4FL (Friends & Family Fantasy Football League)

Week 1

Beach Bums

Released	Joshua Dobbs	SF QB	Commissioner	Wed May 1 3:40pm ET
Released	Antonio Gibson	NE RB	Commissioner	Wed May 1 3:40pm ET
Released	Alexander Mattison	LV RB	Commissioner	Wed May 1 3:40pm ET
Released	Curtis Samuel	BUF WR	Commissioner	Wed May 1 3:40pm ET
Released	Tyler Boyd	CIN WR	Commissioner	Wed May 1 3:40pm ET
Released	Jonnu Smith	MIA TE	Commissioner	Wed May 1 3:40pm ET
Released	Dustin Hopkins	CLE K	Commissioner	Wed May 1 3:40pm ET
Released	New Orleans Saints	NO D/ST	Commissioner	Wed May 1 3:40pm ET

Cave Men

Released	Lamar Jackson	BAL QB	Commissioner	Wed May 1 3:42pm ET
Released	Derrick Henry	BAL RB	Commissioner	Wed May 1 3:42pm ET
Released	Tyreek Hill	MIA WR	Commissioner	Wed May 1 3:42pm ET
Released	Cooper Kupp	LAR WR	Commissioner	Wed May 1 3:42pm ET

Chelsea Daggers

Released	Justin Fields	PIT QB	Commissioner	Wed May 1 3:45pm ET
Released	Riley Patterson	JAX K	Commissioner	Wed May 1 3:45pm ET
Released	New York Jets	NYJ D/ST	Commissioner	Wed May 1 3:45pm ET
Released	Matt Gay	IND K	Commissioner	Wed May 1 3:45pm ET
Released	Puka Nacua	LAR WR	Commissioner	Wed May 1 3:45pm ET
Released	D.J. Moore	CHI WR	Commissioner	Wed May 1 3:45pm ET
Released	D'Onta Foreman	CLE RB	Commissioner	Wed May 1 3:45pm ET
Released	Bailey Zappe	NE QB	Commissioner	Wed May 1 3:45pm ET
Released	Zach Wilson	DEN QB	Commissioner	Wed May 1 3:45pm ET
Released	Keaton Mitchell	BAL RB	Commissioner	Wed May 1 3:45pm ET
Released	Nick Mullens	MIN QB	Commissioner	Wed May 1 3:45pm ET
Released	Jacksonville Jaguars	JAX D/ST	Commissioner	Wed May 1 3:45pm ET

Colonial Crushers Reborn

Released	Tommy DeVito	NYG QB	Commissioner	Wed May 1 3:46pm ET
Released	Denver Broncos	DEN D/ST	Commissioner	Wed May 1 3:46pm ET
Released	Wan'Dale Robinson	NYG WR	Commissioner	Wed May 1 3:46pm ET
Released	Isaiah Likely	BAL TE	Commissioner	Wed May 1 3:46pm ET
Released	Michael Carter	ARI RB	Commissioner	Wed May 1 3:46pm ET
Released	Dameon Pierce	HOU RB	Commissioner	Wed May 1 3:46pm ET
Released	Rico Dowdle	DAL RB	Commissioner	Wed May 1 3:46pm ET
Released	Devin Singletary	NYG RB	Commissioner	Wed May 1 3:46pm ET
Released	Taylor Heinicke	ATL QB	Commissioner	Wed May 1 3:46pm ET
Released	Cincinnati Bengals	CIN D/ST	Commissioner	Wed May 1 3:46pm ET

Domination Station

Released	Austin Ekeler	WAS RB	Commissioner	Wed May 1 3:48pm ET
Released	Jerome Ford	CLE RB	Commissioner	Wed May 1 3:48pm ET
Released	Gus Edwards	LAC RB	Commissioner	Wed May 1 3:48pm ET
Released	Tutu Atwell	LAR WR	Commissioner	Wed May 1 3:48pm ET
Released	Kendrick Bourne	NE WR	Commissioner	Wed May 1 3:48pm ET
Released	Tucker Kraft	GB TE	Commissioner	Wed May 1 3:48pm ET



