower	WAS	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	SouthSide Six Shooters	Acquired	David Akers	SFO	K	Waiver Wire
Wed Oct 26 8:16 pm ET	Toronto Bound	Released	Carolina Panthers	CAR	Def/ST	Waiver Wire
Wed Oct 26 8:16 pm ET	Toronto Bound	Acquired	Buffalo Bills	BUF	Def/ST	Waiver Wire
Wed Oct 26 8:16 pm ET	StrongMan	Released	Josh Freeman	TAM	QB	Waiver Wire
Wed Oct 26 8:16 pm ET	Beach Ball-Busters	Released	Lance Kendricks	STL	TE	Waiver Wire
Wed Oct 26 8:16 pm ET	Beach Ball-Busters	Acquired	Justin Forsett	SEA	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	Steel Curtain	Released	Ricky Williams	BAL	RB	Waiver Wire
Wed Oct 26 8:16 pm ET	Steel Curtain	Acquired	Robert Meachem	NOR	WR	Waiver Wire
Wed Oct 26 8:16 pm ET	Steel Curtain	Released	Danario Alexander	STL	WR	Waiver Wire
Wed Oct 26 8:16 pm ET	StrongMan	Acquired	Demaryius Thomas	DEN	WR	Waiver Wire
Wed Oct 26 8:16 pm ET	Steel Curtain	Acquired	Jermaine Gresham	CIN	TE	Waiver Wire
Wed Oct 26 8:53 pm ET	Steel Curtain	Placed on IR	Joseph Addai	IND	RB	Owner
Wed Oct 26 8:53 pm ET	Steel Curtain	Taken off IR	Alex Smith	SFO	QB	Owner
Thu Oct 27 3:00 am ET	SouthSide Six Shooters	Placed on IR	Santana Moss	WAS	WR	Owner
Thu Oct 27 3:00 am ET	SouthSide Six Shooters	Taken off IR	Jerome Simpson	CIN	WR	Owner
Thu Oct 27 5:20 am ET	Va.Beach G-Men	Placed on IR	James Jones	GNB	WR	Owner
Thu Oct 27 9:00 am ET	Steel Curtain	Acquired	Andy Dalton	CIN	QB	Owner
Thu Oct 27 9:00 am ET	Steel Curtain	Released	Alex Smith	SFO	QB	Owner
Thu Oct 27 9:00 am ET	Steel Curtain	Acquired	Lance Ball	DEN	RB	Owner
Thu Oct 27 9:00 am ET	Steel Curtain	Released	Earnest Graham	TAM	RB	Owner
Thu Oct 27 9:02 am ET	Steel Curtain	Acquired	Shaun Suisham	PIT	K	Owner
Thu Oct 27 9:02 am ET	Steel Curtain	Released	Nick Folk	NYJ	K	Owner
Thu Oct 27 9:09 am ET	Steel Curtain	Acquired	Dexter McCluster	KAN	RB	Owner
Thu Oct 27 9:09 am ET	Steel Curtain	Released	Lance Ball	DEN	RB	Owner
Thu Oct 27 10:20 am ET	StrongMan	Acquired	Steve Breaston	KAN	WR	Owner
Thu Oct 27 10:20 am ET	StrongMan	Released	Demaryius Thomas	DEN	WR	Owner
Thu Oct 27 12:16 pm ET	North Dallas Forty	Acquired	Josh Scobee	JAC	K	Owner
Thu Oct 27 12:16 pm ET	North Dallas Forty	Released	Phil Dawson	CLE	K	Owner
Thu Oct 27 4:14 pm ET	Chip Rack Champs	Acquired	Michael Jenkins	MIN	WR	Owner
Thu Oct 27 4:14 pm ET	Chip Rack Champs	Released	Denver Broncos	DEN	Def/ST	Owner
Thu Oct 27 7:43 pm ET	Raiders of the Lost Ark	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Thu Oct 27 7:43 pm ET	Raiders of the Lost Ark	Released	Chicago Bears	CHI	Def/ST	Owner
Fri Oct 28 5:36 am ET	Va.Beach G-Men	Acquired	Ryan Longwell	MIN	K	Owner
Fri Oct 28 6:57 am ET	Chip Rack Champs	Acquired	Emmanuel Sanders	PIT	WR	Owner
Fri Oct 28 6:57 am ET	Chip Rack Champs	Released	Dallas Clark	IND	TE	Owner
Fri Oct 28 8:43 am ET	Toronto Bound	Acquired	Chris Ivory	NOR	RB	Owner
Fri Oct 28 8:43 am ET	Toronto Bound	Released	Robbie Gould	CHI	K	Owner
Sat Oct 29 6:37 pm ET	Chip Rack Champs	Placed on IR	Kregg Lumpkin	TAM	RB	Owner
Sat Oct 29 6:37 pm ET	Chip Rack Champs	Taken off IR	San Francisco 49ers	SFO	Def/ST	Owner
Sat Oct 29 11:13 pm ET	Beach Ball-Busters	Acquired	Denver Broncos	DEN	Def/ST	Owner
Sat Oct 29 11:13 pm ET	Beach Ball-Busters	Released	Oakland Raiders	OAK	Def/ST	Owner
Sat Oct 29 11:28 pm ET	Beach Ball-Busters	Acquired	Rian Lindell	BUF	K	Owner
Sat Oct 29 11:28 pm ET	Beach Ball-Busters	Released	Nick Novak	SDG	K	Owner
Sun Oct 30 2:33 am ET	SouthSide Six Shooters	Acquired	Carolina Panthers	CAR	Def/ST	Owner
Sun Oct 30 2:33 am ET	SouthSide Six Shooters	Released	Washington Redskins	WAS	Def/ST	Owner
Sun Oct 30 12:46 pm ET	Tha Lynch Mobb	Acquired	Olindo Mare	CAR	K	Owner
Sun Oct 30 12:46 pm ET	Tha Lynch Mobb	Released	Colt McCoy	CLE	QB	Owner
Sun Oct 30 12:46 pm ET	Tha Lynch Mobb	Released	Connor Barth	TAM	K	Owner



