



Week 1

Sat Aug 27 5:30 am ET	High Steppin'	Acquired	Tony Romo	DAL	QB	Commissioner
Sat Aug 27 5:30 am ET	High Steppin'	Acquired	Matthew Stafford	DET	QB	Commissioner
Sat Aug 27 5:33 am ET	High Steppin'	Acquired	DeAngelo Williams	CAR	RB	Commissioner
Sat Aug 27 5:33 am ET	High Steppin'	Acquired	Marshawn Lynch	SEA	RB	Commissioner
Sat Aug 27 5:33 am ET	High Steppin'	Acquired	Adrian Peterson	MIN	RB	Commissioner
Sat Aug 27 5:33 am ET	High Steppin'	Acquired	Fred Jackson	BUF	RB	Commissioner
Sat Aug 27 5:35 am ET	High Steppin'	Acquired	Marques Colston	NOR	WR	Commissioner
Sat Aug 27 5:35 am ET	High Steppin'	Acquired	Malcom Floyd	SDG	WR	Commissioner
Sat Aug 27 5:35 am ET	High Steppin'	Acquired	Jeremy Maclin	PHI	WR	Commissioner
Sat Aug 27 5:35 am ET	High Steppin'	Acquired	Hakeem Nicks	NYG	WR	Commissioner
Sat Aug 27 5:35 am ET	High Steppin'	Acquired	A.J. Green	CIN	WR	Commissioner
Sat Aug 27 5:36 am ET	High Steppin'	Acquired	Jared Cook	TEN	TE	Commissioner
Sat Aug 27 5:36 am ET	High Steppin'	Acquired	Antonio Gates	SDG	TE	Commissioner
Sat Aug 27 5:37 am ET	High Steppin'	Acquired	Matt Bryant	ATL	K	Commissioner
Sat Aug 27 5:37 am ET	High Steppin'	Acquired	Adam Vinatieri	IND	K	Commissioner
Sat Aug 27 5:38 am ET	High Steppin'	Acquired	Chicago Bears	CHI	Defense	Commissioner
Sat Aug 27 5:38 am ET	High Steppin'	Acquired	Miami Dolphins	MIA	Defense	Commissioner
Sat Aug 27 5:39 am ET	High Steppin'	Acquired	Chicago Bears	CHI	Special Team	Commissioner
Sat Aug 27 5:39 am ET	High Steppin'	Acquired	Miami Dolphins	MIA	Special Team	Commissioner
Sat Aug 27 5:40 am ET	LIONHEART	Acquired	Philip Rivers	SDG	QB	Commissioner
Sat Aug 27 5:40 am ET	LIONHEART	Acquired	David Garrard	---	QB	Commissioner
Sat Aug 27 5:44 am ET	LIONHEART	Acquired	Knowshon Moreno	DEN	RB	Commissioner
Sat Aug 27 5:44 am ET	LIONHEART	Acquired	Arian Foster	HOU	RB	Commissioner
Sat Aug 27 5:44 am ET	LIONHEART	Acquired	Jahvid Best	DET	RB	Commissioner
Sat Aug 27 5:44 am ET	LIONHEART	Acquired	C.J. Spiller	BUF	RB	Commissioner
Sat Aug 27 5:46 am ET	LIONHEART	Acquired	Nate Burleson	DET	WR	Commissioner
Sat Aug 27 5:46 am ET	LIONHEART	Acquired	Vincent Jackson	SDG	WR	Commissioner
Sat Aug 27 5:46 am ET	LIONHEART	Acquired	Roy Williams	CHI	WR	Commissioner
Sat Aug 27 5:46 am ET	LIONHEART	Acquired	Mario Manningham	NYG	WR	Commissioner
Sat Aug 27 5:46 am ET	LIONHEART	Acquired	Brandon Marshall	MIA	WR	Commissioner
Sat Aug 27 5:47 am ET	LIONHEART	Acquired	Chris Cooley	WAS	TE	Commissioner
Sat Aug 27 5:47 am ET	LIONHEART	Acquired	Vernon Davis	SFO	TE	Commissioner
Sat Aug 27 5:48 am ET	LIONHEART	Acquired	Josh Brown	STL	K	Commissioner
Sat Aug 27 5:48 am ET	LIONHEART	Acquired	Dan Carpenter	MIA	K	Commissioner
Sat Aug 27 5:49 am ET	LIONHEART	Acquired	San Francisco 49ers	SFO	Defense	Commissioner
Sat Aug 27 5:49 am ET	LIONHEART	Acquired	Detroit Lions	DET	Defense	Commissioner
Sat Aug 27 5:50 am ET	LIONHEART	Acquired	Detroit Lions	DET	Special Team	Commissioner
Sat Aug 27 5:50 am ET	LIONHEART	Acquired	San Francisco 49ers	SFO	Special Team	Commissioner
Sat Aug 27 5:51 am ET	The Commishes Bitches	Acquired	Peyton Manning	IND	QB	Commissioner
Sat Aug 27 5:51 am ET	The Commishes Bitches	Acquired	Matt Schaub	HOU	QB	Commissioner
Sat Aug 27 5:53 am ET	The Commishes Bitches	Acquired	Steven Jackson	STL	RB	Commissioner
Sat Aug 27 5:53 am ET	The Commishes Bitches	Acquired	Chris Johnson	TEN	RB	Commissioner
Sat Aug 27 5:53 am ET	The Commishes Bitches	Acquired	Pierre Thomas	NOR	RB	Commissioner
Sat Aug 27 5:53 am ET	The Commishes Bitches	Acquired	Cedric Benson	CIN	RB	Commissioner
Sat Aug 27 5:55 am ET	The Commishes Bitches	Acquired	Steve Smith	CAR	WR	Commissioner
Sat Aug 27 5:55 am ET	The Commishes Bitches	Acquired	Mike Williams	SEA	WR	Commissioner
Sat Aug 27 5:55 am ET	The Commishes Bitches	Acquired	Larry Fitzgerald	ARI	WR	Commissioner
Sat Aug 27 5:55 am ET	The Commishes Bitches	Acquired	Miles Austin	DAL	WR	Commissioner
Sat Aug 27 5:55 am ET	The Commishes Bitches	Acquired	Santonio Holmes	NYJ	WR	Commissioner
Sat Aug 27 5:56 am ET	The Commishes Bitches	Acquired	Jermaine Gresham	CIN	TE	Commissioner
Sat Aug 27 5:56 am ET	The Commishes Bitches	Acquired	Kellen Winslow	TAM	TE	Commissioner
Sat Aug 27 5:57 am ET	The Commishes Bitches	Acquired	Matt Prater	DEN	K	Commissioner
Sat Aug 27 5:57 am ET	The Commishes Bitches	Acquired	Robbie Gould	CHI	K	Commissioner
Sat Aug 27 5:58 am ET	The Commishes Bitches	Acquired	Oakland Raiders	OAK	Defense	Commissioner
Sat Aug 27 5:58 am ET	The Commishes Bitches	Acquired	San Diego Chargers	SDG	Defense	Commissioner
Sat Aug 27 5:59 am ET	The Commishes Bitches	Acquired	Oakland Raiders	OAK	Special Team	Commissioner
Sat Aug 27 5:59 am ET	The Commishes Bitches	Acquired	San Diego Chargers	SDG	Special Team	Commissioner
Sat Aug 27 6:00 am ET	Regulators	Acquired	Sam Bradford	STL	QB	Commissioner
Sat Aug 27 6:00 am ET	Regulators	Acquired	Matt Ryan	ATL	QB	Commissioner
Sat Aug 27 6:03 am ET	Regulators	Acquired	Michael Turner	ATL	RB	Commissioner
Sat Aug 27 6:03 am ET	Regulators	Acquired	LaDainian Tomlinson	NYJ	RB	Commissioner



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Sat Aug 27 6:03 am ET	Regulators	Acquired	Jamaal Charles	KAN	RB	Commissioner
Sat Aug 27 6:03 am ET	Regulators	Acquired	Chris Wells	ARI	RB	Commissioner
Sat Aug 27 6:03 am ET	Regulators	Acquired	Toby Gerhart	MIN	RB	Commissioner
Sat Aug 27 6:04 am ET	Regulators	Acquired	Wes Welker	NWE	WR	Commissioner
Sat Aug 27 6:04 am ET	Regulators	Acquired	Reggie Wayne	IND	WR	Commissioner
Sat Aug 27 6:04 am ET	Regulators	Acquired	Steve Breaston	KAN	WR	Commissioner
Sat Aug 27 6:04 am ET	Regulators	Acquired	Steve Johnson	BUF	WR	Commissioner
Sat Aug 27 6:06 am ET	Regulators	Acquired	Tony Moeaki	KAN	TE	Commissioner
Sat Aug 27 6:06 am ET	Regulators	Acquired	Jermichael Finley	GNB	TE	Commissioner
Sat Aug 27 6:06 am ET	Regulators	Acquired	Billy Cundiff	BAL	K	Commissioner
Sat Aug 27 6:06 am ET	Regulators	Acquired	Stephen Gostkowski	NWE	K	Commissioner
Sat Aug 27 6:07 am ET	Regulators	Acquired	Green Bay Packers	GNB	Defense	Commissioner
Sat Aug 27 6:07 am ET	Regulators	Acquired	Kansas City Chiefs	KAN	Defense	Commissioner
Sat Aug 27 6:08 am ET	Regulators	Acquired	Kansas City Chiefs	KAN	Special Team	Commissioner
Sat Aug 27 6:08 am ET	Regulators	Acquired	Green Bay Packers	GNB	Special Team	Commissioner
Sat Aug 27 6:09 am ET	Evans Almighty	Acquired	Drew Brees	NOR	QB	Commissioner
Sat Aug 27 6:09 am ET	Evans Almighty	Acquired	Josh Freeman	TAM	QB	Commissioner
Sat Aug 27 6:11 am ET	Evans Almighty	Acquired	Daniel Thomas	MIA	RB	Commissioner
Sat Aug 27 6:11 am ET	Evans Almighty	Acquired	LeSean McCoy	PHI	RB	Commissioner
Sat Aug 27 6:11 am ET	Evans Almighty	Acquired	Michael Bush	OAK	RB	Commissioner
Sat Aug 27 6:11 am ET	Evans Almighty	Acquired	Joseph Addai	IND	RB	Commissioner
Sat Aug 27 6:11 am ET	Evans Almighty	Acquired	Mark Ingram	NOR	RB	Commissioner
Sat Aug 27 6:12 am ET	Evans Almighty	Acquired	Kenny Britt	TEN	WR	Commissioner
Sat Aug 27 6:12 am ET	Evans Almighty	Acquired	Dwayne Bowe	KAN	WR	Commissioner
Sat Aug 27 6:12 am ET	Evans Almighty	Acquired	Anquan Boldin	BAL	WR	Commissioner
Sat Aug 27 6:12 am ET	Evans Almighty	Acquired	Johnny Knox	CHI	WR	Commissioner
Sat Aug 27 6:13 am ET	Evans Almighty	Acquired	Zach Miller	SEA	TE	Commissioner
Sat Aug 27 6:13 am ET	Evans Almighty	Acquired	Daniel Graham	TEN	TE	Commissioner
Sat Aug 27 6:14 am ET	Evans Almighty	Acquired	Garrett Hartley	NOR	K	Commissioner
Sat Aug 27 6:14 am ET	Evans Almighty	Acquired	Nick Folk	NYJ	K	Commissioner
Sat Aug 27 6:15 am ET	Evans Almighty	Acquired	New Orleans Saints	NOR	Defense	Commissioner
Sat Aug 27 6:15 am ET	Evans Almighty	Acquired	New England Patriots	NWE	Defense	Commissioner
Sat Aug 27 6:15 am ET	Evans Almighty	Acquired	New England Patriots	NWE	Special Team	Commissioner
Sat Aug 27 6:15 am ET	Evans Almighty	Acquired	New Orleans Saints	NOR	Special Team	Commissioner
Sat Aug 27 6:16 am ET	THE BIG DOGG	Acquired	Ben Roethlisberger	PIT	QB	Commissioner
Sat Aug 27 6:16 am ET	THE BIG DOGG	Acquired	Joe Flacco	BAL	QB	Commissioner
Sat Aug 27 6:18 am ET	THE BIG DOGG	Acquired	Marion Barber	CHI	RB	Commissioner
Sat Aug 27 6:18 am ET	THE BIG DOGG	Acquired	Ryan Mathews	SDG	RB	Commissioner
Sat Aug 27 6:18 am ET	THE BIG DOGG	Acquired	Felix Jones	DAL	RB	Commissioner
Sat Aug 27 6:18 am ET	THE BIG DOGG	Acquired	Ray Rice	BAL	RB	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Greg Jennings	GNB	WR	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Plaxico Burress	NYJ	WR	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Michael Crabtree	SFO	WR	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	DeSean Jackson	PHI	WR	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Lance Moore	NOR	WR	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Owen Daniels	HOU	TE	Commissioner
Sat Aug 27 6:20 am ET	THE BIG DOGG	Acquired	Aaron Hernandez	NWE	TE	Commissioner
Sat Aug 27 6:21 am ET	THE BIG DOGG	Acquired	Ryan Longwell	MIN	K	Commissioner
Sat Aug 27 6:21 am ET	THE BIG DOGG	Acquired	Sebastian Janikowski	OAK	K	Commissioner
Sat Aug 27 6:22 am ET	THE BIG DOGG	Acquired	New York Giants	NYG	Defense	Commissioner
Sat Aug 27 6:22 am ET	THE BIG DOGG	Acquired	New York Jets	NYJ	Defense	Commissioner
Sat Aug 27 6:22 am ET	THE BIG DOGG	Acquired	New York Jets	NYJ	Special Team	Commissioner
Sat Aug 27 6:22 am ET	THE BIG DOGG	Acquired	New York Giants	NYG	Special Team	Commissioner
Sat Aug 27 6:23 am ET	Juice Box Heroes	Acquired	Kyle Orton	KAN	QB	Commissioner
Sat Aug 27 6:23 am ET	Juice Box Heroes	Acquired	Eli Manning	NYG	QB	Commissioner
Sat Aug 27 6:26 am ET	Juice Box Heroes	Acquired	Darren McFadden	OAK	RB	Commissioner
Sat Aug 27 6:26 am ET	Juice Box Heroes	Acquired	Rashard Mendenhall	PIT	RB	Commissioner
Sat Aug 27 6:26 am ET	Juice Box Heroes	Acquired	LeGarrette Blount	TAM	RB	Commissioner
Sat Aug 27 6:28 am ET	Juice Box Heroes	Acquired	Calvin Johnson	DET	WR	Commissioner
Sat Aug 27 6:28 am ET	Juice Box Heroes	Acquired	Mike Sims-Walker	---	WR	Commissioner
Sat Aug 27 6:28 am ET	Juice Box Heroes	Acquired	Brandon Lloyd	STL	WR	Commissioner
Sat Aug 27 6:28 am ET	Juice Box Heroes	Acquired	Mike Wallace	PIT	WR	Commissioner
Sat Aug 27 6:28 am ET	Juice Box Heroes	Acquired	Julio Jones	ATL	WR	Commissioner



