



# VB Meets the ROC

## Week 1

Sun Aug 26 8:26 pm ET	K9s	Acquired	Martellus Bennett	NYG	TE	Owner
Sun Aug 26 8:26 pm ET	K9s	Released	Mike Tolbert	CAR	RB	Owner
Sun Aug 26 10:23 pm ET	Touchdown My Pants	Acquired	Nate Burleson	DET	WR	Owner
Sun Aug 26 10:23 pm ET	Touchdown My Pants	Released	Dustin Keller	NYJ	TE	Owner
Sun Aug 26 11:18 pm ET	Steel Curtain	Acquired	Brandon Jacobs	SFO	RB	Owner
Sun Aug 26 11:18 pm ET	Steel Curtain	Placed on IR	Randall Cobb	GNB	WR	Owner
Mon Aug 27 12:04 am ET	Steel Curtain	Acquired	Laurent Robinson	JAC	WR	Owner
Mon Aug 27 12:04 am ET	Steel Curtain	Released	Randall Cobb	GNB	WR	Owner
Mon Aug 27 12:04 am ET	Steel Curtain	Placed on IR	Emmanuel Sanders	PIT	WR	Owner
Mon Aug 27 9:14 am ET	Va.Beach G-Men	Acquired	James Starks	GNB	RB	Owner
Mon Aug 27 9:14 am ET	Va.Beach G-Men	Released	Mercedes Lewis	JAC	TE	Owner
Mon Aug 27 1:32 pm ET	StrongMan	Acquired	Tim Hightower	WAS	RB	Owner
Mon Aug 27 1:32 pm ET	StrongMan	Placed on IR	Robert Griffin	WAS	QB	Owner
Mon Aug 27 2:03 pm ET	StrongMan	Acquired	Isaiah Pead	STL	RB	Owner
Mon Aug 27 2:03 pm ET	StrongMan	Released	Tim Hightower	WAS	RB	Owner
Mon Aug 27 3:02 pm ET	North Dallas Forty	Placed on IR	Evan Royster	WAS	RB	Owner
Mon Aug 27 3:02 pm ET	North Dallas Forty	Acquired	Tim Hightower	WAS	RB	Owner
Mon Aug 27 3:03 pm ET	North Dallas Forty	Placed on IR	Tim Hightower	WAS	RB	Owner
Mon Aug 27 3:03 pm ET	North Dallas Forty	Taken off IR	Evan Royster	WAS	RB	Owner
Mon Aug 27 3:10 pm ET	Va.Beach G-Men	Acquired	Mike Tolbert	CAR	RB	Owner
Mon Aug 27 3:10 pm ET	Va.Beach G-Men	Released	James Starks	GNB	RB	Owner
Mon Aug 27 5:03 pm ET	Beach Ball-Busters	Placed on IR	Jerome Simpson	MIN	WR	Owner
Mon Aug 27 5:10 pm ET	Ring Revival	Acquired	Kellen Winslow	NWE	TE	Owner
Mon Aug 27 5:10 pm ET	Ring Revival	Placed on IR	Eddie Royal	SDG	WR	Owner
Mon Aug 27 5:11 pm ET	Ring Revival	Taken off IR	Eddie Royal	SDG	WR	Owner
Mon Aug 27 5:11 pm ET	Ring Revival	Placed on IR	Kellen Winslow	NWE	TE	Owner
Mon Aug 27 5:12 pm ET	Ring Revival	Acquired	Bernard Scott	CIN	RB	Owner
Mon Aug 27 5:12 pm ET	Ring Revival	Released	Eddie Royal	SDG	WR	Owner
Mon Aug 27 5:18 pm ET	Beach Ball-Busters	Acquired	Jake Locker	TEN	QB	Owner
Tue Aug 28 8:05 pm ET	Raiders of the Lost Ark	Released	Jacoby Ford	OAK	WR	Owner
Tue Aug 28 8:05 pm ET	Raiders of the Lost Ark	Acquired	Russell Wilson	SEA	QB	Owner
Tue Aug 28 9:31 pm ET	Chip Rack Champs	Placed on IR	Austin Collie	IND	WR	Owner
Tue Aug 28 9:31 pm ET	Chip Rack Champs	Acquired	Detroit Lions	DET	Def/ST	Owner
Wed Aug 29 9:06 am ET	Touchdown My Pants	Placed on IR	Brent Celek	PHI	TE	Owner
Wed Aug 29 9:19 am ET	Touchdown My Pants	Placed on IR	Brent Celek	PHI	TE	Owner
Wed Aug 29 9:19 am ET	Touchdown My Pants	Acquired	Seattle Seahawks	SEA	Def/ST	Owner
Fri Aug 31 3:40 pm ET	SouthSide Six Shooters	Placed on IR	Rashard Mendenhall	PIT	RB	Owner
Fri Aug 31 3:56 pm ET	SouthSide Six Shooters	Acquired	Mike Williams	TAM	WR	Owner
Sat Sep 1 4:23 pm ET	North Dallas Forty	Acquired	James Starks	GNB	RB	Owner
Sat Sep 1 4:23 pm ET	North Dallas Forty	Released	Tim Hightower	WAS	RB	Owner
Sat Sep 1 4:23 pm ET	North Dallas Forty	Placed on IR	Ryan Mathews	SDG	RB	Owner
Sat Sep 1 9:51 pm ET	Ring Revival	Acquired	Tim Hightower	WAS	RB	Owner
Sat Sep 1 9:51 pm ET	Ring Revival	Released	Kellen Winslow	NWE	TE	Owner
Sat Sep 1 9:51 pm ET	Ring Revival	Placed on IR	Bernard Scott	CIN	RB	Owner
Sat Sep 1 9:51 pm ET	Ring Revival	Taken off IR	Bernard Scott	CIN	RB	Owner
Sat Sep 1 9:51 pm ET	Ring Revival	Placed on IR	Tim Hightower	WAS	RB	Owner
Mon Sep 3 7:50 pm ET	Chip Rack Champs	Acquired	Kendall Wright	TEN	WR	Owner
Mon Sep 3 7:50 pm ET	Chip Rack Champs	Acquired	Kendall Hunter	SFO	RB	Owner
Mon Sep 3 7:50 pm ET	Chip Rack Champs	Released	Detroit Lions	DET	Def/ST	Owner
Mon Sep 3 7:50 pm ET	Chip Rack Champs	Released	James Jones	GNB	WR	Owner
Mon Sep 3 11:00 pm ET	StrongMan	Acquired	Ronnie Hillman	DEN	RB	Owner
Mon Sep 3 11:00 pm ET	StrongMan	Released	Tim Tebow	NYJ	QB	Owner
Tue Sep 4 11:44 am ET	Touchdown My Pants	Acquired	New York Jets	NYJ	Def/ST	Owner
Tue Sep 4 11:44 am ET	Touchdown My Pants	Released	New England Patriots	NWE	Def/ST	Owner
Tue Sep 4 8:21 pm ET	Chip Rack Champs	Taken off IR	Austin Collie	IND	WR	Owner
Tue Sep 4 8:21 pm ET	Chip Rack Champs	Placed on IR	C.J. Spiller	BUF	RB	Owner
Tue Sep 4 11:13 pm ET	Steel Curtain	Released	Brandon Jacobs	SFO	RB	Owner
Tue Sep 4 11:13 pm ET	Steel Curtain	Acquired	Dustin Keller	NYJ	TE	Owner
Tue Sep 4 11:13 pm ET	Steel Curtain	Taken off IR	Emmanuel Sanders	PIT	WR	Owner
Tue Sep 4 11:13 pm ET	Steel Curtain	Placed on IR	Dustin Keller	NYJ	TE	Owner
Tue Sep 4 11:27 pm ET	Steel Curtain	Released	Emmanuel Sanders	PIT	WR	Owner



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Tue Sep 4 11:27 pm ET	Steel Curtain	Acquired	Ed Dickson	BAL	TE	Owner
Wed Sep 5 12:36 pm ET	Tha Lynch Mobb	Placed on IR	Davone Bess	MIA	WR	Owner
Wed Sep 5 12:36 pm ET	Tha Lynch Mobb	Released	Sam Bradford	STL	QB	Owner
Wed Sep 5 12:36 pm ET	Tha Lynch Mobb	Acquired	Robbie Gould	CHI	K	Owner
Wed Sep 5 12:36 pm ET	Tha Lynch Mobb	Acquired	Detroit Lions	DET	Def/ST	Owner
Wed Sep 5 5:07 pm ET	StrongMan	Released	Isaiah Pead	STL	RB	Owner
Wed Sep 5 5:07 pm ET	StrongMan	Acquired	Robert Turbin	SEA	RB	Owner
Sat Sep 8 5:30 pm ET	North Dallas Forty	Acquired	Isaiah Pead	STL	RB	Owner
Sat Sep 8 5:30 pm ET	North Dallas Forty	Released	James Starks	GNB	RB	Owner
Sat Sep 8 5:56 pm ET	North Dallas Forty	Acquired	Braylon Edwards	NYJ	WR	Owner
Sat Sep 8 5:56 pm ET	North Dallas Forty	Released	Felix Jones	DAL	RB	Owner

## Week 2

Tue Sep 11 10:32 am ET	StrongMan	Taken off IR	Robert Griffin	WAS	QB	Owner
Tue Sep 11 10:32 am ET	StrongMan	Placed on IR	Ronnie Hillman	DEN	RB	Owner
Wed Sep 12 9:04 am ET	Raiders of the Lost Ark	Placed on IR	Fred Jackson	BUF	RB	Owner
Wed Sep 12 8:14 pm ET	Touchdown My Pants	Released	Mario Manningham	SFO	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	Ring Revival	Acquired	Mark Sanchez	NYJ	QB	Waiver Wire
Wed Sep 12 8:14 pm ET	Ring Revival	Released	Andy Dalton	CIN	QB	Waiver Wire
Wed Sep 12 8:14 pm ET	StrongMan	Acquired	Stephen Hill	NYJ	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	StrongMan	Released	Robert Turbin	SEA	RB	Waiver Wire
Wed Sep 12 8:14 pm ET	Beach Ball-Busters	Acquired	Randall Cobb	GNB	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	Beach Ball-Busters	Released	Jake Locker	TEN	QB	Waiver Wire
Wed Sep 12 8:14 pm ET	Ring Revival	Acquired	Mercedes Lewis	JAC	TE	Waiver Wire
Wed Sep 12 8:14 pm ET	Ring Revival	Released	Bernard Scott	CIN	RB	Waiver Wire
Wed Sep 12 8:14 pm ET	K9s	Acquired	Kevin Ogletree	DAL	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	K9s	Released	Nate Washington	TEN	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	North Dallas Forty	Acquired	Cecil Shorts III	JAC	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	North Dallas Forty	Released	Braylon Edwards	NYJ	WR	Waiver Wire
Wed Sep 12 8:14 pm ET	Touchdown My Pants	Acquired	Dexter McCluster	KAN	RB	Waiver Wire
Thu Sep 13 8:18 pm ET	Chip Rack Champs	Taken off IR	C.J. Spiller	BUF	RB	Owner
Thu Sep 13 8:18 pm ET	Chip Rack Champs	Placed on IR	Austin Collie	IND	WR	Owner
Thu Sep 13 8:56 pm ET	Tha Lynch Mobb	Acquired	Scott Chandler	BUF	TE	Owner
Thu Sep 13 8:56 pm ET	Tha Lynch Mobb	Released	Davone Bess	MIA	WR	Owner
Thu Sep 13 8:56 pm ET	Tha Lynch Mobb	Placed on IR	Pierre Thomas	NOR	RB	Owner
Thu Sep 13 10:47 pm ET	Ring Revival	Acquired	Robert Turbin	SEA	RB	Owner
Thu Sep 13 10:47 pm ET	Ring Revival	Released	Tim Hightower	WAS	RB	Owner
Thu Sep 13 10:47 pm ET	Ring Revival	Placed on IR	David Wilson	NYG	RB	Owner
Fri Sep 14 3:42 pm ET	North Dallas Forty	Taken off IR	Ryan Mathews	SDG	RB	Owner
Fri Sep 14 3:42 pm ET	North Dallas Forty	Placed on IR	Isaiah Pead	STL	RB	Owner
Sat Sep 15 4:26 pm ET	North Dallas Forty	Acquired	Tashard Choice	BUF	RB	Owner
Sat Sep 15 4:26 pm ET	North Dallas Forty	Released	Doug Baldwin	SEA	WR	Owner
Sun Sep 16 12:29 pm ET	North Dallas Forty	Acquired	Curtis Brinkley	SDG	RB	Owner
Sun Sep 16 12:29 pm ET	North Dallas Forty	Released	Tashard Choice	BUF	RB	Owner