VB Meets the ROC

Sun Oct 30 12:46 pm ET	Tha Lynch Mobb	Taken off IR	LeGarrette Blount	TAM	RB	Owner
Sun Oct 30 12:46 pm ET	Tha Lynch Mobb	Released	Tashard Choice	BUF	RB	Owner
Sun Oct 30 12:47 pm ET	Tha Lynch Mobb	Acquired	Josh Freeman	TAM	QB	Owner
Sun Oct 30 12:56 pm ET	Tha Lynch Mobb	Acquired	Early Doucet	ARI	WR	Owner
Sun Oct 30 12:56 pm ET	Tha Lynch Mobb	Acquired	Malcom Floyd	SDG	WR	Owner
Sun Oct 30 12:56 pm ET	Tha Lynch Mobb	Placed on IR	Devin Hester	CHI	WR	Owner
Sun Oct 30 12:56 pm ET	Tha Lynch Mobb	Released	Thomas Jones	KAN	RB	Owner
Thu Oct 27 6:39 am ET	Beach Ball-Busters Deion Branch, WR	Acquired	North Dallas Forty James Starks, RB	Acquired		Trade
Thu Oct 27 6:37 am ET	Beach Ball-Busters James Starks, RB	Acquired	North Dallas Forty Deion Branch, WR	Acquired		Trade

Week 9

Tue Nov 1 9:17 am ET	Touchdown My Pants	Taken off IR	Peyton Manning	IND	QB	Owner
Tue Nov 1 9:17 am ET	Touchdown My Pants	Placed on IR	Kevin Walter	HOU	WR	Owner
Wed Nov 2 10:20 am ET	Tha Lynch Mobb	Placed on IR	Josh Freeman	TAM	QB	Owner
Wed Nov 2 10:20 am ET	Tha Lynch Mobb	Taken off IR	Devin Hester	CHI	WR	Owner
Wed Nov 2 4:31 pm ET	Va.Beach G-Men	Taken off IR	James Jones	GNB	WR	Owner
Wed Nov 2 4:31 pm ET	Va.Beach G-Men	Placed on IR	Mark Ingram	NOR	RB	Owner
Wed Nov 2 7:22 pm ET	StrongMan	Placed on IR	Jonathan Stewart	CAR	RB	Owner
Wed Nov 2 7:22 pm ET	StrongMan	Taken off IR	Julio Jones	ATL	WR	Owner
Wed Nov 2 7:50 pm ET	Steel Curtain	Taken off IR	Joseph Addai	IND	RB	Owner
Wed Nov 2 7:50 pm ET	Steel Curtain	Placed on IR	Jermaine Gresham	CIN	TE	Owner
Wed Nov 2 8:15 pm ET	Touchdown My Pants	Released	Greg Little	CLE	WR	Waiver Wire
Wed Nov 2 8:15 pm ET	Tha Lynch Mobb	Acquired	Brent Celek	PHI	TE	Waiver Wire
Wed Nov 2 8:15 pm ET	Tha Lynch Mobb	Released	Devin Hester	CHI	WR	Waiver Wire
Wed Nov 2 8:15 pm ET	Touchdown My Pants	Acquired	Jonathan Baldwin	KAN	WR	Waiver Wire
Wed Nov 2 8:15 pm ET	Toronto Bound	Released	Philadelphia Eagles	PHI	Def/ST	Waiver Wire
Wed Nov 2 8:15 pm ET	Raiders of the Lost Ark	Released	Alfonso Smith	ARI	RB	Waiver Wire
Wed Nov 2 8:15 pm ET	Steel Curtain	Released	Danny Woodhead	NWE	RB	Waiver Wire
Wed Nov 2 8:15 pm ET	Steel Curtain	Acquired	Laurent Robinson	DAL	WR	Waiver Wire
Wed Nov 2 8:15 pm ET	Chip Rack Champs	Acquired	Ryan Succop	KAN	K	Waiver Wire
Wed Nov 2 8:15 pm ET	Raiders of the Lost Ark	Acquired	Chris Ogbonnaya	CLE	RB	Waiver Wire
Wed Nov 2 8:15 pm ET	SouthSide Six Shooters	Acquired	Chicago Bears	CHI	Def/ST	Waiver Wire
Wed Nov 2 8:15 pm ET	SouthSide Six Shooters	Released	Carolina Panthers	CAR	Def/ST	Waiver Wire
Wed Nov 2 8:15 pm ET	North Dallas Forty	Acquired	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Nov 2 8:15 pm ET	Chip Rack Champs	Released	Michael Jenkins	MIN	WR	Waiver Wire
Wed Nov 2 8:15 pm ET	Toronto Bound	Acquired	Heath Miller	PIT	TE	Waiver Wire
Wed Nov 2 8:15 pm ET	North Dallas Forty	Released	Josh Scobee	JAC	K	Waiver Wire
Wed Nov 2 8:15 pm ET	Tha Lynch Mobb	Acquired	Robbie Gould	CHI	K	Waiver Wire
Wed Nov 2 8:15 pm ET	Steel Curtain	Acquired	Thomas Jones	KAN	RB	Waiver Wire
Wed Nov 2 8:15 pm ET	Tha Lynch Mobb	Released	Olindo Mare	CAR	K	Waiver Wire
Wed Nov 2 8:15 pm ET	Steel Curtain	Released	Joseph Addai	IND	RB	Waiver Wire
Thu Nov 3 9:00 am ET	Raiders of the Lost Ark	Acquired	Joseph Addai	IND	RB	Owner
Thu Nov 3 9:00 am ET	Raiders of the Lost Ark	Released	Keiland Williams	DET	RB	Owner
Thu Nov 3 9:00 am ET	Raiders of the Lost Ark	Acquired	Oakland Raiders	OAK	Def/ST	Owner
Thu Nov 3 9:00 am ET	Raiders of the Lost Ark	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu Nov 3 12:04 pm ET	StrongMan	Acquired	Dallas Clark	IND	TE	Owner
Thu Nov 3 12:04 pm ET	StrongMan	Released	Steve Breaston	KAN	WR	Owner
Thu Nov 3 9:37 pm ET	Raiders of the Lost Ark	Acquired	Danny Ware	NYG	RB	Owner
Thu Nov 3 9:37 pm ET	Raiders of the Lost Ark	Released	Chris Ogbonnaya	CLE	RB	Owner
Fri Nov 4 1:28 am ET	Chip Rack Champs	Acquired	Kansas City Chiefs	KAN	Def/ST	Owner
Fri Nov 4 1:28 am ET	Chip Rack Champs	Released	Emmanuel Sanders	PIT	WR	Owner
Fri Nov 4 5:23 am ET	Va.Beach G-Men	Acquired	Chris Ogbonnaya	CLE	RB	Owner
Fri Nov 4 5:23 am ET	Va.Beach G-Men	Released	Ryan Longwell	MIN	K	Owner
Fri Nov 4 10:14 am ET	Beach Ball-Busters	Acquired	Greg Little	CLE	WR	Owner
Fri Nov 4 10:14 am ET	Beach Ball-Busters	Released	Justin Forsett	SEA	RB	Owner
Fri Nov 4 10:19 am ET	Beach Ball-Busters	Placed on IR	C.J. Spiller	BUF	RB	Owner
Fri Nov 4 10:19 am ET	Beach Ball-Busters	Taken off IR	Javon Ringer	TEN	RB	Owner
Fri Nov 4 12:25 pm ET	North Dallas Forty	Taken off IR	Darius Heyward-Bey	OAK	WR	Owner
Fri Nov 4 12:25 pm ET	North Dallas Forty	Placed on IR	Bernard Scott	CIN	RB	Owner