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Sat Aug 27 6:29 am ET	Juice Box Heroes	Acquired	Brandon Pettigrew	DET	TE	Commissioner
Sat Aug 27 6:29 am ET	Juice Box Heroes	Acquired	Rob Gronkowski	NWE	TE	Commissioner
Sat Aug 27 6:30 am ET	Juice Box Heroes	Acquired	Neil Rackers	HOU	K	Commissioner
Sat Aug 27 6:30 am ET	Juice Box Heroes	Acquired	Ryan Succop	KAN	K	Commissioner
Sat Aug 27 6:31 am ET	Juice Box Heroes	Acquired	Minnesota Vikings	MIN	Defense	Commissioner
Sat Aug 27 6:31 am ET	Juice Box Heroes	Acquired	Tampa Bay Buccaneers	TAM	Defense	Commissioner
Sat Aug 27 6:31 am ET	Juice Box Heroes	Acquired	Tampa Bay Buccaneers	TAM	Special Team	Commissioner
Sat Aug 27 6:31 am ET	Juice Box Heroes	Acquired	Minnesota Vikings	MIN	Special Team	Commissioner
Sat Aug 27 6:32 am ET	Ruff Ryders	Acquired	Tom Brady	NWE	QB	Commissioner
Sat Aug 27 6:32 am ET	Ruff Ryders	Acquired	Mark Sanchez	NYJ	QB	Commissioner
Sat Aug 27 6:34 am ET	Ruff Ryders	Acquired	Matt Forte	CHI	RB	Commissioner
Sat Aug 27 6:34 am ET	Ruff Ryders	Acquired	BenJarvus Green-Ellis	NWE	RB	Commissioner
Sat Aug 27 6:34 am ET	Ruff Ryders	Acquired	Ryan Grant	GNB	RB	Commissioner
Sat Aug 27 6:34 am ET	Ruff Ryders	Acquired	Willis McGahee	DEN	RB	Commissioner
Sat Aug 27 6:35 am ET	Ruff Ryders	Acquired	Chad Ochocinco	NWE	WR	Commissioner
Sat Aug 27 6:35 am ET	Ruff Ryders	Acquired	Andre Johnson	HOU	WR	Commissioner
Sat Aug 27 6:35 am ET	Ruff Ryders	Acquired	Lee Evans	BAL	WR	Commissioner
Sat Aug 27 6:35 am ET	Ruff Ryders	Acquired	Braylon Edwards	---	WR	Commissioner
Sat Aug 27 6:36 am ET	Ruff Ryders	Acquired	Donald Driver	GNB	WR	Commissioner
Sat Aug 27 6:37 am ET	Ruff Ryders	Acquired	Dustin Keller	NYJ	TE	Commissioner
Sat Aug 27 6:37 am ET	Ruff Ryders	Acquired	Mercedes Lewis	JAC	TE	Commissioner
Sat Aug 27 6:38 am ET	Ruff Ryders	Acquired	Jason Hanson	DET	K	Commissioner
Sat Aug 27 6:38 am ET	Ruff Ryders	Acquired	Rob Bironas	TEN	K	Commissioner
Sat Aug 27 6:38 am ET	Ruff Ryders	Acquired	Pittsburgh Steelers	PIT	Defense	Commissioner
Sat Aug 27 6:38 am ET	Ruff Ryders	Acquired	Tennessee Titans	TEN	Defense	Commissioner
Sat Aug 27 6:39 am ET	Ruff Ryders	Acquired	Tennessee Titans	TEN	Special Team	Commissioner
Sat Aug 27 6:39 am ET	Ruff Ryders	Acquired	Pittsburgh Steelers	PIT	Special Team	Commissioner
Sat Aug 27 6:39 am ET	High Rollers	Acquired	Michael Vick	PHI	QB	Commissioner
Sat Aug 27 6:39 am ET	High Rollers	Acquired	Kevin Kolb	ARI	QB	Commissioner
Sat Aug 27 6:41 am ET	High Rollers	Acquired	Frank Gore	SFO	RB	Commissioner
Sat Aug 27 6:41 am ET	High Rollers	Acquired	Reggie Bush	MIA	RB	Commissioner
Sat Aug 27 6:41 am ET	High Rollers	Acquired	Peyton Hillis	CLE	RB	Commissioner
Sat Aug 27 6:41 am ET	High Rollers	Acquired	Shonn Greene	NYJ	RB	Commissioner
Sat Aug 27 6:43 am ET	High Rollers	Acquired	Roddy White	ATL	WR	Commissioner
Sat Aug 27 6:43 am ET	High Rollers	Acquired	Santana Moss	WAS	WR	Commissioner
Sat Aug 27 6:43 am ET	High Rollers	Acquired	Mike Williams	TAM	WR	Commissioner
Sat Aug 27 6:43 am ET	High Rollers	Acquired	Titus Young	DET	WR	Commissioner
Sat Aug 27 6:43 am ET	High Rollers	Acquired	Percy Harvin	MIN	WR	Commissioner
Sat Aug 27 6:44 am ET	High Rollers	Acquired	Tony Gonzalez	ATL	TE	Commissioner
Sat Aug 27 6:44 am ET	High Rollers	Acquired	Heath Miller	PIT	TE	Commissioner
Sat Aug 27 6:45 am ET	High Rollers	Acquired	Nate Kaeding	SDG	K	Commissioner
Sat Aug 27 6:45 am ET	High Rollers	Acquired	Lawrence Tynes	NYG	K	Commissioner
Sat Aug 27 6:45 am ET	High Rollers	Acquired	Atlanta Falcons	ATL	Defense	Commissioner
Sat Aug 27 6:45 am ET	High Rollers	Acquired	Philadelphia Eagles	PHI	Defense	Commissioner
Sat Aug 27 6:46 am ET	High Rollers	Acquired	Philadelphia Eagles	PHI	Special Team	Commissioner
Sat Aug 27 6:46 am ET	High Rollers	Acquired	Atlanta Falcons	ATL	Special Team	Commissioner
Sat Aug 27 6:47 am ET	Warp Speed	Acquired	Donovan McNabb	---	QB	Commissioner
Sat Aug 27 6:47 am ET	Warp Speed	Acquired	Aaron Rodgers	GNB	QB	Commissioner
Sat Aug 27 6:48 am ET	Warp Speed	Acquired	Brandon Jacobs	NYG	RB	Commissioner
Sat Aug 27 6:48 am ET	Warp Speed	Acquired	Maurice Jones-Drew	JAC	RB	Commissioner
Sat Aug 27 6:48 am ET	Warp Speed	Acquired	Jonathan Stewart	CAR	RB	Commissioner
Sat Aug 27 6:48 am ET	Warp Speed	Acquired	Ahmad Bradshaw	NYG	RB	Commissioner
Sat Aug 27 6:48 am ET	Warp Speed	Acquired	Tim Hightower	WAS	RB	Commissioner
Sat Aug 27 6:49 am ET	Warp Speed	Acquired	Deion Branch	NWE	WR	Commissioner
Sat Aug 27 6:49 am ET	Warp Speed	Acquired	Austin Collie	IND	WR	Commissioner
Sat Aug 27 6:49 am ET	Warp Speed	Acquired	Dez Bryant	DAL	WR	Commissioner
Sat Aug 27 6:49 am ET	Warp Speed	Acquired	Sidney Rice	SEA	WR	Commissioner
Sat Aug 27 6:50 am ET	Warp Speed	Acquired	Dallas Clark	IND	TE	Commissioner
Sat Aug 27 6:50 am ET	Warp Speed	Acquired	Jason Witten	DAL	TE	Commissioner
Sat Aug 27 6:51 am ET	Warp Speed	Acquired	Mason Crosby	GNB	K	Commissioner
Sat Aug 27 6:51 am ET	Warp Speed	Acquired	Alex Henery	PHI	K	Commissioner
Sat Aug 27 6:52 am ET	Warp Speed	Acquired	Dallas Cowboys	DAL	Defense	Commissioner
Sat Aug 27 6:52 am ET	Warp Speed	Acquired	Baltimore Ravens	BAL	Defense	Commissioner