## Week 3

Tue Sep 18 5:28 pm ET	Va.Beach G-Men	Placed on IR	Ahmad Bradshaw	NYG	RB	Owner
Tue Sep 18 7:11 pm ET	StrongMan	Taken off IR	Ronnie Hillman	DEN	RB	Owner
Tue Sep 18 7:11 pm ET	StrongMan	Placed on IR	Justin Blackmon	JAC	WR	Owner
Wed Sep 19 11:24 am ET	North Dallas Forty	Released	Isaiah Pead	STL	RB	Owner
Wed Sep 19 11:24 am ET	North Dallas Forty	Placed on IR	Evan Royster	WAS	RB	Owner
Wed Sep 19 5:55 pm ET	Steel Curtain	Taken off IR	Dustin Keller	NYJ	TE	Owner
Wed Sep 19 5:55 pm ET	Steel Curtain	Placed on IR	Greg Jennings	GNB	WR	Owner
Wed Sep 19 8:14 pm ET	Ring Revival	Acquired	Andy Dalton	CIN	QB	Waiver Wire
Wed Sep 19 8:14 pm ET	Ring Revival	Released	Mark Sanchez	NYJ	QB	Waiver Wire
Wed Sep 19 8:14 pm ET	StrongMan	Acquired	Brandon Gibson	STL	WR	Waiver Wire
Wed Sep 19 8:14 pm ET	StrongMan	Released	Shane Vereen	NWE	RB	Waiver Wire
Wed Sep 19 8:14 pm ET	Ring Revival	Acquired	Dennis Pitta	BAL	TE	Waiver Wire
Wed Sep 19 8:14 pm ET	Ring Revival	Released	Mercedes Lewis	JAC	TE	Waiver Wire
Wed Sep 19 8:14 pm ET	Beach Ball-Busters	Acquired	Donnie Avery	IND	WR	Waiver Wire
Wed Sep 19 8:14 pm ET	Beach Ball-Busters	Released	Roy Helu	WAS	RB	Waiver Wire
Wed Sep 19 8:14 pm ET	North Dallas Forty	Acquired	Daryl Richardson	STL	RB	Waiver Wire



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Wed Sep 19 8:14 pm ET	Touchdown My Pants	Acquired	Andre Brown	NYG	RB	Waiver Wire
Wed Sep 19 8:14 pm ET	Touchdown My Pants	Released	Nate Burleson	DET	WR	Waiver Wire
Thu Sep 20 9:53 am ET	Raiders of the Lost Ark	Acquired	Andrew Hawkins	CIN	WR	Owner
Thu Sep 20 3:13 pm ET	Va.Beach G-Men	Acquired	Brian Hartline	MIA	WR	Owner
Thu Sep 20 3:13 pm ET	Va.Beach G-Men	Released	Santana Moss	WAS	WR	Owner
Thu Sep 20 3:13 pm ET	Va.Beach G-Men	Acquired	Jackie Battle	SDG	RB	Owner
Thu Sep 20 7:17 pm ET	Steel Curtain	Acquired	Heath Miller	PIT	TE	Owner
Thu Sep 20 7:17 pm ET	Steel Curtain	Acquired	Kellen Winslow	NWE	TE	Owner
Thu Sep 20 7:17 pm ET	Steel Curtain	Released	Dustin Keller	NYJ	TE	Owner
Thu Sep 20 7:17 pm ET	Steel Curtain	Released	Ronnie Brown	SDG	RB	Owner
Thu Sep 20 7:18 pm ET	Steel Curtain	Acquired	Sam Bradford	STL	QB	Owner
Thu Sep 20 7:18 pm ET	Steel Curtain	Released	Ed Dickson	BAL	TE	Owner
Thu Sep 20 7:25 pm ET	StrongMan	Acquired	Justin Tucker	BAL	K	Owner
Thu Sep 20 7:25 pm ET	StrongMan	Released	Garrett Hartley	NOR	K	Owner
Thu Sep 20 8:11 pm ET	Steel Curtain	Taken off IR	Greg Jennings	GNB	WR	Owner
Thu Sep 20 8:11 pm ET	Steel Curtain	Placed on IR	Kellen Winslow	NWE	TE	Owner
Thu Sep 20 8:20 pm ET	Steel Curtain	Taken off IR	Kellen Winslow	NWE	TE	Owner
Thu Sep 20 8:20 pm ET	Steel Curtain	Placed on IR	Heath Miller	PIT	TE	Owner
Thu Sep 20 8:21 pm ET	Steel Curtain	Acquired	Roy Helu	WAS	RB	Owner
Thu Sep 20 8:21 pm ET	Steel Curtain	Released	Kellen Winslow	NWE	TE	Owner
Sun Sep 23 12:25 pm ET	Touchdown My Pants	Taken off IR	Brent Celek	PHI	TE	Owner
Sun Sep 23 12:25 pm ET	Touchdown My Pants	Placed on IR	Daniel Thomas	MIA	RB	Owner
Sun Sep 23 12:27 pm ET	Chip Rack Champs	Acquired	Washington Redskins	WAS	Def/ST	Owner
Sun Sep 23 12:27 pm ET	Chip Rack Champs	Released	Kendall Wright	TEN	WR	Owner
Sun Sep 23 12:52 pm ET	Ring Revival	Acquired	Mike Goodson	OAK	RB	Owner
Sun Sep 23 12:52 pm ET	Ring Revival	Released	Robert Turbin	SEA	RB	Owner
Sun Sep 23 12:55 pm ET	Steel Curtain	Taken off IR	Heath Miller	PIT	TE	Owner
Sun Sep 23 12:55 pm ET	Steel Curtain	Placed on IR	Laurent Robinson	JAC	WR	Owner

## Week 4

Tue Sep 25 8:58 pm ET	Chip Rack Champs	Released	Austin Collie	IND	WR	Owner
Tue Sep 25 9:00 pm ET	Chip Rack Champs	Placed on IR	Aaron Hernandez	NWE	TE	Owner
Wed Sep 26 3:51 pm ET	North Dallas Forty	Released	Evan Royster	WAS	RB	Owner
Wed Sep 26 3:51 pm ET	North Dallas Forty	Placed on IR	Josh Freeman	TAM	QB	Owner
Wed Sep 26 6:53 pm ET	Beach Ball-Busters	Taken off IR	Jerome Simpson	MIN	WR	Owner
Wed Sep 26 6:53 pm ET	Beach Ball-Busters	Placed on IR	Matt Forte	CHI	RB	Owner
Wed Sep 26 8:15 pm ET	Steel Curtain	Acquired	Joiqye Bell	DET	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Steel Curtain	Released	Sam Bradford	STL	QB	Waiver Wire
Wed Sep 26 8:15 pm ET	SouthSide Six Shooters	Acquired	Julian Edelman	NWE	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	SouthSide Six Shooters	Released	Mike Williams	TAM	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	Chip Rack Champs	Acquired	Javon Ringer	TEN	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	StrongMan	Acquired	Danny Woodhead	NWE	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	StrongMan	Released	Stephen Hill	NYJ	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	North Dallas Forty	Acquired	Bilal Powell	NYJ	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	K9s	Acquired	Nate Washington	TEN	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	K9s	Released	Kevin Ogletree	DAL	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	Touchdown My Pants	Acquired	Ryan Grant	GNB	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Touchdown My Pants	Released	Chris Wells	ARI	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Ring Revival	Acquired	Tashard Choice	BUF	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Ring Revival	Released	Coby Fleener	IND	TE	Waiver Wire
Wed Sep 26 8:15 pm ET	Chip Rack Champs	Acquired	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Wed Sep 26 8:15 pm ET	Chip Rack Champs	Released	Pittsburgh Steelers	PIT	Def/ST	Waiver Wire
Wed Sep 26 8:15 pm ET	North Dallas Forty	Acquired	James Jones	GNB	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	North Dallas Forty	Released	Curtis Brinkley	SDG	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Ring Revival	Acquired	Jeremy Kerley	NYJ	WR	Waiver Wire
Wed Sep 26 8:15 pm ET	Ring Revival	Released	Mike Goodson	OAK	RB	Waiver Wire
Wed Sep 26 8:15 pm ET	Beach Ball-Busters	Acquired	Christian Ponder	MIN	QB	Waiver Wire
Wed Sep 26 8:15 pm ET	Beach Ball-Busters	Released	Randall Cobb	GNB	WR	Waiver Wire
Wed Sep 26 10:01 pm ET	StrongMan	Taken off IR	Justin Blackmon	JAC	WR	Owner
Wed Sep 26 10:01 pm ET	StrongMan	Placed on IR	Donald Brown	IND	RB	Owner
Wed Sep 26 11:21 pm ET	Beach Ball-Busters	Taken off IR	Matt Forte	CHI	RB	Owner
Wed Sep 26 11:21 pm ET	Beach Ball-Busters	Placed on IR	Pierre Garcon	WAS	WR	Owner