VB Meets the ROC

Fri Nov 4 12:31 pm ET	North Dallas Forty	Acquired	Philadelphia Eagles	PHI	Def/ST	Owner
Fri Nov 4 12:31 pm ET	North Dallas Forty	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Fri Nov 4 2:22 pm ET	Steel Curtain	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Fri Nov 4 2:22 pm ET	Steel Curtain	Released	Thomas Jones	KAN	RB	Owner
Fri Nov 4 2:27 pm ET	Steel Curtain	Acquired	Matt Bryant	ATL	K	Owner
Fri Nov 4 2:27 pm ET	Steel Curtain	Released	Andy Dalton	CIN	QB	Owner
Fri Nov 4 2:36 pm ET	Steel Curtain	Acquired	Donald Brown	IND	RB	Owner
Fri Nov 4 2:36 pm ET	Steel Curtain	Released	Houston Texans	HOU	Def/ST	Owner
Sat Nov 5 9:18 pm ET	K9's	Acquired	Danny Woodhead	NWE	RB	Owner
Sat Nov 5 9:18 pm ET	K9's	Released	Kevin Boss	OAK	TE	Owner
Sun Nov 6 7:01 am ET	Chip Rack Champs	Acquired	Lance Ball	DEN	RB	Owner
Sun Nov 6 7:01 am ET	Chip Rack Champs	Released	Damian Williams	TEN	WR	Owner
Sun Nov 6 12:55 pm ET	North Dallas Forty	Acquired	Nick Novak	SDG	K	Owner
Sun Nov 6 12:55 pm ET	North Dallas Forty	Released	Sebastian Janikowski	OAK	K	Owner