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Sat Aug 27 6:52 am ET	Warp Speed	Acquired	Baltimore Ravens	BAL	Special Team	Commissioner
Sat Aug 27 6:52 am ET	Warp Speed	Acquired	Dallas Cowboys	DAL	Special Team	Commissioner
Sat Aug 27 10:03 am ET	LIONHEART	Acquired	Jason Hill	DEN	WR	Owner
Sat Aug 27 10:03 am ET	LIONHEART	Released	Roy Williams	CHI	WR	Owner
Sun Aug 28 8:49 am ET	THE BIG DOGG	Acquired	Darren Sproles	NOR	RB	Owner
Sun Aug 28 8:49 am ET	THE BIG DOGG	Released	Marion Barber	CHI	RB	Owner
Sun Aug 28 8:59 am ET	THE BIG DOGG	Acquired	Devin Hester	CHI	WR	Owner
Sun Aug 28 8:59 am ET	THE BIG DOGG	Placed on IR	Michael Crabtree	SFO	WR	Owner
Sun Aug 28 9:05 am ET	THE BIG DOGG	Acquired	Roy Williams	CHI	WR	Owner
Sun Aug 28 9:05 am ET	THE BIG DOGG	Released	Devin Hester	CHI	WR	Owner
Mon Aug 29 8:18 am ET	THE BIG DOGG	Acquired	Pierre Garcon	IND	WR	Owner
Mon Aug 29 8:18 am ET	THE BIG DOGG	Released	Roy Williams	CHI	WR	Owner
Tue Aug 30 4:45 pm ET	Regulators	Acquired	Cleveland Browns	CLE	Special Team	Owner
Tue Aug 30 4:45 pm ET	Regulators	Released	Green Bay Packers	GNB	Special Team	Owner
Wed Aug 31 6:28 pm ET	The Commishes Bitches	Released	Jermaine Gresham	CIN	TE	Commissioner
Wed Aug 31 6:28 pm ET	The Commishes Bitches	Acquired	Jimmy Graham	NOR	TE	Commissioner
Thu Sep 1 8:44 am ET	THE BIG DOGG	Acquired	Derrick Ward	HOU	RB	Owner
Thu Sep 1 8:44 am ET	THE BIG DOGG	Released	Darren Sproles	NOR	RB	Owner
Thu Sep 1 9:03 am ET	Regulators	Acquired	Green Bay Packers	GNB	Special Team	Owner
Thu Sep 1 9:03 am ET	Regulators	Released	Cleveland Browns	CLE	Special Team	Owner
Thu Sep 1 10:03 am ET	LIONHEART	Acquired	Ben Tate	HOU	RB	Owner
Thu Sep 1 10:03 am ET	LIONHEART	Released	C.J. Spiller	BUF	RB	Owner
Thu Sep 1 2:41 pm ET	THE BIG DOGG	Acquired	Mike Tolbert	SDG	RB	Owner
Thu Sep 1 2:41 pm ET	THE BIG DOGG	Released	Derrick Ward	HOU	RB	Owner
Thu Sep 1 3:44 pm ET	Warp Speed	Acquired	Danny Woodhead	NWE	RB	Owner
Thu Sep 1 3:44 pm ET	Warp Speed	Released	Jonathan Stewart	CAR	RB	Owner
Sat Sep 3 1:49 pm ET	THE BIG DOGG	Acquired	James Jones	GNB	WR	Owner
Sat Sep 3 1:49 pm ET	THE BIG DOGG	Released	Lance Moore	NOR	WR	Owner
Sat Sep 3 7:50 pm ET	Regulators	Acquired	Jacob Tamme	IND	TE	Owner
Sat Sep 3 7:50 pm ET	Regulators	Released	Tony Moeaki	KAN	TE	Owner
Tue Sep 6 9:29 pm ET	High Steppin'	Released	Miami Dolphins	MIA	Special Team	Owner
Tue Sep 6 9:29 pm ET	High Steppin'	Released	Miami Dolphins	MIA	Defense	Owner
Tue Sep 6 9:29 pm ET	High Steppin'	Acquired	Arizona Cardinals	ARI	Special Team	Owner
Tue Sep 6 9:29 pm ET	High Steppin'	Acquired	Arizona Cardinals	ARI	Defense	Owner
Wed Sep 7 8:55 am ET	THE BIG DOGG	Released	Aaron Hernandez	NWE	TE	Owner
Wed Sep 7 8:55 am ET	THE BIG DOGG	Acquired	Todd Heap	ARI	TE	Owner
Wed Sep 7 9:15 am ET	Ruff Ryders	Placed on IR	Donald Driver	GNB	WR	Owner
Wed Sep 7 9:15 am ET	Ruff Ryders	Acquired	Mike Thomas	JAC	WR	Owner
Wed Sep 7 9:23 am ET	Ruff Ryders	Released	Dustin Keller	NYJ	TE	Owner
Wed Sep 7 9:23 am ET	Ruff Ryders	Acquired	Aaron Hernandez	NWE	TE	Owner
Wed Sep 7 10:09 am ET	LIONHEART	Released	David Garrard	---	QB	Owner
Wed Sep 7 10:09 am ET	LIONHEART	Acquired	Jay Cutler	CHI	QB	Owner
Wed Sep 7 10:21 am ET	LIONHEART	Released	Dan Carpenter	MIA	K	Owner
Wed Sep 7 10:21 am ET	LIONHEART	Acquired	Connor Barth	TAM	K	Owner
Wed Sep 7 3:45 pm ET	Ruff Ryders	Released	Jason Hanson	DET	K	Owner
Wed Sep 7 3:45 pm ET	Ruff Ryders	Acquired	David Akers	SFO	K	Owner
Wed Sep 7 4:41 pm ET	Ruff Ryders	Released	Mike Thomas	JAC	WR	Owner
Wed Sep 7 4:41 pm ET	Ruff Ryders	Acquired	Lance Moore	NOR	WR	Owner
Thu Sep 8 7:33 am ET	Ruff Ryders	Acquired	Mike Thomas	JAC	WR	Owner
Thu Sep 8 7:33 am ET	Ruff Ryders	Released	Lance Moore	NOR	WR	Owner
Thu Sep 8 10:32 am ET	LIONHEART	Acquired	Josh Scobee	JAC	K	Owner
Thu Sep 8 10:32 am ET	LIONHEART	Released	Connor Barth	TAM	K	Owner
Thu Sep 8 3:16 pm ET	Regulators	Acquired	Dustin Keller	NYJ	TE	Owner
Thu Sep 8 3:16 pm ET	Regulators	Released	Jacob Tamme	IND	TE	Owner
Thu Sep 8 4:31 pm ET	The Commishes Bitches	Placed on IR	Peyton Manning	IND	QB	Commissioner
Thu Sep 8 4:31 pm ET	The Commishes Bitches	Acquired	Matt Cassel	KAN	QB	Commissioner
Thu Sep 8 4:34 pm ET	The Commishes Bitches	Acquired	Ryan Fitzpatrick	BUF	QB	Commissioner
Thu Sep 8 4:34 pm ET	The Commishes Bitches	Released	Matt Cassel	KAN	QB	Commissioner
Fri Sep 9 5:57 am ET	Ruff Ryders	Acquired	Danny Amendola	STL	WR	Owner
Fri Sep 9 5:57 am ET	Ruff Ryders	Released	Mike Thomas	JAC	WR	Owner
Sun Sep 11 12:01 am ET	THE BIG DOGG	Acquired	Randy Moss	---	WR	Owner
Sun Sep 11 12:01 am ET	THE BIG DOGG	Released	Pierre Garcon	IND	WR	Owner



Week 2

Wed Sep 14 11:17 pm ET	High Steppin'	Acquired	Robert Meachem	NOR	WR	Waiver Wire
Wed Sep 14 11:17 pm ET	Ruff Ryders	Acquired	Early Doucet	ARI	WR	Waiver Wire
Wed Sep 14 11:17 pm ET	Ruff Ryders	Released	Danny Amendola	STL	WR	Waiver Wire
Wed Sep 14 11:17 pm ET	High Steppin'	Placed on IR	Marques Colston	NOR	WR	Waiver Wire
Wed Sep 14 11:17 pm ET	Juice Box Heroes	Acquired	Carnell Williams	STL	RB	Waiver Wire
Wed Sep 14 11:17 pm ET	Regulators	Acquired	Chad Henne	MIA	QB	Waiver Wire
Thu Sep 15 7:16 am ET	Ruff Ryders	Acquired	Scott Chandler	BUF	TE	Owner
Thu Sep 15 7:16 am ET	Ruff Ryders	Released	Mercedes Lewis	JAC	TE	Owner
Thu Sep 15 9:04 am ET	Regulators	Acquired	Washington Redskins	WAS	Defense	Owner
Thu Sep 15 9:04 am ET	Regulators	Released	Kansas City Chiefs	KAN	Defense	Owner
Thu Sep 15 9:05 am ET	Regulators	Acquired	Washington Redskins	WAS	Special Team	Owner
Thu Sep 15 9:05 am ET	Regulators	Released	Kansas City Chiefs	KAN	Special Team	Owner
Thu Sep 15 10:42 am ET	LIONHEART	Acquired	Devery Henderson	NOR	WR	Owner
Thu Sep 15 10:42 am ET	LIONHEART	Released	Jason Hill	DEN	WR	Owner
Thu Sep 15 12:12 pm ET	Regulators	Acquired	Chester Taylor	ARI	RB	Owner
Thu Sep 15 12:12 pm ET	Regulators	Released	Toby Gerhart	MIN	RB	Owner
Thu Sep 15 1:29 pm ET	Ruff Ryders	Acquired	Benjamin Watson	CLE	TE	Owner
Thu Sep 15 1:29 pm ET	Ruff Ryders	Released	Scott Chandler	BUF	TE	Owner
Thu Sep 15 1:36 pm ET	Ruff Ryders	Acquired	Scott Chandler	BUF	TE	Owner
Thu Sep 15 1:36 pm ET	Ruff Ryders	Released	Benjamin Watson	CLE	TE	Owner
Thu Sep 15 3:10 pm ET	Regulators	Acquired	Houston Texans	HOU	Defense	Owner
Thu Sep 15 3:10 pm ET	Regulators	Released	Washington Redskins	WAS	Defense	Owner
Thu Sep 15 3:10 pm ET	Regulators	Acquired	Houston Texans	HOU	Special Team	Owner
Thu Sep 15 3:10 pm ET	Regulators	Released	Washington Redskins	WAS	Special Team	Owner
Thu Sep 15 4:01 pm ET	Evans Almighty	Acquired	James Starks	GNB	RB	Owner
Thu Sep 15 4:01 pm ET	Evans Almighty	Placed on IR	Daniel Thomas	MIA	RB	Owner
Thu Sep 15 6:30 pm ET	THE BIG DOGG	Acquired	Antonio Brown	PIT	WR	Owner
Thu Sep 15 6:30 pm ET	THE BIG DOGG	Released	Randy Moss	---	WR	Owner
Fri Sep 16 5:32 am ET	High Steppin'	Acquired	Greg Olsen	CAR	TE	Owner
Fri Sep 16 5:32 am ET	High Steppin'	Released	Jared Cook	TEN	TE	Owner
Fri Sep 16 5:11 pm ET	Warp Speed	Acquired	Hines Ward	PIT	WR	Owner
Fri Sep 16 5:11 pm ET	Warp Speed	Released	Sidney Rice	SEA	WR	Owner
Sun Sep 18 10:28 am ET	Evans Almighty	Acquired	Ed Dickson	BAL	TE	Owner
Sun Sep 18 10:28 am ET	Evans Almighty	Released	Daniel Graham	TEN	TE	Owner
Sun Sep 18 10:36 am ET	LIONHEART	Acquired	John Kasay	NOR	K	Owner
Sun Sep 18 10:37 am ET	LIONHEART	Released	Josh Scobee	JAC	K	Owner
Sun Sep 18 12:03 pm ET	THE BIG DOGG	Acquired	Lance Moore	NOR	WR	Owner
Sun Sep 18 12:03 pm ET	THE BIG DOGG	Released	Antonio Brown	PIT	WR	Owner
Sun Sep 18 12:04 pm ET	Ruff Ryders	Released	Early Doucet	ARI	WR	Owner
Sun Sep 18 12:05 pm ET	Ruff Ryders	Acquired	Early Doucet	ARI	WR	Owner
Sun Sep 18 12:12 pm ET	THE BIG DOGG	Acquired	Darren Sproles	NOR	RB	Owner
Sun Sep 18 12:12 pm ET	THE BIG DOGG	Released	Ryan Mathews	SDG	RB	Owner