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Thu Sep 27 4:46 am ET	Va.Beach G-Men	Taken off IR	Ahmad Bradshaw	NYG	RB	Owner
Thu Sep 27 4:46 am ET	Va.Beach G-Men	Placed on IR	Jackie Battle	SDG	RB	Owner
Thu Sep 27 7:18 am ET	Raiders of the Lost Ark	Taken off IR	Fred Jackson	BUF	RB	Owner
Thu Sep 27 7:18 am ET	Raiders of the Lost Ark	Released	Denarius Moore	OAK	WR	Owner
Thu Sep 27 7:19 am ET	Raiders of the Lost Ark	Placed on IR	Darrius Heyward-Bey	OAK	WR	Owner
Thu Sep 27 10:58 am ET	Raiders of the Lost Ark	Acquired	Denarius Moore	OAK	WR	Owner
Thu Sep 27 4:59 pm ET	Ring Revival	Acquired	Mike Williams	TAM	WR	Owner
Thu Sep 27 4:59 pm ET	Ring Revival	Released	Jeremy Kerley	NYJ	WR	Owner
Thu Sep 27 5:46 pm ET	Va.Beach G-Men	Acquired	Lamar Miller	MIA	RB	Owner
Thu Sep 27 5:46 pm ET	Va.Beach G-Men	Released	Mike Tolbert	CAR	RB	Owner
Thu Sep 27 5:48 pm ET	Va.Beach G-Men	Acquired	Ramses Barden	NYG	WR	Owner
Thu Sep 27 5:48 pm ET	Va.Beach G-Men	Released	Brian Hartline	MIA	WR	Owner
Fri Sep 28 1:13 pm ET	Touchdown My Pants	Acquired	Kendall Wright	TEN	WR	Owner
Fri Sep 28 1:13 pm ET	Touchdown My Pants	Released	Dexter McCluster	KAN	RB	Owner
Fri Sep 28 8:23 pm ET	Chip Rack Champs	Acquired	Brandon Myers	OAK	TE	Owner
Fri Sep 28 8:23 pm ET	Chip Rack Champs	Released	Kendall Hunter	SFO	RB	Owner
Sat Sep 29 4:04 pm ET	StrongMan	Acquired	Nate Burleson	DET	WR	Owner
Sat Sep 29 4:04 pm ET	StrongMan	Released	Brandon Gibson	STL	WR	Owner
Sat Sep 29 6:27 pm ET	StrongMan	Acquired	Jake Locker	TEN	QB	Owner
Sat Sep 29 6:27 pm ET	StrongMan	Released	Justin Blackmon	JAC	WR	Owner
Sun Sep 30 9:04 am ET	Beach Ball-Busters	Acquired	Shaun Draughn	KAN	RB	Owner
Sun Sep 30 9:04 am ET	Beach Ball-Busters	Released	Peyton Hillis	KAN	RB	Owner
Sun Sep 30 10:57 am ET	Ring Revival	Acquired	Peyton Hillis	KAN	RB	Owner
Sun Sep 30 10:57 am ET	Ring Revival	Released	Jonathan Dwyer	PIT	RB	Owner
Sun Sep 30 11:37 am ET	SouthSide Six Shooters	Acquired	Nate Kaeding	MIA	K	Owner
Sun Sep 30 11:37 am ET	SouthSide Six Shooters	Released	Rob Bironas	TEN	K	Owner
Sun Sep 30 11:39 am ET	SouthSide Six Shooters	Acquired	Billy Cundiff	SFO	K	Owner
Sun Sep 30 11:39 am ET	SouthSide Six Shooters	Released	Nate Kaeding	MIA	K	Owner
Sun Sep 30 11:45 am ET	Tha Lynch Mobb	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Sun Sep 30 11:45 am ET	Tha Lynch Mobb	Released	Detroit Lions	DET	Def/ST	Owner

## Week 5

Tue Oct 2 12:27 pm ET	StrongMan	Taken off IR	Donald Brown	IND	RB	Owner
Tue Oct 2 12:27 pm ET	StrongMan	Placed on IR	Danny Woodhead	NWE	RB	Owner
Tue Oct 2 4:09 pm ET	Va.Beach G-Men	Taken off IR	Jackie Battle	SDG	RB	Owner
Tue Oct 2 4:09 pm ET	Va.Beach G-Men	Released	Ramses Barden	NYG	WR	Owner
Tue Oct 2 4:12 pm ET	StrongMan	Taken off IR	Danny Woodhead	NWE	RB	Owner
Tue Oct 2 4:12 pm ET	StrongMan	Placed on IR	Nate Burleson	DET	WR	Owner
Wed Oct 3 2:11 pm ET	Tha Lynch Mobb	Taken off IR	Pierre Thomas	NOR	RB	Owner
Wed Oct 3 2:11 pm ET	Tha Lynch Mobb	Placed on IR	Toby Gerhart	MIN	RB	Owner
Wed Oct 3 8:16 pm ET	Tha Lynch Mobb	Acquired	Kevin Kolb	ARI	QB	Waiver Wire
Wed Oct 3 8:16 pm ET	Tha Lynch Mobb	Released	Santonio Holmes	NYJ	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Raiders of the Lost Ark	Acquired	Brian Hartline	MIA	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Raiders of the Lost Ark	Released	Titus Young	STL	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Steel Curtain	Released	Stephen Gostkowski	NWE	K	Waiver Wire
Wed Oct 3 8:16 pm ET	North Dallas Forty	Acquired	Greg Zuerlein	STL	K	Waiver Wire
Wed Oct 3 8:16 pm ET	North Dallas Forty	Released	Sebastian Janikowski	OAK	K	Waiver Wire
Wed Oct 3 8:16 pm ET	K9s	Acquired	Phil Dawson	CLE	K	Waiver Wire
Wed Oct 3 8:16 pm ET	K9s	Released	Dan Bailey	DAL	K	Waiver Wire
Wed Oct 3 8:16 pm ET	Chip Rack Champs	Acquired	Domenik Hixon	NYG	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Chip Rack Champs	Released	Javon Ringer	TEN	RB	Waiver Wire
Wed Oct 3 8:16 pm ET	Ring Revival	Acquired	Joel Dreessen	DEN	TE	Waiver Wire
Wed Oct 3 8:16 pm ET	Ring Revival	Released	Tashard Choice	BUF	RB	Waiver Wire
Wed Oct 3 8:16 pm ET	StrongMan	Acquired	Randall Cobb	GNB	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	StrongMan	Released	Jake Locker	TEN	QB	Waiver Wire
Wed Oct 3 8:16 pm ET	Steel Curtain	Acquired	Andre Roberts	ARI	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Steel Curtain	Released	Roy Helu	WAS	RB	Waiver Wire
Wed Oct 3 8:16 pm ET	North Dallas Forty	Acquired	Brandon Bolden	NWE	RB	Waiver Wire
Wed Oct 3 8:16 pm ET	North Dallas Forty	Released	Cecil Shorts III	JAC	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	K9s	Acquired	Mike Hartline	NWE	QB	Waiver Wire
Wed Oct 3 8:16 pm ET	K9s	Released	Robert Meachem	SDG	WR	Waiver Wire
Wed Oct 3 8:16 pm ET	Ring Revival	Acquired	Minnesota Vikings	MIN	Def/ST	Waiver Wire



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Wed Oct 3 8:16 pm ET	Ring Revival	Released	Philadelphia Eagles	PHI	Def/ST	Waiver Wire
Wed Oct 3 8:16 pm ET	Steel Curtain	Acquired	Blair Walsh	MIN	K	Waiver Wire
Wed Oct 3 9:39 pm ET	K9s	Released	Mike Hartline	NWE	QB	Owner
Thu Oct 4 10:26 am ET	Raiders of the Lost Ark	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Thu Oct 4 10:26 am ET	Raiders of the Lost Ark	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu Oct 4 10:29 am ET	Raiders of the Lost Ark	Acquired	Matt Hasselbeck	TEN	QB	Owner
Thu Oct 4 10:30 am ET	Raiders of the Lost Ark	Released	Russell Wilson	SEA	QB	Owner
Thu Oct 4 10:33 am ET	Tha Lynch Mobb	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Thu Oct 4 10:33 am ET	Tha Lynch Mobb	Acquired	Stephen Gostkowski	NWE	K	Owner
Thu Oct 4 10:33 am ET	Tha Lynch Mobb	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Thu Oct 4 10:33 am ET	Tha Lynch Mobb	Released	Robbie Gould	CHI	K	Owner
Thu Oct 4 7:17 pm ET	K9s	Acquired	Davone Bess	MIA	WR	Owner
Thu Oct 4 7:17 pm ET	K9s	Placed on IR	Jared Cook	TEN	TE	Owner
Thu Oct 4 8:09 pm ET	Chip Rack Champs	Acquired	Mercedes Lewis	JAC	TE	Owner
Thu Oct 4 8:09 pm ET	Chip Rack Champs	Released	Brandon Myers	OAK	TE	Owner
Fri Oct 5 5:53 am ET	Beach Ball-Busters	Acquired	Shayne Graham	HOU	K	Owner
Fri Oct 5 5:53 am ET	Beach Ball-Busters	Released	Jason Hanson	DET	K	Owner
Fri Oct 5 4:28 pm ET	SouthSide Six Shooters	Acquired	Garrett Hartley	NOR	K	Owner
Fri Oct 5 4:28 pm ET	SouthSide Six Shooters	Released	Billy Cundiff	SFO	K	Owner
Sat Oct 6 7:26 pm ET	Ring Revival	Acquired	Mike Tolbert	CAR	RB	Owner
Sat Oct 6 7:26 pm ET	Ring Revival	Acquired	Mike Goodson	OAK	RB	Owner
Sat Oct 6 7:26 pm ET	Ring Revival	Released	Joel Dreessen	DEN	TE	Owner
Sat Oct 6 7:26 pm ET	Ring Revival	Released	Peyton Hillis	KAN	RB	Owner
Sat Oct 6 7:28 pm ET	Ring Revival	Acquired	Kendall Hunter	SFO	RB	Owner
Sat Oct 6 7:28 pm ET	Ring Revival	Released	Mike Goodson	OAK	RB	Owner
Sun Oct 7 12:06 am ET	Beach Ball-Busters	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Sun Oct 7 12:06 am ET	Beach Ball-Busters	Released	Buffalo Bills	BUF	Def/ST	Owner
Sun Oct 7 7:19 am ET	Chip Rack Champs	Acquired	Jahvid Best	DET	RB	Owner
Sun Oct 7 7:19 am ET	Chip Rack Champs	Released	Washington Redskins	WAS	Def/ST	Owner
Sun Oct 7 10:25 am ET	Va.Beach G-Men	Acquired	Peyton Hillis	KAN	RB	Owner
Sun Oct 7 10:25 am ET	Va.Beach G-Men	Released	Lamar Miller	MIA	RB	Owner
Sun Oct 7 10:26 am ET	Va.Beach G-Men	Placed on IR	Peyton Hillis	KAN	RB	Owner
Sun Oct 7 10:31 am ET	Va.Beach G-Men	Acquired	Philadelphia Eagles	PHI	Def/ST	Owner
Sun Oct 7 11:31 am ET	Touchdown My Pants	Acquired	Pittsburgh Steelers	PIT	Def/ST	Owner
Sun Oct 7 11:31 am ET	Touchdown My Pants	Released	New York Jets	NYJ	Def/ST	Owner