Week 10

Wed Nov 9 7:44 am ET	Raiders of the Lost Ark	Released	Ryan Grant	GNB	RB	Owner
Wed Nov 9 7:44 am ET	Raiders of the Lost Ark	Placed on IR	Miles Austin	DAL	WR	Owner
Wed Nov 9 3:21 pm ET	North Dallas Forty	Taken off IR	Bernard Scott	CIN	RB	Owner
Wed Nov 9 3:21 pm ET	North Dallas Forty	Placed on IR	Andre Johnson	HOU	WR	Owner
Wed Nov 9 4:22 pm ET	StrongMan	Taken off IR	Jonathan Stewart	CAR	RB	Owner
Wed Nov 9 4:22 pm ET	StrongMan	Released	Dallas Clark	IND	TE	Owner
Wed Nov 9 4:22 pm ET	StrongMan	Placed on IR	Daniel Thomas	MIA	RB	Owner
Wed Nov 9 8:16 pm ET	Raiders of the Lost Ark	Acquired	Kevin Smith	DET	RB	Waiver Wire
Wed Nov 9 8:16 pm ET	Raiders of the Lost Ark	Released	Danny Ware	NYG	RB	Waiver Wire
Wed Nov 9 8:16 pm ET	StrongMan	Acquired	Steve Breaston	KAN	WR	Waiver Wire
Wed Nov 9 8:16 pm ET	Chip Rack Champs	Acquired	Damian Williams	TEN	WR	Waiver Wire
Wed Nov 9 8:16 pm ET	Chip Rack Champs	Released	Ryan Succop	KAN	K	Waiver Wire
Wed Nov 9 8:16 pm ET	Beach Ball-Busters	Acquired	Alex Henery	PHI	K	Waiver Wire
Wed Nov 9 8:16 pm ET	Beach Ball-Busters	Released	Rian Lindell	BUF	K	Waiver Wire
Wed Nov 9 8:16 pm ET	Raiders of the Lost Ark	Acquired	Jacoby Ford	OAK	WR	Waiver Wire
Wed Nov 9 8:16 pm ET	North Dallas Forty	Acquired	Earl Bennett	CHI	WR	Waiver Wire
Wed Nov 9 8:16 pm ET	North Dallas Forty	Released	Bernard Scott	CIN	RB	Waiver Wire
Wed Nov 9 8:16 pm ET	Beach Ball-Busters	Acquired	San Diego Chargers	SDG	Def/ST	Waiver Wire
Wed Nov 9 8:16 pm ET	Beach Ball-Busters	Released	Denver Broncos	DEN	Def/ST	Waiver Wire
Fri Nov 11 12:13 pm ET	Steel Curtain	Acquired	Houston Texans	HOU	Def/ST	Owner
Fri Nov 11 12:13 pm ET	Steel Curtain	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Fri Nov 11 12:16 pm ET	Steel Curtain	Acquired	Joshua Cribbs	CLE	WR	Owner
Fri Nov 11 12:16 pm ET	Steel Curtain	Released	Mike Thomas	JAC	WR	Owner
Fri Nov 11 12:26 pm ET	Steel Curtain	Acquired	Nick Folk	NYJ	K	Owner
Fri Nov 11 12:26 pm ET	Steel Curtain	Released	Matt Bryant	ATL	K	Owner
Fri Nov 11 3:01 pm ET	Beach Ball-Busters	Acquired	Jacksonville Jaguars	JAC	Def/ST	Owner
Fri Nov 11 3:01 pm ET	Beach Ball-Busters	Released	San Diego Chargers	SDG	Def/ST	Owner
Fri Nov 11 3:14 pm ET	Touchdown My Pants	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Fri Nov 11 3:14 pm ET	Touchdown My Pants	Released	Peyton Manning	IND	QB	Owner
Sat Nov 12 10:12 pm ET	Chip Rack Champs	Acquired	Mark Clayton	STL	WR	Owner
Sat Nov 12 10:12 pm ET	Chip Rack Champs	Released	Kansas City Chiefs	KAN	Def/ST	Owner
Sun Nov 13 8:01 am ET	Chip Rack Champs	Acquired	Jason Hill	DEN	WR	Owner
Sun Nov 13 8:01 am ET	Chip Rack Champs	Released	Lance Ball	DEN	RB	Owner

Week 11

Tue Nov 15 2:59 pm ET	Steel Curtain	Taken off IR	Jermaine Gresham	CIN	TE	Owner
Tue Nov 15 2:59 pm ET	Steel Curtain	Placed on IR	Kellen Winslow	TAM	TE	Owner
Wed Nov 16 8:18 pm ET	Touchdown My Pants	Acquired	Lance Ball	DEN	RB	Waiver Wire
Wed Nov 16 8:18 pm ET	Tha Lynch Mobb	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Nov 16 8:18 pm ET	North Dallas Forty	Released	Matt Cassel	KAN	QB	Waiver Wire
Wed Nov 16 8:18 pm ET	Touchdown My Pants	Released	Matt Hasselbeck	TEN	QB	Waiver Wire
Wed Nov 16 8:18 pm ET	Tha Lynch Mobb	Released	New Orleans Saints	NOR	Def/ST	Waiver Wire
Wed Nov 16 8:18 pm ET	North Dallas Forty	Acquired	Carson Palmer	OAK	QB	Waiver Wire
Wed Nov 16 8:18 pm ET	Raiders of the Lost Ark	Acquired	Ed Dickson	BAL	TE	Waiver Wire
Wed Nov 16 8:18 pm ET	Raiders of the Lost Ark	Released	Joseph Addai	IND	RB	Waiver Wire
Wed Nov 16 8:18 pm ET	Beach Ball-Busters	Acquired	Vincent Brown	SDG	WR	Waiver Wire