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	Matt Prater	ARI K	Commissioner	Wed May 1 3:48pm ET
Released	Indianapolis Colts	IND D/ST	Commissioner	Wed May 1 3:48pm ET
Heavy Me	etal Rednecks			
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Released	Jake Browning	CIN QB	Commissioner	Wed May 1 3:49pm ET
Released	Las Vegas Raiders	LV D/ST	Commissioner	Wed May 1 3:49pm ET
Released	Jason Sanders	MIA K	Commissioner	Wed May 1 3:49pm ET
Released	CeeDee Lamb	DAL WR	Commissioner	Wed May 1 3:49pm ET
Released	Justin Jefferson	MIN WR	Commissioner	Wed May 1 3:49pm ET
Released	Davante Adams	LV WR	Commissioner	Wed May 1 3:49pm ET
Released	Clyde Edwards-Helaire	KC RB	Commissioner	Wed May 1 3:49pm ET
Released	Ezekiel Elliott	DAL RB	Commissioner	Wed May 1 3:49pm ET
Released	Jaren Hall	MIN QB	Commissioner	Wed May 1 3:49pm ET
Released	Tom Brady	QB	Commissioner	Wed May 1 3:49pm ET
Released	Chicago Bears	CHI D/ST	Commissioner	Wed May 1 3:49pm ET
Heisenbe	rg			
Released	Josh Allen	BUF QB	Commissioner	Wed May 1 3:51pm ET
Released	Brandon Aubrey	DAL K	Commissioner	Wed May 1 3:51pm ET
Released	Chigoziem Okonkwo	TEN TE	Commissioner	Wed May 1 3:51pm ET
Released	Ja'Marr Chase	CIN WR	Commissioner	
Released	James Cook	BUF RB	Commissioner	Wed May 1 3:51pm ET
				Wed May 1 3:51pm ET
eleased	Bijan Robinson	ATL RB	Commissioner	Wed May 1 3:51pm ET
Released	Saquon Barkley	PHI RB	Commissioner	Wed May 1 3:51pm ET
Released	Jarrett Stidham	DEN QB	Commissioner	Wed May 1 3:51pm ET
Released Released	Tua Tagovailoa Carolina Panthers	MIA QB CAR D/ST	Commissioner Commissioner	Wed May 1 3:51pm ET
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مد المسما	the Decemb			
Howell to	the Rescue			
	the Rescue	DET QB	Commissioner	Wed May 1 3:52pm ET
Released		DET QB CIN K	Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET
Released Released	Jared Goff			•
Released Released Released	Jared Goff Evan McPherson	CIN K	Commissioner	Wed May 1 3:52pm ET
Released Released Released Released	Jared Goff Evan McPherson Tyler Conklin	CIN K NYJ TE	Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET
deleased deleased deleased deleased	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle	CIN K NYJ TE MIA WR	Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET Wed May 1 3:52pm ET
teleased teleased teleased teleased teleased	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown	CIN K NYJ TE MIA WR HOU WR	Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET Wed May 1 3:52pm ET Wed May 1 3:52pm ET
Released Released Released Released Released Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown	CIN K NYJ TE MIA WR HOU WR PHI WR	Commissioner Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET
teleased teleased teleased teleased teleased teleased teleased	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB	Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET Wed May 1 3:52pm ET
Howell to Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB	Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET
Released Released Released Released Released Released Released Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB	Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB	Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner Commissioner	Wed May 1 3:52pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins Urting Hooligans D.K. Metcalf	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST	Commissioner	Wed May 1 3:52pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST	Commissioner	Wed May 1 3:52pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce Demario Douglas	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR	Commissioner	Wed May 1 3:52pm ET Tue Apr 30 10:30pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB	Commissioner	Wed May 1 3:52pm ET Tue Apr 30 10:30pm ET Tue Apr 30 10:30pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins Urting Hooligans D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs Drew Lock	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB NYG QB	Commissioner Owner Owner Owner Owner	Wed May 1 3:52pm ET Tue Apr 30 10:30pm ET Tue Apr 30 10:30pm ET Tue Apr 30 10:30pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins Urting Hooligans D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs Drew Lock Minnesota Vikings	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB NYG QB MIN D/ST	Commissioner Omner Owner Owner Owner Owner	Wed May 1 3:52pm ET Tue Apr 30 10:30pm ET
deleased	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs Drew Lock Minnesota Vikings Chris Olave	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB NYG QB MIN D/ST NO WR	Commissioner Omner Owner Owner Owner Owner Owner Owner	Wed May 1 3:52pm ET Tue Apr 30 10:30pm ET
Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs Drew Lock Minnesota Vikings Chris Olave Keenan Allen	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB NYG QB MIN D/ST NO WR CHI WR	Commissioner Omner Owner Owner Owner Owner Owner Owner Owner Owner Owner	Wed May 1 3:52pm ET The May 1 3:52pm ET Wed May 1 3:52pm ET Wed May 1 3:52pm ET Wed May 1 3:52pm ET The Apr 30 10:30pm ET
Released Released Released Released Released Released Released Released	Jared Goff Evan McPherson Tyler Conklin Jaylen Waddle Noah Brown A.J. Brown Javonte Williams Christian McCaffrey Joe Flacco Miami Dolphins D.K. Metcalf Travis Kelce Demario Douglas Josh Jacobs Drew Lock Minnesota Vikings Chris Olave	CIN K NYJ TE MIA WR HOU WR PHI WR DEN RB SF RB IND QB MIA D/ST SEA WR KC TE NE WR GB RB NYG QB MIN D/ST NO WR	Commissioner Omner Owner Owner Owner Owner Owner Owner	Wed May 1 3:52pm ET

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Playmakerzzzz

No transactions performed this week.

Tequila Sunrise

Released	Kyren Williams	LAR RB	Owner	Fri May 10 2:08pm ET
Released	Dallas Goedert	PHI TE	Owner	Fri May 10 2:08pm ET
Released	Diontae Johnson	CAR WR	Owner	Fri May 10 2:08pm ET
Released	Najee Harris	PIT RB	Owner	Fri May 10 2:08pm ET
Released	Ty Chandler	MIN RB	Owner	Fri May 10 2:08pm ET
Released	Easton Stick	LAC QB	Owner	Fri May 10 2:08pm ET
Released	Baltimore Ravens	BAL D/ST	Owner	Fri May 10 2:08pm ET
Released	Jake Elliott	PHI K	Owner	Fri May 10 2:08pm ET
Released	Trey McBride	ARI TE	Owner	Fri May 10 2:08pm ET
Released	Josh Palmer	LAC WR	Owner	Fri May 10 2:08pm ET
Released	Pittsburgh Steelers	PIT D/ST	Owner	Fri May 10 2:08pm ET

The Cleveland spIKEs

Released	Chuba Hubbard	CAR RB	Commissioner	Wed May 1 3:54pm ET
Released	Amari Cooper	CLE WR	Commissioner	Wed May 1 3:54pm ET
Released	Chris Boswell	PIT K	Commissioner	Wed May 1 3:54pm ET
Released	Donovan Peoples-Jones	DET WR	Commissioner	Wed May 1 3:54pm ET
Released	Josh Reynolds	DEN WR	Commissioner	Wed May 1 3:54pm ET
Released	Hayden Hurst	LAC TE	Commissioner	Wed May 1 3:54pm ET