## Week 6

Tue Oct 9 10:22 am ET	StrongMan	Taken off IR	Nate Burleson	DET	WR	Owner
Tue Oct 9 10:22 am ET	StrongMan	Placed on IR	Ronnie Hillman	DEN	RB	Owner
Tue Oct 9 2:45 pm ET	SouthSide Six Shooters	Taken off IR	Rashard Mendenhall	PIT	RB	Owner
Tue Oct 9 2:45 pm ET	SouthSide Six Shooters	Placed on IR	Julian Edelman	NWE	WR	Owner
Wed Oct 10 2:09 pm ET	North Dallas Forty	Released	Ryan Williams	ARI	RB	Owner
Wed Oct 10 6:39 pm ET	Steel Curtain	Taken off IR	Laurent Robinson	JAC	WR	Owner
Wed Oct 10 6:39 pm ET	Steel Curtain	Placed on IR	Greg Jennings	GNB	WR	Owner
Wed Oct 10 8:17 pm ET	Ring Revival	Acquired	LaRod Stephens-Howling	ARI	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Ring Revival	Released	Mike Tolbert	CAR	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Beach Ball-Busters	Acquired	James Starks	GNB	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Beach Ball-Busters	Released	LeGarrette Blount	TAM	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	North Dallas Forty	Acquired	William Powell	ARI	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Steel Curtain	Acquired	Alex Green	GNB	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Steel Curtain	Released	Laurent Robinson	JAC	WR	Waiver Wire
Wed Oct 10 8:17 pm ET	North Dallas Forty	Acquired	Josh Gordon	CLE	WR	Waiver Wire
Wed Oct 10 8:17 pm ET	North Dallas Forty	Released	Greg Little	CLE	WR	Waiver Wire
Wed Oct 10 8:17 pm ET	Steel Curtain	Acquired	Ronnie Brown	SDG	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Steel Curtain	Released	Cedric Benson	GNB	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Va.Beach G-Men	Acquired	St. Louis Rams	STL	Def/ST	Waiver Wire
Wed Oct 10 8:17 pm ET	Va.Beach G-Men	Released	Philadelphia Eagles	PHI	Def/ST	Waiver Wire
Wed Oct 10 8:17 pm ET	StrongMan	Acquired	Rueben Randle	NYG	WR	Waiver Wire
Wed Oct 10 8:17 pm ET	StrongMan	Released	Randy Moss	SFO	WR	Waiver Wire
Wed Oct 10 8:17 pm ET	Touchdown My Pants	Acquired	Vick Ballard	IND	RB	Waiver Wire
Wed Oct 10 8:17 pm ET	Touchdown My Pants	Released	Ryan Grant	GNB	RB	Waiver Wire
Wed Oct 10 8:46 pm ET	StrongMan	Taken off IR	Ronnie Hillman	DEN	RB	Owner



# VB Meets the ROC

Wed Oct 10 8:46 pm ET	StrongMan	Placed on IR	Donald Brown	IND	RB	Owner
Wed Oct 10 11:26 pm ET	Beach Ball-Busters	Taken off IR	Pierre Garcon	WAS	WR	Owner
Wed Oct 10 11:26 pm ET	Beach Ball-Busters	Placed on IR	Jerome Simpson	MIN	WR	Owner
Thu Oct 11 9:00 am ET	Beach Ball-Busters	Acquired	LeGarrette Blount	TAM	RB	Owner
Thu Oct 11 9:00 am ET	Beach Ball-Busters	Released	Shaun Draughn	KAN	RB	Owner
Thu Oct 11 9:03 am ET	Chip Rack Champs	Taken off IR	Aaron Hernandez	NWE	TE	Owner
Thu Oct 11 9:03 am ET	Chip Rack Champs	Released	Mercedes Lewis	JAC	TE	Owner
Thu Oct 11 9:03 am ET	Chip Rack Champs	Placed on IR	Jahvid Best	DET	RB	Owner
Thu Oct 11 9:08 am ET	Chip Rack Champs	Acquired	Jason Hanson	DET	K	Owner
Thu Oct 11 1:18 pm ET	Chip Rack Champs	Released	Jeremy Kerley	NYJ	WR	Owner
Thu Oct 11 1:19 pm ET	Chip Rack Champs	Released	Brandon LaFell	CAR	WR	Owner
Fri Oct 12 2:40 pm ET	North Dallas Forty	Acquired	Golden Tate	SEA	WR	Owner
Fri Oct 12 2:40 pm ET	North Dallas Forty	Released	Daryl Richardson	STL	RB	Owner
Fri Oct 12 4:18 pm ET	SouthSide Six Shooters	Acquired	Connor Barth	TAM	K	Owner
Fri Oct 12 4:18 pm ET	SouthSide Six Shooters	Released	Garrett Hartley	NOR	K	Owner
Sun Oct 14 12:47 pm ET	Beach Ball-Busters	Acquired	Brandon Myers	OAK	TE	Owner
Sun Oct 14 12:47 pm ET	Beach Ball-Busters	Released	Rueben Randle	NYG	WR	Owner
Tue Oct 16 1:24 am ET	K9s	Taken off IR	Jared Cook	TEN	TE	Owner
Tue Oct 16 1:24 am ET	K9s	Placed on IR	Davone Bess	MIA	WR	Owner
Sun Oct 14 12:45 pm ET	Beach Ball-Busters	Acquired	StrongMan	Acquired	Trade	
	Steve Johnson, WR		Pierre Garcon, WR			
	Rueben Randle, WR		James Starks, RB			
Wed Oct 10 11:21 pm ET	Chip Rack Champs	Acquired	Beach Ball-Busters	Acquired	Trade	
	Brandon Marshall, WR		Frank Gore, RB			
	Christian Ponder, QB		Joe Flacco, QB			

## Week 7

Tue Oct 16 3:21 pm ET	North Dallas Forty	Taken off IR	Josh Freeman	TAM	QB	Owner
Tue Oct 16 3:21 pm ET	North Dallas Forty	Placed on IR	Matt Ryan	ATL	QB	Owner
Tue Oct 16 7:58 pm ET	Chip Rack Champs	Released	Jahvid Best	DET	RB	Owner
Wed Oct 17 1:33 pm ET	Chip Rack Champs	Placed on IR	Matt Bryant	ATL	K	Owner
Wed Oct 17 8:14 pm ET	Raiders of the Lost Ark	Acquired	Felix Jones	DAL	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	Raiders of the Lost Ark	Released	Andrew Hawkins	CIN	WR	Waiver Wire
Wed Oct 17 8:14 pm ET	Beach Ball-Busters	Acquired	Buffalo Bills	BUF	Def/ST	Waiver Wire
Wed Oct 17 8:14 pm ET	Beach Ball-Busters	Released	Miami Dolphins	MIA	Def/ST	Waiver Wire
Wed Oct 17 8:14 pm ET	Touchdown My Pants	Acquired	Coby Fleener	IND	TE	Waiver Wire
Wed Oct 17 8:14 pm ET	Touchdown My Pants	Released	Andre Brown	NYG	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	Ring Revival	Acquired	Montario Hardesty	CLE	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	Ring Revival	Released	LaRod Stephens-Howling	ARI	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	Steel Curtain	Acquired	Cedric Peerman	CIN	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	Steel Curtain	Released	Rashad Jennings	JAC	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	North Dallas Forty	Acquired	Daryl Richardson	STL	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	North Dallas Forty	Released	Bilal Powell	NYJ	RB	Waiver Wire
Wed Oct 17 8:14 pm ET	K9s	Acquired	Mario Manningham	SFO	WR	Waiver Wire
Wed Oct 17 8:15 pm ET	SouthSide Six Shooters	Acquired	Brandon Stokley	DEN	WR	Waiver Wire
Wed Oct 17 8:15 pm ET	SouthSide Six Shooters	Released	Kevin Smith	DET	RB	Waiver Wire
Wed Oct 17 8:15 pm ET	Chip Rack Champs	Acquired	Brandon Gibson	STL	WR	Waiver Wire
Wed Oct 17 10:51 pm ET	K9s	Taken off IR	Davone Bess	MIA	WR	Owner
Wed Oct 17 10:51 pm ET	K9s	Placed on IR	DeMarco Murray	DAL	RB	Owner
Thu Oct 18 10:28 am ET	Tha Lynch Mobb	Acquired	Washington Redskins	WAS	Def/ST	Owner
Thu Oct 18 10:28 am ET	Tha Lynch Mobb	Released	Kevin Kolb	ARI	QB	Owner
Thu Oct 18 11:24 am ET	Raiders of the Lost Ark	Acquired	Sebastian Janikowski	OAK	K	Owner
Thu Oct 18 11:24 am ET	Raiders of the Lost Ark	Released	Alex Henery	PHI	K	Owner
Thu Oct 18 11:29 am ET	Raiders of the Lost Ark	Acquired	New England Patriots	NWE	Def/ST	Owner
Thu Oct 18 11:29 am ET	Raiders of the Lost Ark	Released	Cincinnati Bengals	CIN	Def/ST	Owner
Thu Oct 18 8:06 pm ET	Chip Rack Champs	Acquired	Baron Batch	PIT	RB	Owner
Thu Oct 18 8:06 pm ET	Chip Rack Champs	Released	Domenik Hixon	NYG	WR	Owner
Fri Oct 19 10:47 am ET	K9s	Acquired	Andre Brown	NYG	RB	Owner
Fri Oct 19 10:47 am ET	K9s	Released	Davone Bess	MIA	WR	Owner
Fri Oct 19 3:23 pm ET	Steel Curtain	Acquired	Davone Bess	MIA	WR	Owner
Fri Oct 19 3:23 pm ET	Steel Curtain	Released	Ronnie Brown	SDG	RB	Owner