VB Meets the ROC

Wed Nov 16 8:18 pm ET	Toronto Bound	Released	Heath Miller	PIT	TE	Waiver Wire
Wed Nov 16 8:18 pm ET	StrongMan	Released	John Kasay	NOR	K	Waiver Wire
Wed Nov 16 8:18 pm ET	Toronto Bound	Acquired	Ricky Williams	BAL	RB	Waiver Wire
Wed Nov 16 8:18 pm ET	StrongMan	Acquired	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Nov 16 8:18 pm ET	K9's	Acquired	Alex Smith	SFO	QB	Waiver Wire
Wed Nov 16 8:18 pm ET	Beach Ball-Busters	Released	Javon Ringer	TEN	RB	Waiver Wire
Wed Nov 16 8:18 pm ET	K9's	Released	Kevin Kolb	ARI	QB	Waiver Wire
Thu Nov 17 5:54 am ET	Chip Rack Champs	Released	Hines Ward	PIT	WR	Owner
Thu Nov 17 9:00 am ET	Chip Rack Champs	Acquired	Matt Hasselbeck	TEN	QB	Owner
Thu Nov 17 9:53 am ET	K9's	Acquired	Ryan Grant	GNB	RB	Owner
Thu Nov 17 9:53 am ET	K9's	Released	Randall Cobb	GNB	WR	Owner
Thu Nov 17 9:53 am ET	K9's	Acquired	John Kasay	NOR	K	Owner
Thu Nov 17 9:53 am ET	K9's	Released	Neil Rackers	HOU	K	Owner
Thu Nov 17 10:04 am ET	StrongMan	Acquired	Andy Dalton	CIN	QB	Owner
Thu Nov 17 10:04 am ET	StrongMan	Released	Steve Breaston	KAN	WR	Owner
Thu Nov 17 11:36 am ET	StrongMan	Acquired	Vince Young	PHI	QB	Owner
Thu Nov 17 11:36 am ET	StrongMan	Released	Andy Dalton	CIN	QB	Owner
Thu Nov 17 11:51 am ET	StrongMan	Placed on IR	Pierre Garcon	IND	WR	Owner
Thu Nov 17 11:51 am ET	StrongMan	Taken off IR	Daniel Thomas	MIA	RB	Owner
Thu Nov 17 2:03 pm ET	Steel Curtain	Acquired	New England Patriots	NWE	Def/ST	Owner
Thu Nov 17 2:03 pm ET	Steel Curtain	Released	Knowshon Moreno	DEN	RB	Owner
Thu Nov 17 4:07 pm ET	Va.Beach G-Men	Acquired	Preston Parker	TAM	WR	Owner
Thu Nov 17 4:08 pm ET	Va.Beach G-Men	Released	James Jones	GNB	WR	Owner
Thu Nov 17 6:15 pm ET	Steel Curtain	Acquired	Neil Rackers	HOU	K	Owner
Thu Nov 17 6:15 pm ET	Steel Curtain	Released	Shaun Suisham	PIT	K	Owner
Fri Nov 18 2:28 am ET	Chip Rack Champs	Placed on IR	LaDainian Tomlinson	NYJ	RB	Owner
Fri Nov 18 2:28 am ET	Chip Rack Champs	Taken off IR	Kregg Lumpkin	TAM	RB	Owner
Fri Nov 18 11:48 am ET	StrongMan	Acquired	Andy Dalton	CIN	QB	Owner
Fri Nov 18 11:48 am ET	StrongMan	Released	Vince Young	PHI	QB	Owner
Fri Nov 18 11:12 pm ET	K9's	Acquired	Mike Nugent	CIN	K	Owner
Fri Nov 18 11:12 pm ET	K9's	Released	John Kasay	NOR	K	Owner
Sat Nov 19 11:55 am ET	StrongMan	Acquired	Vince Young	PHI	QB	Owner
Sat Nov 19 11:55 am ET	StrongMan	Released	Andy Dalton	CIN	QB	Owner
Sat Nov 19 5:05 pm ET	Chip Rack Champs	Acquired	Harry Douglas	ATL	WR	Owner
Sat Nov 19 5:05 pm ET	Chip Rack Champs	Released	Jason Hill	DEN	WR	Owner
Sat Nov 19 7:36 pm ET	Raiders of the Lost Ark	Acquired	Steve Breaston	KAN	WR	Owner
Sat Nov 19 7:36 pm ET	Raiders of the Lost Ark	Released	Delone Carter	IND	RB	Owner
Sun Nov 20 9:52 am ET	Beach Ball-Busters	Acquired	Matt Bryant	ATL	K	Owner
Sun Nov 20 9:53 am ET	Beach Ball-Busters	Released	Alex Henery	PHI	K	Owner
Sun Nov 20 9:59 am ET	StrongMan	Placed on IR	Ben Tate	HOU	RB	Owner
Sun Nov 20 9:59 am ET	StrongMan	Taken off IR	Pierre Garcon	IND	WR	Owner
Sun Nov 20 10:00 am ET	StrongMan	Acquired	Scott Chandler	BUF	TE	Owner
Sun Nov 20 10:00 am ET	StrongMan	Released	Pierre Garcon	IND	WR	Owner
Sun Nov 20 12:43 pm ET	North Dallas Forty	Acquired	Steven Hauschka	SEA	K	Owner
Sun Nov 20 12:43 pm ET	North Dallas Forty	Released	Nick Novak	SDG	K	Owner
Sun Nov 20 3:42 pm ET	Toronto Bound	Released	Ryan Torain	WAS	RB	Owner

Week 12

Tue Nov 22 8:51 pm ET	Steel Curtain	Taken off IR	Kellen Winslow	TAM	TE	Owner
Tue Nov 22 8:51 pm ET	Steel Curtain	Placed on IR	Houston Texans	HOU	Def/ST	Owner
Wed Nov 23 5:31 am ET	Va.Beach G-Men	Taken off IR	Mark Ingram	NOR	RB	Owner
Wed Nov 23 5:31 am ET	Va.Beach G-Men	Released	Preston Parker	TAM	WR	Owner
Wed Nov 23 5:33 am ET	Va.Beach G-Men	Placed on IR	Jay Cutler	CHI	QB	Owner
Wed Nov 23 5:36 am ET	Va.Beach G-Men	Placed on IR	A.J. Green	CIN	WR	Owner
Wed Nov 23 5:36 am ET	Va.Beach G-Men	Taken off IR	Jay Cutler	CHI	QB	Owner
Wed Nov 23 9:29 am ET	Touchdown My Pants	Taken off IR	Kevin Walter	HOU	WR	Owner
Wed Nov 23 9:29 am ET	Touchdown My Pants	Placed on IR	Jonathan Baldwin	KAN	WR	Owner
Wed Nov 23 6:36 pm ET	StrongMan	Taken off IR	Ben Tate	HOU	RB	Owner
Wed Nov 23 6:36 pm ET	StrongMan	Placed on IR	Vince Young	PHI	QB	Owner
Wed Nov 23 6:39 pm ET	Beach Ball-Busters	Taken off IR	C.J. Spiller	BUF	RB	Owner
Wed Nov 23 6:39 pm ET	Beach Ball-Busters	Placed on IR	Felix Jones	DAL	RB	Owner
Wed Nov 23 7:14 pm ET	Beach Ball-Busters	Taken off IR	Felix Jones	DAL	RB	Owner