Week 3

Wed Sep 21 11:17 pm ET	Regulators	Acquired	Jordy Nelson	GNB	WR	Waiver Wire
Wed Sep 21 11:17 pm ET	The Commishes Bitches	Acquired	Thomas Jones	KAN	RB	Waiver Wire
Wed Sep 21 11:17 pm ET	Ruff Ryders	Placed on IR	Braylon Edwards	---	WR	Waiver Wire
Wed Sep 21 11:17 pm ET	Ruff Ryders	Acquired	Denarius Moore	OAK	WR	Waiver Wire
Wed Sep 21 11:17 pm ET	High Steppin'	Acquired	Fred Davis	WAS	TE	Waiver Wire
Wed Sep 21 11:17 pm ET	THE BIG DOGG	Acquired	Eric Decker	DEN	WR	Waiver Wire
Wed Sep 21 11:17 pm ET	THE BIG DOGG	Released	Plaxico Burress	NYJ	WR	Waiver Wire
Thu Sep 22 7:02 am ET	Regulators	Released	Jamaal Charles	KAN	RB	Owner
Thu Sep 22 7:02 am ET	Regulators	Acquired	Ryan Mathews	SDG	RB	Owner
Thu Sep 22 7:03 am ET	Regulators	Released	Sam Bradford	STL	QB	Owner
Thu Sep 22 7:03 am ET	Regulators	Acquired	Cam Newton	CAR	QB	Owner
Thu Sep 22 8:02 am ET	THE BIG DOGG	Released	James Jones	GNB	WR	Owner
Thu Sep 22 8:02 am ET	THE BIG DOGG	Acquired	Danario Alexander	STL	WR	Owner
Thu Sep 22 8:11 am ET	THE BIG DOGG	Released	Todd Heap	ARI	TE	Owner
Thu Sep 22 8:11 am ET	THE BIG DOGG	Taken off IR	Michael Crabtree	SFO	WR	Owner
Thu Sep 22 8:11 am ET	THE BIG DOGG	Released	Danario Alexander	STL	WR	Owner
Thu Sep 22 8:11 am ET	THE BIG DOGG	Acquired	Jeff King	ARI	TE	Owner



Alex Football Freaks

Thu Sep 22 12:16 pm ET	Regulators	Released	Steve Breaston	KAN	WR	Owner
Thu Sep 22 12:16 pm ET	Regulators	Released	Chester Taylor	ARI	RB	Owner
Thu Sep 22 3:25 pm ET	Warp Speed	Released	Brandon Jacobs	NYG	RB	Owner
Thu Sep 22 3:25 pm ET	Warp Speed	Acquired	Adrian Peterson	---	RB	Owner
Thu Sep 22 3:26 pm ET	Warp Speed	Released	Adrian Peterson	---	RB	Owner
Thu Sep 22 3:26 pm ET	Warp Speed	Acquired	Brandon Jackson	CLE	RB	Owner
Thu Sep 22 3:27 pm ET	Warp Speed	Released	Brandon Jackson	CLE	RB	Owner
Thu Sep 22 3:27 pm ET	Warp Speed	Acquired	Brandon Jacobs	NYG	RB	Owner
Thu Sep 22 5:57 pm ET	THE BIG DOGG	Released	New York Giants	NYG	Defense	Owner
Thu Sep 22 5:57 pm ET	THE BIG DOGG	Released	New York Giants	NYG	Special Team	Owner
Thu Sep 22 5:57 pm ET	THE BIG DOGG	Acquired	Washington Redskins	WAS	Defense	Owner
Thu Sep 22 5:57 pm ET	THE BIG DOGG	Acquired	Washington Redskins	WAS	Special Team	Owner
Thu Sep 22 7:25 pm ET	Evans Almighty	Placed on IR	Garrett Hartley	NOR	K	Owner
Thu Sep 22 7:25 pm ET	Evans Almighty	Acquired	Jason Hanson	DET	K	Owner
Thu Sep 22 7:34 pm ET	Evans Almighty	Released	Zach Miller	SEA	TE	Owner
Thu Sep 22 7:34 pm ET	Evans Almighty	Acquired	Jermaine Gresham	CIN	TE	Owner
Thu Sep 22 7:36 pm ET	Evans Almighty	Released	Michael Bush	OAK	RB	Owner
Thu Sep 22 10:43 pm ET	High Steppin'	Released	Greg Olsen	CAR	TE	Owner
Fri Sep 23 5:10 am ET	Warp Speed	Released	Austin Collie	IND	WR	Owner
Fri Sep 23 5:10 am ET	Warp Speed	Acquired	Nate Washington	TEN	WR	Owner
Fri Sep 23 5:17 am ET	Warp Speed	Released	Dallas Cowboys	DAL	Special Team	Owner
Fri Sep 23 5:17 am ET	Warp Speed	Released	Dallas Cowboys	DAL	Defense	Owner
Fri Sep 23 5:17 am ET	Warp Speed	Acquired	New York Giants	NYG	Defense	Owner
Fri Sep 23 5:17 am ET	Warp Speed	Acquired	New York Giants	NYG	Special Team	Owner
Fri Sep 23 7:30 am ET	Ruff Ryders	Released	Early Doucet	ARI	WR	Owner
Fri Sep 23 7:30 am ET	Ruff Ryders	Acquired	Plaxico Burress	NYJ	WR	Owner
Fri Sep 23 11:39 am ET	Regulators	Released	Chad Henne	MIA	QB	Owner
Fri Sep 23 11:39 am ET	Regulators	Acquired	Tony Scheffler	DET	TE	Owner
Fri Sep 23 3:55 pm ET	The Commishes Bitches	Released	Pierre Thomas	NOR	RB	Commissioner
Fri Sep 23 4:02 pm ET	The Commishes Bitches	Released	Matt Prater	DEN	K	Commissioner
Fri Sep 23 4:02 pm ET	The Commishes Bitches	Acquired	Mike Nugent	CIN	K	Commissioner
Fri Sep 23 5:46 pm ET	Ruff Ryders	Released	Denarius Moore	OAK	WR	Owner
Fri Sep 23 5:46 pm ET	Ruff Ryders	Acquired	Jabar Gaffney	WAS	WR	Owner
Sat Sep 24 9:44 am ET	THE BIG DOGG	Released	Lance Moore	NOR	WR	Owner
Sat Sep 24 9:44 am ET	THE BIG DOGG	Acquired	Denarius Moore	OAK	WR	Owner
Sat Sep 24 10:03 am ET	Juice Box Heroes	Released	Kyle Orton	KAN	QB	Owner
Sat Sep 24 10:03 am ET	Juice Box Heroes	Acquired	Matt Hasselbeck	TEN	QB	Owner
Sat Sep 24 3:59 pm ET	Ruff Ryders	Released	Jabar Gaffney	WAS	WR	Owner
Sat Sep 24 3:59 pm ET	Ruff Ryders	Acquired	David Nelson	BUF	WR	Owner
Sun Sep 25 10:12 am ET	Ruff Ryders	Released	Lee Evans	BAL	WR	Owner
Sun Sep 25 10:12 am ET	Ruff Ryders	Acquired	Roy Williams	CHI	WR	Owner
Sun Sep 25 10:15 am ET	Ruff Ryders	Released	Roy Williams	CHI	WR	Owner
Sun Sep 25 10:15 am ET	Ruff Ryders	Acquired	Lee Evans	BAL	WR	Owner
Sun Sep 25 10:25 am ET	Ruff Ryders	Released	Lee Evans	BAL	WR	Owner
Sun Sep 25 10:25 am ET	Ruff Ryders	Acquired	Pierre Garcon	IND	WR	Owner
Sun Sep 25 11:02 am ET	Ruff Ryders	Released	Pierre Garcon	IND	WR	Owner
Sun Sep 25 11:02 am ET	Ruff Ryders	Acquired	Lance Moore	NOR	WR	Owner
Sun Sep 25 11:13 am ET	Ruff Ryders	Released	Ryan Grant	GNB	RB	Owner
Sun Sep 25 11:13 am ET	Ruff Ryders	Acquired	Pierre Thomas	NOR	RB	Owner
Sun Sep 25 4:44 pm ET	Evans Almighty	Released	Garrett Hartley	NOR	K	Owner

Fri Sep 23 5:36 pm ET	Regulators	Acquired	Ruff Ryders	Acquired	Trade
	Plaxico Burress, WR		Jermichael Finley, TE		

Week 4

Wed Sep 28 12:19 pm ET	Ruff Ryders	Released	Donald Driver	GNB	WR	Owner
Wed Sep 28 11:16 pm ET	Evans Almighty	Acquired	Torrey Smith	BAL	WR	Waiver Wire
Wed Sep 28 11:16 pm ET	THE BIG DOGG	Acquired	Greg Olsen	CAR	TE	Waiver Wire
Wed Sep 28 11:16 pm ET	Warp Speed	Acquired	Victor Cruz	NYG	WR	Waiver Wire
Thu Sep 29 7:15 am ET	THE BIG DOGG	Released	Jeff King	ARI	TE	Owner
Thu Sep 29 7:15 am ET	THE BIG DOGG	Released	Greg Olsen	CAR	TE	Owner
Thu Sep 29 7:15 am ET	THE BIG DOGG	Acquired	Randy McMichael	SDG	TE	Owner



Thu Sep 29 10:05 am ET	Ruff Ryders	Released	Pierre Thomas	NOR	RB	Owner
Thu Sep 29 10:06 am ET	Ruff Ryders	Acquired	Ryan Grant	GNB	RB	Owner
Thu Sep 29 6:39 pm ET	Evans Almighty	Released	Kenny Britt	TEN	WR	Owner
Thu Sep 29 6:41 pm ET	Evans Almighty	Released	Johnny Knox	CHI	WR	Owner
Thu Sep 29 6:41 pm ET	Evans Almighty	Acquired	Brandon Gibson	STL	WR	Owner
Thu Sep 29 6:47 pm ET	Evans Almighty	Acquired	Greg Olsen	CAR	TE	Owner
Fri Sep 30 3:57 am ET	Warp Speed	Released	Hines Ward	PIT	WR	Owner
Fri Sep 30 3:58 am ET	Warp Speed	Acquired	Sidney Rice	SEA	WR	Owner
Fri Sep 30 6:42 pm ET	Warp Speed	Released	Donovan McNabb	---	QB	Owner
Fri Sep 30 6:42 pm ET	Warp Speed	Acquired	Rex Grossman	WAS	QB	Owner
Sat Oct 1 1:55 pm ET	The Commishes Bitches	Released	Kellen Winslow	TAM	TE	Commissioner
Sat Oct 1 1:55 pm ET	The Commishes Bitches	Acquired	Todd Heap	ARI	TE	Commissioner
Sat Oct 1 1:58 pm ET	The Commishes Bitches	Released	Mike Williams	SEA	WR	Commissioner
Sat Oct 1 1:58 pm ET	The Commishes Bitches	Acquired	Jabar Gaffney	WAS	WR	Commissioner
Sun Oct 2 9:04 am ET	Ruff Ryders	Released	Chad Ochocinco	NWE	WR	Owner
Sun Oct 2 9:04 am ET	Ruff Ryders	Acquired	Pierre Garcon	IND	WR	Owner
Sun Oct 2 11:33 am ET	LIONHEART	Released	Josh Brown	STL	K	Owner
Sun Oct 2 11:33 am ET	LIONHEART	Acquired	Rian Lindell	BUF	K	Owner