# VB Meets the ROC

Sat Oct 20 12:24 am ET	StrongMan	Acquired	Jonathan Dwyer	PIT	RB	Owner
Sat Oct 20 12:24 am ET	StrongMan	Released	Ronnie Hillman	DEN	RB	Owner
Sat Oct 20 12:10 pm ET	Raiders of the Lost Ark	Taken off IR	Darrius Heyward-Bey	OAK	WR	Owner
Sat Oct 20 12:10 pm ET	Raiders of the Lost Ark	Released	Matt Hasselbeck	TEN	QB	Owner
Sun Oct 21 1:25 am ET	Beach Ball-Busters	Acquired	Mercedes Lewis	JAC	TE	Owner
Sun Oct 21 1:25 am ET	Beach Ball-Busters	Released	Brandon Myers	OAK	TE	Owner
Sun Oct 21 2:22 am ET	SouthSide Six Shooters	Acquired	Cleveland Browns	CLE	Def/ST	Owner
Sun Oct 21 2:22 am ET	SouthSide Six Shooters	Released	Denver Broncos	DEN	Def/ST	Owner
Sun Oct 21 10:12 am ET	Steel Curtain	Acquired	Domenik Hixon	NYG	WR	Owner
Sun Oct 21 10:12 am ET	Steel Curtain	Released	Davone Bess	MIA	WR	Owner
Sun Oct 21 10:29 am ET	Ring Revival	Taken off IR	David Wilson	NYG	RB	Owner
Sun Oct 21 10:29 am ET	Ring Revival	Placed on IR	Jacquizz Rodgers	ATL	RB	Owner
Sun Oct 21 11:24 am ET	K9s	Acquired	Devery Henderson	NOR	WR	Owner
Sun Oct 21 11:24 am ET	K9s	Released	Mario Manningham	SFO	WR	Owner
Sun Oct 21 11:56 am ET	Ring Revival	Acquired	Phillip Tanner	DAL	RB	Owner
Sun Oct 21 11:56 am ET	Ring Revival	Taken off IR	Jacquizz Rodgers	ATL	RB	Owner
Sun Oct 21 11:56 am ET	Ring Revival	Released	David Wilson	NYG	RB	Owner
Sun Oct 21 11:56 am ET	Ring Revival	Placed on IR	Andy Dalton	CIN	QB	Owner
Sun Oct 21 11:58 am ET	Ring Revival	Acquired	Brandon Myers	OAK	TE	Owner
Sun Oct 21 11:58 am ET	Ring Revival	Released	Dennis Pitta	BAL	TE	Owner
Sun Oct 21 12:24 pm ET	Ring Revival	Acquired	Robbie Gould	CHI	K	Owner
Sun Oct 21 12:24 pm ET	Ring Revival	Released	Mason Crosby	GNB	K	Owner
Sun Oct 21 12:31 pm ET	Ring Revival	Acquired	Dennis Pitta	BAL	TE	Owner
Sun Oct 21 12:31 pm ET	Ring Revival	Released	Brandon Myers	OAK	TE	Owner

## Week 8

Tue Oct 23 1:56 pm ET	StrongMan	Taken off IR	Donald Brown	IND	RB	Owner
Tue Oct 23 1:56 pm ET	StrongMan	Placed on IR	Pierre Garcon	WAS	WR	Owner
Tue Oct 23 1:56 pm ET	StrongMan	Released	Nate Burleson	DET	WR	Owner
Tue Oct 23 4:25 pm ET	North Dallas Forty	Taken off IR	Matt Ryan	ATL	QB	Owner
Tue Oct 23 4:25 pm ET	North Dallas Forty	Placed on IR	Brandon Bolden	NWE	RB	Owner
Tue Oct 23 4:27 pm ET	North Dallas Forty	Released	Fred Davis	WAS	TE	Owner
Wed Oct 24 9:05 am ET	Chip Rack Champs	Taken off IR	Matt Bryant	ATL	K	Owner
Wed Oct 24 9:05 am ET	Chip Rack Champs	Placed on IR	Jason Hanson	DET	K	Owner
Wed Oct 24 8:14 pm ET	Ring Revival	Acquired	Brandon Myers	OAK	TE	Waiver Wire
Wed Oct 24 8:14 pm ET	Ring Revival	Released	Montario Hardesty	CLE	RB	Waiver Wire
Wed Oct 24 8:14 pm ET	North Dallas Forty	Acquired	Santana Moss	WAS	WR	Waiver Wire
Wed Oct 24 8:14 pm ET	Steel Curtain	Acquired	LaRod Stephens-Howling	ARI	RB	Waiver Wire
Wed Oct 24 8:14 pm ET	Steel Curtain	Released	Domenik Hixon	NYG	WR	Waiver Wire
Wed Oct 24 8:14 pm ET	Raiders of the Lost Ark	Acquired	Rashad Jennings	JAC	RB	Waiver Wire
Wed Oct 24 8:14 pm ET	Raiders of the Lost Ark	Released	Darrius Heyward-Bey	OAK	WR	Waiver Wire
Wed Oct 24 8:14 pm ET	StrongMan	Acquired	Denver Broncos	DEN	Def/ST	Waiver Wire
Wed Oct 24 8:14 pm ET	StrongMan	Released	Baltimore Ravens	BAL	Def/ST	Waiver Wire
Wed Oct 24 8:14 pm ET	Beach Ball-Busters	Acquired	Shaun Suisham	PIT	K	Waiver Wire
Wed Oct 24 8:14 pm ET	Beach Ball-Busters	Released	Shayne Graham	HOU	K	Waiver Wire
Wed Oct 24 8:14 pm ET	Va.Beach G-Men	Acquired	Andrew Hawkins	CIN	WR	Waiver Wire
Wed Oct 24 8:14 pm ET	Va.Beach G-Men	Released	St. Louis Rams	STL	Def/ST	Waiver Wire
Wed Oct 24 8:14 pm ET	StrongMan	Acquired	Shane Vereen	NWE	RB	Waiver Wire
Wed Oct 24 8:14 pm ET	Beach Ball-Busters	Acquired	Davone Bess	MIA	WR	Waiver Wire
Wed Oct 24 8:14 pm ET	Beach Ball-Busters	Released	Mercedes Lewis	JAC	TE	Waiver Wire
Wed Oct 24 8:14 pm ET	K9s	Acquired	Mason Crosby	GNB	K	Waiver Wire
Wed Oct 24 8:14 pm ET	K9s	Released	Phil Dawson	CLE	K	Waiver Wire
Thu Oct 25 9:01 am ET	North Dallas Forty	Acquired	Detroit Lions	DET	Def/ST	Owner
Thu Oct 25 9:01 am ET	North Dallas Forty	Released	Golden Tate	SEA	WR	Owner
Thu Oct 25 11:03 am ET	Touchdown My Pants	Acquired	Montario Hardesty	CLE	RB	Owner
Thu Oct 25 11:03 am ET	Touchdown My Pants	Released	Coby Fleener	IND	TE	Owner
Thu Oct 25 2:24 pm ET	StrongMan	Acquired	Matt Prater	DEN	K	Owner
Thu Oct 25 2:24 pm ET	StrongMan	Released	Justin Tucker	BAL	K	Owner
Thu Oct 25 2:26 pm ET	StrongMan	Taken off IR	Pierre Garcon	WAS	WR	Owner
Thu Oct 25 2:26 pm ET	StrongMan	Placed on IR	Ben Tate	HOU	RB	Owner
Thu Oct 25 2:31 pm ET	StrongMan	Acquired	Dustin Keller	NYJ	TE	Owner
Thu Oct 25 2:31 pm ET	StrongMan	Released	Pierre Garcon	WAS	WR	Owner



# VB Meets the ROC

Thu Oct 25 3:35 pm ET	Steel Curtain	Taken off IR	Greg Jennings	GNB	WR	Owner
Thu Oct 25 3:35 pm ET	Steel Curtain	Placed on IR	Maurice Jones-Drew	JAC	RB	Owner
Thu Oct 25 9:51 pm ET	Ring Revival	Acquired	Joel Dreessen	DEN	TE	Owner
Thu Oct 25 9:52 pm ET	Ring Revival	Released	Dennis Pitta	BAL	TE	Owner
Sat Oct 27 2:49 pm ET	Beach Ball-Busters	Acquired	Miami Dolphins	MIA	Def/ST	Owner
Sat Oct 27 2:49 pm ET	Beach Ball-Busters	Released	Buffalo Bills	BUF	Def/ST	Owner
Sat Oct 27 2:52 pm ET	Beach Ball-Busters	Acquired	New York Jets	NYJ	Def/ST	Owner
Sat Oct 27 2:52 pm ET	Beach Ball-Busters	Released	Miami Dolphins	MIA	Def/ST	Owner
Sat Oct 27 2:57 pm ET	Beach Ball-Busters	Acquired	Titus Young	STL	WR	Owner
Sat Oct 27 2:57 pm ET	Beach Ball-Busters	Released	Davone Bess	MIA	WR	Owner
Sat Oct 27 3:38 pm ET	Beach Ball-Busters	Acquired	Darrius Heyward-Bey	OAK	WR	Owner
Sat Oct 27 3:38 pm ET	Beach Ball-Busters	Released	Jerome Simpson	MIN	WR	Owner
Sat Oct 27 3:38 pm ET	Beach Ball-Busters	Released	Donnie Avery	IND	WR	Owner
Sun Oct 28 12:58 pm ET	Tha Lynch Mobb	Acquired	Coby Fleener	IND	TE	Commissioner
Sun Oct 28 12:58 pm ET	Tha Lynch Mobb	Released	Washington Redskins	WAS	Def/ST	Commissioner
Sun Oct 28 12:44 pm ET	Steel Curtain	Acquired	StrongMan	Acquired	Trade	
	Donald Brown, RB		Larry Fitzgerald, WR			
	Rashad Jennings, RB		Cedric Peerman, RB			
Sat Oct 27 7:37 pm ET	Raiders of the Lost Ark	Acquired	StrongMan	Acquired	Trade	
	Michael Vick, QB		Rashad Jennings, RB			