VB Meets the ROC

Wed Nov 23 7:14 pm ET	Beach Ball-Busters	Placed on IR	Marion Barber	CHI	RB	Owner
Wed Nov 23 7:57 pm ET	Steel Curtain	Taken off IR	Houston Texans	HOU	Def/ST	Owner
Wed Nov 23 7:57 pm ET	Steel Curtain	Placed on IR	Jermaine Gresham	CIN	TE	Owner
Wed Nov 23 8:16 pm ET	Toronto Bound	Acquired	John Kuhn	GNB	RB	Waiver Wire
Wed Nov 23 8:16 pm ET	North Dallas Forty	Acquired	John Kasay	NOR	K	Waiver Wire
Wed Nov 23 8:16 pm ET	North Dallas Forty	Released	Steven Hauschka	SEA	K	Waiver Wire
Wed Nov 23 8:16 pm ET	Touchdown My Pants	Acquired	Toby Gerhart	MIN	RB	Waiver Wire
Wed Nov 23 8:16 pm ET	Touchdown My Pants	Released	Kevin Walter	HOU	WR	Waiver Wire
Wed Nov 23 8:16 pm ET	North Dallas Forty	Acquired	Ryan Torain	WAS	RB	Waiver Wire
Wed Nov 23 8:16 pm ET	North Dallas Forty	Released	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Wed Nov 23 8:16 pm ET	StrongMan	Acquired	Pierre Garcon	IND	WR	Waiver Wire
Wed Nov 23 8:16 pm ET	StrongMan	Released	Scott Chandler	BUF	TE	Waiver Wire
Wed Nov 23 8:16 pm ET	Va.Beach G-Men	Acquired	Andre Caldwell	CIN	WR	Waiver Wire
Wed Nov 23 8:16 pm ET	K9's	Acquired	Matt Leinart	HOU	QB	Waiver Wire
Wed Nov 23 8:16 pm ET	K9's	Released	Matt Schaub	HOU	QB	Waiver Wire
Wed Nov 23 8:16 pm ET	Beach Ball-Busters	Acquired	Heath Miller	PIT	TE	Waiver Wire
Wed Nov 23 8:16 pm ET	Beach Ball-Busters	Released	Greg Little	CLE	WR	Waiver Wire
Thu Nov 24 9:05 am ET	Chip Rack Champs	Acquired	Joe McKnight	NYJ	RB	Owner
Thu Nov 24 9:05 am ET	Chip Rack Champs	Released	Harry Douglas	ATL	WR	Owner
Thu Nov 24 9:17 am ET	Chip Rack Champs	Acquired	Nate Burleson	DET	WR	Owner
Thu Nov 24 9:17 am ET	Chip Rack Champs	Released	Kregg Lumpkin	TAM	RB	Owner
Thu Nov 24 10:46 am ET	Beach Ball-Busters	Acquired	Seattle Seahawks	SEA	Def/ST	Owner
Thu Nov 24 10:46 am ET	Beach Ball-Busters	Released	Jacksonville Jaguars	JAC	Def/ST	Owner
Thu Nov 24 11:04 am ET	Chip Rack Champs	Acquired	Tashard Choice	BUF	RB	Owner
Thu Nov 24 11:04 am ET	Chip Rack Champs	Released	Fred Jackson	BUF	RB	Owner
Thu Nov 24 11:18 am ET	StrongMan	Taken off IR	Vince Young	PHI	QB	Owner
Thu Nov 24 11:18 am ET	StrongMan	Placed on IR	Pierre Garcon	IND	WR	Owner
Thu Nov 24 11:16 pm ET	Toronto Bound	Acquired	Carolina Panthers	CAR	Def/ST	Owner
Thu Nov 24 11:16 pm ET	Toronto Bound	Released	Ricky Williams	BAL	RB	Owner
Fri Nov 25 11:21 am ET	Va.Beach G-Men	Taken off IR	A.J. Green	CIN	WR	Owner
Fri Nov 25 11:21 am ET	Va.Beach G-Men	Released	Andre Caldwell	CIN	WR	Owner
Fri Nov 25 5:37 pm ET	Chip Rack Champs	Acquired	Johnny White	BUF	RB	Owner
Fri Nov 25 5:37 pm ET	Chip Rack Champs	Released	Mark Clayton	STL	WR	Owner
Sat Nov 26 2:00 am ET	Toronto Bound	Acquired	Javon Ringer	TEN	RB	Owner
Sat Nov 26 2:00 am ET	Toronto Bound	Released	Jahvid Best	DET	RB	Owner
Sat Nov 26 2:00 am ET	Toronto Bound	Placed on IR	Isaac Redman	PIT	RB	Owner
Sun Nov 27 1:12 am ET	SouthSide Six Shooters	Taken off IR	Santana Moss	WAS	WR	Owner
Sun Nov 27 1:12 am ET	SouthSide Six Shooters	Placed on IR	Eric Decker	DEN	WR	Owner
Sun Nov 27 1:16 am ET	SouthSide Six Shooters	Acquired	Andy Dalton	CIN	QB	Owner
Sun Nov 27 1:16 am ET	SouthSide Six Shooters	Released	Jason Avant	PHI	WR	Owner
Sun Nov 27 11:42 am ET	StrongMan	Taken off IR	Pierre Garcon	IND	WR	Owner
Sun Nov 27 11:42 am ET	StrongMan	Placed on IR	Daniel Thomas	MIA	RB	Owner
Sun Nov 27 12:30 pm ET	North Dallas Forty	Acquired	Joseph Addai	IND	RB	Owner
Sun Nov 27 12:30 pm ET	North Dallas Forty	Released	Earl Bennett	CHI	WR	Owner
Sun Nov 27 12:53 pm ET	North Dallas Forty	Taken off IR	Andre Johnson	HOU	WR	Owner
Sun Nov 27 12:53 pm ET	North Dallas Forty	Placed on IR	Joseph Addai	IND	RB	Owner
Sun Nov 27 12:53 pm ET	Toronto Bound	Acquired	Scott Chandler	BUF	TE	Owner
Sun Nov 27 12:53 pm ET	Toronto Bound	Released	Javon Ringer	TEN	RB	Owner