Week 5

Tue Oct 4 8:03 am ET	Ruff Ryders	Taken off IR	Braylon Edwards	---	WR	Owner
Wed Oct 5 4:04 pm ET	LIONHEART	Released	Devery Henderson	NOR	WR	Owner
Wed Oct 5 4:39 pm ET	LIONHEART	Acquired	Devery Henderson	NOR	WR	Commissioner
Wed Oct 5 11:17 pm ET	LIONHEART	Released	Devery Henderson	NOR	WR	Waiver Wire
Wed Oct 5 11:17 pm ET	Regulators	Acquired	Benjamin Watson	CLE	TE	Waiver Wire
Wed Oct 5 11:17 pm ET	Evans Almighty	Acquired	Michael Jenkins	MIN	WR	Waiver Wire
Wed Oct 5 11:17 pm ET	LIONHEART	Acquired	Mike Thomas	JAC	WR	Waiver Wire
Thu Oct 6 11:47 am ET	THE BIG DOGG	Released	Michael Crabtree	SFO	WR	Owner
Thu Oct 6 11:47 am ET	THE BIG DOGG	Acquired	Kevin Walter	HOU	WR	Owner
Thu Oct 6 11:52 am ET	THE BIG DOGG	Acquired	Jason Campbell	OAK	QB	Owner
Thu Oct 6 5:14 pm ET	LIONHEART	Released	Knowshon Moreno	DEN	RB	Owner
Thu Oct 6 5:14 pm ET	LIONHEART	Acquired	Ryan Torain	WAS	RB	Owner
Thu Oct 6 5:17 pm ET	LIONHEART	Released	Chris Cooley	WAS	TE	Owner
Thu Oct 6 5:17 pm ET	LIONHEART	Acquired	Visanthe Shiancoe	MIN	TE	Owner
Thu Oct 6 5:24 pm ET	Ruff Ryders	Released	Lance Moore	NOR	WR	Owner
Thu Oct 6 5:26 pm ET	LIONHEART	Released	Jay Cutler	CHI	QB	Owner
Thu Oct 6 5:26 pm ET	LIONHEART	Acquired	Curtis Painter	IND	QB	Owner
Thu Oct 6 5:26 pm ET	Ruff Ryders	Released	Braylon Edwards	---	WR	Owner
Thu Oct 6 5:26 pm ET	Ruff Ryders	Acquired	Lance Moore	NOR	WR	Owner
Thu Oct 6 8:17 pm ET	High Steppin'	Taken off IR	Marques Colston	NOR	WR	Owner
Thu Oct 6 8:17 pm ET	High Steppin'	Released	Malcom Floyd	SDG	WR	Owner
Fri Oct 7 1:51 pm ET	Regulators	Released	Plaxico Burress	NYJ	WR	Owner
Fri Oct 7 1:51 pm ET	Regulators	Acquired	Devery Henderson	NOR	WR	Owner
Fri Oct 7 1:54 pm ET	Regulators	Released	Stephen Gostkowski	NWE	K	Owner
Fri Oct 7 1:54 pm ET	Regulators	Acquired	Dan Bailey	DAL	K	Owner
Fri Oct 7 1:55 pm ET	Regulators	Released	Billy Cundiff	BAL	K	Owner
Fri Oct 7 1:55 pm ET	Regulators	Acquired	Dan Carpenter	MIA	K	Owner
Fri Oct 7 1:56 pm ET	Regulators	Released	Dan Carpenter	MIA	K	Owner
Fri Oct 7 1:56 pm ET	Regulators	Acquired	Connor Barth	TAM	K	Owner
Fri Oct 7 1:59 pm ET	Regulators	Placed on IR	Dan Bailey	DAL	K	Owner
Fri Oct 7 1:59 pm ET	Regulators	Acquired	Billy Cundiff	BAL	K	Owner
Fri Oct 7 2:05 pm ET	Regulators	Released	Tony Scheffler	DET	TE	Owner
Sun Oct 9 7:59 am ET	Warp Speed	Released	Deion Branch	NWE	WR	Owner
Sun Oct 9 7:59 am ET	Warp Speed	Acquired	Plaxico Burress	NYJ	WR	Owner
Sun Oct 9 8:10 am ET	Warp Speed	Released	Danny Woodhead	NWE	RB	Owner
Sun Oct 9 8:11 am ET	Warp Speed	Acquired	Stevan Ridley	NWE	RB	Owner
Sun Oct 9 8:12 am ET	Warp Speed	Released	Brandon Jacobs	NYG	RB	Owner
Sun Oct 9 8:12 am ET	Warp Speed	Acquired	Jonathan Stewart	CAR	RB	Owner
Sun Oct 9 9:46 am ET	Ruff Ryders	Placed on IR	Andre Johnson	HOU	WR	Owner
Sun Oct 9 9:46 am ET	Ruff Ryders	Acquired	Deion Branch	NWE	WR	Owner
Sun Oct 9 9:54 am ET	Ruff Ryders	Released	Ryan Grant	GNB	RB	Owner
Sun Oct 9 9:54 am ET	Ruff Ryders	Acquired	Brandon Jacobs	NYG	RB	Owner



Sun Oct 9 10:03 am ET	Ruff Ryders	Taken off IR	Andre Johnson	HOU	WR	Owner
Sun Oct 9 10:03 am ET	Ruff Ryders	Released	Deion Branch	NWE	WR	Owner
Sun Oct 9 10:23 am ET	THE BIG DOGG	Released	Kevin Walter	HOU	WR	Owner
Sun Oct 9 10:23 am ET	THE BIG DOGG	Acquired	Deion Branch	NWE	WR	Owner
Sun Oct 9 10:49 am ET	THE BIG DOGG	Released	Jason Campbell	OAK	QB	Owner
Sun Oct 9 11:35 am ET	Evans Almighty	Released	Michael Jenkins	MIN	WR	Commissioner
Sun Oct 9 11:36 am ET	Warp Speed	Released	Jonathan Stewart	CAR	RB	Commissioner
Sun Oct 9 12:00 pm ET	THE BIG DOGG	Released	Mike Tolbert	SDG	RB	Owner
Sun Oct 9 12:00 pm ET	THE BIG DOGG	Acquired	Isaac Redman	PIT	RB	Owner
Sun Oct 9 12:09 pm ET	High Steppin'	Released	Fred Davis	WAS	TE	Owner
Sun Oct 9 12:09 pm ET	High Steppin'	Acquired	Kellen Winslow	TAM	TE	Owner
Sun Oct 9 12:39 pm ET	The Commishes Bitches	Released	Todd Heap	ARI	TE	Commissioner
Sun Oct 9 12:39 pm ET	The Commishes Bitches	Acquired	Fred Davis	WAS	TE	Commissioner
Sun Oct 9 12:40 pm ET	The Commishes Bitches	Released	Fred Davis	WAS	TE	Commissioner
Sun Oct 9 12:40 pm ET	The Commishes Bitches	Acquired	Chris Cooley	WAS	TE	Commissioner

Week 6

Tue Oct 11 12:16 pm ET	Evans Almighty	Taken off IR	Daniel Thomas	MIA	RB	Owner
Tue Oct 11 12:16 pm ET	Evans Almighty	Released	Joseph Addai	IND	RB	Owner
Wed Oct 12 11:17 pm ET	Evans Almighty	Acquired	Mike Tolbert	SDG	RB	Waiver Wire
Wed Oct 12 11:17 pm ET	Regulators	Released	Houston Texans	HOU	Defense	Waiver Wire
Wed Oct 12 11:17 pm ET	Regulators	Acquired	Buffalo Bills	BUF	Defense	Waiver Wire
Wed Oct 12 11:17 pm ET	Warp Speed	Acquired	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Wed Oct 12 11:17 pm ET	THE BIG DOGG	Acquired	Pierre Thomas	NOR	RB	Waiver Wire
Wed Oct 12 11:17 pm ET	Warp Speed	Released	Plaxico Burress	NYJ	WR	Waiver Wire
Thu Oct 13 7:50 am ET	Warp Speed	Released	Sidney Rice	SEA	WR	Owner
Thu Oct 13 7:50 am ET	Warp Speed	Acquired	Doug Baldwin	SEA	WR	Owner
Thu Oct 13 11:16 am ET	Juice Box Heroes	Released	Carnell Williams	STL	RB	Owner
Thu Oct 13 11:16 am ET	Juice Box Heroes	Acquired	Michael Bush	OAK	RB	Owner
Thu Oct 13 11:35 am ET	THE BIG DOGG	Released	Denarius Moore	OAK	WR	Owner
Thu Oct 13 11:35 am ET	THE BIG DOGG	Acquired	Malcom Floyd	SDG	WR	Owner
Thu Oct 13 11:38 am ET	THE BIG DOGG	Released	Randy McMichael	SDG	TE	Owner
Thu Oct 13 11:38 am ET	THE BIG DOGG	Acquired	Jake Ballard	NYG	TE	Owner
Thu Oct 13 11:48 am ET	Evans Almighty	Released	New England Patriots	NWE	Defense	Owner
Thu Oct 13 11:48 am ET	Evans Almighty	Acquired	Houston Texans	HOU	Defense	Owner
Thu Oct 13 12:57 pm ET	High Rollers	Released	Titus Young	DET	WR	Owner
Thu Oct 13 12:57 pm ET	High Rollers	Placed on IR	Nate Kaeding	SDG	K	Owner
Thu Oct 13 12:57 pm ET	High Rollers	Acquired	Nick Novak	SDG	K	Owner
Thu Oct 13 12:57 pm ET	High Rollers	Acquired	Denarius Moore	OAK	WR	Owner
Thu Oct 13 5:37 pm ET	Juice Box Heroes	Released	Kevin Kolb	ARI	QB	Owner
Thu Oct 13 5:37 pm ET	Juice Box Heroes	Acquired	Tim Tebow	DEN	QB	Owner
Thu Oct 13 5:39 pm ET	Juice Box Heroes	Released	Mike Sims-Walker	---	WR	Owner
Thu Oct 13 5:40 pm ET	Juice Box Heroes	Acquired	Steve Breaston	KAN	WR	Owner
Thu Oct 13 5:43 pm ET	Juice Box Heroes	Released	Tampa Bay Buccaneers	TAM	Defense	Owner
Thu Oct 13 5:43 pm ET	Juice Box Heroes	Acquired	Cincinnati Bengals	CIN	Defense	Owner
Thu Oct 13 5:44 pm ET	Juice Box Heroes	Released	Brandon Lloyd	STL	WR	Owner
Thu Oct 13 5:44 pm ET	Juice Box Heroes	Acquired	James Jones	GNB	WR	Owner
Thu Oct 13 9:22 pm ET	Regulators	Released	Houston Texans	HOU	Special Team	Owner
Thu Oct 13 9:22 pm ET	Regulators	Acquired	Buffalo Bills	BUF	Special Team	Owner
Thu Oct 13 10:38 pm ET	Evans Almighty	Released	New England Patriots	NWE	Special Team	Owner
Thu Oct 13 10:38 pm ET	Evans Almighty	Acquired	Houston Texans	HOU	Special Team	Owner
Thu Oct 13 10:39 pm ET	Evans Almighty	Released	James Starks	GNB	RB	Owner
Thu Oct 13 10:46 pm ET	Evans Almighty	Released	Brandon Gibson	STL	WR	Owner
Thu Oct 13 10:46 pm ET	Evans Almighty	Acquired	Sidney Rice	SEA	WR	Owner
Fri Oct 14 1:23 am ET	THE BIG DOGG	Released	Isaac Redman	PIT	RB	Owner
Fri Oct 14 1:23 am ET	THE BIG DOGG	Acquired	James Starks	GNB	RB	Owner
Fri Oct 14 10:27 am ET	Ruff Ryders	Released	David Nelson	BUF	WR	Owner
Fri Oct 14 10:27 am ET	Ruff Ryders	Acquired	Brandon Lloyd	STL	WR	Owner
Fri Oct 14 10:42 am ET	Ruff Ryders	Released	Scott Chandler	BUF	TE	Owner
Fri Oct 14 10:42 am ET	Ruff Ryders	Acquired	Kevin Walter	HOU	WR	Owner
Fri Oct 14 10:56 am ET	Ruff Ryders	Released	Kevin Walter	HOU	WR	Owner
Fri Oct 14 10:56 am ET	Ruff Ryders	Acquired	Plaxico Burress	NYJ	WR	Owner



Fri Oct 14 11:07 am ET	Ruff Ryders	Released	Plaxico Burress	NYJ	WR	Owner
Fri Oct 14 11:08 am ET	Ruff Ryders	Acquired	David Nelson	BUF	WR	Owner
Fri Oct 14 11:21 am ET	Ruff Ryders	Released	Brandon Lloyd	STL	WR	Owner
Fri Oct 14 11:22 am ET	Ruff Ryders	Acquired	Jason Avant	PHI	WR	Owner
Fri Oct 14 11:14 pm ET	Juice Box Heroes	Released	Tampa Bay Buccaneers	TAM	Special Team	Owner
Fri Oct 14 11:14 pm ET	Juice Box Heroes	Acquired	Cincinnati Bengals	CIN	Special Team	Owner
Fri Oct 14 11:16 pm ET	Juice Box Heroes	Released	Ryan Succop	KAN	K	Owner
Fri Oct 14 11:16 pm ET	Juice Box Heroes	Acquired	Stephen Gostkowski	NWE	K	Owner
Sat Oct 15 9:31 am ET	Ruff Ryders	Released	Jason Avant	PHI	WR	Owner
Sat Oct 15 9:31 am ET	Ruff Ryders	Acquired	Plaxico Burress	NYJ	WR	Owner
Sat Oct 15 9:35 am ET	LIONHEART	Released	Curtis Painter	IND	QB	Owner
Sat Oct 15 9:35 am ET	LIONHEART	Acquired	Andy Dalton	CIN	QB	Owner
Sat Oct 15 9:46 am ET	Ruff Ryders	Released	Rob Bironas	TEN	K	Owner
Sat Oct 15 9:46 am ET	Ruff Ryders	Acquired	Dan Carpenter	MIA	K	Owner
Sun Oct 16 11:49 am ET	The Commishes Bitches	Released	Chris Cooley	WAS	TE	Commissioner
Sun Oct 16 11:49 am ET	The Commishes Bitches	Acquired	Scott Chandler	BUF	TE	Commissioner