## Week 9

Tue Oct 30 2:37 pm ET	North Dallas Forty	Released	Detroit Lions	DET	Def/ST	Owner
Tue Oct 30 8:57 pm ET	K9s	Taken off IR	DeMarco Murray	DAL	RB	Owner
Tue Oct 30 8:57 pm ET	K9s	Placed on IR	Michael Bush	CHI	RB	Owner
Wed Oct 31 8:47 am ET	Chip Rack Champs	Released	Brandon Gibson	STL	WR	Owner
Wed Oct 31 8:47 am ET	Chip Rack Champs	Released	Baron Batch	PIT	RB	Owner
Wed Oct 31 8:14 pm ET	Steel Curtain	Acquired	Cecil Shorts III	JAC	WR	Waiver Wire
Wed Oct 31 8:14 pm ET	Steel Curtain	Released	Jacob Tamme	DEN	TE	Waiver Wire
Wed Oct 31 8:14 pm ET	SouthSide Six Shooters	Acquired	Brandon LaFell	CAR	WR	Waiver Wire
Wed Oct 31 8:14 pm ET	SouthSide Six Shooters	Released	Leonard Hankerson	WAS	WR	Waiver Wire
Wed Oct 31 8:14 pm ET	StrongMan	Acquired	Logan Paulsen	WAS	TE	Waiver Wire
Wed Oct 31 8:14 pm ET	StrongMan	Released	Cedric Peerman	CIN	RB	Waiver Wire
Wed Oct 31 8:14 pm ET	Ring Revival	Acquired	Justin Tucker	BAL	K	Waiver Wire
Wed Oct 31 8:14 pm ET	Ring Revival	Released	Joel Dreessen	DEN	TE	Waiver Wire
Wed Oct 31 8:14 pm ET	Beach Ball-Busters	Acquired	Miami Dolphins	MIA	Def/ST	Waiver Wire
Wed Oct 31 8:14 pm ET	Beach Ball-Busters	Released	New York Jets	NYJ	Def/ST	Waiver Wire
Wed Oct 31 8:14 pm ET	Touchdown My Pants	Acquired	Shayne Graham	HOU	K	Waiver Wire
Wed Oct 31 8:14 pm ET	Touchdown My Pants	Released	Montario Hardesty	CLE	RB	Waiver Wire
Wed Oct 31 8:14 pm ET	North Dallas Forty	Acquired	Ronnie Hillman	DEN	RB	Waiver Wire
Thu Nov 1 2:09 pm ET	Chip Rack Champs	Acquired	Alex Smith	SFO	QB	Owner
Thu Nov 1 4:07 pm ET	North Dallas Forty	Acquired	Alex Henery	PHI	K	Owner
Thu Nov 1 4:07 pm ET	North Dallas Forty	Released	Greg Zuerlein	STL	K	Owner
Thu Nov 1 8:03 pm ET	Chip Rack Champs	Acquired	Brandon Weeden	CLE	QB	Owner
Thu Nov 1 11:49 pm ET	StrongMan	Taken off IR	Ben Tate	HOU	RB	Owner
Thu Nov 1 11:49 pm ET	StrongMan	Placed on IR	Shane Vereen	NWE	RB	Owner
Fri Nov 2 8:36 pm ET	Chip Rack Champs	Acquired	Washington Redskins	WAS	Def/ST	Owner
Fri Nov 2 8:36 pm ET	Chip Rack Champs	Released	Alex Smith	SFO	QB	Owner
Fri Nov 2 9:06 pm ET	Ring Revival	Acquired	Detroit Lions	DET	Def/ST	Owner
Fri Nov 2 9:06 pm ET	Ring Revival	Released	Robbie Gould	CHI	K	Owner
Fri Nov 2 10:44 pm ET	Beach Ball-Busters	Acquired	Chris Wells	ARI	RB	Owner
Fri Nov 2 10:44 pm ET	Beach Ball-Busters	Released	Jay Cutler	CHI	QB	Owner
Fri Nov 2 10:45 pm ET	Beach Ball-Busters	Placed on IR	Chris Wells	ARI	RB	Owner
Fri Nov 2 11:21 pm ET	Beach Ball-Busters	Acquired	Jerome Simpson	MIN	WR	Owner
Fri Nov 2 11:32 pm ET	SouthSide Six Shooters	Taken off IR	Julian Edelman	NWE	WR	Owner
Fri Nov 2 11:32 pm ET	SouthSide Six Shooters	Placed on IR	Darren Sproles	NOR	RB	Owner
Fri Nov 2 11:42 pm ET	SouthSide Six Shooters	Acquired	Cedric Peerman	CIN	RB	Owner
Fri Nov 2 11:42 pm ET	SouthSide Six Shooters	Released	Julian Edelman	NWE	WR	Owner
Fri Nov 2 11:57 pm ET	Beach Ball-Busters	Acquired	Jay Cutler	CHI	QB	Owner
Fri Nov 2 11:57 pm ET	Beach Ball-Busters	Released	Jerome Simpson	MIN	WR	Owner
Sun Nov 4 5:49 am ET	Chip Rack Champs	Acquired	Justin Forsett	HOU	RB	Owner





# VB Meets the ROC

Sun Nov 4 5:49 am ET	Chip Rack Champs	Released	Christian Ponder	MIN	QB	Owner
Sun Nov 4 9:51 am ET	Raiders of the Lost Ark	Acquired	Baltimore Ravens	BAL	Def/ST	Owner
Sun Nov 4 9:51 am ET	Raiders of the Lost Ark	Released	New England Patriots	NWE	Def/ST	Owner
Sun Nov 4 11:46 am ET	North Dallas Forty	Acquired	Aldrick Robinson	WAS	WR	Owner
Sun Nov 4 11:46 am ET	North Dallas Forty	Released	William Powell	ARI	RB	Owner
Sun Nov 4 12:38 pm ET	Tha Lynch Mobb	Acquired	Robbie Gould	CHI	K	Commissioner
Sun Nov 4 12:38 pm ET	Tha Lynch Mobb	Released	Stephen Gostkowski	NWE	K	Commissioner

## Week 10

Tue Nov 6 4:58 pm ET	StrongMan	Taken off IR	Shane Vereen	NWE	RB	Owner
Tue Nov 6 4:58 pm ET	StrongMan	Placed on IR	Ben Tate	HOU	RB	Owner
Tue Nov 6 6:40 pm ET	K9s	Taken off IR	Michael Bush	CHI	RB	Owner
Tue Nov 6 6:40 pm ET	K9s	Placed on IR	Jordy Nelson	GNB	WR	Owner
Wed Nov 7 10:57 am ET	North Dallas Forty	Released	Brandon Bolden	NWE	RB	Owner
Wed Nov 7 10:57 am ET	North Dallas Forty	Released	Aldrick Robinson	WAS	WR	Owner
Wed Nov 7 10:58 am ET	North Dallas Forty	Placed on IR	Josh Gordon	CLE	WR	Owner
Wed Nov 7 8:14 pm ET	Ring Revival	Released	Detroit Lions	DET	Def/ST	Waiver Wire
Wed Nov 7 8:14 pm ET	North Dallas Forty	Acquired	Marcel Reece	OAK	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	Steel Curtain	Acquired	Mike Goodson	OAK	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	Steel Curtain	Released	Joiq Bell	DET	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	SouthSide Six Shooters	Acquired	Russell Wilson	SEA	QB	Waiver Wire
Wed Nov 7 8:14 pm ET	SouthSide Six Shooters	Released	Brandon LaFell	CAR	WR	Waiver Wire
Wed Nov 7 8:14 pm ET	K9s	Acquired	Donnie Avery	IND	WR	Waiver Wire
Wed Nov 7 8:14 pm ET	K9s	Released	Devery Henderson	NOR	WR	Waiver Wire
Wed Nov 7 8:14 pm ET	Touchdown My Pants	Acquired	Emmanuel Sanders	PIT	WR	Waiver Wire
Wed Nov 7 8:14 pm ET	Touchdown My Pants	Released	Shayne Graham	HOU	K	Waiver Wire
Wed Nov 7 8:14 pm ET	Ring Revival	Acquired	Chris Ivory	NOR	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	North Dallas Forty	Acquired	T Y Hilton	IND	WR	Waiver Wire
Wed Nov 7 8:14 pm ET	Steel Curtain	Acquired	Taiwan Jones	OAK	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	Steel Curtain	Released	LaRod Stephens-Howling	ARI	RB	Waiver Wire
Wed Nov 7 8:14 pm ET	StrongMan	Acquired	Ryan Tannehill	MIA	QB	Waiver Wire
Wed Nov 7 8:14 pm ET	StrongMan	Released	Logan Paulsen	WAS	TE	Waiver Wire
Wed Nov 7 8:14 pm ET	Chip Rack Champs	Acquired	New England Patriots	NWE	Def/ST	Waiver Wire
Wed Nov 7 8:14 pm ET	Chip Rack Champs	Released	Arizona Cardinals	ARI	Def/ST	Waiver Wire
Thu Nov 8 9:22 am ET	Beach Ball-Busters	Acquired	Joiq Bell	DET	RB	Owner
Thu Nov 8 9:22 am ET	Beach Ball-Busters	Released	LeGarrette Blount	TAM	RB	Owner
Thu Nov 8 11:03 am ET	Chip Rack Champs	Acquired	LaRod Stephens-Howling	ARI	RB	Owner
Thu Nov 8 11:03 am ET	Chip Rack Champs	Released	Justin Forsett	HOU	RB	Owner
Thu Nov 8 12:56 pm ET	North Dallas Forty	Acquired	Stephen Gostkowski	NWE	K	Owner
Thu Nov 8 12:56 pm ET	North Dallas Forty	Released	Alex Henery	PHI	K	Owner
Thu Nov 8 6:03 pm ET	K9s	Acquired	Mike Nugent	CIN	K	Owner
Thu Nov 8 6:03 pm ET	K9s	Released	Mason Crosby	GNB	K	Owner
Thu Nov 8 6:18 pm ET	SouthSide Six Shooters	Acquired	Indianapolis Colts	IND	Def/ST	Owner
Thu Nov 8 6:18 pm ET	SouthSide Six Shooters	Released	Cleveland Browns	CLE	Def/ST	Owner
Thu Nov 8 6:20 pm ET	SouthSide Six Shooters	Acquired	Ronnie Brown	SDG	RB	Owner
Thu Nov 8 6:20 pm ET	SouthSide Six Shooters	Released	Cedric Peerman	CIN	RB	Owner
Thu Nov 8 11:01 pm ET	SouthSide Six Shooters	Acquired	Cincinnati Bengals	CIN	Def/ST	Owner
Thu Nov 8 11:01 pm ET	SouthSide Six Shooters	Released	Brandon Stokley	DEN	WR	Owner
Fri Nov 9 11:38 am ET	Steel Curtain	Acquired	New York Jets	NYJ	Def/ST	Owner
Fri Nov 9 11:38 am ET	Steel Curtain	Released	Green Bay Packers	GNB	Def/ST	Owner
Sat Nov 10 7:45 pm ET	North Dallas Forty	Acquired	Donald Jones	BUF	WR	Owner
Sat Nov 10 7:45 pm ET	North Dallas Forty	Released	T Y Hilton	IND	WR	Owner

## Week 11

Tue Nov 13 12:52 pm ET	StrongMan	Released	Ryan Tannehill	MIA	QB	Owner
Wed Nov 14 8:13 pm ET	Steel Curtain	Acquired	Golden Tate	SEA	WR	Waiver Wire
Wed Nov 14 8:13 pm ET	Steel Curtain	Released	Taiwan Jones	OAK	RB	Waiver Wire
Wed Nov 14 8:13 pm ET	Steel Curtain	Acquired	Greg Zuerlein	STL	K	Waiver Wire
Wed Nov 14 8:13 pm ET	Steel Curtain	Released	Blair Walsh	MIN	K	Waiver Wire
Wed Nov 14 8:13 pm ET	StrongMan	Acquired	Davone Bess	MIA	WR	Waiver Wire
Wed Nov 14 8:13 pm ET	Chip Rack Champs	Acquired	Sam Bradford	STL	QB	Waiver Wire
Wed Nov 14 8:13 pm ET	Chip Rack Champs	Released	Brandon Weeden	CLE	QB	Waiver Wire