Week 13

Wed Nov 30 5:59 pm ET	Touchdown My Pants	Taken off IR	Jonathan Baldwin	KAN	WR	Owner
Wed Nov 30 5:59 pm ET	Touchdown My Pants	Placed on IR	Torrey Smith	BAL	WR	Owner
Wed Nov 30 8:16 pm ET	Chip Rack Champs	Acquired	Kyle Orton	KAN	QB	Waiver Wire
Wed Nov 30 8:16 pm ET	Chip Rack Champs	Released	Joe McKnight	NYJ	RB	Waiver Wire
Wed Nov 30 8:16 pm ET	Chip Rack Champs	Acquired	Jason Avant	PHI	WR	Waiver Wire
Wed Nov 30 8:16 pm ET	Chip Rack Champs	Released	Tashard Choice	BUF	RB	Waiver Wire
Wed Nov 30 8:16 pm ET	Toronto Bound	Acquired	Atlanta Falcons	ATL	Def/ST	Waiver Wire
Wed Nov 30 8:16 pm ET	Toronto Bound	Released	Carolina Panthers	CAR	Def/ST	Waiver Wire
Wed Nov 30 8:16 pm ET	Touchdown My Pants	Acquired	Johnny Knox	CHI	WR	Waiver Wire
Wed Nov 30 8:16 pm ET	Touchdown My Pants	Released	Jonathan Baldwin	KAN	WR	Waiver Wire
Wed Nov 30 10:22 pm ET	Va.Beach G-Men	Placed on IR	Jay Cutler	CHI	QB	Owner
Thu Dec 1 11:16 am ET	K9's	Acquired	Tarvaris Jackson	SEA	QB	Owner



VB Meets the ROC

Thu Dec 1 11:16 am ET	K9's	Released	Matt Leinart	HOU	QB	Owner
Thu Dec 1 11:29 am ET	Raiders of the Lost Ark	Acquired	Greg Little	CLE	WR	Owner
Thu Dec 1 11:29 am ET	Raiders of the Lost Ark	Released	Sidney Rice	SEA	WR	Owner
Thu Dec 1 6:57 pm ET	Steel Curtain	Acquired	James Jones	GNB	WR	Owner
Thu Dec 1 6:57 pm ET	Steel Curtain	Released	Nick Folk	NYJ	K	Owner
Thu Dec 1 8:38 pm ET	Steel Curtain	Taken off IR	Jermaine Gresham	CIN	TE	Owner
Thu Dec 1 8:38 pm ET	Steel Curtain	Placed on IR	New England Patriots	NWE	Def/ST	Owner
Sat Dec 3 10:24 am ET	Steel Curtain	Taken off IR	New England Patriots	NWE	Def/ST	Owner
Sat Dec 3 10:24 am ET	Steel Curtain	Placed on IR	Dexter McCluster	KAN	RB	Owner
Sun Dec 4 6:34 am ET	Chip Rack Champs	Acquired	Rob Bironas	TEN	K	Owner
Sun Dec 4 6:34 am ET	Chip Rack Champs	Released	Kyle Orton	KAN	QB	Owner
Sun Dec 4 9:56 am ET	Va.Beach G-Men	Acquired	Denver Broncos	DEN	Def/ST	Owner
Sun Dec 4 9:56 am ET	Va.Beach G-Men	Released	New York Giants	NYG	Def/ST	Owner

Playoff Week 1

Tue Dec 6 4:45 pm ET	StrongMan	Taken off IR	Daniel Thomas	MIA	RB	Owner
Tue Dec 6 4:45 pm ET	StrongMan	Placed on IR	Vince Young	PHI	QB	Owner
Wed Dec 7 1:57 pm ET	Steel Curtain	Released	James Jones	GNB	WR	Owner
Wed Dec 7 4:10 pm ET	StrongMan	Released	Vince Young	PHI	QB	Owner
Wed Dec 7 4:10 pm ET	StrongMan	Placed on IR	Ben Tate	HOU	RB	Owner
Wed Dec 7 4:11 pm ET	StrongMan	Taken off IR	Ben Tate	HOU	RB	Owner
Wed Dec 7 6:36 pm ET	Beach Ball-Busters	Taken off IR	Marion Barber	CHI	RB	Owner
Wed Dec 7 6:36 pm ET	Beach Ball-Busters	Placed on IR	Felix Jones	DAL	RB	Owner
Thu Dec 8 2:31 am ET	Chip Rack Champs	Taken off IR	LaDainian Tomlinson	NYJ	RB	Owner
Thu Dec 8 2:31 am ET	Chip Rack Champs	Placed on IR	Nate Washington	TEN	WR	Owner
Thu Dec 8 2:31 am ET	Chip Rack Champs	Released	Johnny White	BUF	RB	Owner
Thu Dec 8 8:57 am ET	Steel Curtain	Released	Joshua Cribbs	CLE	WR	Owner
Thu Dec 8 9:00 am ET	North Dallas Forty	Released	Fred Davis	WAS	TE	Owner
Thu Dec 8 9:00 am ET	Touchdown My Pants	Released	Lance Ball	DEN	RB	Owner
Thu Dec 8 9:01 am ET	Touchdown My Pants	Acquired	Demaryius Thomas	DEN	WR	Owner
Thu Dec 8 9:02 am ET	Steel Curtain	Acquired	Brandon Saine	GNB	RB	Owner
Thu Dec 8 9:04 am ET	Steel Curtain	Acquired	Matt Moore	MIA	QB	Owner
Thu Dec 8 9:04 am ET	North Dallas Forty	Acquired	Anthony Fasano	MIA	TE	Owner
Thu Dec 8 9:53 am ET	North Dallas Forty	Acquired	Thomas Jones	KAN	RB	Owner
Thu Dec 8 9:53 am ET	North Dallas Forty	Released	Ryan Torain	WAS	RB	Owner
Thu Dec 8 10:19 am ET	Chip Rack Champs	Acquired	Lance Ball	DEN	RB	Owner
Thu Dec 8 11:14 am ET	Raiders of the Lost Ark	Taken off IR	Miles Austin	DAL	WR	Owner
Thu Dec 8 11:14 am ET	Raiders of the Lost Ark	Placed on IR	Darren McFadden	OAK	RB	Owner
Sat Dec 10 3:05 am ET	Chip Rack Champs	Acquired	Devin Aromashodu	MIN	WR	Owner
Sat Dec 10 3:05 am ET	Chip Rack Champs	Released	Jason Avant	PHI	WR	Owner
Sun Dec 11 7:09 am ET	Raiders of the Lost Ark	Acquired	Nick Novak	SDG	K	Owner
Sun Dec 11 7:09 am ET	Raiders of the Lost Ark	Released	Billy Cundiff	BAL	K	Owner