Thu Oct 13 7:16 am ET	Juice Box Heroes	Acquired	High Rollers	Acquired	Trade
	Tony Gonzalez, TE		Matt Hasselbeck, QB		
	Kevin Kolb, QB		Brandon Pettigrew, TE		

Week 7

Wed Oct 19 8:34 pm ET	Regulators	Taken off IR	Dan Bailey	DAL	K	Owner
Wed Oct 19 8:34 pm ET	Regulators	Released	Connor Barth	TAM	K	Owner
Wed Oct 19 11:18 pm ET	Regulators	Acquired	Fred Davis	WAS	TE	Waiver Wire
Wed Oct 19 11:18 pm ET	Warp Speed	Acquired	Tarvaris Jackson	SEA	QB	Waiver Wire
Wed Oct 19 11:18 pm ET	Evans Almighty	Acquired	Jonathan Stewart	CAR	RB	Waiver Wire
Wed Oct 19 11:18 pm ET	THE BIG DOGG	Acquired	Dallas Cowboys	DAL	Special Team	Waiver Wire
Wed Oct 19 11:18 pm ET	Ruff Ryders	Released	Plaxico Burress	NYJ	WR	Waiver Wire
Wed Oct 19 11:18 pm ET	THE BIG DOGG	Released	Washington Redskins	WAS	Special Team	Waiver Wire
Wed Oct 19 11:18 pm ET	Ruff Ryders	Acquired	Brandon Lloyd	STL	WR	Waiver Wire
Thu Oct 20 6:59 am ET	Warp Speed	Released	Rex Grossman	WAS	QB	Owner
Thu Oct 20 7:16 am ET	THE BIG DOGG	Acquired	Dallas Cowboys	DAL	Defense	Owner
Thu Oct 20 7:16 am ET	THE BIG DOGG	Released	Washington Redskins	WAS	Defense	Owner
Thu Oct 20 8:00 am ET	THE BIG DOGG	Released	Felix Jones	DAL	RB	Owner
Thu Oct 20 8:00 am ET	THE BIG DOGG	Acquired	Tashard Choice	BUF	RB	Owner
Thu Oct 20 8:36 am ET	Ruff Ryders	Acquired	Kevin Walter	HOU	WR	Owner
Thu Oct 20 8:36 am ET	Ruff Ryders	Released	Lance Moore	NOR	WR	Owner
Thu Oct 20 2:16 pm ET	Ruff Ryders	Acquired	Ronnie Brown	PHI	RB	Owner
Thu Oct 20 2:16 pm ET	Ruff Ryders	Released	Brandon Jacobs	NYG	RB	Owner
Thu Oct 20 2:22 pm ET	Ruff Ryders	Acquired	Brandon Jacobs	NYG	RB	Owner
Thu Oct 20 2:22 pm ET	Ruff Ryders	Released	Ronnie Brown	PHI	RB	Owner
Thu Oct 20 2:30 pm ET	Ruff Ryders	Acquired	Dane Sanzenbacher	CHI	WR	Owner
Thu Oct 20 2:30 pm ET	Ruff Ryders	Released	Brandon Lloyd	STL	WR	Owner
Thu Oct 20 8:24 pm ET	High Rollers	Released	Denarius Moore	OAK	WR	Owner
Thu Oct 20 8:27 pm ET	Juice Box Heroes	Acquired	Brandon Lloyd	STL	WR	Owner
Fri Oct 21 7:54 am ET	THE BIG DOGG	Acquired	DeMarco Murray	DAL	RB	Owner
Fri Oct 21 7:54 am ET	THE BIG DOGG	Released	Tashard Choice	BUF	RB	Owner
Fri Oct 21 9:59 am ET	Ruff Ryders	Acquired	Devin Hester	CHI	WR	Owner
Fri Oct 21 9:59 am ET	Ruff Ryders	Released	Dane Sanzenbacher	CHI	WR	Owner
Fri Oct 21 10:38 am ET	Ruff Ryders	Acquired	Knowshon Moreno	DEN	RB	Owner
Fri Oct 21 10:38 am ET	Ruff Ryders	Released	Brandon Jacobs	NYG	RB	Owner
Fri Oct 21 3:01 pm ET	Ruff Ryders	Acquired	Earnest Graham	TAM	RB	Owner
Fri Oct 21 3:01 pm ET	Ruff Ryders	Released	Knowshon Moreno	DEN	RB	Owner
Fri Oct 21 6:08 pm ET	LIONHEART	Acquired	Early Doucet	ARI	WR	Owner
Fri Oct 21 6:08 pm ET	LIONHEART	Released	Mario Manningham	NYG	WR	Owner
Sat Oct 22 8:47 am ET	LIONHEART	Acquired	Matt Cassel	KAN	QB	Owner
Sat Oct 22 8:47 am ET	LIONHEART	Released	Andy Dalton	CIN	QB	Owner
Sat Oct 22 4:19 pm ET	Ruff Ryders	Acquired	Mario Manningham	NYG	WR	Owner
Sat Oct 22 4:19 pm ET	Ruff Ryders	Released	David Nelson	BUF	WR	Owner
Sun Oct 23 8:53 am ET	LIONHEART	Acquired	Plaxico Burress	NYJ	WR	Owner
Sun Oct 23 8:53 am ET	LIONHEART	Released	Mike Thomas	JAC	WR	Owner



Sun Oct 23 11:24 am ET	Evans Almighty	Released	Mark Ingram	NOR	RB	Owner
Sun Oct 23 12:11 pm ET	Ruff Ryders	Acquired	Greg Little	CLE	WR	Owner
Sun Oct 23 12:11 pm ET	Ruff Ryders	Released	Kevin Walter	HOU	WR	Owner
Sun Oct 23 12:15 pm ET	Ruff Ryders	Acquired	Jay Cutler	CHI	QB	Owner
Sun Oct 23 12:15 pm ET	Ruff Ryders	Released	Mark Sanchez	NYJ	QB	Owner
Sun Oct 23 12:18 pm ET	Ruff Ryders	Acquired	Mark Sanchez	NYJ	QB	Owner
Sun Oct 23 12:18 pm ET	Ruff Ryders	Released	Jay Cutler	CHI	QB	Owner
Sun Oct 23 12:33 pm ET	Ruff Ryders	Acquired	Jay Cutler	CHI	QB	Owner
Sun Oct 23 12:33 pm ET	Ruff Ryders	Released	Mark Sanchez	NYJ	QB	Owner
Sun Oct 23 12:43 pm ET	THE BIG DOGG	Acquired	Mark Sanchez	NYJ	QB	Owner
Sun Oct 23 12:43 pm ET	THE BIG DOGG	Released	Mark Sanchez	NYJ	QB	Owner
Sun Oct 23 12:53 pm ET	Ruff Ryders	Acquired	Antonio Brown	PIT	WR	Owner
Sun Oct 23 12:53 pm ET	Ruff Ryders	Released	Greg Little	CLE	WR	Owner

Thu Oct 20 8:24 pm ET	High Rollers	Acquired	Juice Box Heroes	Acquired	Trade
	James Jones, WR		Frank Gore, RB		
	Rashard Mendenhall, RB				
	Released: Denarius Moore, WR				

Week 8

Tue Oct 25 8:40 pm ET	Regulators	Released	Benjamin Watson	CLE	TE	Owner
Wed Oct 26 3:39 pm ET	THE BIG DOGG	Released	DeMarco Murray	DAL	RB	Owner
Wed Oct 26 11:18 pm ET	High Rollers	Acquired	David Nelson	BUF	WR	Waiver Wire
Wed Oct 26 11:18 pm ET	High Rollers	Released	James Jones	GNB	WR	Waiver Wire
Wed Oct 26 11:18 pm ET	Ruff Ryders	Acquired	Mark Sanchez	NYJ	QB	Waiver Wire
Wed Oct 26 11:18 pm ET	High Steppin'	Acquired	Cleveland Browns	CLE	Defense	Waiver Wire
Wed Oct 26 11:18 pm ET	High Steppin'	Released	Arizona Cardinals	ARI	Defense	Waiver Wire
Wed Oct 26 11:18 pm ET	THE BIG DOGG	Acquired	Carolina Panthers	CAR	Special Team	Waiver Wire
Wed Oct 26 11:18 pm ET	THE BIG DOGG	Released	Dallas Cowboys	DAL	Special Team	Waiver Wire
Wed Oct 26 11:18 pm ET	Warp Speed	Acquired	Brandon Jacobs	NYG	RB	Waiver Wire
Wed Oct 26 11:18 pm ET	Evans Almighty	Acquired	Michael Jenkins	MIN	WR	Waiver Wire
Thu Oct 27 4:36 am ET	Warp Speed	Released	Tim Hightower	WAS	RB	Owner
Thu Oct 27 6:24 am ET	Ruff Ryders	Released	Jay Cutler	CHI	QB	Owner
Thu Oct 27 7:02 am ET	THE BIG DOGG	Acquired	Dallas Cowboys	DAL	Special Team	Owner
Thu Oct 27 7:02 am ET	THE BIG DOGG	Released	Carolina Panthers	CAR	Special Team	Owner
Thu Oct 27 7:03 am ET	Ruff Ryders	Acquired	Mike Thomas	JAC	WR	Owner
Thu Oct 27 7:03 am ET	Ruff Ryders	Released	Devin Hester	CHI	WR	Owner
Thu Oct 27 7:04 am ET	THE BIG DOGG	Acquired	Jason Hill	DEN	WR	Owner
Thu Oct 27 7:04 am ET	THE BIG DOGG	Released	Eric Decker	DEN	WR	Owner
Thu Oct 27 7:04 am ET	Ruff Ryders	Acquired	Joseph Addai	IND	RB	Owner
Thu Oct 27 7:04 am ET	Ruff Ryders	Released	Earnest Graham	TAM	RB	Owner
Thu Oct 27 7:04 am ET	THE BIG DOGG	Released	James Starks	GNB	RB	Owner
Thu Oct 27 7:04 am ET	THE BIG DOGG	Acquired	DeMarco Murray	DAL	RB	Owner
Thu Oct 27 7:05 am ET	Warp Speed	Released	Tarvaris Jackson	SEA	QB	Owner
Thu Oct 27 7:05 am ET	Warp Speed	Acquired	Andy Dalton	CIN	QB	Owner
Thu Oct 27 7:09 am ET	Warp Speed	Acquired	James Starks	GNB	RB	Owner
Thu Oct 27 7:09 am ET	Warp Speed	Released	Stevan Ridley	NWE	RB	Owner
Thu Oct 27 7:11 am ET	Ruff Ryders	Acquired	Eric Decker	DEN	WR	Owner
Thu Oct 27 7:11 am ET	Ruff Ryders	Released	Mike Thomas	JAC	WR	Owner
Thu Oct 27 7:20 am ET	Ruff Ryders	Acquired	Mark Ingram	NOR	RB	Owner
Thu Oct 27 7:20 am ET	Ruff Ryders	Released	Joseph Addai	IND	RB	Owner
Thu Oct 27 7:33 am ET	Ruff Ryders	Acquired	Knowshon Moreno	DEN	RB	Owner
Thu Oct 27 7:33 am ET	Ruff Ryders	Released	Willis McGahee	DEN	RB	Owner
Thu Oct 27 8:11 am ET	Ruff Ryders	Acquired	Joseph Addai	IND	RB	Owner
Thu Oct 27 8:11 am ET	Ruff Ryders	Released	Knowshon Moreno	DEN	RB	Owner
Thu Oct 27 8:56 am ET	Evans Almighty	Released	Anquan Boldin	BAL	WR	Owner
Thu Oct 27 10:29 am ET	Ruff Ryders	Acquired	Anquan Boldin	BAL	WR	Owner
Thu Oct 27 10:29 am ET	Ruff Ryders	Released	Mario Manningham	NYG	WR	Owner
Thu Oct 27 8:36 pm ET	THE BIG DOGG	Acquired	Roy Helu	WAS	RB	Owner
Thu Oct 27 8:54 pm ET	Evans Almighty	Released	Mike Tolbert	SDG	RB	Owner
Thu Oct 27 9:11 pm ET	High Steppin'	Acquired	Cleveland Browns	CLE	Special Team	Owner
Thu Oct 27 9:11 pm ET	High Steppin'	Released	Arizona Cardinals	ARI	Special Team	Owner