# VB Meets the ROC

Wed Nov 14 8:13 pm ET	Ring Revival	Acquired	Green Bay Packers	GNB	Def/ST	Waiver Wire
Wed Nov 14 8:13 pm ET	Ring Revival	Released	Minnesota Vikings	MIN	Def/ST	Waiver Wire
Wed Nov 14 8:13 pm ET	K9s	Acquired	Dennis Pitta	BAL	TE	Waiver Wire
Wed Nov 14 8:13 pm ET	K9s	Released	Jared Cook	TEN	TE	Waiver Wire
Wed Nov 14 8:13 pm ET	North Dallas Forty	Acquired	Danario Alexander	SDG	WR	Waiver Wire
Wed Nov 14 8:13 pm ET	North Dallas Forty	Released	Santana Moss	WAS	WR	Waiver Wire
Thu Nov 15 1:37 am ET	SouthSide Six Shooters	Taken off IR	Darren Sproles	NOR	RB	Owner
Thu Nov 15 1:37 am ET	SouthSide Six Shooters	Placed on IR	Russell Wilson	SEA	QB	Owner
Thu Nov 15 10:05 am ET	K9s	Taken off IR	Jordy Nelson	GNB	WR	Owner
Thu Nov 15 10:05 am ET	K9s	Placed on IR	Darren McFadden	OAK	RB	Owner
Thu Nov 15 1:38 pm ET	Va.Beach G-Men	Acquired	Mason Crosby	GNB	K	Owner
Thu Nov 15 1:38 pm ET	Va.Beach G-Men	Released	Jackie Battle	SDG	RB	Owner
Thu Nov 15 1:38 pm ET	Va.Beach G-Men	Taken off IR	Peyton Hillis	KAN	RB	Owner
Thu Nov 15 1:38 pm ET	Va.Beach G-Men	Placed on IR	Ahmad Bradshaw	NYG	RB	Owner
Thu Nov 15 8:19 pm ET	Ring Revival	Acquired	Jared Cook	TEN	TE	Owner
Thu Nov 15 8:19 pm ET	Ring Revival	Released	Phillip Tanner	DAL	RB	Owner
Fri Nov 16 12:55 pm ET	StrongMan	Acquired	Pierre Garcon	WAS	WR	Owner
Fri Nov 16 12:55 pm ET	StrongMan	Released	Davone Bess	MIA	WR	Owner
Fri Nov 16 3:40 pm ET	North Dallas Forty	Acquired	Jackie Battle	SDG	RB	Owner
Fri Nov 16 3:40 pm ET	North Dallas Forty	Released	Donald Jones	BUF	WR	Owner
Sat Nov 17 11:54 pm ET	Beach Ball-Busters	Acquired	Shayne Graham	HOU	K	Owner
Sat Nov 17 11:54 pm ET	Beach Ball-Busters	Released	Shaun Suisham	PIT	K	Owner

## Week 12

Tue Nov 20 2:20 pm ET	Chip Rack Champs	Released	Willis McGahee	DEN	RB	Owner
Tue Nov 20 11:45 pm ET	K9s	Taken off IR	Darren McFadden	OAK	RB	Owner
Tue Nov 20 11:45 pm ET	K9s	Placed on IR	Dennis Pitta	BAL	TE	Owner
Wed Nov 21 2:14 pm ET	North Dallas Forty	Taken off IR	Josh Gordon	CLE	WR	Owner
Wed Nov 21 2:14 pm ET	North Dallas Forty	Placed on IR	Daryl Richardson	STL	RB	Owner
Wed Nov 21 8:14 pm ET	Chip Rack Champs	Acquired	T Y Hilton	IND	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	Ring Revival	Acquired	Bryce Brown	PHI	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Ring Revival	Released	Jared Cook	TEN	TE	Waiver Wire
Wed Nov 21 8:14 pm ET	SouthSide Six Shooters	Acquired	Justin Blackmon	JAC	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	SouthSide Six Shooters	Released	Ronnie Brown	SDG	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Beach Ball-Busters	Acquired	Bilal Powell	NYJ	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Beach Ball-Busters	Released	Jay Cutler	CHI	QB	Waiver Wire
Wed Nov 21 8:14 pm ET	Tha Lynch Mobb	Acquired	Knowshon Moreno	DEN	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Tha Lynch Mobb	Released	Coby Fleener	IND	TE	Waiver Wire
Wed Nov 21 8:14 pm ET	North Dallas Forty	Acquired	Tony Moeaki	KAN	TE	Waiver Wire
Wed Nov 21 8:14 pm ET	North Dallas Forty	Released	Jackie Battle	SDG	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	K9s	Acquired	Lance Dunbar	DAL	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	K9s	Released	Donnie Avery	IND	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	Steel Curtain	Acquired	Jalen Parmele	JAC	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Steel Curtain	Released	Rashad Jennings	JAC	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	Chip Rack Champs	Acquired	Mercedes Lewis	JAC	TE	Waiver Wire
Wed Nov 21 8:14 pm ET	Chip Rack Champs	Released	Jeremy Kerley	NYJ	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Waiver Wire
Wed Nov 21 8:14 pm ET	North Dallas Forty	Released	Josh Gordon	CLE	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	Steel Curtain	Acquired	Brandon Stokley	DEN	WR	Waiver Wire
Wed Nov 21 8:14 pm ET	Steel Curtain	Released	Mike Goodson	OAK	RB	Waiver Wire
Wed Nov 21 8:14 pm ET	StrongMan	Acquired	Dwayne Allen	IND	TE	Waiver Wire
Wed Nov 21 8:14 pm ET	StrongMan	Released	Pierre Garcon	WAS	WR	Waiver Wire
Wed Nov 21 10:34 pm ET	Beach Ball-Busters	Taken off IR	Chris Wells	ARI	RB	Owner
Wed Nov 21 10:34 pm ET	Beach Ball-Busters	Placed on IR	Titus Young	STL	WR	Owner
Thu Nov 22 9:39 am ET	Va.Beach G-Men	Taken off IR	Ahmad Bradshaw	NYG	RB	Owner
Thu Nov 22 9:39 am ET	Va.Beach G-Men	Placed on IR	Peyton Hillis	KAN	RB	Owner
Thu Nov 22 9:42 am ET	Va.Beach G-Men	Released	Mason Crosby	GNB	K	Owner
Thu Nov 22 9:42 am ET	Va.Beach G-Men	Acquired	David Wilson	NYG	RB	Owner
Thu Nov 22 9:46 am ET	Va.Beach G-Men	Released	Andrew Hawkins	CIN	WR	Owner
Thu Nov 22 9:46 am ET	Va.Beach G-Men	Acquired	Jeremy Kerley	NYJ	WR	Owner
Thu Nov 22 9:49 am ET	Va.Beach G-Men	Taken off IR	Peyton Hillis	KAN	RB	Owner
Thu Nov 22 9:49 am ET	Va.Beach G-Men	Placed on IR	DeAngelo Williams	CAR	RB	Owner



# VB Meets the ROC

Thu Nov 22 9:50 am ET	Va.Beach G-Men	Released	Peyton Hillis	KAN	RB	Owner
Thu Nov 22 9:50 am ET	Va.Beach G-Men	Acquired	Lance Ball	DEN	RB	Owner
Thu Nov 22 12:20 pm ET	Beach Ball-Busters	Released	Miami Dolphins	MIA	Def/ST	Owner
Thu Nov 22 12:20 pm ET	Beach Ball-Busters	Acquired	Carolina Panthers	CAR	Def/ST	Owner
Thu Nov 22 12:37 pm ET	Steel Curtain	Released	Greg Zuerlein	STL	K	Owner
Thu Nov 22 12:37 pm ET	Steel Curtain	Acquired	Dan Bailey	DAL	K	Owner

## Week 13

Wed Nov 28 8:12 pm ET	Touchdown My Pants	Acquired	Rashad Jennings	JAC	RB	Waiver Wire
Wed Nov 28 8:12 pm ET	Touchdown My Pants	Released	Vick Ballard	IND	RB	Waiver Wire
Wed Nov 28 8:12 pm ET	K9s	Acquired	Pierre Garcon	WAS	WR	Waiver Wire
Wed Nov 28 8:12 pm ET	K9s	Released	DeSean Jackson	PHI	WR	Waiver Wire
Wed Nov 28 8:12 pm ET	North Dallas Forty	Acquired	Jared Cook	TEN	TE	Waiver Wire
Wed Nov 28 8:12 pm ET	North Dallas Forty	Released	Tony Moeaki	KAN	TE	Waiver Wire
Wed Nov 28 8:12 pm ET	K9s	Acquired	Bernard Pierce	BAL	RB	Waiver Wire
Wed Nov 28 8:12 pm ET	K9s	Released	Andre Brown	NYG	RB	Waiver Wire
Wed Nov 28 8:12 pm ET	StrongMan	Acquired	Davone Bess	MIA	WR	Waiver Wire
Wed Nov 28 8:12 pm ET	StrongMan	Released	Dwayne Allen	IND	TE	Waiver Wire
Wed Nov 28 8:12 pm ET	Beach Ball-Busters	Acquired	Cleveland Browns	CLE	Def/ST	Waiver Wire
Wed Nov 28 8:12 pm ET	Beach Ball-Busters	Released	Carolina Panthers	CAR	Def/ST	Waiver Wire
Wed Nov 28 8:12 pm ET	North Dallas Forty	Acquired	Josh Gordon	CLE	WR	Waiver Wire
Wed Nov 28 8:12 pm ET	North Dallas Forty	Released	James Jones	GNB	WR	Waiver Wire
Thu Nov 29 9:30 am ET	North Dallas Forty	Acquired	Vick Ballard	IND	RB	Owner
Thu Nov 29 9:30 am ET	North Dallas Forty	Released	Daryl Richardson	STL	RB	Owner
Thu Nov 29 9:30 am ET	North Dallas Forty	Placed on IR	Houston Texans	HOU	Def/ST	Owner
Thu Nov 29 10:59 am ET	K9s	Taken off IR	Dennis Pitta	BAL	TE	Owner
Thu Nov 29 10:59 am ET	K9s	Released	Lance Dunbar	DAL	RB	Owner
Thu Nov 29 11:27 am ET	StrongMan	Acquired	Ryan Broyles	DET	WR	Owner
Thu Nov 29 11:27 am ET	StrongMan	Released	Davone Bess	MIA	WR	Owner
Thu Nov 29 8:55 pm ET	Ring Revival	Acquired	Daryl Richardson	STL	RB	Owner
Thu Nov 29 8:55 pm ET	Ring Revival	Released	Kendall Hunter	SFO	RB	Owner
Fri Nov 30 7:23 am ET	Beach Ball-Busters	Acquired	Colin Kaepernick	SFO	QB	Owner
Fri Nov 30 7:23 am ET	Beach Ball-Busters	Released	Titus Young	STL	WR	Owner
Fri Nov 30 7:23 am ET	Beach Ball-Busters	Placed on IR	Joe Flacco	BAL	QB	Owner
Fri Nov 30 7:29 am ET	Beach Ball-Busters	Acquired	Brandon LaFell	CAR	WR	Owner
Fri Nov 30 7:30 am ET	Beach Ball-Busters	Released	Joiqie Bell	DET	RB	Owner
Fri Nov 30 10:18 am ET	Steel Curtain	Acquired	San Diego Chargers	SDG	Def/ST	Owner
Fri Nov 30 10:18 am ET	Steel Curtain	Released	New York Jets	NYJ	Def/ST	Owner
Fri Nov 30 10:19 am ET	Steel Curtain	Acquired	Joiqie Bell	DET	RB	Owner
Fri Nov 30 10:19 am ET	Steel Curtain	Released	Jalen Parmele	JAC	RB	Owner
Fri Nov 30 2:41 pm ET	Tha Lynch Mobb	Acquired	Davone Bess	MIA	WR	Owner
Fri Nov 30 2:41 pm ET	Tha Lynch Mobb	Released	Toby Gerhart	MIN	RB	Owner
Fri Nov 30 2:41 pm ET	Tha Lynch Mobb	Placed on IR	Scott Chandler	BUF	TE	Owner
Fri Nov 30 10:31 pm ET	Touchdown My Pants	Acquired	Blair Walsh	MIN	K	Owner
Fri Nov 30 10:31 pm ET	Touchdown My Pants	Released	David Akers	SFO	K	Owner
Sat Dec 1 8:19 am ET	Va.Beach G-Men	Acquired	Justin Forsett	HOU	RB	Owner
Sat Dec 1 8:19 am ET	Va.Beach G-Men	Released	Lance Ball	DEN	RB	Owner
Sun Dec 2 7:18 am ET	Chip Rack Champs	Acquired	Cedric Peerman	CIN	RB	Owner
Sun Dec 2 7:18 am ET	Chip Rack Champs	Acquired	Santana Moss	WAS	WR	Owner
Sun Dec 2 7:18 am ET	Chip Rack Champs	Released	Mercedes Lewis	JAC	TE	Owner
Sun Dec 2 7:18 am ET	Chip Rack Champs	Released	LaRod Stephens-Howling	ARI	RB	Owner