Playoff Week 2

Tue Dec 13 10:49 pm ET	Beach Ball-Busters	Taken off IR	Felix Jones	DAL	RB	Owner
Tue Dec 13 10:49 pm ET	Beach Ball-Busters	Placed on IR	Lance Moore	NOR	WR	Owner
Thu Dec 15 2:46 am ET	Chip Rack Champs	Released	Greg Jennings	GNB	WR	Owner
Thu Dec 15 2:18 pm ET	North Dallas Forty	Acquired	Keiland Williams	DET	RB	Owner
Thu Dec 15 2:18 pm ET	North Dallas Forty	Released	DeMarco Murray	DAL	RB	Owner
Thu Dec 15 2:56 pm ET	StrongMan	Acquired	Kahlil Bell	CHI	RB	Owner
Thu Dec 15 2:56 pm ET	StrongMan	Placed on IR	Daniel Thomas	MIA	RB	Owner
Thu Dec 15 3:48 pm ET	Chip Rack Champs	Acquired	James Jones	GNB	WR	Owner
Thu Dec 15 3:49 pm ET	Chip Rack Champs	Acquired	Mercedes Lewis	JAC	TE	Owner
Thu Dec 15 3:49 pm ET	Chip Rack Champs	Released	Lance Ball	DEN	RB	Owner
Sat Dec 17 9:38 am ET	K9's	Acquired	John Skelton	ARI	QB	Owner
Sat Dec 17 9:39 am ET	K9's	Released	Tarvaris Jackson	SEA	QB	Owner
Sat Dec 17 9:39 am ET	K9's	Acquired	Christian Ponder	MIN	QB	Owner
Sat Dec 17 9:39 am ET	K9's	Released	Danny Woodhead	NWE	RB	Owner

Playoff Week 3

Wed Dec 21 7:06 am ET	Touchdown My Pants	Released	Johnny Knox	CHI	WR	Owner
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VB Meets the ROC

Thu Dec 22 8:57 am ET	StrongMan	Released	Pierre Garcon	IND	WR	Owner
Thu Dec 22 9:00 am ET	Touchdown My Pants	Acquired	Sammy Morris	DAL	RB	Owner
Thu Dec 22 9:00 am ET	StrongMan	Acquired	Lance Ball	DEN	RB	Owner
Thu Dec 22 9:43 am ET	Touchdown My Pants	Acquired	Darrius Heyward-Bey	OAK	WR	Owner
Thu Dec 22 9:43 am ET	Touchdown My Pants	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Thu Dec 22 6:19 pm ET	Chip Rack Champs	Taken off IR	Nate Washington	TEN	WR	Owner
Thu Dec 22 6:19 pm ET	Chip Rack Champs	Placed on IR	Detroit Lions	DET	Def/ST	Owner
Fri Dec 23 8:37 pm ET	North Dallas Forty	Acquired	Stevan Ridley	NWE	RB	Owner
Fri Dec 23 8:37 pm ET	North Dallas Forty	Released	Keiland Williams	DET	RB	Owner
Fri Dec 23 8:38 pm ET	North Dallas Forty	Acquired	Jacquizz Rodgers	ATL	RB	Owner
Fri Dec 23 8:38 pm ET	North Dallas Forty	Released	Anthony Fasano	MIA	TE	Owner
Fri Dec 23 8:39 pm ET	North Dallas Forty	Released	Joseph Addai	IND	RB	Owner
Fri Dec 23 8:39 pm ET	North Dallas Forty	Placed on IR	Andre Johnson	HOU	WR	Owner
Fri Dec 23 8:43 pm ET	North Dallas Forty	Acquired	Lavelle Hawkins	TEN	WR	Owner
Sat Dec 24 3:29 am ET	Chip Rack Champs	Acquired	Jared Cook	TEN	TE	Owner
Sat Dec 24 3:29 am ET	Chip Rack Champs	Released	Jake Ballard	NYG	TE	Owner
Sat Dec 24 11:44 am ET	North Dallas Forty	Acquired	Evan Royster	WAS	RB	Owner
Sat Dec 24 11:44 am ET	North Dallas Forty	Released	Jacquizz Rodgers	ATL	RB	Owner
Sat Dec 24 12:50 pm ET	North Dallas Forty	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Sat Dec 24 12:50 pm ET	North Dallas Forty	Released	Philadelphia Eagles	PHI	Def/ST	Owner

Offseason