Alex Football Freaks

Thu Oct 27 9:22 pm ET	High Steppin'	Acquired	Olindo Mare	CAR	K	Owner
Thu Oct 27 9:22 pm ET	High Steppin'	Released	Adam Vinatieri	IND	K	Owner
Thu Oct 27 9:27 pm ET	High Steppin'	Acquired	Josh Scobee	JAC	K	Owner
Thu Oct 27 9:27 pm ET	High Steppin'	Released	Olindo Mare	CAR	K	Owner
Thu Oct 27 9:50 pm ET	High Steppin'	Acquired	Jay Cutler	CHI	QB	Owner
Thu Oct 27 9:50 pm ET	High Steppin'	Released	Robert Meachem	NOR	WR	Owner
Fri Oct 28 9:03 am ET	THE BIG DOGG	Acquired	Titus Young	DET	WR	Owner
Fri Oct 28 9:03 am ET	THE BIG DOGG	Released	Jason Hill	DEN	WR	Owner
Fri Oct 28 9:05 am ET	THE BIG DOGG	Acquired	Michael Crabtree	SFO	WR	Owner
Fri Oct 28 9:05 am ET	THE BIG DOGG	Released	Titus Young	DET	WR	Owner
Fri Oct 28 5:07 pm ET	Warp Speed	Acquired	Willis McGahee	DEN	RB	Owner
Fri Oct 28 5:07 pm ET	Warp Speed	Released	James Starks	GNB	RB	Owner
Fri Oct 28 8:16 pm ET	Regulators	Acquired	James Jones	GNB	WR	Owner
Fri Oct 28 8:16 pm ET	Regulators	Released	Reggie Wayne	IND	WR	Owner
Fri Oct 28 8:17 pm ET	Regulators	Acquired	Denarius Moore	OAK	WR	Owner
Fri Oct 28 8:17 pm ET	Regulators	Released	James Jones	GNB	WR	Owner
Fri Oct 28 8:18 pm ET	Regulators	Acquired	Jason Hill	DEN	WR	Owner
Fri Oct 28 8:18 pm ET	Regulators	Released	Denarius Moore	OAK	WR	Owner
Fri Oct 28 11:44 pm ET	Evans Almighty	Acquired	Denarius Moore	OAK	WR	Owner
Fri Oct 28 11:44 pm ET	Evans Almighty	Released	Sidney Rice	SEA	WR	Owner
Sun Oct 30 7:41 am ET	High Steppin'	Acquired	Seattle Seahawks	SEA	Defense	Owner
Sun Oct 30 7:41 am ET	High Steppin'	Released	Cleveland Browns	CLE	Defense	Owner
Sun Oct 30 7:41 am ET	High Steppin'	Acquired	Seattle Seahawks	SEA	Special Team	Owner
Sun Oct 30 7:41 am ET	High Steppin'	Released	Cleveland Browns	CLE	Special Team	Owner
Sun Oct 30 8:39 am ET	Ruff Ryders	Acquired	Reggie Wayne	IND	WR	Owner
Sun Oct 30 8:39 am ET	Ruff Ryders	Released	Eric Decker	DEN	WR	Owner
Sun Oct 30 8:48 am ET	Ruff Ryders	Acquired	Eric Decker	DEN	WR	Owner
Sun Oct 30 8:49 am ET	Ruff Ryders	Released	Reggie Wayne	IND	WR	Owner
Sun Oct 30 11:45 am ET	High Steppin'	Acquired	Cleveland Browns	CLE	Defense	Owner
Sun Oct 30 11:45 am ET	High Steppin'	Released	Seattle Seahawks	SEA	Defense	Owner
Sun Oct 30 11:46 am ET	High Steppin'	Acquired	Cleveland Browns	CLE	Special Team	Owner
Sun Oct 30 11:46 am ET	High Steppin'	Released	Seattle Seahawks	SEA	Special Team	Owner

Thu Oct 27 8:37 pm ET	Evans Almighty	Acquired	THE BIG DOGG	Acquired	Trade
	Dallas Cowboys, Defense		New Orleans Saints, Defense		
	Dallas Cowboys, Special Team		New Orleans Saints, Special Team		
	Pierre Thomas, RB				

Week 9

Wed Nov 2 11:18 pm ET	Regulators	Acquired	T.J. Houshmandzadeh	OAK	WR	Waiver Wire
Wed Nov 2 11:18 pm ET	Ruff Ryders	Acquired	Jackie Battle	KAN	RB	Waiver Wire
Wed Nov 2 11:18 pm ET	Evans Almighty	Released	Nick Folk	NYJ	K	Waiver Wire
Wed Nov 2 11:18 pm ET	THE BIG DOGG	Acquired	Mike Tolbert	SDG	RB	Waiver Wire
Wed Nov 2 11:18 pm ET	Evans Almighty	Acquired	Connor Barth	TAM	K	Waiver Wire
Wed Nov 2 11:18 pm ET	Regulators	Released	Jason Hill	DEN	WR	Waiver Wire
Thu Nov 3 6:20 am ET	Ruff Ryders	Released	Joseph Addai	IND	RB	Owner
Thu Nov 3 7:46 am ET	THE BIG DOGG	Released	Roy Helu	WAS	RB	Owner
Thu Nov 3 7:48 am ET	THE BIG DOGG	Acquired	Shaun Suisham	PIT	K	Owner
Thu Nov 3 7:48 am ET	THE BIG DOGG	Released	Ryan Longwell	MIN	K	Owner
Thu Nov 3 3:14 pm ET	Warp Speed	Acquired	Brent Celek	PHI	TE	Owner
Thu Nov 3 3:14 pm ET	Warp Speed	Released	Dallas Clark	IND	TE	Owner
Thu Nov 3 5:17 pm ET	LIONHEART	Acquired	Sidney Rice	SEA	WR	Owner
Thu Nov 3 5:17 pm ET	LIONHEART	Released	Nate Burleson	DET	WR	Owner
Thu Nov 3 8:36 pm ET	High Steppin'	Acquired	Ryan Longwell	MIN	K	Owner
Thu Nov 3 8:36 pm ET	High Steppin'	Released	Josh Scobee	JAC	K	Owner
Fri Nov 4 4:59 pm ET	Warp Speed	Acquired	Kansas City Chiefs	KAN	Defense	Owner
Fri Nov 4 4:59 pm ET	Warp Speed	Released	New York Giants	NYG	Defense	Owner
Fri Nov 4 4:59 pm ET	Warp Speed	Acquired	Kansas City Chiefs	KAN	Special Team	Owner
Fri Nov 4 4:59 pm ET	Warp Speed	Released	New York Giants	NYG	Special Team	Owner
Fri Nov 4 6:31 pm ET	THE BIG DOGG	Acquired	Kevin Walter	HOU	WR	Owner
Fri Nov 4 6:31 pm ET	THE BIG DOGG	Released	Malcom Floyd	SDG	WR	Owner
Fri Nov 4 6:36 pm ET	THE BIG DOGG	Acquired	James Starks	GNB	RB	Owner



Fri Nov 4 6:36 pm ET	THE BIG DOGG	Released	Mike Tolbert	SDG	RB	Owner
Sat Nov 5 8:47 am ET	THE BIG DOGG	Acquired	Mario Manningham	NYG	WR	Owner
Sat Nov 5 8:47 am ET	THE BIG DOGG	Released	Kevin Walter	HOU	WR	Owner
Sat Nov 5 3:49 pm ET	Juice Box Heroes	Acquired	Christian Ponder	MIN	QB	Owner
Sat Nov 5 3:49 pm ET	Juice Box Heroes	Released	Tim Tebow	DEN	QB	Owner
Sun Nov 6 8:17 am ET	LIONHEART	Acquired	Knowshon Moreno	DEN	RB	Owner
Sun Nov 6 8:17 am ET	LIONHEART	Released	Ben Tate	HOU	RB	Owner
Sun Nov 6 8:23 am ET	LIONHEART	Acquired	Jonathan Baldwin	KAN	WR	Owner
Sun Nov 6 8:23 am ET	LIONHEART	Placed on IR	Plaxico Burress	NYJ	WR	Owner
Sun Nov 6 10:37 am ET	Evans Almighty	Acquired	James Jones	GNB	WR	Owner
Sun Nov 6 10:37 am ET	Evans Almighty	Released	Michael Jenkins	MIN	WR	Owner
Sun Nov 6 12:26 pm ET	Evans Almighty	Acquired	Dallas Clark	IND	TE	Owner
Sun Nov 6 12:26 pm ET	Evans Almighty	Acquired	Jared Cook	TEN	TE	Owner
Sun Nov 6 12:26 pm ET	Evans Almighty	Released	Ed Dickson	BAL	TE	Owner
Sun Nov 6 12:26 pm ET	Evans Almighty	Released	Jermaine Gresham	CIN	TE	Owner

Week 10

Wed Nov 9 9:51 pm ET	Evans Almighty	Placed on IR	Dallas Clark	IND	TE	Owner
Wed Nov 9 11:18 pm ET	Warp Speed	Acquired	Joshua Cribbs	CLE	WR	Waiver Wire
Wed Nov 9 11:18 pm ET	Warp Speed	Released	Doug Baldwin	SEA	WR	Waiver Wire
Wed Nov 9 11:18 pm ET	THE BIG DOGG	Acquired	Laurent Robinson	DAL	WR	Waiver Wire
Wed Nov 9 11:18 pm ET	THE BIG DOGG	Released	Mario Manningham	NYG	WR	Waiver Wire
Wed Nov 9 11:18 pm ET	Evans Almighty	Acquired	Mike Tolbert	SDG	RB	Waiver Wire
Wed Nov 9 11:18 pm ET	LIONHEART	Acquired	Ben Tate	HOU	RB	Waiver Wire
Thu Nov 10 9:39 am ET	Ruff Ryders	Acquired	Mario Manningham	NYG	WR	Owner
Thu Nov 10 9:39 am ET	Ruff Ryders	Released	Pierre Garcon	IND	WR	Owner
Thu Nov 10 9:42 am ET	Ruff Ryders	Acquired	Pierre Garcon	IND	WR	Owner
Thu Nov 10 9:42 am ET	Ruff Ryders	Released	Mario Manningham	NYG	WR	Owner
Thu Nov 10 2:21 pm ET	THE BIG DOGG	Acquired	New York Giants	NYG	Defense	Owner
Thu Nov 10 2:21 pm ET	THE BIG DOGG	Released	New Orleans Saints	NOR	Defense	Owner
Thu Nov 10 2:21 pm ET	THE BIG DOGG	Acquired	New York Giants	NYG	Special Team	Owner
Thu Nov 10 2:21 pm ET	THE BIG DOGG	Released	New Orleans Saints	NOR	Special Team	Owner
Thu Nov 10 2:22 pm ET	THE BIG DOGG	Acquired	New Orleans Saints	NOR	Defense	Owner
Thu Nov 10 2:22 pm ET	THE BIG DOGG	Released	New York Giants	NYG	Defense	Owner
Thu Nov 10 2:42 pm ET	THE BIG DOGG	Acquired	New Orleans Saints	NOR	Special Team	Owner
Thu Nov 10 2:42 pm ET	THE BIG DOGG	Released	New York Giants	NYG	Special Team	Owner
Thu Nov 10 5:48 pm ET	LIONHEART	Released	Ryan Torain	WAS	RB	Owner
Thu Nov 10 5:51 pm ET	LIONHEART	Acquired	Nick Folk	NYJ	K	Owner
Thu Nov 10 5:51 pm ET	LIONHEART	Released	Rian Lindell	BUF	K	Owner
Sat Nov 12 11:20 am ET	Juice Box Heroes	Acquired	Tim Tebow	DEN	QB	Owner
Sat Nov 12 11:20 am ET	Juice Box Heroes	Released	Christian Ponder	MIN	QB	Owner
Sat Nov 12 11:26 am ET	Juice Box Heroes	Acquired	Earl Bennett	CHI	WR	Owner
Sat Nov 12 11:26 am ET	Juice Box Heroes	Released	Brandon Lloyd	STL	WR	Owner