## Playoff Week 1

Tue Dec 4 11:48 am ET	StrongMan	Released	Ryan Broyles	DET	WR	Owner
Thu Dec 6 9:38 am ET	Chip Rack Champs	Acquired	Chris Givens	STL	WR	Owner
Thu Dec 6 9:38 am ET	Chip Rack Champs	Acquired	Montell Owens	JAC	RB	Owner
Thu Dec 6 9:38 am ET	Chip Rack Champs	Released	Santana Moss	WAS	WR	Owner
Thu Dec 6 9:38 am ET	Chip Rack Champs	Released	Cedric Peerman	CIN	RB	Owner
Thu Dec 6 10:16 am ET	StrongMan	Acquired	Jacob Tamme	DEN	TE	Owner
Thu Dec 6 11:04 am ET	Steel Curtain	Acquired	James Jones	GNB	WR	Owner
Thu Dec 6 11:04 am ET	Steel Curtain	Released	Brandon Stokley	DEN	WR	Owner
Thu Dec 6 2:12 pm ET	Tha Lynch Mobb	Acquired	Buffalo Bills	BUF	Def/ST	Owner



# VB Meets the ROC

Thu Dec 6 2:12 pm ET	Tha Lynch Mobb	Released	Atlanta Falcons	ATL	Def/ST	Owner
Thu Dec 6 2:55 pm ET	StrongMan	Taken off IR	Ben Tate	HOU	RB	Owner
Thu Dec 6 2:55 pm ET	StrongMan	Placed on IR	James Starks	GNB	RB	Owner
Thu Dec 6 5:36 pm ET	Beach Ball-Busters	Taken off IR	Joe Flacco	BAL	QB	Owner
Thu Dec 6 5:36 pm ET	Beach Ball-Busters	Placed on IR	Darius Heyward-Bey	OAK	WR	Owner
Thu Dec 6 9:22 pm ET	Ring Revival	Acquired	Dallas Clark	TAM	TE	Owner
Thu Dec 6 9:22 pm ET	Ring Revival	Released	Percy Harvin	MIN	WR	Owner
Thu Dec 6 9:57 pm ET	SouthSide Six Shooters	Acquired	Donnie Avery	IND	WR	Owner
Thu Dec 6 9:57 pm ET	SouthSide Six Shooters	Released	Indianapolis Colts	IND	Def/ST	Owner
Thu Dec 6 11:10 pm ET	Steel Curtain	Acquired	St. Louis Rams	STL	Def/ST	Owner
Thu Dec 6 11:10 pm ET	Steel Curtain	Released	San Diego Chargers	SDG	Def/ST	Owner
Sat Dec 8 11:40 am ET	StrongMan	Acquired	Donald Jones	BUF	WR	Owner
Sat Dec 8 11:40 am ET	StrongMan	Released	Dustin Keller	NYJ	TE	Owner
Sat Dec 8 11:00 pm ET	Steel Curtain	Acquired	Shaun Suisham	PIT	K	Owner
Sat Dec 8 11:00 pm ET	Steel Curtain	Released	Dan Bailey	DAL	K	Owner
Sun Dec 9 11:23 am ET	Ring Revival	Acquired	Tony Scheffler	DET	TE	Owner
Sun Dec 9 11:23 am ET	Ring Revival	Released	Chris Ivory	NOR	RB	Owner
Sun Dec 9 11:36 am ET	StrongMan	Taken off IR	James Starks	GNB	RB	Owner
Sun Dec 9 11:36 am ET	StrongMan	Placed on IR	Rob Gronkowski	NWE	TE	Owner
Sun Dec 9 11:37 am ET	StrongMan	Acquired	Mike Thomas	DET	WR	Owner
Sun Dec 9 11:37 am ET	StrongMan	Released	James Starks	GNB	RB	Owner
Mon Dec 10 1:37 pm ET	StrongMan	Released	Mike Thomas	DET	WR	Owner

## Playoff Week 2

Tue Dec 11 7:20 am ET	Va.Beach G-Men	Taken off IR	DeAngelo Williams	CAR	RB	Owner
Tue Dec 11 7:20 am ET	Va.Beach G-Men	Placed on IR	Justin Forsett	HOU	RB	Owner
Wed Dec 12 11:10 am ET	StrongMan	Released	Donald Jones	BUF	WR	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Acquired	William Powell	ARI	RB	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Acquired	Robert Turbin	SEA	RB	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Taken off IR	Houston Texans	HOU	Def/ST	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Released	Dallas Cowboys	DAL	Def/ST	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Released	Jared Cook	TEN	TE	Owner
Thu Dec 13 9:18 am ET	North Dallas Forty	Placed on IR	Ronnie Hillman	DEN	RB	Owner
Thu Dec 13 9:29 am ET	Chip Rack Champs	Acquired	Detroit Lions	DET	Def/ST	Owner
Thu Dec 13 9:29 am ET	Chip Rack Champs	Released	Washington Redskins	WAS	Def/ST	Owner
Thu Dec 13 9:45 am ET	StrongMan	Acquired	Jake Locker	TEN	QB	Owner
Thu Dec 13 9:45 am ET	StrongMan	Acquired	Jason Avant	PHI	WR	Owner
Thu Dec 13 9:46 am ET	StrongMan	Acquired	Rod Streater	OAK	WR	Owner
Thu Dec 13 9:46 am ET	StrongMan	Released	Jason Avant	PHI	WR	Owner
Thu Dec 13 12:55 pm ET	StrongMan	Acquired	Clay Harbor	PHI	TE	Owner
Thu Dec 13 12:55 pm ET	StrongMan	Released	Jake Locker	TEN	QB	Owner
Thu Dec 13 8:14 pm ET	StrongMan	Acquired	Jake Locker	TEN	QB	Owner
Thu Dec 13 8:14 pm ET	StrongMan	Released	Jacob Tamme	DEN	TE	Owner
Sat Dec 15 12:18 am ET	Tha Lynch Mobb	Acquired	Adam Vinatieri	IND	K	Owner
Sat Dec 15 12:19 am ET	Tha Lynch Mobb	Released	Robbie Gould	CHI	K	Owner
Sun Dec 16 9:53 am ET	StrongMan	Acquired	Jay Cutler	CHI	QB	Owner
Sun Dec 16 9:53 am ET	StrongMan	Released	Rod Streater	OAK	WR	Owner
Sun Dec 16 12:49 pm ET	StrongMan	Acquired	Mark Sanchez	NYJ	QB	Owner
Sun Dec 16 12:49 pm ET	StrongMan	Released	Jay Cutler	CHI	QB	Owner

## Playoff Week 3

Tue Dec 18 10:07 am ET	StrongMan	Released	Clay Harbor	PHI	TE	Owner
Tue Dec 18 10:07 am ET	StrongMan	Released	Mark Sanchez	NYJ	QB	Owner
Wed Dec 19 7:27 am ET	Chip Rack Champs	Released	Detroit Lions	DET	Def/ST	Owner
Wed Dec 19 7:27 am ET	Chip Rack Champs	Released	Brandon Pettigrew	DET	TE	Owner
Wed Dec 19 7:27 am ET	Chip Rack Champs	Released	Chris Givens	STL	WR	Owner
Wed Dec 19 10:28 pm ET	North Dallas Forty	Released	Ryan Mathews	SDG	RB	Owner
Thu Dec 20 9:05 am ET	Chip Rack Champs	Acquired	Jackie Battle	SDG	RB	Owner
Thu Dec 20 9:05 am ET	Chip Rack Champs	Acquired	Brandon Gibson	STL	WR	Owner
Thu Dec 20 10:19 am ET	Chip Rack Champs	Acquired	Curtis Brinkley	SDG	RB	Owner
Thu Dec 20 1:25 pm ET	StrongMan	Released	Jake Locker	TEN	QB	Owner
Thu Dec 20 1:28 pm ET	StrongMan	Acquired	Percy Harvin	MIN	WR	Owner



# VB Meets the ROC

Thu Dec 20 1:30 pm ET	StrongMan	Acquired	Dwayne Allen	IND	TE	Owner
Thu Dec 20 1:32 pm ET	StrongMan	Acquired	DeSean Jackson	PHI	WR	Owner
Thu Dec 20 1:32 pm ET	StrongMan	Placed on IR	Dwayne Allen	IND	TE	Owner
Thu Dec 20 2:59 pm ET	North Dallas Forty	Acquired	Mike Tolbert	CAR	RB	Owner
Thu Dec 20 3:03 pm ET	North Dallas Forty	Acquired	Dallas Cowboys	DAL	Def/ST	Owner
Thu Dec 20 3:03 pm ET	North Dallas Forty	Released	Robert Turbin	SEA	RB	Owner
Fri Dec 21 1:15 am ET	SouthSide Six Shooters	Placed on IR	Donnie Avery	IND	WR	Owner
Fri Dec 21 1:15 am ET	SouthSide Six Shooters	Taken off IR	Russell Wilson	SEA	QB	Owner
Fri Dec 21 4:57 am ET	Touchdown My Pants	Acquired	Jay Cutler	CHI	QB	Owner
Fri Dec 21 4:57 am ET	Touchdown My Pants	Released	Daniel Thomas	MIA	RB	Owner
Fri Dec 21 4:57 am ET	Touchdown My Pants	Placed on IR	Brent Celek	PHI	TE	Owner
Fri Dec 21 4:59 am ET	Touchdown My Pants	Released	Jay Cutler	CHI	QB	Owner
Sun Dec 23 4:46 am ET	StrongMan	Taken off IR	Dwayne Allen	IND	TE	Owner
Sun Dec 23 4:46 am ET	StrongMan	Placed on IR	Rob Gronkowski	NWE	TE	Owner
Sun Dec 23 12:23 pm ET	North Dallas Forty	Acquired	Ryan Grant	GNB	RB	Owner
Sun Dec 23 12:23 pm ET	North Dallas Forty	Released	Jonathan Stewart	CAR	RB	Owner

## Offseason