Week 11

Wed Nov 16 11:20 pm ET	Regulators	Released	T.J. Houshmandzadeh	OAK	WR	Waiver Wire
Wed Nov 16 11:20 pm ET	The Commishes Bitches	Acquired	Alex Smith	SFO	QB	Waiver Wire
Wed Nov 16 11:20 pm ET	LIONHEART	Acquired	Lance Ball	DEN	RB	Waiver Wire
Wed Nov 16 11:20 pm ET	Regulators	Acquired	Doug Baldwin	SEA	WR	Waiver Wire
Wed Nov 16 11:20 pm ET	Warp Speed	Released	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Wed Nov 16 11:20 pm ET	Warp Speed	Acquired	Harry Douglas	ATL	WR	Waiver Wire
Wed Nov 16 11:20 pm ET	THE BIG DOGG	Acquired	Ed Dickson	BAL	TE	Waiver Wire
Thu Nov 17 5:56 am ET	THE BIG DOGG	Released	Owen Daniels	HOU	TE	Owner
Thu Nov 17 7:51 am ET	Ruff Ryders	Acquired	Brandon Lloyd	STL	WR	Owner
Thu Nov 17 7:51 am ET	Ruff Ryders	Released	Pierre Garcon	IND	WR	Owner
Thu Nov 17 9:48 am ET	Juice Box Heroes	Acquired	Carson Palmer	OAK	QB	Owner
Thu Nov 17 9:48 am ET	Juice Box Heroes	Released	Tim Tebow	DEN	QB	Owner
Thu Nov 17 9:56 am ET	Juice Box Heroes	Acquired	Owen Daniels	HOU	TE	Owner
Thu Nov 17 9:56 am ET	Juice Box Heroes	Released	Jared Cook	TEN	TE	Owner
Thu Nov 17 4:41 pm ET	The Commishes Bitches	Released	Matt Schaub	HOU	QB	Commissioner
Thu Nov 17 4:42 pm ET	The Commishes Bitches	Released	Peyton Manning	IND	QB	Commissioner
Thu Nov 17 5:30 pm ET	LIONHEART	Released	Knowshon Moreno	DEN	RB	Owner



Alex Football Freaks

Thu Nov 17 5:34 pm ET	LIONHEART	Acquired	Shaun Hill	DET	QB	Owner
Thu Nov 17 5:34 pm ET	LIONHEART	Released	Matt Cassel	KAN	QB	Owner
Thu Nov 17 7:43 pm ET	High Steppin'	Acquired	Mario Manningham	NYG	WR	Owner
Thu Nov 17 7:43 pm ET	High Steppin'	Placed on IR	Jay Cutler	CHI	QB	Owner
Thu Nov 17 7:44 pm ET	High Steppin'	Released	Jay Cutler	CHI	QB	Owner
Fri Nov 18 4:53 pm ET	Regulators	Acquired	Pierre Garcon	IND	WR	Owner
Fri Nov 18 4:53 pm ET	Regulators	Released	Devery Henderson	NOR	WR	Owner
Sat Nov 19 9:17 am ET	THE BIG DOGG	Acquired	Phil Dawson	CLE	K	Owner
Sat Nov 19 9:17 am ET	THE BIG DOGG	Released	Shaun Suisham	PIT	K	Owner
Sun Nov 20 4:42 am ET	Evans Almighty	Acquired	Jared Cook	TEN	TE	Commissioner
Sun Nov 20 8:22 am ET	High Steppin'	Acquired	Rob Bironas	TEN	K	Owner
Sun Nov 20 8:22 am ET	High Steppin'	Released	Ryan Longwell	MIN	K	Owner
Sun Nov 20 8:22 am ET	LIONHEART	Acquired	Jay Cutler	CHI	QB	Owner
Sun Nov 20 8:22 am ET	LIONHEART	Released	Shaun Hill	DET	QB	Owner
Sun Nov 20 8:23 am ET	LIONHEART	Acquired	Damian Williams	TEN	WR	Owner
Sun Nov 20 8:23 am ET	LIONHEART	Released	Jonathan Baldwin	KAN	WR	Owner
Sun Nov 20 10:51 am ET	Evans Almighty	Released	Tony Gonzalez	ATL	TE	Owner
Sun Nov 20 12:13 pm ET	Juice Box Heroes	Acquired	Tony Gonzalez	ATL	TE	Owner
Sun Nov 20 12:13 pm ET	Juice Box Heroes	Released	Owen Daniels	HOU	TE	Owner
Sun Nov 20 4:43 am ET	Evans Almighty	Acquired	Juice Box Heroes	Acquired	Trade	
	Drew Brees, QB		Eli Manning, QB			
	Jonathan Stewart, RB		Frank Gore, RB			
	Denarius Moore, WR		Julio Jones, WR			
Wed Nov 16 7:23 pm ET	Juice Box Heroes	Acquired	Evans Almighty	Acquired	Trade	
	Drew Brees, QB		Tony Gonzalez, TE			
	Jonathan Stewart, RB		Eli Manning, QB			
	Jared Cook, TE		Frank Gore, RB			
	Denarius Moore, WR		Julio Jones, WR			

Week 12

Wed Nov 23 11:19 pm ET	THE BIG DOGG	Acquired	Shaun Suisham	PIT	K	Waiver Wire
Wed Nov 23 11:19 pm ET	THE BIG DOGG	Released	Phil Dawson	CLE	K	Waiver Wire
Wed Nov 23 11:19 pm ET	Regulators	Acquired	Kevin Smith	DET	RB	Waiver Wire
Wed Nov 23 11:30 pm ET	Regulators	Released	LaDainian Tomlinson	NYJ	RB	Owner
Thu Nov 24 8:17 am ET	LIONHEART	Acquired	Matt Moore	MIA	QB	Owner
Thu Nov 24 8:17 am ET	LIONHEART	Released	Jay Cutler	CHI	QB	Owner
Thu Nov 24 8:31 am ET	LIONHEART	Acquired	Montario Hardesty	CLE	RB	Owner
Thu Nov 24 8:31 am ET	LIONHEART	Released	Lance Ball	DEN	RB	Owner
Thu Nov 24 8:39 am ET	LIONHEART	Acquired	C.J. Spiller	BUF	RB	Owner
Thu Nov 24 8:39 am ET	LIONHEART	Released	Montario Hardesty	CLE	RB	Owner
Thu Nov 24 9:43 am ET	THE BIG DOGG	Acquired	Tony Scheffler	DET	TE	Owner
Thu Nov 24 9:43 am ET	THE BIG DOGG	Released	Jake Ballard	NYG	TE	Owner
Thu Nov 24 12:25 pm ET	High Steppin'	Acquired	LaDainian Tomlinson	NYJ	RB	Owner
Thu Nov 24 12:25 pm ET	High Steppin'	Released	Fred Jackson	BUF	RB	Owner
Thu Nov 24 9:06 pm ET	THE BIG DOGG	Acquired	Jake Ballard	NYG	TE	Owner
Thu Nov 24 9:06 pm ET	THE BIG DOGG	Released	Tony Scheffler	DET	TE	Owner
Fri Nov 25 6:13 pm ET	Juice Box Heroes	Acquired	Seattle Seahawks	SEA	Defense	Owner
Fri Nov 25 6:13 pm ET	Juice Box Heroes	Released	Minnesota Vikings	MIN	Defense	Owner
Fri Nov 25 6:14 pm ET	Juice Box Heroes	Acquired	Seattle Seahawks	SEA	Special Team	Owner
Fri Nov 25 6:14 pm ET	Juice Box Heroes	Released	Minnesota Vikings	MIN	Special Team	Owner
Sun Nov 27 9:59 am ET	LIONHEART	Acquired	Donald Brown	IND	RB	Owner
Sun Nov 27 9:59 am ET	LIONHEART	Released	Jahvid Best	DET	RB	Owner
Sun Nov 27 10:02 am ET	LIONHEART	Taken off IR	Plaxico Burress	NYJ	WR	Owner
Sun Nov 27 10:02 am ET	LIONHEART	Released	Damian Williams	TEN	WR	Owner
Sun Nov 27 11:58 am ET	The Commishes Bitches	Acquired	Joseph Addai	IND	RB	Commissioner
Sun Nov 27 11:58 am ET	The Commishes Bitches	Released	Thomas Jones	KAN	RB	Commissioner

Week 13

Wed Nov 30 11:18 pm ET	THE BIG DOGG	Acquired	Jermaine Gresham	CIN	TE	Waiver Wire
Wed Nov 30 11:18 pm ET	Regulators	Acquired	Reggie Wayne	IND	WR	Waiver Wire
Wed Nov 30 11:18 pm ET	Regulators	Released	Doug Baldwin	SEA	WR	Waiver Wire



Wed Nov 30 11:18 pm ET	Ruff Ryders	Acquired	Josh Scobee	JAC	K	Waiver Wire
Wed Nov 30 11:18 pm ET	Ruff Ryders	Released	Dan Carpenter	MIA	K	Waiver Wire
Thu Dec 1 8:16 am ET	THE BIG DOGG	Released	Jake Ballard	NYG	TE	Owner
Thu Dec 1 8:21 am ET	THE BIG DOGG	Acquired	Lance Moore	NOR	WR	Owner
Thu Dec 1 8:21 am ET	THE BIG DOGG	Released	Michael Crabtree	SFO	WR	Owner
Thu Dec 1 8:41 am ET	Ruff Ryders	Acquired	Marion Barber	CHI	RB	Owner
Thu Dec 1 8:41 am ET	Ruff Ryders	Released	Jackie Battle	KAN	RB	Owner
Thu Dec 1 8:51 am ET	THE BIG DOGG	Acquired	Roy Helu	WAS	RB	Owner
Thu Dec 1 8:51 am ET	THE BIG DOGG	Released	James Starks	GNB	RB	Owner
Thu Dec 1 6:56 pm ET	Evans Almighty	Acquired	Doug Baldwin	SEA	WR	Owner
Thu Dec 1 6:56 pm ET	Evans Almighty	Released	Denarius Moore	OAK	WR	Owner
Thu Dec 1 7:00 pm ET	Evans Almighty	Acquired	Owen Daniels	HOU	TE	Owner
Thu Dec 1 7:00 pm ET	Evans Almighty	Released	Jared Cook	TEN	TE	Owner
Sun Dec 4 10:46 am ET	The Commishes Bitches	Acquired	Jacksonville Jaguars	JAC	Defense	Commissioner
Sun Dec 4 10:46 am ET	The Commishes Bitches	Released	Oakland Raiders	OAK	Special Team	Commissioner
Sun Dec 4 10:46 am ET	The Commishes Bitches	Released	Oakland Raiders	OAK	Defense	Commissioner
Sun Dec 4 10:46 am ET	The Commishes Bitches	Acquired	Jacksonville Jaguars	JAC	Special Team	Commissioner
Sun Dec 4 10:49 am ET	The Commishes Bitches	Acquired	Denver Broncos	DEN	Defense	Commissioner
Sun Dec 4 10:49 am ET	The Commishes Bitches	Released	San Diego Chargers	SDG	Special Team	Commissioner
Sun Dec 4 10:49 am ET	The Commishes Bitches	Released	San Diego Chargers	SDG	Defense	Commissioner
Sun Dec 4 10:50 am ET	The Commishes Bitches	Acquired	Denver Broncos	DEN	Special Team	Commissioner
Sun Dec 4 11:13 am ET	The Commishes Bitches	Acquired	James Starks	GNB	RB	Commissioner
Sun Dec 4 11:13 am ET	The Commishes Bitches	Released	Joseph Addai	IND	RB	Commissioner
Sun Dec 4 11:18 am ET	The Commishes Bitches	Acquired	Michael Crabtree	SFO	WR	Commissioner
Sun Dec 4 11:18 am ET	The Commishes Bitches	Released	Jabar Gaffney	WAS	WR	Commissioner
Sun Dec 4 11:21 am ET	The Commishes Bitches	Acquired	Johnny Knox	CHI	WR	Commissioner
Sun Dec 4 11:21 am ET	The Commishes Bitches	Released	Miles Austin	DAL	WR	Commissioner

Playoff Week 1

Playoff Week 2

Playoff Week 3

Offseason